



DISCERNING MINDS

Premiere Metaphysical Quarterly For The Abstract Enthusiast

SACRED SCIENCES * ESOTERICISM * ARCANA * CREATIVE THOUGHT * PHILOSOPHIC TRENDS

Volume 7 - Autumn 2018

What's Your Perspective?



Cover Design By Kim Tsiang

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What's Your Perspective?

Don't judge a book by its cover, rather, by what you uncover.

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MIND TEAM

→ TAKING AIM ←

Our Editorial and Managerial Teams are comprised of open minded people from different walks of life, professional backgrounds and divergent spiritual paths. Each team member brings to the table their own brand of expertise based upon educational accomplishment and practical life experience. They share their gifts and abilities as a team in order to present this E-Zine with the mindset of sharing information and uncovering truths.

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The Human Condition – Serious or humorous narratives, or prose about life, emotions and empathy based in life experiences, psychology of being, dream analysis, synchronicity.

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Creative Musings – Original artwork, poetry, prose, fantasy tales, stories with morals or messages.

Odd-vant Garde – Atypical, curious, paradox, eccentric or uncanny chronicles and yarns. Quirkology.



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THE HUMAN CONDITION

What's IN Your Mind?



Section Managing Editor – Daria Novicki

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Have you ever used imagery as a guiding tool?

The Mill Wheel: Understanding the Psyche using Imagery

Dr. Marga Bosclair

“There comes a time when the world gets quiet and the only thing left is your own heart. So you'd better learn the sound of it. Otherwise you'll never understand what it is saying.” - Sarah Dessen

And what of time?

Wisdom is the capability to live in a chaotic, turbulent and changing world. Survival is contingent the hidden *knowledge behind the knowledge*, which is in itself a difficult task to ascertain for it demands a capability to understand and separate the actual structure and function of the mind as opposed to what the mind is creating. Some call this the knowledge of Chaos which is the experience of the real world in contrast to the greater Universal Order which is hidden. Our input from what is around gives us some structure. What time is it? What is the schedule? What are the directions? But, ask yourself – what is your heart telling you?



Continued ...

Every day, we feel trapped upon the wheel, creatures of habit stuck in the rat race of life, literally running in the same mundane circle. Round and round she goes ... where does she stop? Actually you know. The Mill Wheel advises us to step off the merry-go-round of mindless life repetition by paying attention to the greater universal cycles of life that govern us all.

The imagery of the Mill Wheel placard shows a mill wheel powered by a running stream, yet, in the foreground there are reeds and grass that have slowed its progress. The Mill Wheel is set into a brick wall ... an architectural structure formulated and built by mankind to keep the undesirable out. Still, the Mill Wheel's greater purpose is community service. It is depended upon to grind corn and grains to make the flour used to bake bread and feed the entire township. From this imagery it is easy to assess that human beings have larger cycles and wheels built into the architecture of their minds ...

The cycles of generations, cycles that govern worldwide economies, electoral cycles that dictate government, Circadian cycles, bodily cycles and even mood cycles all provide the rhythms that make up our world. The Mill Wheel adamantly seeks to remind us to understand our own individual cycles and rhythms because it all starts every single day with the SELF. Sensitivity to the psychic clocks of ourselves and others is vital.

9-5? - Throughout my years of studying psychology, I began to notice that the 9-5 life doesn't fit anywhere within the natural boundaries of our human psyche- in fact, it is completely unnatural. It's like fashion designers announcing that all clothing will be one-size-fits all. The typical 9-5 hours and work conditions do not coincide with a healthy and happy life for most people. Most people's circadian clock doesn't match that of a 9-5 schedule. **We keep pushing this one-size-fits all lifestyle on everybody and we keep getting more obese, stressed, and more divorced.** Coincidence? Prove me wrong.

The Mill Wheel asks us to trust not just the inner SELF but also the tide of events provided by the universe. Central to the Kabbalah which taught that the soul was recycled, the wheel meant reincarnation and that life is a constant energy flow and that death meant nothing. Buddhist philosophy touts that enlightenment and tranquility come from the eternal flux and ever turning wheel.

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In all of this, the Wheel gives us consolation in knowing that nothing stays the same – everything comes full circle and cycle. It's coming around to perhaps give us a second chance at something missed or botched or even turning us all in a new direction where we can make things happen for the better.

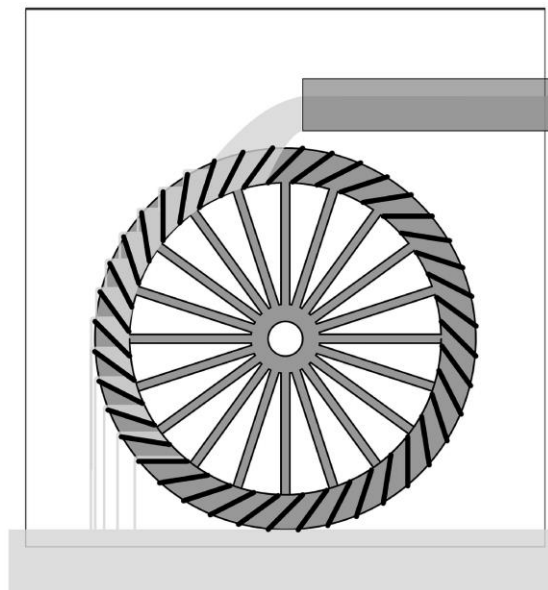
None of us walks on a straight line so ask yourself how obsessed you are with habit and 'clock time' on your inner little wheel and just how blind you are to self-imposed psychology.

Where do you want to go? You have a set of "wheels." Elucidate spiritually with those wheels ... Use them. Learn to accept opportunity with grace and calamity with composure ... the Wheel may turn just a little or instead make a great revolution. No one can deny the inevitability of change. Change is inevitably tied to your own thoughts and beliefs and so turn the wheel. It is "time" to take responsibility.

"Perceptions fuse to form conceptions. Conceptions unite to become reason." ~

Id

This article is based on and inspired by the work of Nick Hobson, *The PSY-Cards a Journey into the Psyche* which are used therapeutically by my clients at my request.





I Am 0

Syd Alrruhi

I have been asked many times where I felt my standing was on the ladder of spiritual experience/expertise. If I had to choose an aptitude number for my spiritual prowess I would have to say 0. Personally, I have a great deal of trouble categorizing such a notion since as a realm walker for most of my life (having broken through the matrix of alleged realities in 1974), I can tell you everything in this universe is in a state of flux including the planes so nothing is the same. The Astral Plane in particular is a sneaky lil cuss forever shifting its many levels and appearances. Everything expands up in those worlds and nothing shrinks ... it is endless. I have experienced many levels of the Astral Plane in my travels from positive to negative and have seen myself in other lives, parallel and reversed, too numerous to mention here full of “unusual characters” including talking animals. It is always a good rule of thumb to realize that ‘nothing ever stays the same’ as the old adage goes. For the most part, we all start out with a very immature attitude based on structured concepts and constructs until we too do not ‘stay the same.’ This is a good thing.

Why 0? Well, why not? Think about it - is 0 nothing, nada, and zilch or is it everything ... every single manifestation and vibration that it has bloated and burst into nothingness or would that be infinity? No quantity yet much quality.

Let’s ponder this.

The ancient teachings say that 0 represents the Alpha and the Omega – the beginning and the end. Actually, there is no beginning or end – all is an endless cycle. Many ancients thought of 0 as the God Force, a type of circle with no circumference. Indeed we can consider that 0 encompasses all numbers and dissolves them into a nothingness that grants freedom from restrictions.

Pythagoras, for example, viewed the zero as the container for all things and the birthing place of all other values. On the Collective level, 0 represents the level or awareness and how it might be regrouped for the current reality and how it might reach higher. 0 is the birthplace of all creation.

Just Remember -The ‘below’ or material world has limitations. The “above’ or upper world has none.

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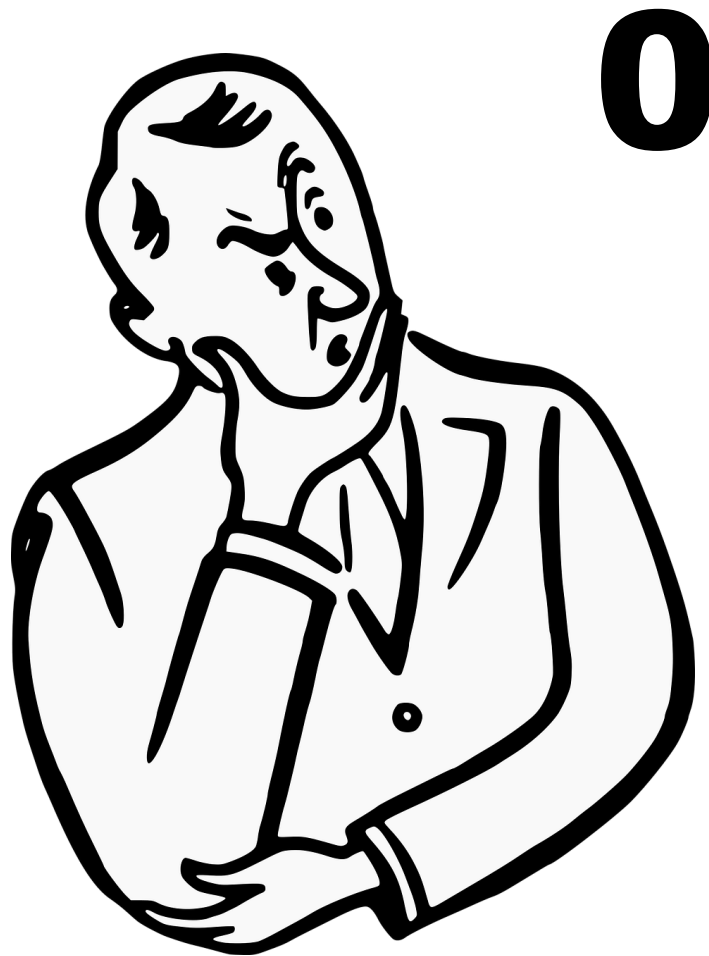
0 can represent the beginning of a spiritual journey and the end of it as well. To walk this path you must rely totally on your higher self and nothing else – zero else. 0 then is wholeness because it is the connection to God or Higher Power via the higher self. Within 0 a person is transformed into something never expected – something so great that the earth life and its meaning changes. This has been my experience. I have never regretted it or cared what others thought about it. You alone will decide if my self-analysis is humble or vain.

Yes, I am 0 and so are you if you so choose.

Go ahead – add another 0.

Baraka

Syd





Do you consider yourself a nice person?

Be Nice or Not

Shari Moss

Color me silly... I thought the “Information Age” was supposed to... supply folks with valuable information to make more informed and intelligent decisions... provide a means for expanding knowledge... provide a way for folks to stay connected, maybe even to shoo away the lonelies... I dunno folks... something has gone horribly wrong.

Our own government and businesses have turned society into a mass conglomeration of cynical and capitalistic psychologically programmed robots who have now – and it seems like more than ever before - learned to turn on each other, in part, perhaps, because they feel responsible and disillusioned for putting the controllers in positions to have such an overwhelming impact on their psyche... their pocketbooks... their lives!

We’ve gone from 15 minutes of fame to 15 minutes of shame... and every body’s doin’ it... from blatant political misconduct, to sex scandals, to being rewarded for less than stellar behaviors, to everyone knowing everyone else’s business, to corporate and government thievery, to cyber bullying, to WikiLeaks, to wars “just because”, to who knows what else. Why? Because we can!

The World has Gone MAD... literally! It’s like... OMG, WTF is happening to the USA!?!?!? And it’s not just the USA, it’s the whole world... sheesh!

I read lots of news articles online – some important, some mindless – and it never ceases to amaze me as I read others’ comments... the anger that spews in what these folks write and towards each other... and they don’t even know each other. It’s like it’s become okay to turn on each other online... they’ll likely never meet each other, they’re hiding behind a screen – likely using an alias, so why not? Maybe they think it’s better to spew at folks they don’t know than take it out on the ones they love, but ya’ gotta wonder... there’s a bunch of very angry people out there! For good reason, I guess, but come on!

So, here’s what I’m thinking... I’m thinking let’s start a movement... let’s call it the “Just Be Nice” Movement.

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Arlo Guthrie says...

“If one person does it, they may think he’s really sick... if two people do it, in harmony, they’ll think they’re both strange... if three people do it, they may think it’s an organization... and can you imagine, fifty people a day... count them... fifty people a day... well, friends... they may think it’s a movement!”

And that’s what it is... it’s the “Just Be Nice” Movement... and all ya gotta do to join is remember to Just Be Nice... every time you think... every time you open your mouth to speak... every time you do anything let those words ring in your brain. Think about this... everyone has a ‘story’... and you may or may not know what it is... but they do. And it may just be that all anyone needs is for others to “Just Be Nice” to add a little loving kindness to their story... so... **JUST BE NICE!**

Who knows? Maybe it’ll catch on!





The Puzzle of Life

Rev. Dr. Don Hauck

Begin, if you will, to imagine yourself the day you were born. Continue in your imagination along the following path. Imagine that every baby, when born is handed a plain box. On the lid is simply the word LIFE! Imagine now, that on your birthday, you open your box. As you remove the lid and set it aside, you view the contents. You find therein, a large puzzle. There are three major differences between it and normal puzzles.

First, you notice none of the pieces have straight or flat edges. Second, there is no picture on the lid to guide you. Third, the face of each piece has different words on them. These words are descriptive of various places, times, people, ideals and attitudes... fears, hates, love, envy etc. The only similarity to a store-bought puzzle is that it is interlocking.

Now, when you first received your puzzle of life, like everyone else, you begin putting it together. Putting it together corresponds to living each moment, each instant, each NOW! For in truth, life is an eternal NOW! No other time! No past; No future; only now! You put the pieces together as you live each moment of existence.

Like all people, you put your puzzle together the only way you could. You picked up piece after piece, trying to fit one with another. When you were very young, you found this practically impossible to do. You had a physical drawback of being small as well as being mentally and emotionally immature. These lay as stumbling blocks in your road to success. Nonetheless, pieces of the puzzle you did get together.

Obviously, this is an enormous task to learn and experience all the possibilities that life can entail. These include any and all aspects ranging from hate and jealousy to compassion and love. As each moment was lived, you selected pieces from probably every possible area, finding only a very few that you were able to fit together. But what happened to you when the pieces did not fit, as you experienced those so-called failures? Undoubtedly, many times you were corrected! Your mistakes were brought to your attention and correction given; however, for the first time in your life, you did experience what is termed failure.

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As time went on and the ages of two, three and four were passed, you finally became five... the age you probably started school. Here, you met a large variety of people in teachers and friends. School forced you into a new way of life, one of competition. You still went about building your puzzle; however, in this new aspect of life, you discovered the corrections readily offered for your failures were probably a little ruder. You found your friends saying such things as, "You goofed" or "You are wrong," or "You're stupid," or "You dummy!" You began to recall the numerous times you were slapped, spanked, or ridiculed. You began to feel 'down' about yourself! You probably even began to feel very much like a failure. Naturally, this ridicule did not set well with you. Fear became a part of your existence - - fear of failure, (another part of your puzzle). You learned to hesitate before picking up a piece, using what is called 'judgment'. Yet, at still a tender age, you continued to misjudge many of the pieces, finding many that did not fit.

Now let yourself grow older. Let the years pass by, all the while viewing those things which constitute your puzzle. Watch it grow! See yourself becoming increasingly more physically apt with much more mental understanding. You have begun using your eyes and the faculties of your mind to eliminate many pieces that would have otherwise been tried. Your analysis has shown you that they were not what you needed at this point in time. Yet, you have also now begun telling yourself how wrong you are; how bad you are; how dumb you are. You do this practically every time you fail to choose the correct piece. You have started to ridicule yourself. Do you not yet realize that life is merely a puzzle?

Regardless of how wise you become in your selection, the time will always come when the one chosen just doesn't fit. Maybe the person had a little quirk you didn't recognize when you first met them. Maybe the place wasn't quite as warm as you wanted; the job not as satisfying as you thought it would be; the attitude you picked up wasn't exactly the one you really needed. Perhaps a little bit more love or generosity was in order. No matter how many years a person lives, certain things will surely occur. We become suppressed, oppressed, and demoralized if we pull a shell over ourselves because of fear, worry, or ridicule from ourselves or others. If this shell keeps us from picking up the pieces, then we annihilate any chance of succeeding. We no longer live. We just merely exist for whatever time the body continues to function that shell to surround us. We must learn to live for NOW!

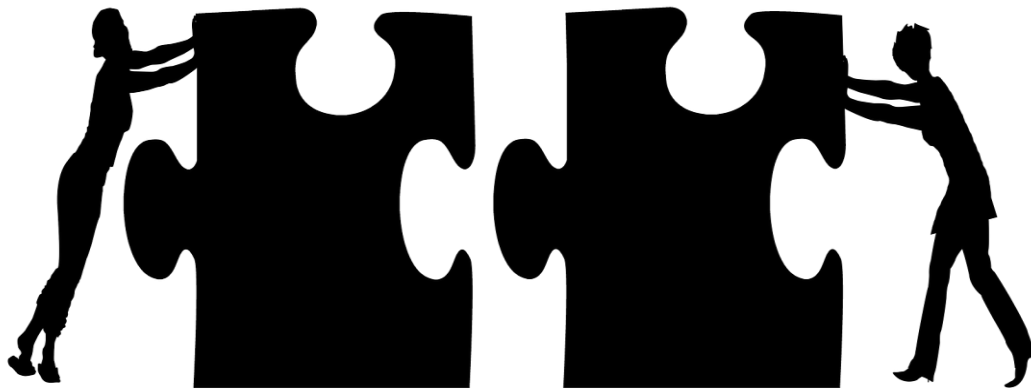
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Misjudgments will be made. The correct pieces will not always be drawn on the first attempt. It will be for those who maintain their stamina, faith and hope in the completion of their puzzle that will experience the joys of knowing what life truly IS!

Life is not made up of fictitious things but of real things put together in their proper perspective. These are the words written on the pieces and the reason why the puzzle is designed as it is. You found no picture on the box as a guide... for if there were there would have then been no sense in your living at all. Because of the few wonderful people who had the stamina, through all adversity to complete their puzzle; to find that, in the end, their puzzle interlocked with those of every person they ever encountered. We find the reason the pieces were void of straight edges. The individual puzzles of all people must interlock at some place along the line.

This is LIFE! One helping another, locking all lives together into only one LIFE — The True Life — The REAL LIFE!





Is The Occult Evil?

Desiree Lucente

Why do so many relate to the occult as being evil? Even the mention of the word *occult* carries a preconceived notion many regard as evil.

Noun: Supernatural, mystical, or magical beliefs, practices or phenomena

Adjective: Of, involving, or relating to supernatural, mystical, or magical powers or phenomena.

Verb: Cut off from view by interposing something.

Synonyms:

Adjectives – secret, hidden, mysterious, cryptic, mystic, privy

Verb - eclipse, cover, obscure, hide, screen, conceal

Are people afraid of the connotation of the occult because so many are afraid of what is hidden or... is it because of lack of comprehension of what they read? I think the study of the unknown, is something worthy of reflection, even if it temporary in duration. What might be the psychology of the matter?

Historically, Occultism has had many revivals over the centuries including today with current trends via the media leading to the popularity of things such as shows about haunting investigations, crime shows connected to occult activities and/or dark religions and cults rituals and numerous varieties of books on magic both white and black. Study and practice of such topics as Gnosticism, Hermetism, astrology, numerology, astral travel, alternative healing, meditation etc. also fit the bill. Real science rejects some of it and hard core skeptics, all of it, yet it remains an attraction for a wide range of the population.

Psychologically, humans have been hard wired by culture to believe the world is a very bad place where bad things happen so there must be a hidden solution somewhere that is buried so deep extraordinary means are needed to find answers and get results. After all history hints that all those wise ancient scholars, philosophers and mystics dedicated their lives to unearthing such secret arcana so they must have found something so valuable it is worth seeking and trying.

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Realistically, each of us creates our own world either good or bad based on our emotional and psychologically responses, good and bad, to our individual environmental conditions and personal experiences. For those who believe they are having less than a successful run in life, any occult theory they deem provides a ways and means to a better life experience is invaluable. Comically, what most people do not realize is that much of the earlier twentieth century psychology and psychiatry bordered on the occult but those facets of it have been pushed into the pseudo-science category by the analytical schools.

What most intelligent and discerning people realize is that not all of current New Age gurus are on the up and up and into money making 'feel-good' propositions. Consider the following statements:

You make up something that is inconsistent with the known laws of nature. You know it is not true because you are the one who made it up. You know that if you tell it to others and mention you made it up they too will know it is not true. So you give it credibility by claiming it was passed on to you by a higher authority, like God, the Devil, angels, the White Masters, the astral light, the spirit of a deceased whose dead is surrounded by mystery, et cetera. Perhaps at some point you start believing it yourself; perhaps you were even hallucinating to begin with and have believed it from the start on. In no case is it true. But if you play your cards right, your followers will keep believing it for centuries. – Paul Cooijams

Despite all of this it is not likely that the attraction of the occult and its many forms will die out in the near future. Its largest draw is to empower an individual for whatever reason has been chosen. Human nature being what it is – as long as science tries to debunk it the more the appeal for it will spread under the shield of critical inquiry. In the end, it all depends upon choice ...

What floats 'your' boat?





AUTHOR BIOGRAPHIES



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Dr. Marga Bosclair (*The Wheel – Understanding the Psyche Using Imagery, pg. 2*)

Dr. Marga is a practicing clinical psychologist who hails from New England. She works with both individuals and couples to help them overcome their personal obstacles in order to lead happier lives. Dr. Marga employs metaphysical practices in her work that adds a spiritual dimension which she believes more readily helps individuals to discover underlying core issues and resolve them thus restoring balance. In her free time, Dr. Marga enjoys canoeing and oil painting.

Syd Alrruhi (*I Am 0, pg. 5*)

Syd Alrruhi is the favorite pseudonym of Gerome Cass. If you ask him what the name means he won't tell you! Gerome considers himself a human dichotomy who has a foot in the mundane world and a foot in the other worldly realms. He believes all humans should confront the realms of transformative power that lie just outside of everyday consciousness without fear and trepidation and go for it. Gerome has several degrees including Ph.Ds. in psychology and physics which he refers to as being "piled higher and deeper" since there is so much more to be discovered outside of human designed constructs.

Shari Moss (*Be Nice or Not, pg.7*)

Shari, a Certified Marital/Family/Couples Therapist and previous owner of a Metaphysical Shoppe aptly named Synchronicity. She left Corporate America after 23 years to pursue her life's purpose and dreams - becoming an author and singer / songwriter whose works and verse aim to share what she deeply believes to be the menu for creating, maintaining, and savoring relationships filled with emotional, spiritual, and physical connection.

Rev. Dr. Don Hauck (*The Puzzle of Life, Pg. 9*)

Don holds a Ph.D. in metaphysics and parapsychology. He is the head pastor and a Doctor of Divinity of the *Universal Light Church* of Cincinnati, Ohio. He is a highly respected and sought after speaker who has appeared on TV, radio, and educational lecture circuits for universities and high schools. Don is an advocate of individual rights and independent growth. He utilizes many modalities in his work including Intuition, Graphology, Numerology, Astrology, and Color Testing among others as he assists individuals in defining and achieving their goals. <http://www.theuniversallight.com/>

Desiree Lucente (*Is the Occult Evil? Pg. 12*)

Desiree has studied every path of metaphysics – light and dark for the past 30 years. She is a practicing clairvoyant and aura reader where little escapes her penetrating intensity. She has had many paranormal and supernatural experiences and plans to write a book about them in the near future. Desiree splits her time between living in Florida and Delaware.



A Matter Of Spirit
What shines from within

Section Managing Editor – John “Salaam” Solis

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Es Muss Gott Gewesen Sein – It Must Have Been God

Rev. Micah Allard

One of my favorite stories of faith, love and answered prayers and how miracles do happen.

On November 11, 1908 a triple explosion, followed by a series of smaller blasts, assaulted the Radbod coal mine in the Ruhr Valley, Germany. Jan Goertal a highly experienced Polish mine ganger was working alone in the lowest seam 3171 feet below ground having sent the rest of his crew up to a higher main shaft gallery two hours previously. The crew's job was to clear a routine rock fall. Then it happened, as he stood waiting for the cage lift to take him up to his men he heard a thunderous rumble as if nature itself was striking a blow. In an instant he knew what had happened and crouched down near the gallery wall in an effort to protect himself. Unfortunately the very first rush of burning air threw his head backward. His skull was split and his miner's lamp shattered. He was alone, horribly injured in the pitch black.

A later enquiry into the blast would state how the explosion tore through the mine's layered galleries burning 80 men to death and poisoning 90 other men. The day after the blast rescuers being lowered down the main shaft caused pit props in the undamaged galleries to splinter and break bringing yet more rock down on surviving workers killing most of them. All in all, there were only two coal bound of tubes of life left – one containing Goertal's shift which it was later decided had most likely inadvertently struck a spark that initiated the horror of that day.

The miners were entombed as both tunnels had been completely sealed.

On day four, as rescuers continued their efforts, they found water from an underground reservoir had been forced up from high pressure from the level of the top seam. When the water subsided they were able to make it down the hole to the topmost gallery. They were greeted by the ghastly site of dead bodies floating in the deadly water. The death count had now reached 360. "Many dead men," said a scientist, "were flattened and crushed by the water alone."¹

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Rescuers had to wait several more days before proceeding. A week after the first explosion, the rescue team found Goertal lying on a ledge with two broken legs and a torn scalp, but completely dry. He 327 feet up from where he should have been. Geologists theorized that it was not possible that Goertal had been carried up by water and air pressure as not hydraulically possible. Yet somehow Goertal was moved and even more amazing, he had existed for seven days injured and without food or drinkable water.

After he was rescued Goertal decided to stop mining. He and his 18 year old wife Lisa went to work as farmers on the Alsace border.

A staunch Roman Catholic, Goertal told the enquiry that prayer had sustained him. He reported how after the first blast blew him over he lost consciousness for a time, then came to in the darkness. When he explored his surroundings he found still water with an unbroken miner's lamp floating in it. He managed to strike a light from pieces of dry stone and had lit the paraffin soaked wick. Then he thought of Lisa and prayed until rescuers arrived.²

In answer to official demand for further explanations, Goertal, often repeated reply was,

“Es muus Gott gewesen sien – It must have been God.”

^{1,2} *Mysteries of Mind, Space and Time, It must have been God* pgs. 1022-1023



The Sun Took Our Angels Home

Anthony Gates

In the past few years we have lost so many souls to the heavens. We have lost lovers, brothers, mothers, family, friends, Hollywood superstars and those that swore that in their life time they would see the end. I have never known a time such as this. We have been laboring so hard for so long to reach goals and reach for the stars while our Angels were falling. Like trees falling down in the forest our Angels have been swooped up in what seems like minutes. We don't know until we receive that unexpected phone call that yet another Angel has left us.

As we speak to our friends the stories are all the same. Songs of sorrow begin to fill the air and the breath of life for a moment leaves us as we mourn for our Angels. Some of us have stopped living our normal lives and have begun to walk around as if we have lost our way.

Is this a wake-up call or are we being called to learn to enjoy all that this planet has to offer us? We are to breathe in the freedom that has been offered to us since birth. We are to learn to love our brother and sister unconditionally and to treat our neighbor with the up most respect and honor. We are to learn to take nothing for granted and to create something beautiful in each moment. Maybe we are being urged to appreciate the small things and not turn the small things into big things unless it is for positive growth.

When our Angels left us almost every one can say that they were told to be happy and to not worry or stress. I think that this is a golden opportunity for those of us that are still here to celebrate their lives by living ours to the up most. To honor our souls nature which is to love and let love be our tool to prosperity and healthy living. Every breath we take should be as though it is our last. We should celebrate the sun, air, water and moon like it is calling us to breathe in its essence, to breathe deep from within. We are being called to seek truth in all its glory and look at lies as lessons that lead us to truth. We are being called to forgive and let go of grudges as our Angels were doing in there last days here.

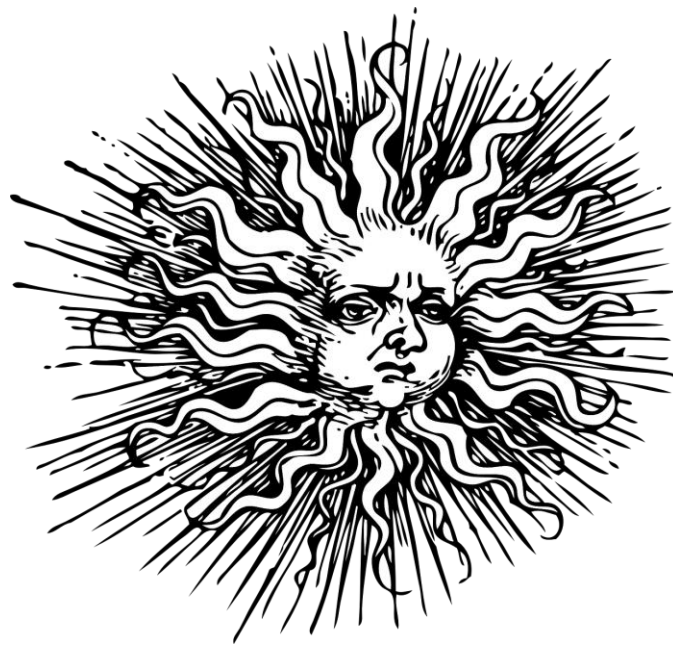
Why do we wait until we are about to leave or about to lose someone to forgive them or ask for forgiveness? Love does heal but only through understanding.

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Our Angels have been called up to the sun so that their passing may shine a light on the lives that we are living. As our Angels left us they passed by the Sun's rays to be cleansed one final time by the universal filter of the Sun's rays. These rays were like whispers of forgiveness that our Angels wings brushed by as they ascended. They were cleansed because some of us said it but in our hearts were not ready to forgive or let go them.

The liver of this galaxy did not hesitate to do its job and cleanse its sons and daughters of their internal lies and deceit that have kept them from living. We must let the Sun cleans us while we are still here so that we may live like Angels here. It is our choice as it was theirs but we must not hesitate! Walk out into the Sun and ask it to cleanse you with its rays and as it does forgive your loved ones and yourself. Send love to your enemy and heal someone every day. Therefore, breath in deep like it was your last breath. Celebrate your life like you wish your loved ones could have. Every time you see the Sun Remember who you are. Our Angels are shinning down on us and asking us to live. Let's make them proud.



Paying it forward at the Big Chicken

William St. Thomas

The big chicken story...

My name is William and one story in particular seems to define me best. Recently, I was at the “Big Chicken.” For those of you who live outside the Atlanta area, it’s a Kentucky Fried Chicken shop that happens to have a forty-foot bird standing guard over the store. Pilots flying into Atlanta while on approach still, point it out like it was a civil war monument. That day, like so many I was busy, hot, tired and hungry. An old car pulled in front me and as I watched it park, I thought that car is a breakdown waiting to happen. The car was dark rust covered and belched smoke. A frail old black woman emerged from the car and limped slowly towards the door. I followed a few steps behind her.



She looked disheveled, a bit out of sorts. Her clothes were old and tattered, yet she stepped up into the line and I followed closely behind her. It was busy and the line was long and while everyone was focused on the menu over the counter, my eyes fell on this woman. As I looked her over I noticed she carried her money crumpled in her right hand. It seemed she gripped that money for everything she was worth. Her eyes darted back and forth over the menu. I thought she was undecided about what she wanted; really she was struggling with what she could afford. By the time, I looked up, the counter person began her exchange with the woman. The black woman was kind, gentle and soft-spoken, almost accepting of the scorn and disdain people threw before her. There was a quiet humility about her.

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She inquired about particular items and the cost. The counter person got upset. She needed a meal number. The people behind us groaned as the order took more and more time.

Finally, the order was placed and the cost was \$5.86. The lady looked down, and counted her money... She looked up and mumbled something about going back out to the car... The line groaned again, and the counter person dismissed the woman, she looked at me and snapped, "What will you have?"

I placed my order and as it was rung up the old woman ran out to search for some change. Shortly, she appeared at the head of the line... She quickly, sensed that her place was lost and she said, "That was no problem," she would simply get back in line.

I remembered my mother's words, her kindnesses and in that moment, when the world asked me who I was, I answered. I interrupted the counter person and instructed them to take her order, I handed over my credit card, and looked that woman straight in the eye and shared, "Today, your dinner is on me. I hope you enjoy your meal and more I wish you every blessing." At that moment, I felt everyone within earshot step into that moment. As much as this was a wonderful offering for this frail woman, for everyone else, it was an opportunity to be in the presence of kindness.

The woman's eyes got as big as saucers and she gave me a big hug, saying I was going to make her cry. As we hugged I could smell the alcohol on her breath, and I knew she was struggling, yet today someone in this world stepped up and paid the freight. I wished her every blessing and did everything I could to keep the situation low key. I hadn't cured cancer, or stopped a war. Yet, for that moment, I found something precious. I found a treasure I will never forget. I found an answer to that question that has repeated itself over and over in my life.

I answered that question in perfect integrity and compassion. I answered that question with love. In that moment I found something truly spiritual, I found who I was.

Today, as you walk through your world, I encourage you to be aware, to be engaged and to listen. That question will truly come to you and whether you have never answered or answered out of integrity, today is your opportunity. So, I offer you an advantage, here's the question: "Who are you?" Your answer can change the world and surely change your life.

Self-Imposed Karma

Matt Sharpe

"Start not, when I tell you I am my own deliverer! - midwife to my own conceptions!" - *The OIiad*, 1832

Have you ever witnessed a person do or say something that you recognize as being so short sighted that it seems nearly impossible that it not backfire upon them as karma reaches around to bite them both firmly and squarely upon the hind quarters? This is a thing that happens quite often, but only those that are aware and able to witness karma as it plays out its various cycles in the lives of humanity see it. While at times it might appear that a person has subconsciously declared themselves to be their own deliverer, the truth of things is that they are generally unable to look far enough into their own future to see how the choices they make might play out. Thus they turn out to be completely unaware of the fact that they are merely choosing these results in a completely willing way. Of course that never stops them from protesting when the debt comes due and demands payment.

When such a thing plays out and another witnesses it, the 2nd person is given the opportunity to learn from the mistakes of another. While this does at times happen, many forget about what they've seen and subsequently fall back into the same old comfortable habits whereby they make the very same mistake over and over, until the re-balance that karma always brings causes enough discomfort to grab their attention again. Many fall into this. Eventually karma plays another card and wears a different mask making it appear to be something else, until the individual is able to recognize that it is the same habitual behavior and choice making that brings the same result to the individual regardless of how it might appear at different times. One must always look deeper than the obvious appearance of things.

The pain and discomfort are a teacher that refuses to be ignored, so they strike again and again, harder and harder each successive time until the individual finally becomes tired of the situation and looks to find a way to change things. In the beginning the answers are not so easily recognized, and a stronger effort is required. Right discernment, or Viveka is what is required to tell the difference and know the motivations between the positive and negative motivations.

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It is the ability to use this effectively and honestly that makes it right discernment as opposed to any other sort. The ability to recognize when you are at fault for a thing and to not necessarily always see things in the way you would prefer them to be, because a selfish discernment is not a worthy discernment at all. If some had more of this quality, it would aid them greatly in the avoidance of becoming a victim of this self-imposed karma. Unfortunately, those capable of this and willing to apply it are not so numerous in the world.

For this reason the individual that spends their effort to pay attention, do the work and learn and develop should be better appreciated by those of us who are aware of these matters, because much of the world will never give such a person any support. This can make life a rather challenging affair for anyone while giving them a renewed appreciation for those that take the time to give any degree of support for the effort made. Appreciation of this sort is shown to be another aspect of the overall concept of love and even the smallest of kind words or gestures can be accepted with a great amount of gratitude by the individual concerned. In this way it reciprocates itself, which is merely another manifestation of karmic law and is the sort of self-imposed karma that we enjoy and want to create for ourselves that brings positive change.

Many of the reasons that people create karma for themselves is a basic lack of understanding or even a disbelief in the Law of Karma. While the religions that use it define it in much the same way, many of the "New Age" definitions given for it from various individuals and groups alike lack any definitive experience with it from which to learn which beliefs are contradictory or inaccurate. In the end the individual must always examine their own choices, actions and lives to find examples of karma at work there first, as these are examples that are easily recognized and can be investigated more closely. Of course after a degree of experience in recognizing karma, one can also begin to see it as it affects others around them. At times the examples seen might even become somewhat comical, and it is always happening without end.

While it is easy to watch others and issue judgment towards their actions based on our own standards, it is a far harder thing to use complete honesty when viewing the self and our actions. The ability to do this is another requirement that each individual must learn to develop. Those lacking this ability likely already have many problems that exist from it, not to mention memories from what has happened due to this.

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Such is learning, not often easy to do. If life happened the way that such people wished, there would be no learning at all, and no hard lessons. Life would lose its flavor and become a bore. Yet many wish for and dream of exactly that. An end to troubling circumstance and challenges. They don't know the price they would have pay to get their own way. I know this because I have done this myself.

While the title of this is used for those who know no better, the ultimate reality of karma is that all of it is self-imposed. Chosen, even if done unknowingly. It may seem inefficient, but this is not so. It is the self's lack of knowledge and perhaps its lack of experience in this area that are truly to blame, and that are wholly inefficient. But it takes some extreme levels of change to begin making this obvious to the person. Most follow the ego's urges blaming something outside of themselves, which is where the fault truly lies. This is the specific reason that learning is so often an unpleasant experience for an individual. It requires a certain degree of harshness to break through the urge for self-defense and preservation of the self as it existed in the state that created the circumstance in question. This is an aspect of undue attachment that is best not left to strengthen its hold once its presence has been recognized.

To focus only upon this negative aspect would be irresponsible and would tell only half of the truth of things. Just as much opportunity to make choices that will bring the positive outcome exist, but the individual needs to examine their own choice making process and perhaps change the way they view and assess things so as to make better choices that bring a positive return, after all, this is the very point of duality in the lower planes. This is the factor that is able to make us learn. With the use of an ounce of forethought and another of balance, one can go quite far by becoming fully aware of their choice making process and the ways in which a particular choice will play out to avoid becoming the unintended victim of their own choices or a self-imposed karma.

In Eckankar we surrender our karma to the Living ECK Master who burns it off in a balanced way that allows an individual to learn and grow from their mistakes, and this follows a systematic approach taught by some other religious groups. In Hinduism it is either the Yogi or the Guru that is thought to take control of the karmic burn off that allows the person to develop to the point where they can step beyond duality, and in both Sikhism and Sant Mat the same method is used.

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In Sufism a true Murshid is able to fulfill this roll and to manage the karma of his students to accomplish the same and bring them through the Emotional and Mental Planes until they step into the higher planes beyond duality. Unfortunately more false Murshids are found in this regard than are actually true, to the extent that not all who claim it are actual Murshids, and the same can be said of certain Sant Sat Gurus as well.

When it comes to choosing a Master, discernment is required to have the chance of recognizing a false one from a real one, that being an individual that can teach and explain things both outwardly and inwardly and in a balanced fashion. They exist but are not necessarily as easy to find as some might think. What one person considers authentic another might not. Many simply act with belief both for and against a supposed Guru, and of course there is never any shortage of people claiming to be the last real Guru, and such situations can themselves become a self-appointed form of karma too. Learning never occurs the easy way, and always demands that actual effort be invested before any definitive answer can be reached. In the end however, it is always the way people make choices, and the reasons they choose the way they do that is always behind the creation of karma in the lower worlds.

Choose carefully.



None of Them

Rev. Dr. Don Hauck

I would like to share with you a story that came to me through meditation which while not directly, speaks about reincarnation, hell, & Satan. Directly it speaks about the love of God. If you do not have children, imagine that you do. I had six children of my own and raised a stepson from age 2 to 16, so imagining I had seven children was not difficult. While I was meditating one day, the Spirit came and this is what occurred.

It said, "Imagine that you had seven children and you were sitting on the couch watching television. There is a knock on the door and when you answer it, there are seven policemen, each of which is handcuffed to one of your seven children. They had been caught red handed; there were eyewitnesses and no question as to their guilt. Each of them had committed one of the seven deadly sins as listed in the Bible. The question is, "which of these do you no longer love?"

I still remember the feeling within me, I honestly felt that I was supposed to say one or more and was afraid not to at least say one. But somehow I could not pick one. So with great fright, feeling that I was to be struck dead or punished somehow, I said, "None of them." Seeming to pay no attention to my answer, the Spirit continued. "Tell me, which of these children would you not go to court with to offer your support?" Once again I was very frightened and felt that I was still supposed to pick one or more out but yet again I could not. So I said, "I would go with them all." Again, seeming to ignore my answer, the Spirit continued. "Tell me then, if you had the power and the ability to extract your child from this dilemma and place it in a situation where it would be given another chance to learn from its mistake, which one would you take out of its problem?" I remember those first words standing out and impressing me so strongly, 'you had the power and the ability', so I thought to myself while noticing much of the nervousness and fear had left, I quickly said, "I would release them all." I will never forget the wonderful flushing of the greatest feeling out of love within when I heard the Spirit then say, "And if you can love your children that much, how much more do you believe your Creator loves you?"

I was left there with nothing but that wondrous feeling, and I only need to remind myself of this situation at any time to feel it again.



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Rev. Micah Allard *Es Muss Gott Gewesen Sein – It Must Have Been God, pg. 16)*

Rev. Micah Allard is psychologist and minister and part time Justice of the Peace. He has a passion for passing on the word of God via metaphysical avenues. Rev. Allard is also a skilled musician who can play 22 instruments but prefers organ and piano. He lives in the northeast US with his wife Yvonne and two children.

Anthony Gates *(The Sun Took Our Angels Home, pg. 18)*

In the realm of the mundane, Anthony Gates is a self-employed general contractor who moved to Atlanta, GA in 1995. In the realm of the spiritual, Anthony is a natural empath who is a verbal and physical healer and counselor who has worked extensively with children and young adults. Anthony refers to himself as an artist by hobby and a writer by conviction.

William St. Thomas *(Paying it forward at the Big Chicken, pg.20)*

William St. Thomas (nee Dargin), like the Blues Brothers is on a mission from God. As a student of the world, living in North Africa, the Middle East and Europe, he experienced great change and connection to the Divine much like the movie "Seven Years in Tibet." With a focus on spirit and love, he believes, "the truth is out there." He enjoys history, politics and theology and believes that great change is coming. As a Knight Commander in the Knights Templar much of his life has been a journey, like the crusade of Kingdom of Heaven. He enjoys laughing, reading, writing and the movies... and endeavors to take things lightly in stride.

Matt Sharpe *(Self-Imposed Karma, pg.22)*

Matt Sharpe lives in the Southwest US and enjoys writing about spiritual topics of all kinds, using his personal experiences as a reference. While never referring to himself as a shaman, he does work inwardly with many from various traditions. He also is a guitarist and singer/songwriter.

Rev. Dr. Don Hauck *(None of Them, pg. 26)*

Don holds a Ph.D. in metaphysics and parapsychology. He is the head pastor and a Doctor of Divinity of the *Universal Light Church* of Cincinnati, Ohio. He is a highly respected and sought after speaker who has appeared on TV, radio, and educational lecture circuits for universities and high schools. Don is an advocate of individual rights and independent growth. He utilizes many modalities in his work including Intuition, Graphology, Numerology, Astrology, and Color Testing among others as he assists individuals in defining and achieving their goals. <http://www.theuniversallight.com/>

The Body Temple

Balance is the key

Section Managing Editor – Lynda Lidel Harley

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Do you know about the healing resonation of the gong?

GONG!!!

Abraham Fabella

I own a 12" desk gong that I use for meditation. The gong focuses my mind and centers it. My awareness is increased and my mind begins its process towards profound silence in tandem with the gradual decay of the voice of the gong itself. I liken it to stepping through a gateway (maybe a wormhole) and entering a different space... a magical space of renewed and renewing life opened up by the gong...

From John 11:43 (English Standard Version) "When he (Jesus) had said these things, he cried out with a loud voice, 'Lazarus, come out.'"

There are many types of gongs. In Chinese opera, two or more gongs are used to punctuate important events. They have a characteristic "glissando" sound, descending or ascending. A large Chinese gong, the tam-tam, as well as smaller gongs have been used in Western orchestras since the 19th century. A tam-tam is flat and its sound is a deep, resonant splash. They offer the orchestrator a picturesque effect. Orchestral gongs have nipples and are more bell-like. Several sizes of gongs are used in the Indonesian bell orchestra known as gamelan (a possible subject for a future blog).

Gongs are usually struck with a heavy beater. They can also be scraped or bowed to produce a shrill sound effect (a cliché in contemporary media sound design). My favorite is what happens when a struck gong is sunk in a tub of water.

"Do you know that our soul is composed of harmony?" --Leonardo da Vinci

A brief history of the Gong:

Use of the gong dates back to the Bronze Age around 3500 BC. Prominent areas producing gongs were thought to be Annam, Burma, China and Java. The process of gong making was a deeply held secret which was closely guarded. This is because they were viewed as a status symbol among Asian families. Since the time of Buddha (600 BC) all sacred Chinese gongs have been inscribed with two Mandarin Chinese characters *Tai Loi* which means "happiness has arrived

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Gongs are made of a bronze alloy which consists of approximately 75 percent copper, 20 percent tin and 5 percent nickel. They are prayerfully hand hammered and refined by the artisans whose soul is imbued in the finished product.

“Gong makers believed that a gong could only succeed with the help of higher powers.” – Don Conreux

Gongs are considered objects of good luck but one must have permission before touching a gong which shows respect for the physical gong and its spirit.

Gongs have/had many uses – “announcements,” communication, meditation and healing. From 1790 to the current day gongs have been used in European orchestras and are also used by other orchestras around the world.

The gong is named after the sound it makes - in essence, it ‘is’ what it ‘does’, “an engine of power releasing tone resonance and complex harmonics that are transferred to the recipient.” - Don Conreux

Gong history research and quotes: <http://www.harmonyofthespheres.net/History.html>





Did you know about the healing properties of color?

The Seven Flames of Healing

Marlie "Magenta Ray" Michelsen

“All things manifest their potencies and their qualities by means of color. There is tremendous power in color repulsions and their affinities. From these facts an exact materis medica can be constructed. The seven different colors in sunlight are each composed of a different style and number of vibrations and each has special properties and chemical powers. Everything possesses a finer positive and coarser negative principle.” - Edwin D. Babbitt, “The Principles of Light and Color”

This compilation was written for educational purposes only.



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The Red Flame

Red is considered a color of power and is the favorite color of many people all over the world. Symbolically, it is associated with love, charity, faith and martyrdom. In times past, the use of scarlet bedding was the preference of physicians to prevent scarring associated with smallpox. Psychologically, red attracts and repels. According to Swiss psychologist Max Luscher:

Red is the expression of vital force, of nervous and glandular activity, and so it has a meaning of desire and of all forms of appetite and craving. Red is the urge to achieve results, to win success; it is hungry to desire all those things which offer intensity of living and fullness of experience. Red is impulse, the will to win, and all forms of vitality and power from sexual potency to revolutionary transformation. It is the impulse toward active doing, towards sport, struggle, competition, eroticism, and enterprising productivity. Red is the impact of the will or force of will as distinct from green elasticity of will.

According to Indian Mystics, red is ruled by the Sun and the Manipura or base chakra. The number of red is 9 and its musical tone is G. Its element is Earth and it rules the years 37-52. Red rules the letters K, L, R, C and Q.

This shadow side of red is self-indulgence.

The Blue Flame

Blue is considered the antidote or opposite of red. It is thought to symbolize faith, purity and modesty. It is believed that blue personalities carry a high degree of intelligence. According to Swiss psychologist Max Luscher:

Dark blue, like all four of the basic colors is a chromatic representation of basic biological need - physiologically, tranquility, contentment ... Blue represents the bonds one draws around oneself, unification and sense of belonging. Blue is loyalty and as a relaxed sensitivity, is a prerequisite for empathy, for esthetic experience and for meditative awareness ... It is the blissful fulfillment of the highest ideals of unity, of at-one-ness, a reunion with Gaea, the Earth Mother. Blue is the timelessness of eternity, representing tradition and lasting values, and so to perpetuate the past.

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Blue is associated with the planet Jupiter and the signs of Sagittarius and Pisces. It is the color of the number 6 and rules the letters N, U, V and W. It covers the years 10-18, its musical note is A. Its element is Water.

The shadow side of blue is ignorance.

The Green Flame

Green is the color of beauty and harmony. Early Christians considered green to mean hope and eternity. Green has traditionally also been the color of envy. Green always indicates new growth, hope and continuity of life, peace, abundance and healing. Doctors and nurses often have green in their auras. Green also indicates friendliness, cooperation, goodness, mercy and faith and peace. A green person is often self-confident, highly practical, down to earth and quite natural. He or she knows the value of things. According to Swiss psychologist Max Luscher:

Green corresponds symbolically to the majestic sequoia, deep rooted, proud and unchanging, towering over lesser trees, to austere and autocratic temperament, to the tension in the bow string. Its sensory perception is astringence, its emotional content is pride, and its organs are smooth (involuntary) muscles. This gastric ulcers and digestive upset are often associated with worry over possible loss of standing or personal failure.

Green is associated with the signs of Gemini and Virgo and the planet Mercury. The number of green is 8 and its musical note is D. It rules the letters S and Z and the period from one's sixty fourth birthday until the end of life. Its element is Earth.

The shadow side of green is selfishness.

The Yellow Flame

Yellow is thought to be the most ambivalent of all colors. It is often associated with perfection, power, glory and wealth. In ancient times, it was associated with jaundice and also with its cure. In some American folklore, yellow flowers were believed to take away disease. The difficulty in getting in touch with deeper heart feelings because someone is more in their head than their heart also belongs to yellow.

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To the ancients, yellow was the animating principle of life. It also suggested joy, gaiety and merriment. According to Swiss psychologist Max Luscher:

Yellow corresponds symbolically to the welcoming warmth of sunlight, the aspirational halo around the Holy Grail, to the cheerful spirit and to happiness. Its sensory perception is piquancy, its emotional content is hopeful volatility and its organs are the sympathetic and para sympathetic nervous systems. Yellow expresses uninhibited expansiveness and a loosening or relaxation.

Ronald Hunt points out his view:

Those who incarnate on the Yellow Ray have a searching desire to acquire knowledge and wisdom. Their troubles usually lie in the gathering in of more than they can readily digest and put into circulation both mentally and physically.

Yellow is related to the sign of Aries and the planet Mars. Its musical note is E and it rules the letters I, J and G. It rules the years 4-10.

The shadow side of yellow is regression.

The Orange Flame

Orange is the color of vigor, prosperity, kindness and expansion. Orange aids in the assimilation of new ideas and it brings a sense of freedom from material limitations. It raises one's tolerance and strengthens the will and increases one's ability to deal with the trials of life. It stimulates and releases blocked or repressed ideas. Yogis call orange the 'soul of energy'. The psychic Edgar Cayce believed those who had orange in their auras should be cautious of kidney disease. Orange is all about activity and doing. According to Roland Hunt:

Orange has a freeing action upon bodily and mental functions, relieving repressions; it combines physical energy and mental wisdom, inducing transmutation between the lower nature and the higher; it out weans moronic tendencies helping to unfold and raise the mentality - it is therefore termed the Wisdom Ray.

Orange is the color of the number 5. It is believed to be associated with the Sun if it is a predominant aura color.

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It rules the letters A, H and O and its musical note is C. It governs the years from 18-37 in life.

The shadow side of orange is laziness.

The Indigo Flame

Indigo is the color of high spirituality and has an affinity with the 3rd eye and the pineal chakra. It is the Light Bearer. Roland Hunt says that indigo is a great purifier of the bloodstream and is mental freeing controlling the psychic currents of our finer bodies. It is the color of devotion and reform. Service to humanity is a major influence of indigo. Rapid mood changes are also noteworthy if it is dominant. Indigo is a remover of fear. According to Norah Hills:

The person on the indigo level functions much of the time beyond the senses of sight, hearing, touch, smell and taste and moves in that amorphous level of 'super sense'. Being in this visionary world indigo types sometimes hurt their friends without even knowing it. They can become so spaced out and enraptured by their own inner world that when someone is talking they don't hear a word they are saying.

There are no numbers, letters or musical notes associated with indigo except that it belongs to the planet Neptune.

The shadow side of indigo is self-righteousness.

The Violet Flame

Violet is associated with sadness, piety and sentimentality. To the ancients is symbolized the raiment of God which is sacred. In the aura, it indicates a very highly spiritual nature, unselfish efforts and true greatness. Violet people often become inspired metaphysical leaders possessing high levels of mental and emotional balance. Violet is the color of sound ideas, creativity and intellect. Violet is love of truth all that is good, humility and zeal. According to Norah Hills:

Violet is the world of imagination and of unconnected, illogical images, magis and whim.

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It is the cosmic connection that pulls rabbits out of hats, paintings out of canvasses, bodies out of clay, universes out of darkness and creation out of the void; it snatches reality out of 'nowhere'.

The number of violet is 3 and it rules the letters T and D. It is associated with the planet Saturn and governs the years 52-64 of life. Its musical tone is B.

The shadow side of violet is cynicism.

Resource and Italicized (quoted) passages of Max Luscher, Ronald and Norah Hills: *The Magick of Color* by Zolar, 1994





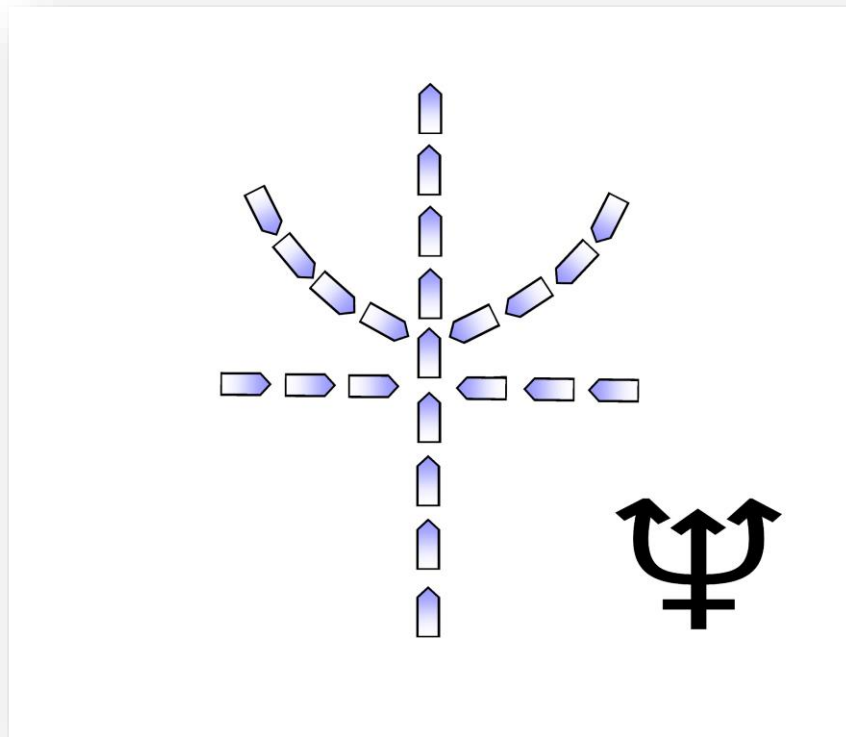
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The Journey within – Accessing Past Lives

Section Manager Lynda Harley's Choice

I am often asked about specific types of Crystal Healing and one of the most sought out layouts is the crystal layout for accessing past lives. This article will cover the layout I use with full explanation of the crystals involved as well as other important points.

I always incorporate astrology into my healings so if we were to look at this type of healing/accessing with an astrological tilt we would say that this process falls under the jurisdiction of the planet Neptune. The highest vibrations of Neptune are "all healing" so it is easy to comprehend that many crystal healers often have Neptune prominent in their natal charts. As the ruler of Pisces and the natural 12th House of Karmic Responsibilities and Collective Storage, Neptune vibes are particularly strong during a past life access session. For this reason I lay out a zodiac array of the Neptune sigil under the table with natural crystal points so Neptunian energy flows throughout the session. The illustration shows the pattern layout:



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Preparation for this session should follow the usual rules.¹

- There can never be TOO much said about protection and grounding. Those who choose to do the work of God or Spirit know that there is much more in the environment than just the physical reality. The more spiritually aware and intuitive we become the more sensitive we are to all of the energies around us both positive and negative. As a Crystal Therapist it is mandatory that steps be taken to protect the personal energy or auric field in order to avoid any negativity that may be encountered. This is because energy blockages, implant/entity removal, and release of karmic carryovers and residual energies are being facilitated via the healing process. This serves to keep the “Self” detached during a healing session. Ones’ own personal energy should never be given or taken from another individual.
- **EQUIPMENT:** The session will require a massage or Reiki table, head pillow, light weight blanket and some hand towels AND a table large enough to accommodate all of the stones and crystals. Some healers like to drape their healing tables with a sheet. Healing Tables come in many sizes with different weight allowance preferences. Be sure that the table you are using can accommodate the weight and height of the individual. It is very dangerous to use a light weight table with a weighty individual. The table should be adjusted for your height so you can work comfortably and avoid back problems. Remember that everything must be freshly cleaned for each session.
- **HEALER:** You should be well rested, grounded, nourished and well groomed. Clothing should be clean, comfortable and allow for freedom of movement. Choice of clothing color is personal. It can consist of protective colors or simply a color that you feel well attuned in when wearing it. **PRE-RITUAL:** Prior to the session find a quiet spot to meditate. Open yourself to your highest point of consciousness and respectfully request that you receive Divine Guidance of Spirit (God) to facilitate the healing according to Divine Will. Ask for the session and all involved to be protected by the Divine Light and that all of your actions and decisions be rendered by Divine Law. No matter how you conduct the pre-ritual it is extremely important to be specific in your request. Too many practitioners throw the word “light” around as if it were the ‘be all end all’ of blanket coverage.

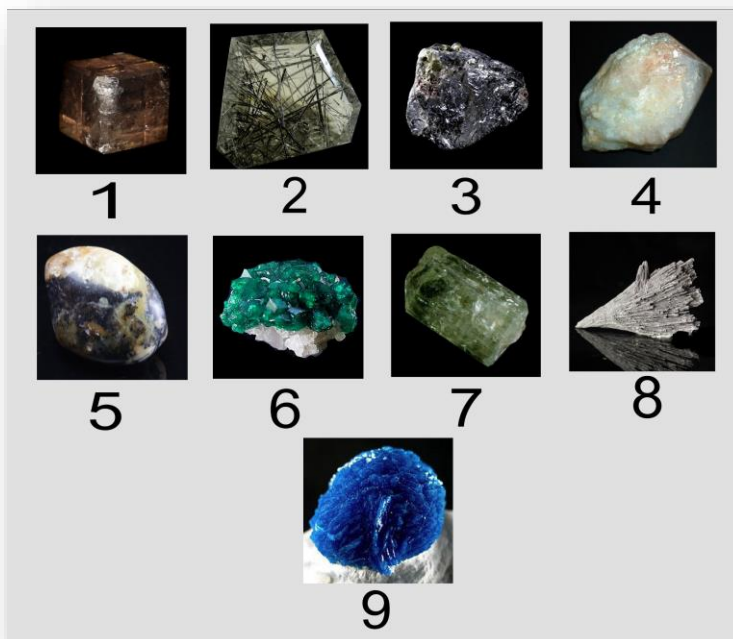
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- **HEALEE:** The individual to be healed should wear light colored clothing and be sparsely dressed with thin fabrics. A pair of shorts and a tank top work well. Shoes should be removed for the session but socks can be worn as some people often complain about cold feet or are simply “foot shy.”
PRE-RITUAL: Ask the individual to meditate and open up to the concept of healing. Some people do not meditate and in this case you can ask them to either pray or simply think about a ‘healed outcome’.

Past Life accessing should only be done with a client who is familiar with crystal healing and has previously had sessions. They know what to expect and have probably experienced some past life recall in past sessions. Before the specialized Past Life session is conducted, a typical chakra balancing session to open and align the chakras, should be done first. When completed the etheric body is prepared for more in depth work and realization.

After each of the following stones is in place, the Past Life crystal healing continues with wand work. Quartz, Amethyst and Snowflake Obsidian (to facilitate removal of stubborn blocks) wands are used. It will be necessary to guide the healee through this process as it can be intense. The session should be “closed” when the healing is completed. Be sure the healee is re-hydrated after the session by drinking at least 8 ounces of water.



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The first step is to anchor the body to the earth by placing two pieces of Smoky Quartz at the bottom of each foot. Smoky Quartz is very protective yet at the same time allows the vibratory rate of the healee to be raised. Any negative vibrations are automatically removed and continued to be removed throughout the session. Psychologically, Smoky Quartz relieves fear and enhances emotional calmness while promoting clear insight. (Image 1)

The head should be anchored with tourmalinated quartz. This stone is effective in strengthening the energy field against any detrimental external influences. It also harmonizes the meridian system and integrates the “self” with its polarity or shadow self so needed information can be gleaned easily. (Image 2)

The Root Chakra is now treated with Galena. This stone is often used in Past Life Regression work and functions like radar with a built in compass leading the healee via a set of visions. In turn, the visions aid in the recognition of stored past memories which are currently being brought out into the light for healing. (Image 3)

The Sacral Chakra is treated with Celestial Quartz. This type of Quartz is found in either white or red. Red is very effective for this Chakra but either is fine. This stone taps into the past on two levels – the physical past lives and the non-physical or other worldly realms where the spirit has dwelled and worked. The information that is secured is very personal and only akin to the healee. (Image 4)

Merlinite is the stone of choice for the Solar Plexus Chakra. This is a very “magickal” stone that is considered a potent catalyst for Past Life Recall and brings visions through in vivid living color. It facilitates time travel past and future and includes disclosure of information in the Akashic Records as well as insight into future lives. (Image 5)

The Heart Chakra is lovingly treated with Dioptase. This stone facilitates Past Life insights that can be used for the activation of one’s higher purpose. The energy of this stone aids the revelation of truth and clarifies repetitive karmic patterns that are detrimental to growth so they can be clearly “seen” and released. (Image 6)

Green Apatite is used on the Throat Chakra. This stone actually works in coordination with the Heart Chakra by awakening the “Heart’s Knowledge” so the mind can understand the current basis for current lifetime circumstances that are rooted in Past Life patterns. Apatite also enhances creative solutions for fruitful results as it is considered a stone of the future. (Image 7) Continued ...

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Apatite also enhances creative solutions for fruitful results as it is considered a stone of the future. Information is recognized on personal and collective levels.

This might seem like an odd choice but Black Kyanite is the stone used for the Third Eye Chakra. Generally, Kyanite is a strong amplifier of high frequency energies and the black variety keeps the Chakras aligned and balanced while interdimensional consciousness is accessed and experienced. (Image 8)

The Crown Chakra is treated with Cavansite. This stone activates personal channeling abilities and enhances the focusing upon memories tied to character that need attention. While healing the etheric body it also promotes healing at the cellular level so that “dis-ease” connected to old patterns is prevented. (Image 9)

¹Excerpt from the *Crystal Therapy Primer – Crystal Consciousness in Contemporary Times* by Loni Haas
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Do you take responsibility for your reality?

Astro-Quantum Healing

Joshua Bedetto

Each of us as a person creates our own reality. This means that you are responsible for the way your life is going right now. Not many people like that idea. They like to believe that it is because of someone else that they are in the position that they are now, but this is incorrect. You have the power to remove yourself from any situation and also to change your reality by releasing the need for the pain. By this I mean to release the need for pain in order to learn our lessons in life. We are taught from a very early age that pain is supposed to teach us our lessons. This is accomplished through spanking the child or confining them to a room with no television. We learn at that point that we need pain in order to move forward in life. This does not have to be so.

I have been working with Quantum Physics and Astrology hand in hand to avoid unpleasant occurrences in my chart. I have also been doing this for people that I know, and I have gotten feedback from them that the results are very positive. In some cases the effects of the aspects were greatly lessened and in others, there was no occurrence at all. I have done clearing for people for their Solar Return (their yearly report), as well as the Lunar Return (monthly report), and even the Transits for the day to day aspects. I have had a friend of mine call me while being on the road in Atlanta being stuck in traffic. After three minutes of working on her traffic moved and she was back to the normal speed in five minutes total. I have helped people with things as small as indigestion to things as large as serious emotional issues that had come up.

In Quantum Physics you learn that each problem has a root cause. If you remove the root cause then the problem that you have ceases to exist. So the problem that should be addressed is the root issue and not the physical pain. Whether it is joint pain or a food allergy, everything has a root cause that can be addressed and removed. You also will learn in Quantum Physics that if you remove the root causes that nothing holds you to that place in consciousness to have this pain or issue. Realizing this, all one has to do is to have a desired state of being before the root causes are addressed in order to move into that space of being. Imagine that you drew two dots on a chalk board. The first dot was where you were right now in consciousness, and the other was where you wanted to be.

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If you were to erase the first dot, then you would cease to exist in that space, and since nothing is holding you anywhere except where you want to be, you move forward into the consciousness that you wish to be.

This is all done through work with the chakras, the energy vortexes that are positioned on the body that are responsible for certain emotions and issues that come up in a person. The person concentrates on their spine and chakra line while the practitioner clears the root causes to the issue. The energy is focused on the chakra line and the root issues are cleared. There are many levels that the practitioner must go through to make sure that the issue is clear and to make sure that it will not come up again. Once the issue is cleared; however, it is cleared for good. The person will not have to deal with it again.

Any issue is able to be cleared whether it is a prosperity issue, a food allergy, or physical pain. If you have any questions about this process, or would like a session, please contact me via the Galactic Press. Until then remember, “An eye for an eye makes the whole world blind” - *Gandhi*. Live and let live. We all must live together on this earth.





Daimon

Rev. Dr. Loni Haas

The following is true account of an incident of ‘attachment removal’ during one of my healing sessions. It was unexpected and quite harrowing. You can draw your own conclusions about what happened.

DAIMON: A type of spirit that may be good or evil or have a dual nature and that allegedly has the ability to intervene in the affairs of human kind. The term DEMON which means “replete with wisdom” is derived from the Greek word DAIMON which means “divine power.” In Christianity, demons are evil legions of Satan whose sole purpose is to tempt and torment people and lead them into sin.

A few years ago I was the in-house astrologer and Stellar Healer at one of the local metaphysical healing centers. The owner was a very fine herbalist and experienced Reiki practitioner. I was called on my day off and asked if I could come in and perform an “emergency healing” for a gentleman who was in what was described as dire need of help. I was told very little except that he kept insisting he was under a curse and more would be explained when I got there. So, I packed up all my gear and began the 30 minute ride over to the shop.

As I was driving to the shop it seemed that the closer I got to it the more trepidation began to set in. I had never met the gentleman before yet I got the intuitive feeling that he was rather portly and that the shop’s cheap Reiki table might not hold him. I dismissed it as silly since I had never met the man. By the time I actually arrived at the shop, I had the distinct unshakeable feeling that the whole session was to say the least going to be a challenge. And I was right on all intuitive counts.

The gentleman was indeed portly. His skin was pasty white and he was sweating profusely. I introduced myself and shook his hand and asked him to wait in the main shop with the owner while I prepared the room and did my protection ritual. I called the shop owner aside, (who we shall call “Sandy” in this post) and told her that at one point during the session I would ask her to assist by “holding the energy” and she agreed. I prepared the room and called the gentleman in.

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Whenever I am working on someone I do not know, I like to build a rapport with that person and get an intuitive “hit” about their etheric condition by doing the following - I place two chairs facing one another in which we both sit facing each other with knees touching I place a Herkimer Diamond crystal in the person’s right palm. I place my left hand under the person’s right hand and my right hand over the top of both. Then I gently talk to the person about their problems and concerns and why they think they need healing. I also remind them that even though as a conduit I will be conducting the healing, they will also be participating in healing themselves.

As we sat knee to knee the gentleman began his story. He said he had been dating a woman who was a hedge witch. There was no doubt about this and she was heavy into her practice. Now, there are plenty of witches in the world and I even have a very dear friend who is a witch so I am not defaming anyone who practices witchcraft. To me it’s all in the intention. This particular woman was into the dark side of things and black magic and had become very angry with the man when he had broken off their affair. He claimed she had cursed him and had used some of his possessions and clothing that he had left at her apartment to do so. He began to feel very nervous and then quite ill shortly after the break up. So now with this information I must make a two-fold assessment of the situation. As a behavioral therapist I must recognize that I am dealing with this man’s psychological behavior and his “belief” system. As a metaphysician and a healer I also have to respect the occult possibilities. I asked the man if he had any particular religious leanings since I heal through the DIVINE - Universal Christ Consciousness (unconditional love) with the assistance of the Archangels. I always accommodate the client's religious or spiritual beliefs in this regard by simply changing the wording I use during the session if necessary but the energy remains the same. He said he had none and to just do whatever I needed to do.

So it began.

He lay down on the table which was draped with purple linens and sheets (personal choice as purple represents transformational healing and rejuvenation) and as he was engaging the breathing exercises I gave him, I began to ground him with crystals at his head and feet. In those days I always used my own CD player with healing music. All my equipment was in excellent shape and I always ran a quality control check before each session.

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About midway through a session the work becomes more and more intense energetically.

The first thing that happened was the CD player which NEVER gave me a problem began to “skip.” I stopped working for just a quick minute to adjust it and when I turned back around the man is laying there with a big grin on his face.

OK so no big deal.

Everyone has a different sense of humor and maybe the seriousness of the session struck him as funny. I go ahead and begin again working back up to intensity. Occasionally I will call upon celestial Divine assistance for assistance for intervention in healing with the crystals and every time I did so, the man lying on the table would begin to laugh and sweat even more profusely. Eventually the laughter actually became rather maniacal and that’s when I got the hint that he had an attachment ... and not a nice one.

He kept on laughing at intervals and in particular when anything relevant to the Divine became part of the conversation so I decided to address this thing - whatever it was.

“So, you are finding this a bit amusing and funny?” I asked.

The man said nothing as if he hadn’t even heard me (this would be confirmed later).

“Well, we shall see,” I said as I pumped up the energy to the max.

To digress for a moment – many people who have heard this story and even the shop owner herself who participated in this session have asked me if I was afraid. I would have to say no ONLY because as a conduit who must remain detached, you must remember that I am under Divine Will when I heal. I do not “channel” any words or directions or instructions but there is a celestial energetic flow that takes place between myself and the posited crystals and the client. That is the best way I can explain it. I am also protected and therefore have nothing to fear in these situations YET, if this was a different situation other than a healing venue the whole thing probably would have scared the bejesus out of me as it did the shop owner. Other than that, it is all between me and the Great Creator.

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Continuing – Eventually the laughter died down and I noticed that the man’s breathing was steady and rhythmic and more relaxed. I told him to lie still while I went to get the shop owner and ask her to assist. His calm demeanor wasn't fooling me for a second. This was going to be a challenge. When we entered the room I asked her to stand on the opposite side of the table. I looked at her very seriously and told her ...

“No matter what happens hold the energy – don’t you move –just hold the energy.”

I look at the man and tell him to open his eyes and look at me.

“I am going to put a psychic shield of protection around you now... to do that I am going to ask for verbal aid from the Archangeloi.”

OK – everyone and every 'thing' was fair warned.

Sandy braced herself in Reiki mode and I began to put up the shield. The man became fidgety. Crystals began to tumble from his body (not unusual). Some shot across the room (very unusual). I held my ground and Sandy held hers. Just as I finished calling in the 'big guns' this portly man pulled his body into a stiff arch and howled which could only be described as an ‘ungodly howl’. Sandy was thrown backwards several steps and was looking at me wide eyed shocked. I was for a few seconds stunned. Again I warned her-

“Hold the energy –hold your ground!”

Then it was all over. The man collapsed his body back down on the table. He had stopped sweating and his color had returned. Sandy was quite shook up but composed herself and I signaled her that she could leave. (By reference, I have had several instances of ‘arching’ during traumatic sessions. The back arches to such an extent that only the head, shoulders, heels of the feet and part of the arms remain in contact with the table. This often occurs if there is dramatic past life recall during a session. The situation here was a deviation from the norm.)

I removed any remaining crystals from the man’s body and retrieved the rest from the room, meditated for a moment and closed the session. I helped the man up into a sitting position and gave him some water to drink.

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When he was stable he looked at me and said:

“Lady, I don’t know what you did to me but at one point such a god awful horrible pressure came off the back of my neck ... I don’t know how else to describe it.”

~ According to many healing modalities the back of the neck is considered an entry point for attachments. ~

When the session was over, we had a short talk about “behavioral patterns” and choosing “partners” more wisely. I told him to relinquish his belongings as that was key to his belief that the witch had used them to project an attachment to him. He agreed. Before he left he asked me if I knew anything about the Rosicrucians and I told him what I knew. His intention was to start study with that organization. After the man left the shop, shop owner Sandy (still a bit shook) took me aside.

“What the hell was that in there?” she asked still wide-eyed.

“What the 'hell' do you think it was?” I answered her.

I saw the man a few days later and he was sporting a fabulous tiger eye pendant around his neck. His problems had 'ceased' and he was feeling much better.

A year later I met the man in the shop again. He did not remember me or the session and shop owner Sandy was in total disbelief of that. I wasn't. It was typical of a demonic attachment.

There you have it. Believe it or not it actually happened.





AUTHOR BIOGRAPHIES



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Abraham Fabella (*GONG! pg.29*)

Abraham Fabella is a professional musician and teacher and lives and works in Riverside, California. He received his galactic activation on May 22, 2010 and has since studied astrology, Tarot, and Hermetism.

Marlie “Magenta Ray” Michelsen (*The Seven Flames of Healing, pg. 31*)

Marlie has been healing with color and cosmic energy for over thirty years. She is also fond of crystals and has full understanding of the healing essence they house. Marlie lives in the northeast United States and has three children and nine grandchildren. She enjoys flower gardening and the joy of color it brings.

Section Manager’s Choice (*The Journey within – Accessing Past Lives, pg. 37*)

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Joshua Bedetto (*Quantum Healing, pg. 42*)

Joshua is a professional astrologer, Tarot reader and Reiki practitioner who specializes in the Yuen Method. He is a Georgia Highlands College graduate and currently works as a production technician for corporate and musical events. Josh was born in Panama City, Florida and currently resides in the state of Georgia, USA. He was raised in a colorful environment that enhanced his view of the world as a tolerant and magical place and was introduced into metaphysics at a very young age. He has been a Reiki Practitioner since the age of thirteen and has been practicing Tarot Reader since the age of eleven.

Rev. Dr. Loni Haas (*Daimon, pg.44*)

Loni Haas is a behavioral therapist, veteran exoteric and esoteric astrologer, research member of the American Federation of Astrologers (AFA), member of the National Council of Geocosmic Research (NCGR), as well as a lifetime member of the American Association of Behavioral Therapists. She is an ordained minister and Doctor of Divinity of the Universal Light Church of Cincinnati, Ohio where she is certified in several healing modalities. There is a youtube video available for Stellar Healing found at: <https://www.lightforcenetwork.com/media>

PHENOMENA FILES

A woman wearing a black veil and a white head covering. Her face is pale and heavily wrinkled, with white, featureless eyes. She has a somber expression and her hands are clasped in front of her.

When the evil wind
blows the righteous
shall fall.

Section Managing Editor – John Holbrook PSI

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Sinister of Sin...

The game we play, where at the start your peers are burned away. Dropped in a hellish abyss, where war is their wish. Run from the evil til you find a sanctuary of refuge, only go back in with no hope or destitute...



HALLOWEEN GREETINGS
FROM
THE PHENOMENA FILES
&
HOLBROOK PSI

The Enigma in the Mirror

Olivia Constantino

Years ago, I worked as part of team who specialized in haunted objects. Most of the cases were brought to quick resolution or just as quickly debunked as hoaxes – yes people really do try to perpetrate hoax! One case that always stood out was that of a mirror that seemed to have a handprint and what looked like part of a face in the glass. It was purchased at an antique auction which was showing many items from various estate sales.

The person who bought the mirror did so at the advice of her decorator who thought the frame was rather perfect for a room in her client's house. The client however was not comfortable with the 'ruined looking glass' so the decorator took the mirror to have the glass replaced. The backing of the mirror was also badly damaged and rotting so that was to be replaced as well. It was reported that much care was given to the job as the frame was very old and fragile. The old glass and the backing were relegated to the trash.

A week later the decorator picked up the refurbished mirror and enthusiastically brought it to the client's house and had it hung over a fireplace mantle where it made a stately focal point for the newly decorated room. This room was used by the client every day mainly as a quiet respite for reading. Her reading chair sat opposite the fireplace so she had full view of that wall and the windows on each side of the fireplace.

After about a week, the client began to notice that a foggy spot was beginning to form in the glass right around the same place where the initial damage had once been. It seemed that every day it grew a bit larger and more pronounced and was beginning to take a form that looked much like the original oddity that initiated the glass being replaced. The client of course immediately notified the decorator who immediately took the mirror back to the restorer.

The restorer was quite baffled as he had stripped the mirror 'clean' and replaced everything with new glass and backing. Upon a rather forensic examination on his part he could find no reason for the glass or backing to be defective. He had even replaced the old fasteners. The wood frame was sound even though it was old and he could find no bleeding in the finish. He went ahead and replaced both the glass and the backing. The mirror was rehung.

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Another week went by with seemingly no incidence when the same thing began to happen again. This time the client was quite upset. Obviously someone was not doing their job or perhaps the ‘products’ used for replacement were defective. The decorator opted to try another restoration firm.

So the glass, backing and fasteners were once again replaced even though the new restorer who worked on the mirror was baffled by it all and refused to give a guarantee feeling that the old piece was probably haunted and perhaps the owner should try a ‘different approach.’

The mirror was rehung but this time the decorator had called our organization to give them a heads up just in case something ‘else’ would be necessary. Our team was way ahead in this case and did a background check on the auction and its suppliers. Nothing by the way of background could be found on the origin of the mirror except that the mansion that housed it had long been abandoned and had actually burnt down to the ground a few days after it had been cleaned out.

A revisit to the original restorer’s shop did reveal one interesting thing. The original glass and backing which had been thrown into the dumpster out in back for trash pickup never totally made it into the dumpster – or at least the glass didn’t. It was found on the ground behind the dumpster. Our team took the glass wrapping it in a black cloth back to our lab where we waited. Our tests could find no reason for the anomaly so we were suspicious it had other-worldly origin.

Of course the new glass in the mirror also started to fog up. This time we were called in to address it. We ran the usual investigation of the house and the room and did pick up some activity around the mirror. The owner demanded something be done so it was done. As she was Catholic we had priest come in and basically exorcise the new mirror glass and the old mirror glass.

The problem ceased and oddly enough both pieces of glass remain clear and enigma free to this day.

Red Energy

Loni Haas RMAFA, NCGR

The Red Energy also known as the Red Man Energy is a phenomena mainly observed by paranormal investigators and refers to certain periods of time when people literally “see red” and become “red with anger.” Unwarranted anger, anxiousness and fear seem to pervade the psyche of normally composed people. It is wide spread and not contained. The percentage numbers of Road Rage, fighting, discontent and disgust reach new heights. Most of the time people cannot even seem to pinpoint why they are enraged. The energy is precipitated by feelings of tension in the atmosphere and followed by mounting feelings of anger that are internalized until they burst forth like an erupting volcano.

So far this phenomenon cannot be delegated to a particular set of astrological circumstances for example, as when people experience Mercury retrograde and shadow periods. During a Mercury retrograde, people are used to communications breaking down and mundane life circumstances running amuck and may or may not prepare for the period or at least make some concessions. It has been observed however is that the Red Energy proliferates during a Mars retrograde period.

Transiting Mars is retrograde every 24-26 months with a cycle lasting about eleven weeks. When Mars transits in retrograde motion day to day events become filled with effort that often leads nowhere crating personal frustration. It is almost as though an individual has gone into competition with his or her Self. Aggressions are misplaced and experiences are reactive rather than active. The frustrated energy that builds will blow up around the simplest issues. Disruptive situations and old wounds are brought to the surface making things even more uncomfortable. Hastiness leads to a variety of accidents particularly involving vehicles, machinery and sharp instruments. Burns, cuts and scrapes are common.

The paranormal Myth of the Red Man is little known and speaks of an invasive energy form that feeds upon anger. The more anger is either internalized or conversely, expressed, the further the red energy spreads. The only way to be rid of the Red Man is to simply control anger and re-route any “antsy” feelings and pent up energy into more productive avenues while riding it all out. The Red Man will invade for generally two weeks to a month unless it is coinciding with a Mars Retrograde. When that happens the effect is not only prolonged and amplified it is sometimes even deadly.

The Ghost Who Liked to Read

Frederick “Nocturnos” Savante

When I was young, I had a friend who lived in a haunted house. The family was sizeable – mother, father and six boys. Nothing bad ever happened as it seemed the resident spirit was more of a friendly ghost who liked to help or who thought it did. Often things in the house would inexplicably be moved such as decorative items. Wherever the knickknacks were left, their new locations which seemed to work out better either by convenience or ‘look.’

The family used to say the ghost liked to read and they would often find open books propped up somewhere. The chosen books were of a wide variety and there seemed not to be a particular favored topic.

This was all fine until the family started to notice that the pages where the book was left opened started to leave ‘messages’ and that the passages were directly related to future events in their lives. For example, the day before one of the sons fell down a flight of stairs and required medical treatment, an old home mechanics book opened to a page about staircase repair was found on the floor at the foot of the staircase. Another time, a book that was anthology of romance stories, was left opened on the eldest son’s bed referencing passages from a story about a wedding. The day the book was no longer found propped open on his bed he came home announcing that he had bought a ring and was intending to ask his sweetheart to marry him that same evening. At least one ‘literary’ message a week was found. This was all considered good fun until one disconcerting message was left that was quite eventful.

About one week before Halloween in 1994, a book of various true American ghost stories was found left open sitting in the middle of a prominent kitchen counter. It focused on different pages about a resident haunting as if to try and offer an explanation of why it was there. The ghost in the story was also a jokester and helper. One of the sons who was still living at home decided to keep a record of what happened. He jotted down the page number and then, after each incident, would go back to see if what the family was experiencing matched anything on the recorded page. He was not disappointed.

October 25 - The family was awakened at 3:13 AM by the smell of freshly baked bread where there was none. – *Reference to story about an overnight stagecoach stop where “rib sticking meals” were offered.*

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October 26 – Around 11:30 PM, we were startled by the sound of what seemed to be the kitchen door opening and closing and heavy footfalls on the oak floor while we were watching TV. Upon inspection, the kitchen door was closed and locked.

Reference to story relating how doors were opening and closing and footsteps.

October 27 – 3:03 AM. Family awakened by the sound of a baby crying. *Reference to story about family being awakened by baby cries, in a room that was formerly a birthing room, when there was no baby in the house.*

October 28 – 3:11 AM. Voices of what seemed to be a group of people in the dining room. *Reference to story about disembodied voices breaking the stillness of the night.*

October 29 – 6:52 PM. Dad notices his car keys are missing. After an extensive search by himself and my brother David, the keys are found under the master bedroom bed. *Reference to story about sports cards found tucked under a mattress.*

October 30 – 7:28 AM. Mom notices her navy sneakers are missing from the shoe rack in the mudroom off the kitchen. There were found in a vacant bedroom 2 hours later. *Reference to story about a pair of women's blue shoes that went missing and were found in a guestroom.*

October 31 – 4:44 PM – Mom's friend (who is also a psychic) comes to visit for an overnight stay. She immediately tunes into a female ghost that is attached to the property and is still 'fussing' over it. It was noted that the woman loved children especially boys. She tells Mom she can ask the ghost to leave but Mom declines. At 8:18 PM it is noticed that Mom's favorite set of figurines have been rearranged on the fireplace mantle. *Reference to story about mixed up Shaker boxes on a mantel and a guest who sees an old fashioned lady walking by the window.*

Over the ensuing years, the ghostly incidents diminished and then retired couple moved to a smaller place. To date the new owners (a childless couple) have experienced no incidents.



A Thanksgiving Day Haunt

Lydia Morrisey

It is tradition in our family for all of us to get together on Thanksgiving in one of the elder's homes – grandparents, parents, aunt, or uncle. We belong to a very large family so generally anyone with a larger home was chosen for the yearly rotation. It was always enjoyable and often amusing right down to infighting and practical jokes.

Back in the mid-80s, my Uncle Harry decided to host Turkey Day. It would be the first time for him as he never had quite large enough accommodations but recently had moved into a large rambling house on an even larger piece of property.

“The deal of a lifetime” he called it.

It was an older home built sometime in the 1800s but had been restored and kept in impeccable condition over the long years it stood.

I spent the earlier part of the day helping out in the kitchen with other family females while the men were outside doing their “man thing” out in the garage or inside watching the Macy's Day parade. My mom was famous for her homemade pumpkin and pecan pies and I was assisting her shaping numerous pie crusts. While making some fillings she ran out of a few ingredients so, I made my way down to the pantry which was located down a long hall at the back of the house.

I grabbed what I needed and started back when I realized I had forgotten something. I had taken maybe ten steps from the pantry door. When I pivoted to turn around, I saw a man standing by the pantry. It wasn't a family member or anyone else I recognized since some family members had invited extra guests that year. The man was a middle aged gentleman wearing a flannel shirt coveralls, and an old slouching hat that covered part of his face. He was just standing there froze like a statue about two feet away from me. For a second it flashed across my mind that Uncle Harry might be playing a joke OR a vagrant who had wandered in through the back of the house. I reacted quickly and said:

“Who are you? Uncle Harry is that you?”

The man looked me dead in the eyes and then to my surprise got a look on his face like he was totally shocked to see me as though I had appeared out of nowhere.

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What seemed like a solid figure to me then dissipated into what seemed like a million particles and disappeared. I was a bit shaken but managed to compose myself and went back into the kitchen where I excitedly repeated what had just happened to me. No one could relate to my experience amongst the females and two of my cousins piped in saying they had just been down in the pantry earlier and had seen nothing at all. I was questioned whether I had been drinking or “indulging” in other substances to which I indignantly replied “no.”

My mom made me sit down and have some brandy as according to her I looked as white as a sheet. A few minutes later Uncle Harry walked in. He took one look at me and the rest of the women who looked uneasy and had stopped chattering and gossiping and asked me what was wrong. In the most composed manner I told him about my experience. He turned and walked to the refrigerator start stocking beer for later on when the football games were broadcast.

Reluctantly he said:

“Oh that. That’s Old Samuel. He came with the house ... like I said deal of a lifetime.”



The Reaper Awaits

John Holbrook, Holbrook PSI

In all of my research into the paranormal I have found many different myths and legends that have stood the test of time. These are stories that are as true today just as they were then. One story that stands out and seems to be in every culture, in one form or another is about the entity that has been called "Death."

The Grim Reaper, The Angel of Death and of course Death are the names that western religion and folklore use to identify the entity that is said to come to us all at the time of our death. The Grim Reaper is said to be a tall skeleton dressed in a black hooded cloak carrying a scythe in its hands. This image of a tall cloaked specter that comes for us all has made its way into all forms of the arts, entertainment and literature.

The western culture Death is said to come to us on the hour of our passing to take our soul away from our body for judgment. This would be like the ferry man (Charon or Phlegyas) on the river Styx where he would take the soul of the newly deceased across the river. There was a tradition of placing coins over the eyes of the dead for the payment to the ferry man. There are some that say Death is there to cut the earthly bonds that the soul has to the world at the time of passing, which would let the soul pass from this realm to the next without the body. In the Bible, Death is one of the Four Horsemen of the Apocalypse and Hades follows after him.

There are many different culture inclusive entities that go by many different names and all have one thing in common - "death". Let's just touch on a couple of these entities because there are way too many to try and list all of them here.

The first will be one that covers several different cultures and is a key figure in Buddhist religion. Yama is considered in the myth to be the first mortal to die and to find the way to the celestial abodes. He was the first and being the first made him the ruler of the departed. Yama is said to be the judge of the dead who presides over the Buddhist Hells. Yama became an integral part of Chinese and Japanese mythology even though each culture developed a different myth for him and different functions than the original Hindu. Yama is in every region where Buddhism is practiced and can be traced back to a Hindu deity. Hindu scriptures says that Yama rides a black buffalo and carries a rope lasso to carry the soul of the dead back to his abode.

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In Japanese modern art and fiction there is a new death god that is called "Shinigami." The Shinigami or Shinigamis are closer to the Western traditional Grim Reaper than the Yama. The next one is from Aztec mythology, the Mictlantecuhtli who was a god of the dead and the King of Mictlan, a part of the underworld. He was one of the principle gods of the Aztecs and was the most prominent of the several gods and goddesses of death and the underworld. The worship of this death god sometimes involved rituals like cannibalism in and around the temple of Mictlantecuhtli.

He was described as a bloody skeleton or a person wearing a skull with many teeth. His headdress is shown decorated with owl feathers and paper banners and he also had a necklace of human eyeballs. Many of the Aztec gods and goddesses were depicted in this fashion because in the world of the Aztecs, skeletal imagery was a symbol of fertility, health and abundance. This makes the symbolic connection between life and death. You can see from the Aztecs culture that they have, as many cultures have, incorporated a god of death into their mythology or religion.

With death and birth a major part of human life these deities most of the time were major parts of the religion. Some cultures had one deity for life and then the adversary death, or many different gods or entities that have roles in the process of death and dying. The Egyptians had several different gods that had roles in the journey to the afterlife. Anubis was the guardian of the dead and he greeted the souls in the underworld and protected them on their journey. Anubis is portrayed as a jackal-headed man, or a jackal wearing ribbons and holding a symbol or protection.

There is also Osiris the god of life, death and fertility. He was the redeemer and a merciful judge of the dead in the afterlife. He was also the one that granted all life from the underworld. I could list different death deities and entities to include Archangel Michael or Gabriel as angels of death but I think that we can move away from the who's-who of death now.

I would like to tell you a story now that may make some uneasy but it is a true story. My mother had a very aggressive form of multiple myeloma (bone cancer) and was in and out of the hospital for several months for treatments. When she went to the hospital they put her on the cancer floor. Most people who were on this floor were terminal and were there instead of hospice. There was more death on this one floor than anywhere else in the hospital. The nurses on this floor were a special breed, kind and strong with hearts of gold and feet of clay.

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I had a deep respect for these nurses for they were there day after day with a smile and a kind word even though you just knew that they wanted to cry.

My mother would always ask me to fix the nurses a cake or cookies to show them how much she appreciated their kindness, and I would do as my mother wished. I would talk to the nurses at the station when my mother would be getting a treatment or a bath. When I first started to do this it was just to get to know them and to pass the time. Soon I had made a friend or two among them and they would always look forward to the cakes and cookies I would make.

I can remember coming in one late afternoon and there was an ominous feeling as soon as I got off the elevator on the floor. I could not shake the feeling as long as I was on the floor. I had this sad feeling like loneliness and fear combined but not like it at all. The feeling was very hard to describe but was only on the cancer floor because I went to the cafeteria and did not feel it until I returned to the floor.

The nurses that came into my mother's room did not appear to notice the feeling that I was feeling. I went out to the nurse's station and noticed that they did seem to be affected just like me until a patient would come up and they would start smiling again. So when no one was around I asked one of the nurses that seemed to be picking up on the same thing that I was, what the feeling was that I was feeling. She looked at me with a sad almost heartbroken look and said that, "Death is walking the floor tonight."

The next day when I arrived the feeling was gone and I learned that one of the people on the floor did die during the night. I started to pay very close attention to my feelings and every time that I had that same feeling someone else on the floor would die. This happened five or six times over the next several weeks. It was not every day that someone would die on this floor but a week without a death was almost unheard of. So was the feeling that I was having about an entity called "Death" or was it just the energy that the soul would give off before passing. After my mother's passing I had filed away the months that I spent at the hospital with the bad memories of my mother. When I was a park ranger in Alabama I was working a suicide attempt and had the same feeling and it brought back all the memories of my mother's death. The person did not succeed in the attempt to kill himself but the feeling was still there. With this incident I revisited my mother's death because of the return of the feeling that I had felt many years ago. I had to look again at what I had linked the feeling to so I could see if it still held true.

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The feeling was the same but no one died... but someone was trying to die. I had many sleepless nights looking inside my heart and soul for some help with this problem.

One day I was called on a poacher call and as soon as I exited from my truck I had the feeling again. It stopped me dead in my tracks because I have had this feeling and people have died. I had to continue to do my job, by no means was I a coward and I knew if my time was up there was not much I could do about it. In the process of the investigation I was shot at and then adrenalin took over and the feeling I had linked to death was gone.

When I was debriefed by my direct supervisor I asked him if he had ever heard of a feeling of doom before something bad happened. He said that he knew that we were able to feel more than we realized and the poachers wanted me dead. Maybe I felt their intentions.

So, was what I was feeling their intentions to kill me and the only thing I could equate it to being that feeling I had early in my life? I looked into the entity of "Death" in my spare time and read how most cultures had some type of god or entity that controlled death. I formed an opinion that I still hold true today from my experience with death and deadly situations. There is an Angel of Death or a Grim Reaper that has the job of being there at the end of a life. It may be there to help with the crossing to the next reality, I am not sure yet, that will be a question that I will have answered when my time comes. They have a presence that can be felt if you pay attention to the energies around you.

With all the choices in our lives the time of our death has some variables also. Have you ever seen a bad wreck and knew if you had left just a few seconds earlier that you would have been killed in the wreck? That was one of those variables and choices that make life or death a matter of what you do or don't do. So along with our guardian angel sometimes the Grim Reaper is there in case we decide to take the next exit to the next reality.

But as I said in the title of this article don't fear the Reaper for no matter who you are, great or small, some day you will pass away from this world and you will meet the Reaper.



AUTHOR BIOGRAPHIES



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Olivia Constantino (*The Enigma in the Mirror*, pg. 52)

Olivia considers herself a paranormal investigator in “training.” She is a research assistant to her older brother Philip and joins him in his onsite investigations. Olivia has an MS degree in literature and hopes to one day write a book based on her experiences. She works part time in a law firm and as a hostess and says people would be surprised how many personal supernatural tales clients reveal. She makes notes of course.

Loni Haas RMAFA, NCGR (*Red Energy*, pg. 54)

Loni Haas is a behavioral therapist, veteran exoteric and esoteric astrologer, research member of the American Federation of Astrologers (AFA), member of the National Council of Geocosmic Research (NCGR), as well as a lifetime member of the American Association of Behavioral Therapists. She is an ordained minister and Doctor of Divinity of the Universal Light Church of Cincinnati, Ohio where she is certified in several healing modalities.

Frederick “Nocturnos” Savante (*The Ghost Who Liked to Read*, pg. 55)

Frederick is paranormal enthusiast who has had many supernatural experiences he likes to retell in local lectures especially during Halloween. He loves to travel and always uses parables and amusing stories to enhance his message during his lectures. He currently resides with his wife Melinda and their three children in the Great American Southwest. Rev. Micah is a huge fan of fly fishing preferring fresh water over salt water and jaunts to the best fly fishing spots in the US are always family affairs.

Lydia Morrisey (*A Thanksgiving Day Haunt*, pg. 57)

Lydia considers herself a paranormal “observer” who generally does the “grunt” (background) work for her husband Jones who has been a paranormal investigator for the past fifteen years. They enjoy both helping people with real supernatural problems and debunking fraud. Lydia in particular is a big fan of the late Harry Houdini and the stories surrounding his debunks of famous psychics and manipulators who were prevalent in the time when Houdini was alive. Once the initial client consultation for a haunt is finished Lydia never enters or investigates a haunt site which is left to Jones and his team. She does however consider herself a cracker jack at reviewing collected evidence and putting together possible recommendations for clients.

John Holbrook, Holbrook PSI (*The Reaper Awaits*, pg. 59)

John has been a paranormal investigator for over 25 years. He holds a MS in parapsychic science. He is a highly gifted intuit and experienced spiritual counselor who specializes in crisis intervention including current life paranormal dramas and past life residual traumas. He is always willing to help others overcome their fear of the darkness by showing them how to discern the truth of the matter.

ARCANUS OBSCURUM

WHAT IS YOUR POWER?

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A Crystal Scrying Possibility

Ben McFarlane

Insight is eidetic.

Meaning insight comes from shapes and images and experience and comes to fruition in the form of *ideas*. Hence ones quickest path to idea formation is one's quickest method of divination.

I offer a scrying possibility using multiple types of crystal: a potential method that utilizes one's mind and insight in conjunction with the beauty and meaning of any particular crystal or stone with an established (or yet unestablished) spiritual meaning or aspect. When using crystals for any purpose, it is commonplace to use them for specific purposes related to a chakra, an emotional problem, a physical trauma, etc. Below I'll use the example of moss agate.

I propose a gazing at the crystal. A visualization within one's mind that reflects and amplifies the vibration and imagery and spiritual theme embodied in the crystal upon which one gazes. I offer two steps.

- 1: Gaze at the crystal, e.g. a moss agate.
- 2: find the imagery of the crystal within ones mind's eye, i.e. visualize forms and colors similar to those you see in the crystal within your mind's eye.
- 3: Begin phenomenological free variation of concepts related to the eidetic theme of the crystal. e.g., the salvation of the ecosphere, the spirit of ibogaine or ayahuasca or some other plant consciousness (whatever archetype related to the moss agate is your spiritual inclination)
- 4: Clear one's mind of ideas.
- 5: Visualize within ones mind's eye, shifts and changes in the patterns of color while maintaining a rough semblance, or a precise reproduction of, or a creative variation of, the patterns within the moss agate.

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In this way prepare for yourself a platform upon which to receive visual guidance with regard to the issues or problems whose answer is sought by this scrying method.

6: Be open to receive guidance.

...

Make that 6 steps.



Witch or Wonder?

Waden Jensen

The time - July 1488. The place - the town of Knaresborough in North Yorkshire, England. The setting - a raging thunderstorm. The event - the birth of the Yorkshire Witch.

The legend: Janet Ursula Southiel was born on this day to Agatha Southiel in the company of several neighbors and the local midwife. All expected a normal birth but shortly after the baby arrived, the tiny newborn smiled and chuckled significantly at all in residence. Witnesses claim that the moment the baby laughed the storm outside immediately ceased and the sun came out from behind the clouds to light up the now clear blue skies. Needless to say the whole event did not sit well with those who experienced it. They immediately labeled the little girl the Devil's Child and ran from the cottage.

Gossip reigned supreme in those days and the maliciousness and non-acceptance of the neighbors drove poor Agatha to a convent leaving baby Janet with a nurse. In an unsuccessful attempt to shield the child from any further harm, the nurse dropped the baby's first name, Janet, and the child became known as Ursula Southiel. When young Ursula entered school she was mercilessly taunted by her classmates because she had no parents. Ursula retaliated by having her "invisible friend" accost her classmates who experienced punches, bites and pinches. Consequently she was snubbed by everyone at school including the headmaster who made it very clear to her she was not welcome. Ursula spent most of her time alone with only her invisible playmate as a source of company. This situation continued until her early teens when Ursula met a young carpenter named Tobias Shipton. They immediately fell in love and were married. Very soon thereafter they moved to the town of Skipton which was about 35 miles west of York.

While living in Skipton, Ursula discovered that she had psychic abilities and could look into the future. She became fondly known among some as Mother Shipton and adversely as the Yorkshire Sybil or Witch.

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Her vision was attuned to the politics of the day and she very accurately foresaw the 1513 invasion of France by Henry VIII. She described the defeat as "great shame" for the French which was right on target since history records that the French retreated so fast and so far from the English cavalry that the battle became known as the Battle of the Spurs.

Another subject of Ursula's of psychic abilities was Cardinal Wolsey who had fallen into disfavor with King Henry. She referred to Wolsey as the "Mitred Peacock" who would not be able to hide from the King for long and who would never be able to enter the city again. Wolsey sent three spies, the Duke of Suffolk, Lord Darcy, and Lord Percy to the home of the "Yorkshire Witch."

Ursula was unfettered by their visit and was a most gracious hostess feeding them oatcakes and ale. When the Duke of Suffolk asked her if Wolsey would ever see the city again she corrected him about her prediction stating, "No, I said he might see the city but never ENTER it." Offended, the Duke warned her that when Wolsey did finally come back to the city he would see that she was burned at the stake. In a counteraction, Ursula took a linen handkerchief and thrust it into the fireplace on top of a log and said, "If this burns, so shall I." Needless to say, when Ursula lifted the handkerchief out of the fire some 15 minutes later the piece of cloth was untouched by the flames and was just the way it was when she put it in the fire. Now she had the noblemen's undivided attention and they were so impressed that they asked her to tell their futures.

History bears out her words to these men.

- She told the Duke of Suffolk that one day he would be as low as herself, "... a low one indeed." In 1554 The Duke of Suffolk was beheaded for treason making his fall from grace low indeed not to mention that his severed head lay low on the ground!
- Lord Percy was told that his body would be buried in York but that his head would be. "...stolen from the bar and carried into France." In 1572, Lord Percy was beheaded and his head was impaled on a pole over the Michelgate Bar Gate in York. It was later stolen by a Catholic fanatic and taken to France.

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- Lord Darcy was told, "You made a great gun! Go shoot it off, for it will do you no good. You are going to war and you will pain many a man, but you will kill none." Darcy was a soldier and a statesman who was familiar and concerned with artillery. He participated in the 1536 Pilgrimage of Grace which was a revolt in Northern England against the tough religious and economic reforms of Henry VIII. Darcy ended up as one of the 230 men who were beheaded because of their part in the uprising.
- Cardinal Wolsey did attempt to travel back to York. About 8 miles outside of the city he was apprehended and arrested. He was charged with high treason and was scheduled to be incarcerated in the Tower of London until his execution. He never made it. He died on the way to the Capital.

Ursula died peacefully in her bed at the age of 73 in 1561. Stories passed down about her relate that she often gave her prophecy in rhyme and that her vision extended far into the future. Here is a passage describing the fate of the World:

"Carriages without horses shall go,
And accidents fill the world with woe.
Around the Earth thoughts shall fly,
In the twinkling of an eye;
The world upside down shall be
And gold found at the root of a tree.
Through the hills man shall ride,
And no horse shall be at his side.
Under water men shall walk,
Shall ride, Shall sleep - Shall even talk.
In the air men shall be seen.
In white, in black, in green;
Iron in the water shall float.
As easily as a wooden boat.
To an end the world shall come,
In the year two thousand and sixty-one."

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This is one account of the life of Ursula Sothiel. Her story has come under much scrutiny and has been debunked in several circles due to the unscrupulousness of her later biographers who added untruths to her story. Still, some of the facts of her life remain and in the end truth will be known.

Historic Resource, Rehash, quotes and verse from Strange but True - Mysterious and Bizarre People by Thomas Slemen, Robinson Publishing Ltd., 1998.



CROW

Rogue Khrae

*My Grandfather once told me that the crow was the smartest of all the birds. What's more, it even knew it was the smartest of the birds and enjoyed it to the fullest. In fact, it was so smart that it chose to stay a crow, rather than move on to some other area of evolution. It has the unique ability to outwit most birds, animals and even humans at times, and they make for themselves ... a wonderful living ... Crows intrigue and aggravate us. – Ted Andrews, *Animal Speak**

Throughout history, the crow has been associated with both positive and negative symbolic meanings. The most common are:

- Life magic; mystery of creation
- Destiny, personal transformation, alchemy
- Intelligence
- Higher perspective
- Being fearless, audacious
- Flexibility, adaptability
- Trickster, manipulative, mischievous

Additional Associations for Crow...

- Guardian of the place before existence
- Manifestation
- Law of Attraction
- Life and Death
- Rebirth
- Transition magic
- Watchfulness
- New opportunities coming up
- Fair Trade and Barter
- Ability to move in space and time
- Honoring ancestor

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- Ethics and Ethical behavior
- Carrier of souls from darkness into light
- Working without fear in darkness
- Guidance while working in shadow
- Moves freely in the void
- Understands all things related to ethics
- Shape Shifter

Many cultures consider crows to be the keepers of the Sacred Law, for nothing escapes their keen sight. Crow medicine signifies a firsthand knowledge of a higher order of right and wrong than that indicated by the laws created in human culture.

“Native Americans had great respect for this bird. Several southwestern tribes heralded the Raven as the **bringer of light** that escaped from the darkness of the cosmos. Thus, they associate this bird with creation because it brought light where there was none. Other tribes looked upon this bird as a **trickster or even a shape-shifter** because of its high intelligence and ability to adapt to different situations.”⁷

The relationship with war and death also underlies the crow's connection to the Otherworld. The crow is sometimes perceived as a harbinger of death as well. The Scots have a term for death: “going away up the Crow Road.” In Hindu belief, crows serve as intermediaries who bring offerings of food and water to deceased ancestors on the anniversary of the relative's death, a practice of expressing gratitude known as 'Sr̄addha. In ancient Egypt, however, the crow was a symbol of faithful love because of the bird's monogamous nature. ²

“Greeks pegged the crow as a white bird initially. But the white crow gave Apollo (Greek god of prophecy, healing and much more) some bad news and Apollo turned it black as a mark of displeasure. From that day on, the crow kept her secrets to herself in an effort to protect her brood, and her knowledge.

The Latin term "Corvid" identifies the crow family. This word is derived, in part, from the word "cunning". This is oh-so-true with the crow.

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These birds have been known to **outsmart** other birds, many animals, and even more humans at times. They are masters at tactical maneuvers, and **cunning is definitely the name of their game.**

The crow is associated with many a god and goddess. If you do some research, and you'll discover that's true. Morrigan, Shani, Odin, Badb...these and more deities are aligned with the crow. In my studies, it's rare to have a creature shared by so many deities. Why is that? My guess is the power of the crow. There's something majestic and magnetic about the crow that tempts a god or goddess to affiliate themselves with this bird.

The crow can be monogamous (having one partner), but this isn't always the case. The Egyptians noticed their tendency to keep one mate and deemed this bird as a symbol of devotion and faithfulness.

Chinese Lore places the crow on a throne of masculine rule. In ancient Asian legend, the crow was said to be the father of the Asian race. As a result, the crow is respected and given great devotion (at least it was back in the day) as the parent of humankind.” – Avia (<http://www.whats-your-sign.com/crow-symbolism.html>).

A number of verses appear in American and European folklore to describe the crow's influence. In North America, "Crow on the fence, rain will go hence" is an often cited expression. In Maryland the following verse is found:

One crow--sorrow

Two crows--mirth

Three crows--wedding

Four crows--birth

The English version is as follows:

One's bad luck

Two's luck

Threes health

Four's wealth

Five's sickness

And six is death

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Still another version goes like this:

One means anger

Two represents mirth

Three represents a wedding

Four a birth

Five is heaven

Six is hell

But seven is the Devil's ownself.

What if a crow catches your attention? Personal Integrity are your watchwords and your guide in Life. How is that working for you? If you have a Crow totem, your prime path is to be mindful of your opinions and actions throughout your life. You must be willing to walk your talk, to speak your truth and to know your life's mission.

CAW, CAW!

Resources:

1) *Animal Speak* – Ted Andrews

2) <http://www.spiritanimal.info/crow-spirit-animal/>

3) <http://www.beliefnet.com/Wellness/Environment/Galleries/A-Spiritual-Field-Guide-to-Birds.aspx?p=3>

4) <http://www.universeofsymbolism.com/symbolic-crow-meaning.html>

5) <http://www.whats-your-sign.com/crow-symbolism.html>

6) <http://spirit-animals.com/crow/>

7) <http://hubpages.com/hub/Poe-the-raven>

8) <http://spiritlodge.yuku.com/topic/973/Crow-Medicine#.VHNjPbHp8po>



Daily Animal Totems

Alva Lennox

In today's busy and hectic lifestyles, the desire to get back to nature and to be more in touch with Mother Earth is a soulful yearning yet, we have never lost our connection, we have just forgotten how to engage it or we have simply ignored it. When we fail to have reverence for nature we lose something very valuable – our intimate connection with the inner SELF. Animal Totems represent a getting away from the norm – a “spiritual avocation” which falls under the jurisdiction of the 5th House. Animal Totems are believed to be a mystical connection that occurs between human beings and certain features of the natural world especially wild animals.

The animal world has much to teach us. Animals are experts at survival, adaption, nurturing, protecting and the art of courage. Couldn't we all use a lesson in or a reminder of those qualities from time to time? Terrestrial animals have always had a strong symbology associated with them and we can use animal imagery to learn about ourselves and the invisible worlds. Animal Totems belong to the world of natural shamanism that works to reconnect conscious human life with Nature and Spirit. It is a gentle yet powerful transcendental attunement that brings joy, peace and strength. When you call upon the power of an animal, you are asking to be drawn into total harmony with that animal and its essence. Every animal has many lessons to impart and there is power in the wisdom of understanding that every living thing is a teacher that should be honored. Be mindful always that the lessons taught are eternal and forever forthcoming for that is part of the Great Mystery of Life.

All of us see some sort of animal daily that may get our attention in some way or just appear unexpectedly out of the blue – a bird, an insect, a stray cat. We may see a beautiful exotic animal in a magazine or book that catches our eye and holds it for a few minutes as we muse on its beauty, ugliness or fierceness. You might even dream of a specific animal that you would not normally see in everyday life. Circumstances matter not. All of these creations of nature carry a message for us if we are paying attention. Every animal's message is unique and no one animal is better than another. Pay attention to what you see, view or dream. Take heed of the message and embrace the essences.

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Here is a list of popular animal totems that will help you understand the energies:

EAGLE – “Spirit” – ILLUMINATION: The Higher Mind and creative force of the Great Spirit.

HAWK – “Messenger” – INTUITION: Being aware of life’s signals and receiving them.

ELK – “Stamina” – WARRIOR: Realigning the Self with group consciousness.

DEER – “Gentleness” – COMPASSION – Healing power of gentleness that touches all hearts.

BEAR – “Inner-Knowing” – INTROSPECTION – Strength of achievement that comes from intuition.

SNAKE – “Transmutation” – ALCHEMY - Transformation through thought, action or desire.

SKUNK – “Reputation” – DISTINCTION – Assertion without EGO and self-respect.

OTTER – “Woman Medicine” – FEMALE ENERGY – Healthy curiosity and living life without preconceptions and suspicion.

BUTTERFLY – “Transformation” – CYCLES – Going within to bring fruitfulness without.

TURTLE – “Mother Earth” – PROTECTION – Groundedness and observing all situations with compassion.

MOOSE – “Self Esteem” – PROGRESS - Joy without EGO in accomplishment.

PORCUPINE – “Innocence” – TRUST – Faith in the Divine Plan.

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COYOTE – “Trickster” – MASTERY – Consciousness that is born from folly.

DOG – “Loyalty” – PHILANTHROPY – Loyalty and service that is not countermanded by need for approval.

WOLF – “Teacher” - WISDOM – Sharing of the Higher Truths.

RAVEN – “Magic” – WIZARDRY – Trusting the power of the unknown and the Great Mysteries.

MOUNTAIN LION – “Leadership” – CONFIDENCE – Balancing intention with physical strength and grace.

LYNX – “Secrets” – CLAIRVOYANCE – Paying attention to revelations and using caution about what you reveal.

BUFFALO – “Prayer and Abundance” – SUSTENANCE – The power of prayer and reconnecting to the meaning of life and the value of peace.

MOUSE – “Scrutiny” – METHODOLOGY – There is always more to learn.

OWL – “Observation” – TRUTH – Speaking the whole truth rather than half-truths or lying by omission. The power of keen “silence” to intuit life situations.

BEAVER – “Builder” – TEAMWORK - Sense of community achieved through collaboration.

OPOSSUM – “Diversion” – STRATEGY – Mental and physical prowess that leads to progress.

CROW - “Law” – SUPERNATURAL - Sacred Law. Knowledge of alchemy. Shape shifting. Higher Order of Right and Wrong.

FOX – “Camouflage” – CUNNING – The sly power behind ingenious maneuvers.

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SQUIRREL – “Gathering” – PRESERVATION – The ability to prepare and honor the future.

DRAGONFLY – “Illusion” – ENLIGHTENMENT – Things are never completely as they seem.

ARMADILLO – “Boundaries” – SHEILD – Defining one’s space.

BADGER - “Aggressiveness” – ACCOMPLISHMENT – The “BOSS”... the one who gets things done.

RABBIT – “Fear” – WORRY – Learning to resist pessimism and being attached to negative outcomes.

TURKEY – “Give-Away” – SELFLESSNESS – “Doing unto others.” All life is Sacred.

ANT – “Patience” – COMMUNITY-MINDEDNESS - Working for the good of the whole.

WEASEL – “Stealth” – ACCURACY – The hidden reasons behind anything.

GROUSE – “Sacred Spiral” – VISION – The spiraling DNA double helix. The Divine treatment of motion.

HORSE – “Power” – FORTITUDE – True power is the wisdom found in remembering your total journey.

LIZARD – “Dreaming” – MANIFESTATION – Understanding the shadow side of reality where dreams are reviewed before being manifested physically.

ANTELOPE – “Action” – MOVEMENT - Honoring destiny by masking the decision to start moving.

FROG – “Cleansing” – PURIFYING – Purging the self of distractions, guilt, frustrations and emptiness.

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SWAN – “Grace” – RHYTHM – Surrendering to the grace of the rhythm of the Universe and altered states of awareness.

DOLPHIN – “Manna” – LIFE FORCE – Linking to the Great Spirit. Answers to questions. Patterns of Divine energy.

WHALE – “Record Keeper” – AKASHA – Frequencies in DNA codes. Exploring the Soul’s personal records.

BAT – “Rebirth” – GROWTH – Symbolic death that paves the way for the new “self.”

SPIDER – “Weaving”- FATE – Connection to the primordial. Creation and expansiveness of the Eternal Plan.

HUMMINGBIRD – “Joy” – FREEDOM - Paroxysms of joy and renewal in the magic of living.

BLUE HERON – “Self-Reflection” – SELF WORTH – Discovering the role of spiritual essence and Divine purpose.

RACCOON – “Generous Protector” – DEFENDER – Vigilance. Standing up for the underdog. Honor.

PRAIRIE DOG – “Retreat” - BASICS – Pushing too hard can create resistance.

WILD BOAR – “Confrontation” – COURAGE – Honoring the truth, confronting fears, facing challenges.

SALMON – “Inner knowing” – RESOURCES – Reflection and reclaiming the inner self. Discernment and authentic vision.

ALLIGATOR – “Integration” – FLOW – Rite of passage. Seeing all sides of a situation and not passing judgment but making decisions.

JAGUAR – “Impeccability” – HONOR – Maintaining integrity and holding on to forthrightness and honesty.

The Book

Thomas Carroll

A handbook of magic that provided instructions was and still is known as a grimoire which is French for "grammar book." Technically although any handbook of magic could be called a grimoire, the term originally applied specifically to texts descended from King Solomon. Most grimoires were written in the 17th and 18th centuries and their popularity extended into the 19th century. They mainly circulated in France and Italy.

A grimoire served as a record of spells, evocations, ritual and procurements complete with directions. The actual material was heavily derivative of Hebrew magic and mystical lore including the *names of powers, duties of spirits both daemonic and angelic* and *the names of God*. Some grimoires were sourced in Hellenistic Greek and Egyptian magical texts as well as Latin lore.

It is interesting to note that in the medieval period, the production of grimoires continued in Christendom, as well as amongst Jews and the followers of the newly founded Islamic faith. The use of such books on magic continued. In Christianized Europe, the Church divided books of magic into two kinds: those that dealt with "natural magic" and those that dealt in "demonic magic." The former was acceptable because it was viewed as merely taking note of the powers in nature that were created by God. Demonic magic was not acceptable, because it was believed that such magic did not come from God, but from the Devil and his demons particularly those that dealt in such topics as necromancy, divination and demonology.

A grimoire, at risk of being too simplistic, is a text that teaches practical magic. As such, it is usually highly religious in nature, under the premise that the power to achieve supernatural results comes from supernatural sources (e.g. divinity or demons). The grimoire tradition is European, at least in the form to which we are referring when we use the term "grimoire"; however, its roots go back to ancient civilizations. - Rebecca Romney, Bauman Rare Books

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Some people confuse the grimoire with the Book of Shadows which most witches keep. They are similar in some respects however a Book of Shadows contains personal information, thoughts and feelings. You might say the grimoire is a research catalog full of magical information including rituals, spells, potions, and how to prepare magical tools. It also contains lists of correspondences and magical properties of herbs, gemstones, food, colors, etc. used to perform and manifest. Many people in the Craft keep both. Neither book should be touched by an outsider without explicit permission from the owner/author. An obscure grimoire found in a dusty corner of an antique shop should never be handled as it may have a “hands off” spell put on it that can bring unwelcome or even nasty results.

I have a memory of 30 to 35 years ago, going into Acres of Books, which is a famous book shop in Long Beach. I went to the occult section and back in those days you could find some treasures for very little money. I pulled a two-volume set off the shelf, it was related to occult, and I got the creepiest vibes I've ever had from a book. And I'm not one to necessarily believe in all these things. But this book definitely had bad vibes. I wish I remembered the author and title of it. But I promptly put it back on the shelf and moved on. It was very strange. - William Dailey, of William Dailey Rare Books

Here is a list of famous grimoires:

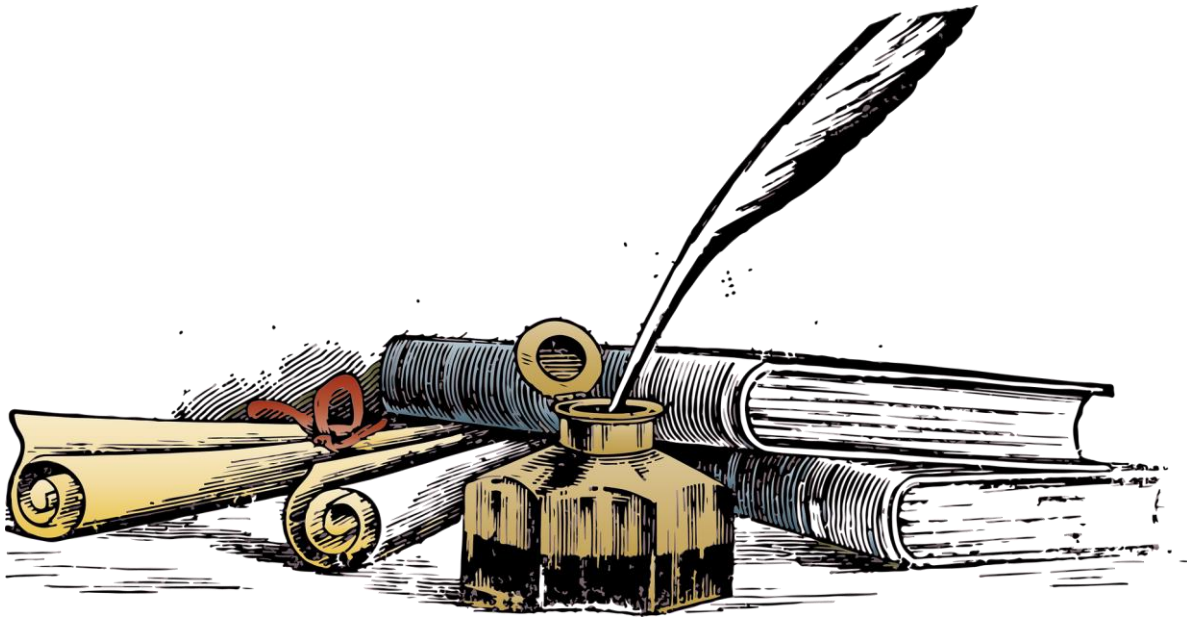
- Key of Solomon (also called Greater Key of Solomon and the Clavicle of Solomon)
- Lemegeton or Lesser Key of Solomon
- Testament of Solomon (Greek)
- Grand Grimoire (French)
- Grimorium Verum (French)
- Fourth Book (Henry Cornelius Agrippa)
- Grimoire of Honorius (16th century, first published in Rome 1629)
- Arbatel of Magic (Latin published in Switzerland 1575)
- Theosophia Pneumatica (German 1686)
- Heptameron (Peter of Abano, Italy 1316)
- Little Albert (1772)
- Enchiridion of Pope Leo

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- Book of Sacred Magic of Abra-Melon the Mage (1458)
- True Black Magic (Magician Toscraft, 1600s)
- Black Pullet (Egypt 1740)
- Red Dragon (1522)
- Transcendental Magic (attributed to Eliphas Levi, published 1896)
- Book of Black Magic and Pacts (A.E. Waite, 1898)

Quotes: <https://uproxx.com/life/occult-literature-demons-angels-spirits-grimoires-red-dragon/4/>





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Ben McFarlane (*A Crystal Scrying Possibility*, pg. 65)

I'm a lightworker dedicated to sharing the knowledge I've gleaned from the cosmic mind. I have been a lightworker for a few years now. I use Reiki primarily, and while I find it an extremely useful and proven method of spiritual healing, I still dip into my own repertoire of symbols to augment my practice.

Waden Jensen (*Witch or Wonder? Page 67*)

Waden considers himself a very private person who dislikes bios. By day he is a business consultant who does extensive traveling in the US and abroad. He likes to spend his spare time as a carpenter mainly creating fine furniture. He currently resides in Washington State.

Rogue Khrae (*CROW*, pg. 71)

Rogue Khrae is the pseudonym of Xavier Orientes. He is a homeopathic practitioner and metaphysician practicing in the Midwest US. Xavier has a fondness for crows since youth and considers the crow his most important animal totem. He claims to receive messages from his "yard crows" every day some of which were warnings that kept him from danger. He is married with two sons aged 15 and 17.

Alva Lennox (*Daily Animal Totems pg.75*)

Alva is a retired primary care teacher who enjoys researching and using natural herbal remedies. She is president of a book club that meets once a week and enjoys nature walks and teaching crafts. She has a great fondness for water and lives by lake which she feels fulfills her Cancerian needs. She would tell you it's been a long time coming.

Thomas V. Carroll (*The Book*, pg. 80)

Thomas is a Hermeticist who enjoys studying old manuscripts and books on ancient arts and sciences when he can find them. He is also into antiques and their restoration and the histories connected to family heirlooms. He also enjoys some sailing and classic car restoration. Thomas has walked many magical paths, which if nothing else, taught him the necessity of balance in all endeavors. You can visit Thomas on the www.lightforcenetwork.com website where he is an administrator.

Sacred Sciences

Fools give you a reason ...

Wise Men never try



Section Managing Editor – Anna Drake Sydney

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The Truth about Albert

Craig Hawthorne

Albert Pike Sovereign Grand Commander of the Scottish rite Southern Jurisdiction, Brigadier General of the Confederate army and according to general conspiracy theorists instigator of the Klu Klux Klan and supreme Satanist/Luciferian or was he?

Involving Pike in the conspiracy that is the Satanic New World Order revolves around a couple of things 1. A single quote from his book *Morals and Dogma* and 2. Letters sent to Mazzini detailing three world wars and the unveiling of the Luciferian doctrine. On the back of these two things Albert Pike has been cast as a thoroughly evil chap and Master Satanist. So let's have a quick look at these two pieces of "evidence."

The Quote:

The Blue Degrees are but the outer court or portico of the Temple. Part of the symbols are displayed there to the Initiate, but he is intentionally misled by false interpretations. It is not intended that he shall understand them; but it is intended that he shall imagine he understands them. Their true explication is reserved for the Adepts, the Princes of Masonry. The whole body of the Royal and Sacerdotal Art was hidden so carefully, centuries since, in the High Degrees, as that it is even yet impossible to solve many of the enigmas which they contain. It is well enough for the mass of those called Masons, to imagine that all is contained in the Blue Degrees; and whoso attempts to undeceive them will labor in vain, and without any true reward violate his obligations as an Adept. Masonry is the veritable Sphinx, buried to the head in the sands heaped round it by the ages.

Without any pre or post ceding hysteria does this quote prove that Pike was a Satanist? Nope, in fact all it does prove is that masons mislead other masons but it says nothing about the reasons for this misleading or the "side" that would benefit from such. Yet in many books and loads of internet sites this quote is used as a proof of old Albert's dark complicity. The Letter:

"The First World War must be brought about in order to permit the Illuminati to overthrow the power of the Czars in Russia and of making that country a fortress of atheistic Communism. The divergences caused by the "agentur" (agents) of the Illuminati between the British and Germanic Empires will be used to foment this war. At the end of the war, Communism will be built and used in order to destroy the other governments and in order to weaken the religions."

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"The Second World War must be fomented by taking advantage of the differences between the Fascists and the political Zionists. This war must be brought about so that Nazism is destroyed and that the political Zionism be strong enough to institute a sovereign state of Israel in Palestine. During the Second World War, International Communism must become strong enough in order to balance Christendom, which would be then restrained and held in check until the time when we would need it for the final social cataclysm."

"The Third World War must be fomented by taking advantage of the differences caused by the "agentur" of the "Illuminati" between the political Zionists and the leaders of Islamic World. The war must be conducted in such a way that Islam (the Moslem Arabic World) and political Zionism (the State of Israel) mutually destroy each other. Meanwhile the other nations, once more divided on this issue will be constrained to fight to the point of complete physical, moral, spiritual and economical exhaustion... We shall unleash the Nihilists and the atheists, and we shall provoke a formidable social cataclysm which in all its horror will show clearly to the nations the effect of absolute atheism, origin of savagery and of the most bloody turmoil. Then everywhere, the citizens, obliged to defend themselves against the world minority of revolutionaries, will exterminate those destroyers of civilization, and the multitude, disillusioned with Christianity, whose deistic spirits will from that moment be without compass or direction, anxious for an ideal, but without knowing where to render its adoration, will receive the true light through the universal manifestation of the pure doctrine of Lucifer, brought finally out in the public view. This manifestation will result from the general reactionary movement which will follow the destruction of Christianity and atheism, both conquered and exterminated at the same time."

Again held up as proof that Pike was a player for nefarious forces, but again all it proves is that somebody had knowledge of future events not necessarily Albert Pike indeed there is much to point that these letters were a fake (but still faked before the events) Of course you have to take into consideration that masonry will defend its own but your choice on what to believe depends on who you want to believe.

In my opinion a dodgy letter and a quote does not a Satanist make.

Morals and Dogma is a mighty book covering exactly what is says on the label, for the instruction to better one's self. His rebuttal of atheisms is one of the best I've seen and his depth and scope into the esoteric is breathtaking and inspiring which lead me to the conclusion that those that wish to label him a Luciferin Satanist have never read his book. Surprised? No. Not really.

Ah, but didn't he set up the Klu Klux Klan? Well maybe not but outdated views on race are exactly that...outdated.

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In his celebrated and controversial guide to the degrees of Scottish Rite Freemasonry, Albert Pike devotes a considerable amount of space to Kabbalah, calling it, among other things, "The key of the occult sciences" (p.626). Reading his account of Cabala, in the compendious chapter devoted to the esoteric 28th Degree, 'Knight of the Sun', there can be no doubt that he was an ardent devotee of sacred geometry, numerology and gematria.

The full title of his book is *Morals and Dogma of the Ancient and Accepted Scottish Rite of Freemasonry*. This has the highly significant gematria value of 2488. It shares this value with the official title of the eighteenth degree in the Scottish rite, 'Knight of the Eagle + Sovereign Prince of Rose Croix de Harodin' (or 'Heroden'). In Greek it was certainly a very important number, too. For example, we find two related expressions, Μορφη του κυριου - 'The form of the Lord', and Κοσμος εστι λογος κυριου - 'The universe is the Word of the Lord'.

Furthermore, Bligh Bond and Simcox Lea, in their 1917 work *Gematria*, showed that 2488 is equal to $600 \times r_1 + 600 \times r_2 + 600 \times r_3$ - and by this means comprises the union of Κοσμος, Μεγας Κοσμος and Μικρος Κοσμος - the World, the Macrocosm and the Microcosm. It's an utterly cosmic number.

The special significance of 2488 only appears, however, when it is taken as the circumference of a circle, whose diameter is 792. This is the circle inscribed within the sacred square of perimeter 3168. This square defines the archetypal (cosmic) temple - the significance of this is something that one could write many pages about, but, more simply, I refer the reader to John Michell's *City of Revelation* (ch.7), or alternatively *The Dimensions of Paradise*. One indicator of its importance lies in the fact that it supplies the value of Κυριος Ιησους Χριστος - Lord Jesus Christ.

A final cosmic connection for the 2488 circle comes from the fact that this is the circle bounding a Seal of Solomon with a total extent of 4116 - this being the gematria value of Ουρανος - which means 'Heaven', when counted *in plenitude*(1).

The short form of Pike's title, *Morals and Dogma*, has a value of 408. This equates it with 'The Elements', thereby giving the book an alternative title; and also with the Hebrew word NChShIM, meaning 'Dragons' or 'Serpents'. The latter may be taken to signify wisdom, and especially Gnostic wisdom. A careful reading of *Morals and Dogma* reveals that Gnostic wisdom lies at its heart.

The wisdom residing in 408 appears again through consideration of the geometry of the circle with inscribed Seal of Solomon. A circle of 408 diameter holds a Seal of Solomon with sides of 353 - hence Ερμης - 'Hermes', and a significant area of 144000.

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It may be inscribed within the circle whose diameter is 471 Ο Καιρος - The due measure, and whose circumference is 1480 Χριστος - Christ. The circle may be drawn within a square whose diagonals measure 666.

On the frontispiece to *Morals and Dogma*, just above the author's name is the Latin inscription, DEUS MEUMQUE JUS (a motto frequently used in the Scottish rite). This has a value of 1729 and is thus equated with 'Worshipful Master' - it seems that this is a designation Albert Pike wished to give himself. As an astute Freemason, he was probably also aware that 1729 provides the value of the measuring stick used to record the dimensions of the temple and the altar in Revelation 11, 1 - Καλαμος ομοιος ραβδω - A reed like a rod. This symbolizes the Microcosm.

But stop short of feeling sorry for him. Why? Because he was a player in the game, it's just that in conspiracy circles I think he's being painted the wrong color (black) when I think really he was white hence the satanic version of Pike sold by most conspiracy researchers...possibly revenge for something he did????

Which bring me on to another wee thing, by what right does freemasonry have to keep secrets? ... Short answer is it doesn't neither do religious institutions. Illumination is not bestowed on one because you have passed degrees it is a state of being that comes and finds you when you are ready, then you and it grow together A completely open freemasonry would be a great benefit to society (in my opinion) but until they stop playing white versus black games more peoples work and names will continue to get the Satanic treatment and more people will buy what the conspiracy researchers are selling.

Resources:

Morals and Dogma online: <http://www.sacred-texts.com/mas/md/index.htm>

Albert Pike Quotes: http://thinkexist.com/quotes/albert_pike/



22 and 14

Dr. Maxwell Theron

In numerology, the number 22 represents the "Master Builder" and the energy encompasses practical idealism, practical genius, creation of the future, power on all levels, mastery of the material, philanthropy, universality, international direction, and service to mankind. One of the symbols that is thought to represent 22 is the "Tau" a Hebrew alphabet letter meaning the "Cross." If one accepts that the Hebrew alphabet is the "flame alphabet" where each letter is composed of flame symbols then it is appropriate that 22 receives eventual achievement whereby the Cross becomes the Crown. The Tau represents victory over limitation. Selflessness is key.

What is the aliquot?

Al·i·quot (àl'î-kwòt', -kwet) *Mathematics.*

Adjective: *Of*, relating to, or denoting an exact divisor or factor of a quantity, especially of an integer.

Noun: An aliquot part. [Latin *aliquot*, some number: *alius*, some + *quot*, how many.]

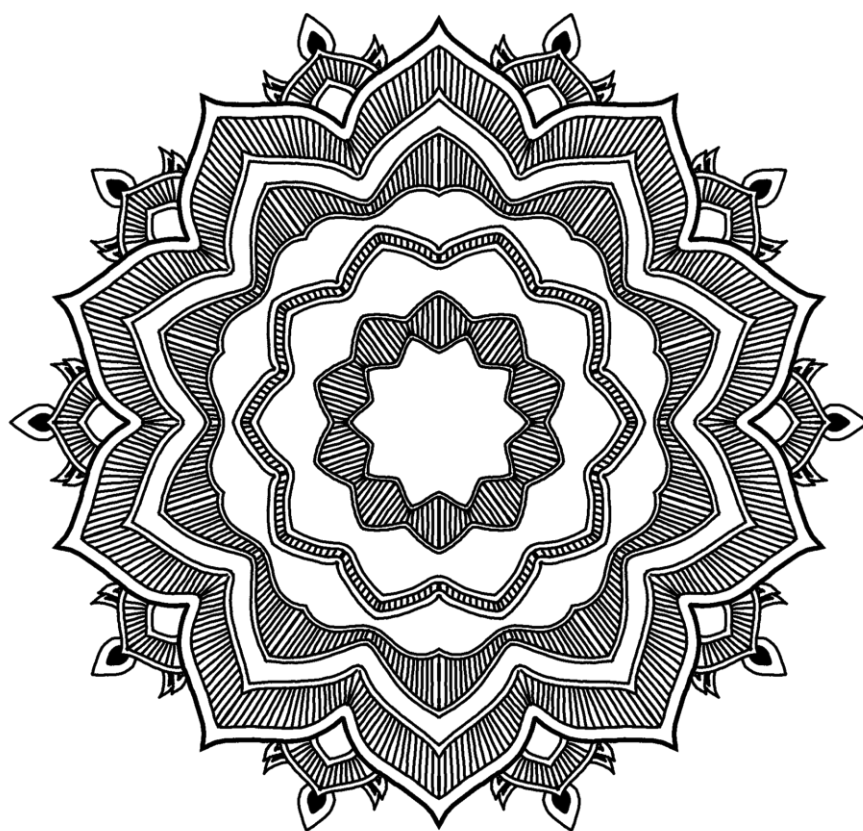
When the number 22 is broken down into its aliquot divisors 1, 2, and 11 the aliquot sum (1+2+11) is 14. The number 14 is the ratio (4 with the cosmic unit 10) of Cyclic Law which refers to maintaining and working out the nature of life. [For R. Allendy, "it is the ratio of the cyclic law 4 with the cosmic unit 10 having for result to maintain the life - $1 + 4 = 5$ - and serving as a node to the double current of evolution and involution - $7 \times 2 = 14$."]

On a mundane level, the number 14 can be a spiritual teacher of a very high order, who can be contemplated from a certain distance only. The maximum that we can hope for with such a teacher is to receive his blessing and if we are lucky enough he can tell us some general directions about our lives. In some cases the role of such high order spiritual teacher can be played by a philosophical teaching, a holy book or a religious icon. However, in the split of the second when we get out of the state of general adoration and reverence and come back to our everyday problems and tasks, the connection with the archangels hierarchy (the number 14) is lost and we are coming back to the usual state of connection with the angelic hierarchy (the number 7). This is the main contradiction of the number $14 = 2 \times 7$. The number 14 is also considered a malefic number that can have a strong influence if there is a lack of awareness of life conditions and stubbornness ensues. Temperance is key.

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The Ancients understood that by the age of fourteen, the astral body of a man was fully developed and installed. He was now ready to grow into life on all levels. According to the ancient Kabbalah, the number 14 indicated "advancement" so the age of fourteen represented a time for new and untried adventure and exploration. Personal strength would begin to undergo the tests of adult life and for every adversity successfully conquered new greatness of being could be achieved. On the Karmic level, the number 14 represents the addressing of lifetimes where personal human freedom was abused. Current life lessons are based upon individual Karmic Debts which are paid through ever-changing circumstances and unexpected occurrences.



Healthy Spaces - House Clearing

Allyson Roberts

There are simple steps to follow in order to accomplish a successful house clearing. Sometimes this task may require the assistance of a more experienced practitioner. Clients have shared with me that they did everything ‘right’ only to have activity increase. Others have stated that the spirit or energy went away only to return a few days/weeks/months later. So, if you feel that your house could use a good cleaning and clearing – here are some simple guidelines.

1. Thoroughly clean every room of the house. This includes removing clutter, dusting, cleaning cobwebs and clearing out and organizing all closets and drawers. It is essential to have free flowing Chi.
2. If you know that the energy or spirit in your house is a deceased person – do some homework. Try to find out the earthly name given to this person; a first name will be sufficient. The full name is best. If this information cannot be located, the clearing can still take place.
3. Purchase sea salt, sage, white candle and rose scented incense.
 - The sea salt neutralizes energy.
 - Sage clears energy.
 - The white candle assists in calling forth Lightworkers.
 - The rose scented incense is an offering to all angels, guides and Lightworkers. It shows our intent of thankfulness. Each tool is absolutely necessary just as are the steps.
4. Open all windows and doors in the house.
5. Stand in the center of the house. Protect yourself by calling upon The Brotherhood of White Light. Ask for angels to come and assist in the ceremony.
6. Light the candle.
7. Light the sage.

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8. Walk into every room carrying both the candle (don't burn yourself) and the sage. State your intention out loud as you walk into the rooms. If you know the name of the deceased, use it in your statement of intention.

An example of this might sound like this: "Mary Smith my intention is to lovingly assist you into the light today. Angels are here to assist. I ask that you allow them to help you pass to the light of love. It is done."

9. Once you have gone through the house, you may feel a need to walk the yard repeating your intention. Sometimes you will know intuitively that the house is cleared. Trust your feelings. It may be necessary to repeat the steps a few times, even without using any names, for a full clearing.

10. Once you feel the house has been cleared, place sea salt in the four corners of the house. Close the windows and doors. Blow out the candle. Extinguish the sage's ash (follow the instructions on the package for best results.) Light the rose scented incense, allowing it to burn all the way down. Give Thanks.

Your responsibility after a house clearing is to protect your environment from negativity. One way is to sage on a regular basis. Another solution is to resolve any conflicts as quickly and calmly as is practical. If a tragedy should occur in your home, it will be necessary to repeat the clearing ceremony.

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Composite Chiron in Relationships

Joshua Bedetto

Chiron is the asteroid (or planetoid depending on how you would like to view it) that shows us where we are the most wounded in our lives and where we will have the most growth throughout our lives. In the Composite Chart (otherwise known as the relationship chart, not to be confused with the Synastry Chart which is a comparative of character chart between two people) we see where and how people are evolving in a relationship.

First I will start with Chiron in Aries. With Chiron in this sign couples can tend to be very impatient with their partners, whether it be timing or waiting around for them to do something like taking out the trash. Also anger issues may arise at times especially if the man in the relationship is expressing this. The positive way to work the energy of Chiron in the sign of Aries is to use clear communication with your partner. The sign demands facts and concrete boundaries. Everyone has to play in the sandbox together; becoming a team is the best way to get along here. Both partners must have an equal say in the direction of things so that everyone is getting their needs met. In this way Chiron helps people to find themselves in the relationship and also to find their personal power.

When one finds Chiron in Taurus or any of the fixed signs, change may be difficult for the people in the relationship to bear. This is seen in relationships that may have a great start but difficulty later on, especially with regards to money. With Chiron in Taurus people may be pack rats to a difficult degree. The things that are stored are often not used and things simply sit taking up space. The refusal to let go of things comes into play here. Also the people in the relationship may be on different economic levels thereby giving one person the upper hand in arguments and therefore a subtle level of control in the relationship that can be passive aggressively brought up from time to time. The way in which to positively express Chiron in this sign is to have a great love of healthy foods and creature comforts. One also needs to have an open mind about food and experiences. Also making a habit of Feng shuing your home can reduce clutter and keeps the energy changing which helps to facilitate changes in life. Money should be made a non-issue by finding things to do that do not cost much money like a dance class or something in which bodily movement is taking place.

When Chiron is found in Gemini the issues that may come up will require drugs! If at all possible run away from this relationship at all costs!! Just kidding. This is the nature of Chiron in this sign. Everything has the potential to be very dramatic. The key to overcoming this is to laugh.

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Do not take things too seriously with one another. People have different sides to them and some personalities grate on the nerves more than others. Learning to go with the flow is being worked on here. It takes a bold couple indeed to overcome this sign, or perhaps one that is just looking for fun and adventure. This couple may have to learn how to act in large groups. The other side is that one or both of the partners may use friends or distractions such as technology (computers, TV, cell phones, etc.) to keep from being intimate with one another. Put down the magazine and talk to one another. Causes may also be taken up by this couple in order to help our "Fellow Man".

When Chiron is found in Cancer family is usually the issue. Whenever you date someone, if you are serious, you will end up dating the family too. Chaperoned dates are to be expected in the beginning whether by a friend or a double date or at a place where one of the two people knows people who work there. It can be blood family too of course. It can also be that the couple is extremely emotionally volatile or reclusive in some way. The way to overcome these aspects is to get out of the house. Have fun and explore! Live life and love the simple pleasures that life has to afford. Learn to knit or some other type of creative expression that you can do with your partner.

If Chiron is found in Leo, then stuff may in fact, be the issue. People all over the world can over extend themselves through their debt in a quest to acquire things. If your partner insists on having a big house and car then make sure that you have the money to pay the bills. Also someone has to pay for these things. When will there be time for love if both people are always working? In short, the couples with this in their chart many times do not own their possessions, their possessions own them. Finances should be kept under close scrutiny. Credit cards should have a low limit. Have you heard the stories of people who are thousands of dollars in debt because the wife or husband has a shopping addiction? This is where you see it. How do you focus these energies better? Find things to do that do not cost money, or be bargain shoppers. Be generous to other people. Find common interests that the two of you have and then run with it. You could also find a hobby together that the two of you can make money off of. An example might be leading white water rafting groups down rapids. You make money on the weekends for doing what you would normally do anyway. Be CREATIVE!!!

When Chiron is found in Virgo in the composite chart values can come into play. Some people initially pretend to be people they are not (as far as likes and dislikes go). This can come about from drawing on the polarity of Virgo which is of course Pisces.

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There is an air in the relationship of something someone has done that is not good enough or who someone “is” isn’t good enough. Also mistakes or blunders in this relationship will be remembered and brought up with EVERY argument. The key to making Chiron work for you in this sign is to let go of the judgment and laugh at mistakes. People are imperfect. We all know this. Move on. Have fun making meals. Cooking together and doing things that nourish the body as well as creativity are a must here! Have fun and good conversation. When emotional tensions are on the rise meditate and then talk about things in a calm manner. Do Not Make A List Of Everything Wrong In the Relationship! Just casually talk things out.

When Chiron appears in Libra it is an interesting Composite sign to say the least. This may be a couple who has trouble keeping their eyes on their partner at times. Have intellectual conversations and keep your partner updated on your changing values in life and your outlook on things. Be active in the relationship. No one person should be responsible for the life of the relationship. Co-dependence can come into play here. Sometimes there is a lack of trust in the relationship. The way to overcome these things is to stay focused on your partner and to equally take into account their and your own needs. Find compromises. Both people must be united in the goals of the relationship. Also you must trust each other. When you have trust in a relationship it makes one less apt to leave from being too controlled. At the same time neither person should be a doormat for the other. Stay your ground on issues that you feel strongly about. The phrase “Trust god and tie your camel,” comes into play here.

If Chiron is found in Scorpio then control may be the issue. This couple has a tendency to check on their partner much more than when Chiron is housed in the other signs. It can be hard for people with Chiron in this sign because it can mean a lack of space. It is very much a blessing though. If you find Chiron in Scorpio you have found a partner for life if you are will to work through the inevitable things that come up. This couple really “gets one another.” Projects are normally not an issue, and the emotional undertow of this relationship can be overwhelming. This is a relationship where you are connected to your partner on a deep level. Your partner can make or break your day. This is also associated with extreme emotion. Some people need therapy to work through their issues. You do not need to be their counselor! Pay someone for that instead.

When Chiron is found in Sagittarius then spirituality can come to the fore. This couple can be immensely spiritual. They are the couple that goes to church every day of the week. Spirituality is good. Dogma is not always good.

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Learn to find God together on hikes or through day to day life. Romantic things together should not be an issue. What may be an issue is overindulging. Do not go gambling with a debit card! You will come back in debt. Excess is nice for a while until it becomes a hindrance. Keep indulgences down if at all possible to a manageable level. If the two people in this relationship have a different view of god, neither one should attempt to convert the other. That is a tender issue that most people are willing to fight over. As the old saying goes, "Let live, and let God!"

With Chiron in Capricorn careers can become the issue. We spend most of our energy working hard and trying to obtain what we were shown on TV with the Brady Bunch and The Cosby show only to find that we have worked ourselves to the point to where we cannot enjoy our family life. This sign can be a hard one to tackle head on, but not to worry! Your friendly astrologer is here to help! If it is hard to find time for one another in the relationship then set day in which you may spend time with one another. Plan things to do with one another or plan to do nothing with one another! The only this is to be with each other and make sure that your partner knows that they are important in your life. Everyone needs to show the love here. Also plan surprises for one another that randomly come out during the week. It could be as small as giving flowers because it is Thursday.

If Chiron is found in Aquarius the friends and distractions may be the issue. Some people find it is hard to connect with one another for long periods of time with their partners because a lot of metaphorical chickens cooking in the oven. They do not feel important and pushed to the side. It may be that this happens in a cycle and just when one person has had enough the partner comes just in time to show them some love. What works in this relationship best is clear communication and structure. The couple may have trouble with plans, but without them the chances of the couple enduring is slim. Make a plan. The order of importance in life should not be; friends, job, parents, side job, hobbies, relationship. Find out what is important to one another and be supportive. This couple will need more space and time alone than others. This is fine. You are with an individual person and not a turning cog in a clock that is meant to fit in. Respect this about one another.

Finally, we come to the sign of Pisces. With Chiron in this sign in the Composite Chart the couple tends to be very spiritual in their own ways and very loving toward one another. Lying can be one of the issues that this relationship has or secrets for that matter. The way to express Chiron in this sign is to emote to your partner everything that you feel with and about one another.

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Lying can be one of the issues that this relationship has or secrets for that matter. The way to express Chiron in this sign is to emote to your partner everything that you feel with and about one another. Respect each other's space and do not laugh at their oddities. Every person is different, and men and women are sensitive. Be sensitive to that. Did I mention that one might want to be sensitive? Good! Because the people in this relationship are marsh mellow. They need kindness and patience. Watch what you say. Every word will be scrutinized and pondered on for longer than you might think. The bright side of this is that many people relive their childhood through this relationship. There is a lot of healing going on over the earlier development. Be a kid about things and laugh and cut loose!



The Haunting at 159

Loni Haas RMAFA, NCGR, DD

Let's see if Forensic Astrology can discern some paranormal activity in a brand new home. Names have been eliminated per request.

An excited young couple moved into their new home on August 1, 2008 at 41°N 16' 72°W48'. They were ready to make new friends among the variety of people who were also purchasing homes in the new upscale development. The first week was uneventful and spent tackling the chores of unpacking and setting up the household. The couple had scheduled vacations from work so the transition would be easier. To their great surprise, the house was organized very quickly and they decided that everything was under control enough to have a house warming/dinner party. This was scheduled for Saturday, August 16, with a kick off time of 5:00 PM for cocktails and dinner slated for 6:30.

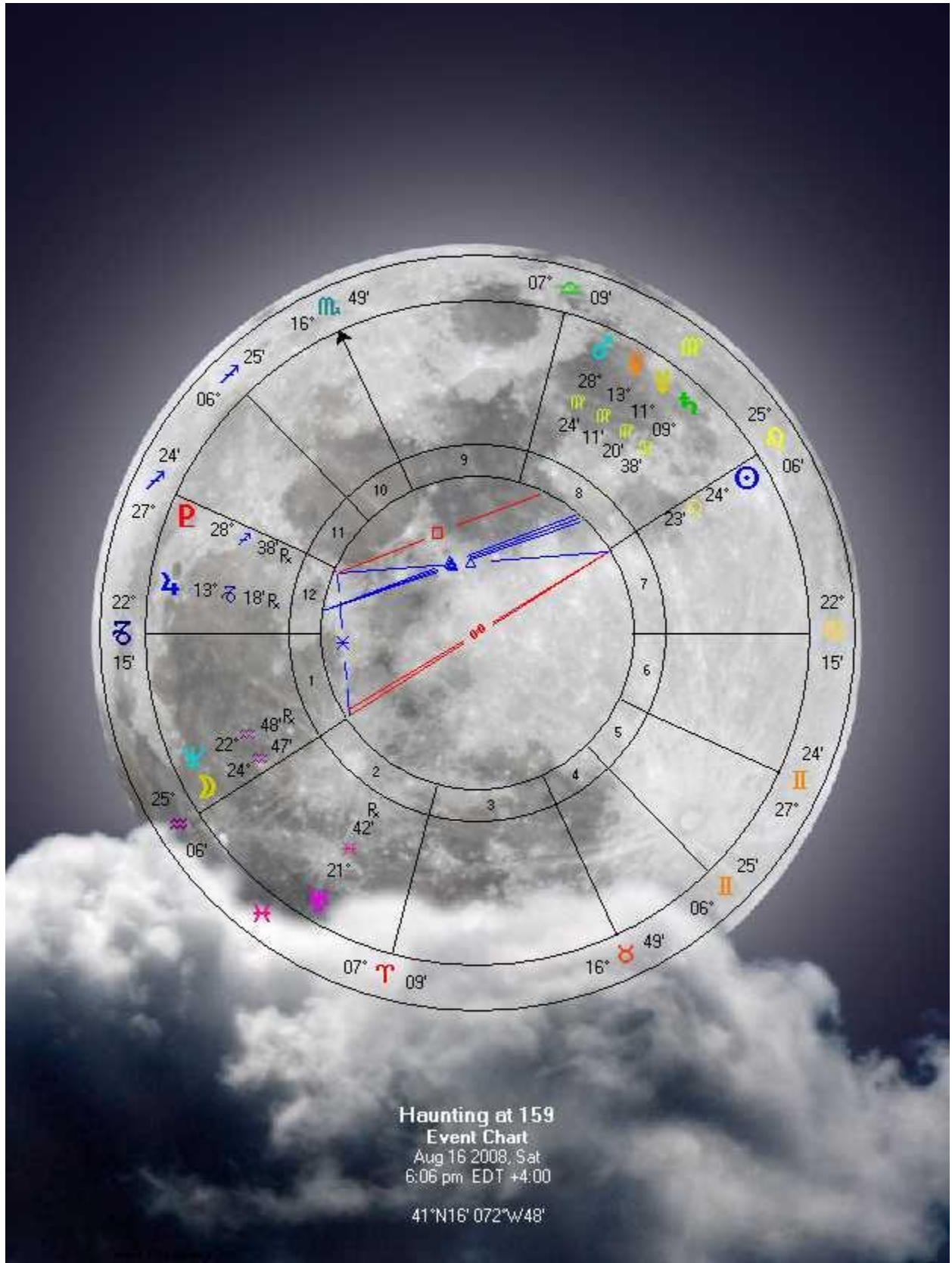
During the earlier part of the day, the wife noticed that she seemed to be catching glimpses of movement out of the corner of her eyes but she was too busy getting ready for the party to really pay attention. Her husband seemed to feel a bit under the weather health wise but could not seem to put a finger on what was wrong and since it appeared to be nothing major he ignored it and attributed it to being tired from the move.

The guests arrived promptly and were enjoying their cocktails and the tour of the couple's new home. Around 6:00, the husband was out in the garage with the male guests finishing his round of the tour while the wife and some of the female guests were in the kitchen helping to get the dinner served on time. Without warning, several plates jumped off the kitchen counter onto the hard wood floor smashing into bits. No one had been near the plates at the time but it was quickly rationalized as just a freak accident. In the living room area some of the seated guests were startled by what they thought felt like a hand brushing against the sides and backs of their heads which was prominent enough to make them jump. Several seconds later a few toiletry items fell off the counter and shelves of the nearby guest bathroom. Upon inspection, no one was in the bathroom nor had anyone just left the bathroom.

Out in the garage and at the same time, several tools seemed to jump off the tool bench which was shaking and a hammer flew through the air just missing one of the guest's heads. A few minutes later all activity ceased. The couple and their guests all understandably shaken, gathered together to compare notes and to offer logical explanations for the strange events. In the end, they decided that the next day they would check to see if any minor earthquake activity had occurred or if any other natural cause such as a broken underground line might have been the problem. Since it all happened so quickly and nothing else ensued, all decided to go ahead with the dinner party and enjoy themselves.

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One of the male guests out in the garage noted the time as 6:05 PM when the occurrences took place and a chart was cast for that time at the home location. The chart has many classic placements for paranormal activity and one interesting energetic booster which was a partial lunar eclipse at 24° Aquarius 18' seated at the midpoint of the Moon/Neptune conjunction in the 1st house and opposite the Sun in the 7th house. Planets in the 1st and 7th houses of a chart always set up the premise for an interaction between the "self" and "others" and is one of the general conditions an astrologer would look for in an alleged haunting.

The fact that the Moon was in Full phase is a major marker for a haunting because it is generally accepted that during a Full Moon the energies are opened up for peak paranormal activity. The Moon/Neptune conjunction signifies that the young couple and their guests were psychically attuned and vulnerable to the tenor of their surroundings. They were also attuned to the emotional reactions of one another and to the conflict and astral phenomena created by the "unknown/other" via the Moon/Neptune opposition to the Sun from the 1st to 7th houses.

A look at the occult houses, 4, 8, and 12 also provides important information. The planets Mercury, Venus, Mars, and Saturn are all seated in the 8th house and the planets Jupiter and Pluto are seated in the 12th house. Even though there are no planets in the occult 4th house, Venus is the ruler of that house and it sits at the midpoint of Mars and the Vertex point of the chart which not only ties in the 4th house but also indicates a surprise happening most likely of a violent nature. Mercury, Venus and Saturn are all conjunct composing a stellium in the sign of Virgo. These planets are trined by a retrograde Jupiter in the 12th house indicating energy that was looking for attention but operating in an indolent fashion. Mars in the 8th squares Pluto retrograde in the 12th a classic signature for poltergeist activity because of the dangerous forceful nature of the energy being created. This energy is at the very least disagreeable but can often be brutal and violent. Compounding this is the additional influence of the Fixed Stars Markab which is conjunct Mars and Acumen which is conjunct Pluto. The energy of Markab lends itself to stubbornness and attempts to tangible. Acumen is part of a nebula which is considered unlucky traditionally. It is linked to attacks that literally weaken or damage. While it would be up to a professional paranormal team to discern the nature of the events, astrologically the culprit would appear to be a poltergeist or in the worst case a demonic or inter-dimensional negative entity.

As both Jupiter and Pluto are both retrograde and seated in the 12th the energies can also be applied to a residual ego from the past that has been stirred up and has decided to definitively make its presence known. This could apply to a human spirit or an ancient negative entity. The push for attention is evident from the sextile to Pluto from the Moon and the trine from the Sun tying together the 1st, 7th and 12th houses.

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Jupiter in a minor novile aspect to Neptune is further integrating the energies between the 1st and the 12th pushing “excess.” Please note that some astrologers associate the novile with health issues and this energy could explain the ill feelings of the husband who was thinking he had bitten off more than he could chew. The house address is also interesting to note. When broken down astrologically by degree it sits at 9° Virgo in the 8th house and is conjunct the planet Saturn and the Fixed Star Alioth which contributed to the apprehension and primitive rage in the atmosphere as well as the destruction and loss of personal valuables.

In the chart, the planet Uranus is unaspected but as time moved forward, Mercury, Venus opposed Uranus creating more nervous tension and irritability between the couple when a few more minor incidents occurred lasting through the end of August. When the couple realized they were constantly down each other’s throats they finally relented and called in a paranormal team to address the issue and have the house cleared.

A historic background check by the paranormal investigators did reveal that the property was originally family owned farm land and prior to that might have been connected to a local Native American tribe who had a rather active shaman. According to local folk legend he was known to bring calamity down on his enemies. He was also well known for working with dark spirits and was feared by many of his tribesmen. If the Shaman had opened an inter-dimensional gate, then the timing was correct on that date for some chaos. The possibility of a multiple event was also considered because of the variety of circumstances. The exact cause was not fully discerned by the team but the speculation brought out by the background check seemed to satisfy the couple as a probable cause.

After the clearing everything settled back down to normal. Things have been quiet since... at least let’s hope so





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Craig Hawthorne (*The Truth about Albert*, pg 85)

Craig hails from the UK and considers himself just an ordinary guy. He believes one's first step to finding truth normally starts with dis-satisfaction, an inkling that what you've been told "it is" isn't quite the whole story. Explanations provided by religion, history, science and politics don't cut the mustard, so off you delve into the compendium of humanity in a quest for The Truth.

Dr. Maxwell Theron (**22 and 14**, pg. 89)

Dr. Max is a retired psychologist who volunteers his time to trauma units where he assists families with directional guidance. His wife April is a practicing RN. They have five children and fifteen grandchildren who he believes will carry on the family legacy of service to others.

Allyson Roberts (*Healing Spaces – House Clearing*, pg.91)

Allyson Roberts is a multi-talented metaphysical practitioner and Reiki Master/Teacher. She specializes in Psychometry, Kinetics, Intuitive and Psychic readings and Energy Facilitation. She has used the following method of clearing houses for her clients with a great success rate.

Joshua Bedetto (*Composite Chiron in Relationships*, pg. 93)

Joshua is a professional astrologer, Tarot reader and Reiki practitioner who specializes in the Yuen Method. He is a Georgia Highlands College graduate and currently works as a production technician for corporate and musical events. Josh was born in Panama City, Florida and currently resides in the state of Georgia, USA. He was raised in a colorful environment that enhanced his view of the world as a tolerant and magical place and was introduced into metaphysics at a very young age. He has been a Reiki Practitioner since the age of thirteen and has been practicing Tarot Reader since the age of eleven.

Loni Haas RMAFA, NCGR, DD (*Haunting at 159*, pg. 98)

Loni Haas is a behavioral therapist, veteran exoteric and esoteric astrologer, research member of the American Federation of Astrologers (AFA), member of the National Council of Geocosmic Research (NCGR), as well as a lifetime member of the American Association of Behavioral Therapists. She is an ordained minister and Doctor of Divinity of the Universal Light Church of Cincinnati, Ohio where she is certified in several healing modalities.

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Imagine it ... Manifest it

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Section Managing Editor – Marique Quinn

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Scale

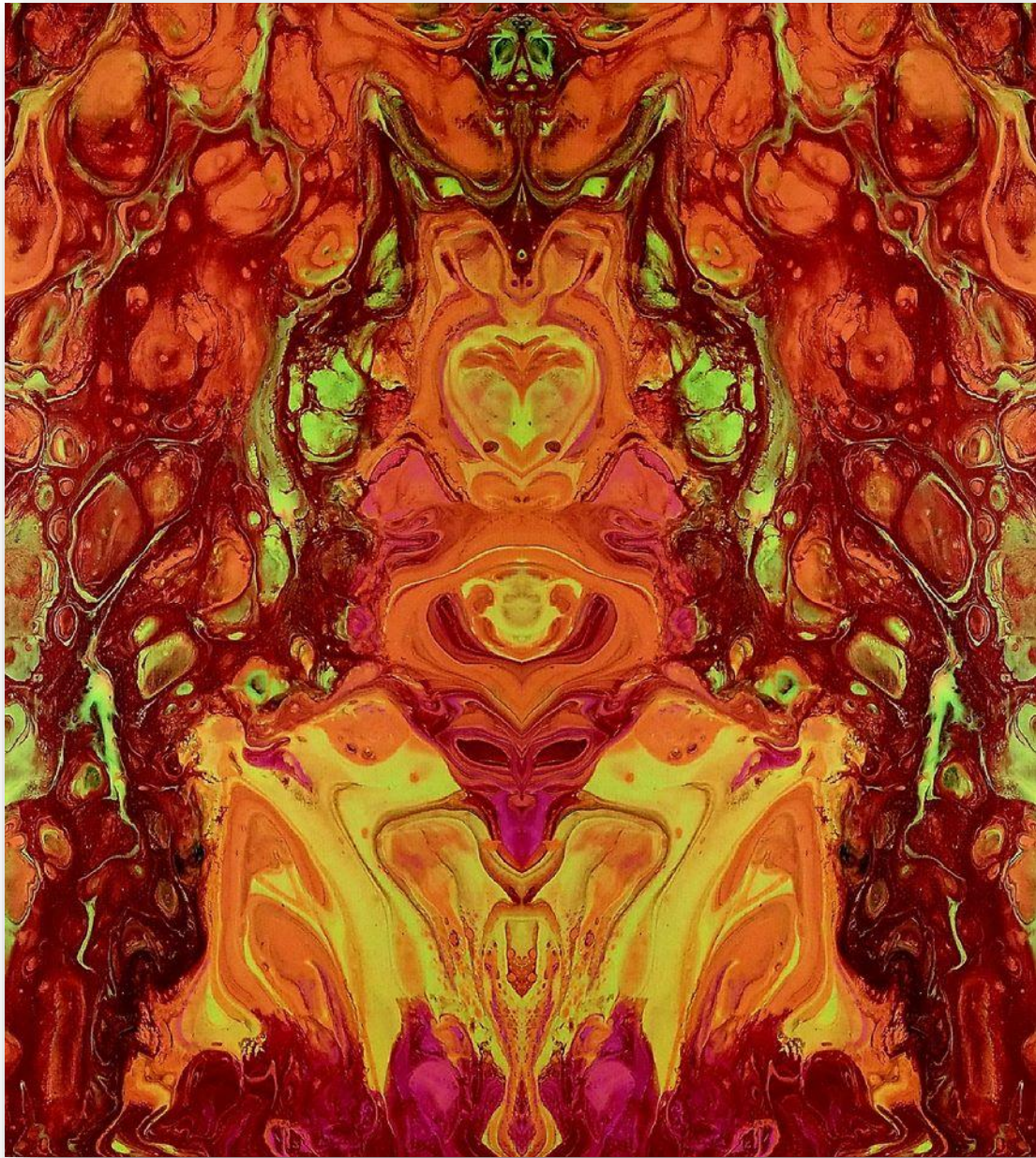
By Mikey Pierog

You are insignificant and miniscule.
I ain't trying to be rude or even cruel.
But the vastness of existence,
And its drive and persistence,
Outweighs any sum.
Almost Infinity to 1.



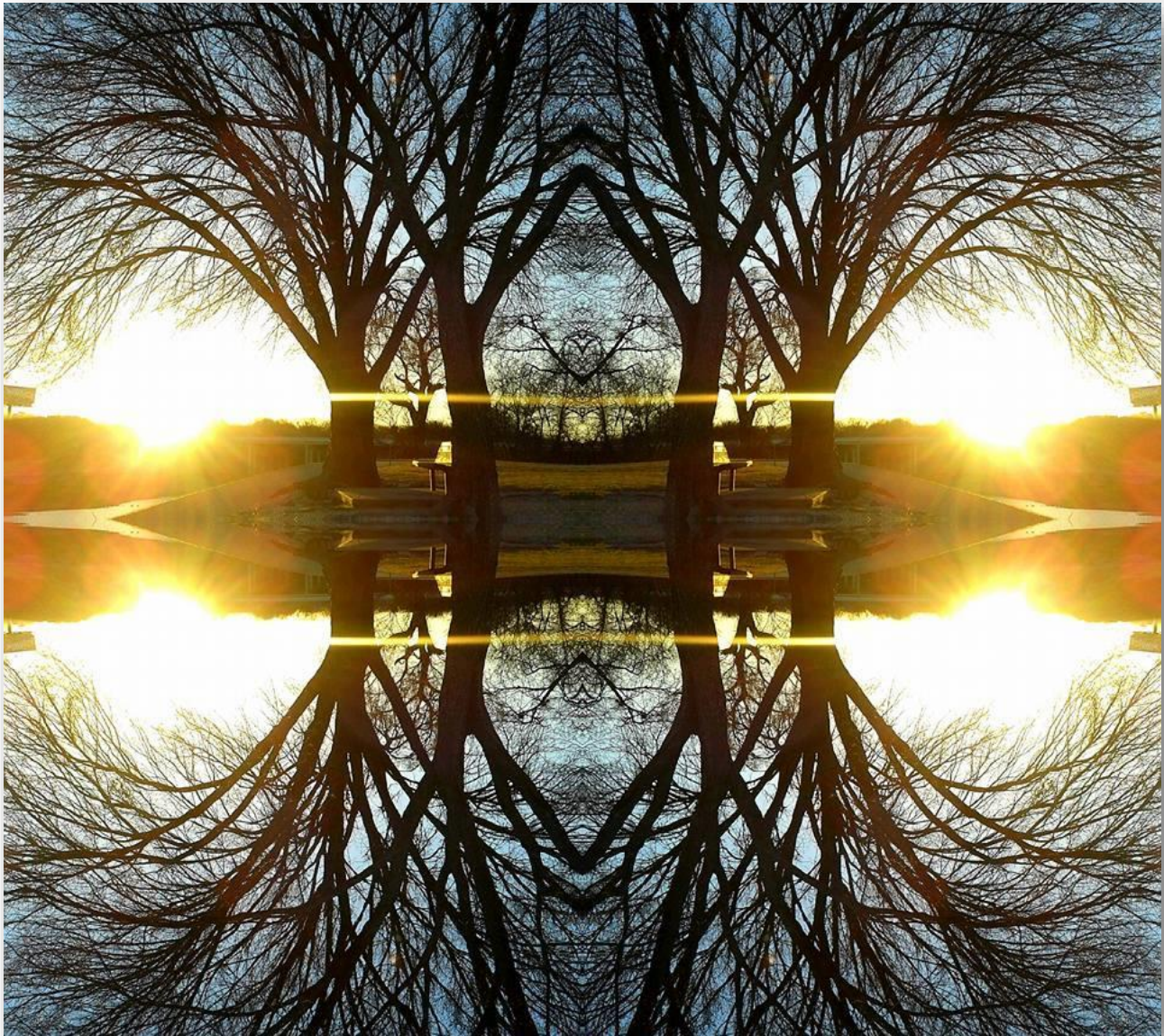
SAMURAI

12" x 16" fine art digital manipulation of my acrylic painting.



THE ALIEN

11" x 14" fine art digital manipulation of my acrylic painting.



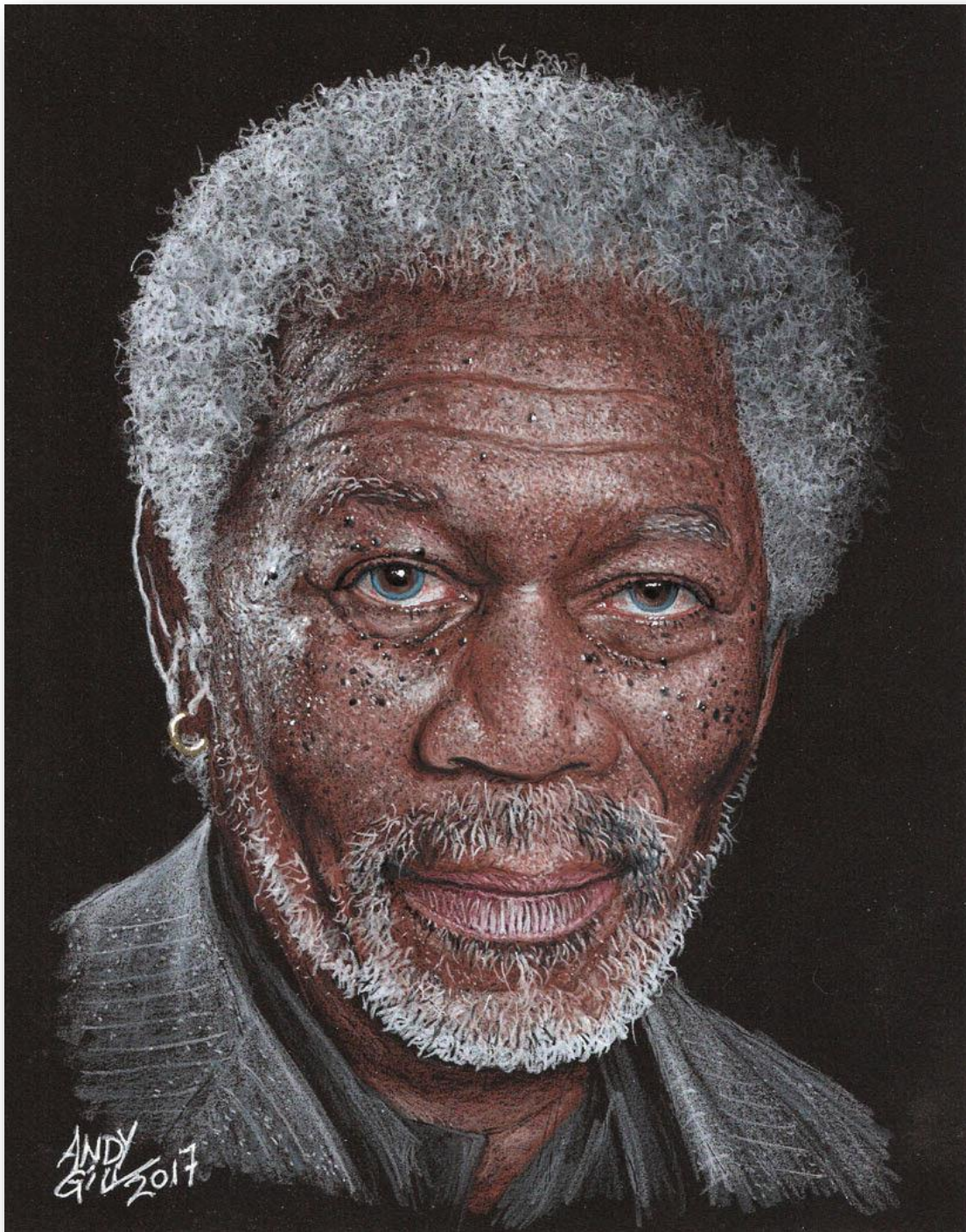
REFLECTIONS OF LIFE

11" x 17" photography art digitally manipulated photo is called Reflections of Life, because it looks like the tree of life.

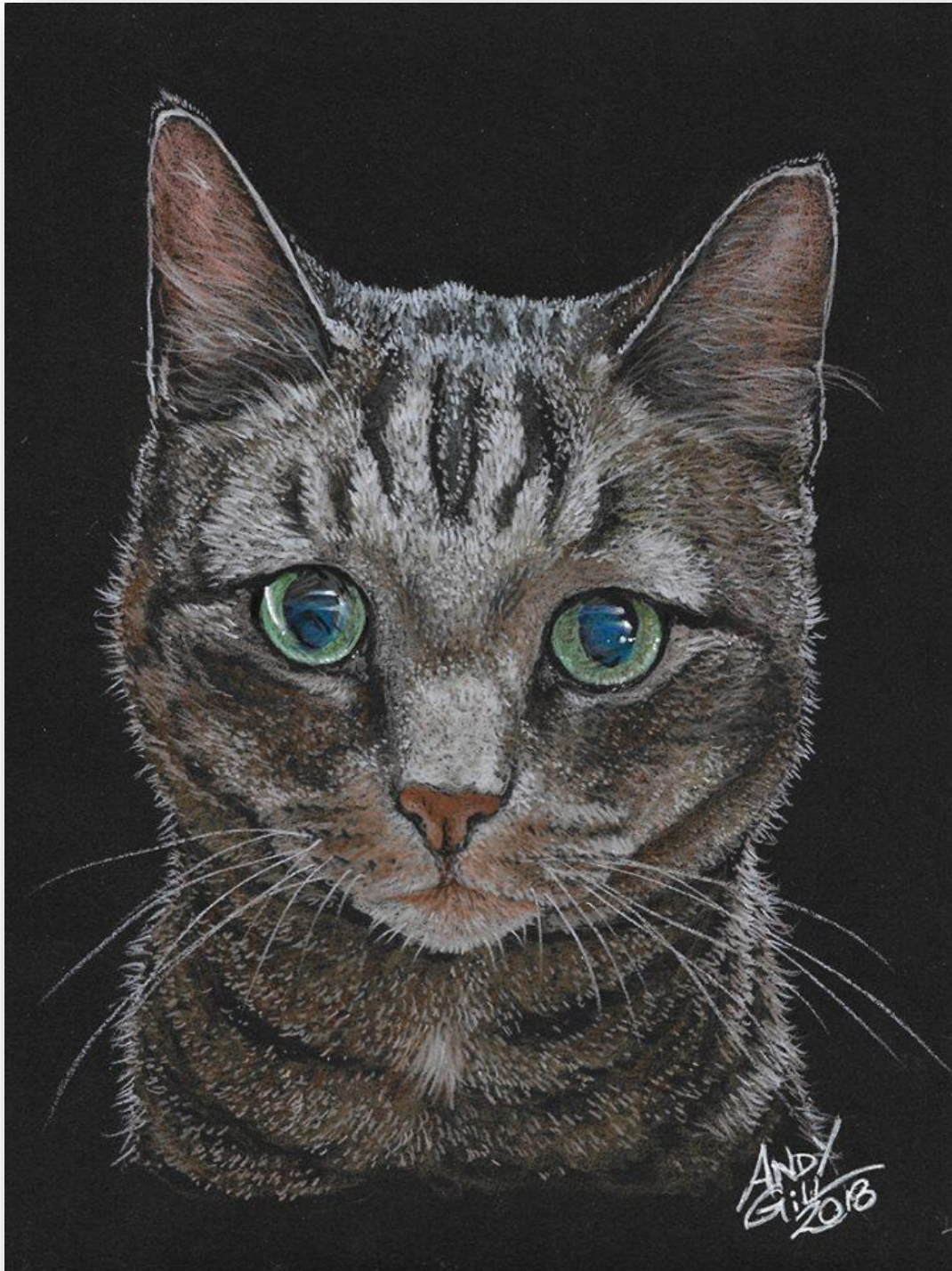
ANDY GILL ART GALLERY



Prismacolor Premier color pencil on 8.5 x 11 inch each, on Stonehenge print stock.



Prismacolor Premier color pencil on 8.5 x 11 inch each, on Stonehenge print stock.



TABBY CAT

Prismacolor Premier color pencil on 8.5 x 11 inch each, on Stonehenge print stock



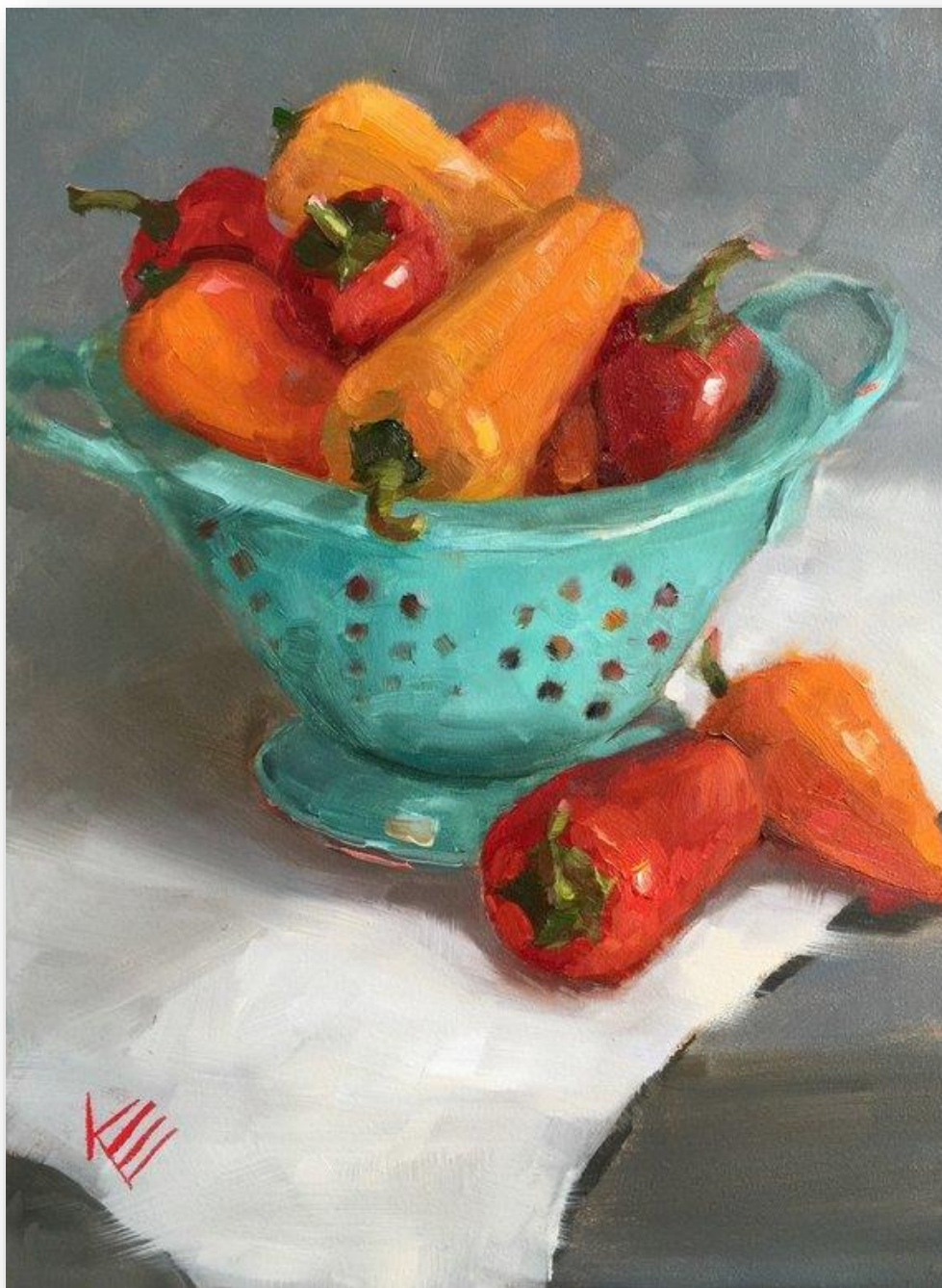
Chickadee and Blossoms

Acrylics on canvas 8" x 8"



SUNFLOWER MEDLEY

Oil paint on 3/4" canvas 10" x 10"



SWEET PEPPERS

Oil on gesso board 6" x 8"



GLORY, GLORY, HALLEJULAH

This is a piece of art created for my re-arted art collection: Recycled paintings or items that are no longer wanted, I give them a makeover. Glory, glory, hallelujah was given a makeover. Originally he was an outdated print of the Archangel Michael. I found him in the trash and was saddened by this, so my goal was to see if I could spruce him up and make him more appealing again. I added some fluorescent paint, giving him that beautiful glow with the use of a blacklight. Also I added Mother Nature's finest medicine in replace of the trumpet. Now this art piece is being enjoyed again.



HOWL AT THE MOON

12" x 24" original acrylic painting. This painting was also done very early on in my artistic journey, and created for a close friend.



LORD OF THE RINGS/ROLLING STONES MASH UP

12" x 24" original acrylic painting. This painting was also done very early on in my artistic journey, and created for a close friend.



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Mikey Pierog (*Scale, pg.104*)

Mikey hails from Canada. He says: "Living closer to nature was always my ideal life, from joining scouts as a teen and camping as a young adult, I found my peace there. I was never into writing as a kid but as I grew older I found there was an artistic beauty in poetry. That became a hobby in my spare time, while working or in play certain thoughts cross the mind and I try to save them either to share or grow from of them." Mikey also wrote the verse *Sinister of Sin* for the Halloween Greeting on page 49. He is an administrator and Manager on <https://www.lightforcenetwork.com/>.

Jeff Church (*Art Gallery pgs. 105-107*)

Acrylics is my medium as well as Mother Nature's canvas for my photography. My digital art is created from all from either my paintings or my photographs. I also have been known to make a few mosaics, from time to time. My artwork can be found and/or purchased at <https://www.instagram.com/theartofjeffchurch/>

OR www.facebook.com/TheArtworkOfJeffChurch

Andy Gill (*Art Gallery pgs. 108 - 110*)

John Andrew Gill known as "Andy Gill" was born, In Moncton, New Brunswick, Canada, on November 6th, 1964, the first child (of two) John Herald Ronald Gill and Elizabeth Anne Gill (Burris). All through grade school (Wyn-wood School, Pleasant Street School, Sunny Side School) Pencils and paper kept his attention over his other classes. High School (Moncton High School 1980 -1984) he started to really focus on drawing (illustrating).

From 1984 to 1989, he worked assorted jobs, then took an apprentice position in his father's print shop to acquire certified position as a printing press operator. A tragic turn in his life, (lose of his parents) really set him back, but, he decided to leave the printing trade and attend one year (1989-1990) of Mount Allison University (fine arts). This was the start of his freelance career, for many local advertising agencies, and Eastern Canada art commissions. Some noted personas Andy was commissioned to illustrate were Former Premier Frank McKenna family portrait, and hockey legion, Paul Henderson.

By 1999, he wanted to secure his skills as a designer/cartoonist, and attended MacKenzie College (1999-2000) and decide to pursue the three professions. By 2001-2002, mental illness had finally caught up with Andy, and depression quickly set in. By orders of his Physician and Physicist, he was to take time away for art, and full time employment. By 2006, it was apparent Andy would only maintain any art on a part time bases.



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By 2014 was once again, back at his antique drawing table. Working only part time (semi-retired) has enjoyed a comfortable pace, and achieved some minor attention on Social Media (Facebook, Twitter, Google, and now Youtube). Mostly a self-taught artist, Andy has never been awarded any achievements. The one noticed achievement he has acquired , (recent) was the appearance of a time lapse video of his illustration (Better Call Saul) on the International TV station AMC (American Movie Channel) during the airing (and, ongoing commercial airing of), The Walking Dead. Andy continues to create at his art, in his luxurious forest villa (Trailer Park ... ha-ha) in an undisclosed address, with 5 cats, BoBo, Bandit, Rufus, Dusty, and Buddy.

Andy's artwork can be found at the following links to purchase and see his artwork:

<https://www.deviantart.com/andygill1964>

https://twitter.com/Andy_Gill48

<https://www.facebook.com/AndyGill1964/>

The latest Tweets from Andy Gill (@Andy_Gill48). I am a freelance illustrator/designer/cartoonist based out of Moncton, New Brunswick, Canada. Moncton, New Brunswick, Canada
twitter.com

Krista Eaton (*Art Gallery, pgs. 111-113*)

Krista Eaton lives in Scottsdale, Arizona. She was born in 1977, in Vancouver, British Columbia. Krista studied at Emily Carr and the Federation of Canadian Artists and is currently at the Scottsdale Artists School. She studied with Daniel Keys, Mike Svob, Joni Falk, and Nicoletta Baumeister. Krista has had many solo exhibitions including the Government of Canada Library in West Vancouver, BC. She has sold her work to many Canadian collectors as well as international. Krista is currently teaching at the Scottsdale Artists' School and living in Scottsdale painting in her studio daily. According to Krista:

Whenever I look at something that interests me a bouquet of flowers a field of poppies, the question I ask myself is: what is it I really see? This question causes me to look for shapes and tones, colors I love. Then, like writing a story I put these things all together and with great enjoyment paint something that creates some delight. I like to paint things you recognize with my own unique painterly perspective.

My artwork can be found and purchased at: https://www.etsy.com/shop/kristaeatonart?show_panel=true



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Mer Mandala (*Art Gallery pgs. 114-116*)

Born and raised in Riverview, NB Mer Mandela was always creative however it wasn't until 2015 after getting injured that she began her artistic career full time. With no formal training this free hand artist dives into anything thrown her way. In just 3 years she has tested herself with acrylic painting, blacklight painting, body painting, murals, and clothing design and live painting at several music festivals, and does so with passion and flare. Upon her creative beginning; she alongside her partner began Redbush Studios: A rogue blacklight art studio in her hometown of Riverview where they are in constant growth. Her goal is to provide others with a unique artistic experience. One where you can have a one on one private consultation with her so she can bring your exact vision to life. She prides herself with complete customer satisfaction and truly treats each person as a good friend. Her love for blacklight art was discovered early and is her drug of choice. One painting able to create 2 two different looks and express different feelings with the use of a blacklight. When she is not creating for others you can find her designing in the studio and bringing her own visions to life. Her goal is to continue this new passion, collaborating and connecting with other artists, musicians and all around good people from all over the world. She believes the greatest messages in life can be portrayed through visual stimulation. She now lives in the moment, knowing that in one second life can change. Her message is to embrace your weirdness and let your creative juices flow! You can follow her journey at:

www.facebook.com/Redbushstudio

<http://www.redbubble.com/people/mermandela>

www.instagram.com/lil_gingie_snap





Odd

Vant

GuARde

Quit

Fooling

ARound



Section Managing Editor – Oscar ‘Trashman’ Corelli

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Defying the Law of Gravity

Rev. Fred Lee

Here's a theory for you, I call it, "Defying the Law of Gravity". It is obvious that earlier in Earth's history the atmosphere allowed enormous growth. The proof is remnants of dinosaurs. I have heard that the skeletal remains of very large humans have been found also. And then even for further proof, there are architectural wonders of the World such as the Egyptian Pyramids, and many others. The Bible and other ancient text also mention Giants.

In case you don't know, everything physical in our world, and to the furthest extent of our Universe, is made of what are called atoms. An atom is the smallest particle of physical matter. There are a great few more than 100, and combined they create everything physical. The air we breathe, the blood in our veins, water, trees, food, everything. All atoms are very similar; they are all composed of the three same components. These three components are called, protons, neutrons and electrons. These are called sub atomic particles. Basically, they are positive, negative and neutral charges of energy. Science it appears has manufactured a way of numbering how many protons, neutrons and electrons are in an individual atom.

The core component of the atom is called the nucleus. The nucleus is composed of the positive and neutral charges. The electrons are the negative charge, in varying numbers, they ellipse around the nucleus and entrap the nucleus. It was proven in the 1960's by a physicist that the nucleus of one and all atoms is actually particles of light. This is the energy that we power our cities with; it is also the energy that we blow them up with. It is the most powerful energy known to man.

It is scientifically proven that the Earth is being bombarded 24/7 by various forms of radiations. This would include solar and cosmic radiation. There are many forms of radiations; I would like to talk about the three basics. They are called, Alpha, Beta and Gamma radiations. As these radiations rain down on Earth they come in waves. When you break these waves down to their finest particle you will find that Alpha radiations are actually waves of protons. Beta radiations are waves of electrons. Gamma radiations are neutrinos, or neutrons. These are the exact same thing that our atomic nature is made of. It is my statement that as these various radiations passed through our biological anatomy, our atomic nature naturally magnetically absorbs the necessary elements to maintain the integrity of the individual atom.

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There are studies that have been done that show that a particle of dust is continuously vibrating while being observed under an electron microscope, there is some invisible force having an effect on the observed particle of dust. I have heard it said that as alpha, beta and gamma radiations pass through our body and through the earth below us that the particles are so minute that they touch nothing. I think the vibrating particle of dust proves that these radiations, whether they're touching anything or not, do have an effect as they pass through.

There are many things that science has found that can be correlated to the Holy Bible. One is the Big Bang theory; it states that in the beginning of creation there was a massive explosion that caused a chain reaction that brought our physical Universe into manifestation. In the Holy Bible it is stated that on the first day of creation God created the light. Sure sounds like the same thing to me.

Then there is the theory called, "Quantum Physics." Basically, the way that this theory breaks down is this, all nuclei, "Particles of light", within all atomic nature are interconnected. Some studies have been done where they will take bacteria culture and separate it. They can have one portion in California, the other portion in China, as they do experiments on the portion in China, it will have effects on the portion in California instantaneously... not one second before, not one second after, but at the very instant that the experiment was done.

This explains a lot of things. Like when you sense a song prior to its being played. Or having knowledge of a family member having a tragedy at the very instant that it happened, even though you were not in the vicinity, nor had any knowledge of the occurrence. There are also studies that have been done with plants. There is a book in particular called, "The Secret Life of Plants". What they did is this, they hooked a plant up to an EKG monitor, the plant can be anywhere on the globe, and it will react instantaneously to someone who is thinking about it anywhere on the globe. Once again, "Quantum Theory".

One other thing that I believe to be valuable to have knowledge of, as I state my theory is this, science is saying that gamma radiations, "neutrinos", are not passing through the Earth's surface they are being lost somewhere. It is very obvious that something is passing through us. This something is obviously the various radiations that I mentioned before. It is my statement that we have a black hole in the center of our earth. Of all of the trillions upon trillions of tons of subatomic matter that have bombarded the earth throughout history, it would have to go someplace, "black hole."

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It is my statement that the neutrino element that is not reaching the Earth's mantle is actually adding density to our atomic nature. It is my statement that as the various radiations pass through our environment they create a drag. Depending on the density of the individual atom, it will have different drag factors.

It is my statement that in Earth's early history the individual atom was of a lesser density. It is my statement that the various radiations that bombard the earth 24/7 from all corners of the globe are the same as Manna from Heaven as mentioned in the Holy Bible. It is also my statement that as these radiations pass through us, they converge at the Earth's mantle and create nuclear fusion. I believe it is erroneous to believe that the nuclear fusion at the Earth's mantle is caused by the rotation of the earth. If you placed a baseball at the center of the earth, it would turn one time in 24 hours, there is no way that is enough activity to cause nuclear fusion. Beyond that, if the rotation of the earth caused enough chaos at the Earth's mantle to create nuclear fusion, I would only imagine that the Earth's oceans would be in total chaos.

In the Bible it is stated that God is the light of the World, God is the foundation of all creation and also, God gave us his breath of life. It is undeniable that we are talking about the nuclear element, which was once again scientifically proven to be a particle of light. The quantum body of nuclear energy is the body of Christ, who proclaimed to be the light of the World. It is my knowledge that Christ was directly connected to our solar sun. He was said to be the bright and morning star. What other star is out in the morning, only the Sun. I know some will want to argue this point, "Oh well!" In the Bible God is stated as being, the Alpha, the Omega, the beginning and the end. Science has proven that light travels at 186,000 miles per second, some state that it is even going faster now days. There are many unexplainable anomalies with light. One is the fact that you can never go faster than light. Some say that if you were to go faster than light, you would actually be going back in time.

What I'm getting at is this, light is in the past, present and future at the same time. This is proven by the experiments I just mentioned that have been done. How could one part of the bacteria culture have an immediate reaction without my statement being true? This is the explanation for prophecy, if an individual was fasting and contemplating Godly thing's, he would naturally come into harmony with his inner light, and would be able to travel into the future, and perceive the futures most probable equation. This same thing happens when you have déjà vu. The light within you is cycling it has a beginning point, "The Big Bang".

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The light passes through us and goes into the future at its unbelievable rate of speed, and creates every equation of probability. Whether you go left, whether you go right, whether you meet John, or whether you meet Mary. Remember life is all interconnected at a foundational level. So sometimes, we pass up our most probable probability, and we think, "Man, I know I have been here before". That is because the light within us has created that equation before us.

There is an omnipresent consciousness, whether you want to call it God, or the Universal conscience, or the spirit that binds us. At one point in our history this intelligence of which I speak perceived a dead end to the future of mankind. The problem was that due to the coagulation of various radiations the earth was going to turn into a black hole, and collapse upon itself. The only answer to the equation was to introduce ultraviolet radiation, in coordination with masses of proton radiation. As you may know, for the last several years the sun has been having some very violent activity. This activity is called solar flares, the radiations that are emanating off the sun are proton radiation, and they are also called x-rays. I have seen in my mind's eye that prior to the man they call Christ coming to earth we were entrapped by a global sphere that would not allow the entry of ultraviolet radiation.

When Christ was being baptized in the Jordan River, he was actually creating a circuit; he then compelled a wormhole to open up from our solar sun. This is symbolically stated in the Bible as, "The Dove of the Holy Spirit lit upon his Crown". This was also called opening the veil of the, "Holy of Holies." The universe is actually the body of Christ. He had to transform himself to earth, to do spiritual or subatomic surgery on the earth. As he opened up this wormhole from the sun, the energy grounded through him into the Earth's mantle. The connection was made. When he died on the cross, it is stated that the earth shook. This was stated as, "The veil to the Holy of Holies was torn". When he died a rift was torn in the earlier mentioned wormhole. It is also stated, that when Christ died quite a large number of graves opened up and the spirits of the bodies that were in their graves came out. This happened because their spirits, "Sub Atomic Anatomy", were entrapped in the earth with no place to go.

So now when Christ allowed us to access to the full spectrum of light, "The Rainbow", these spirits now had a place to go, they were no longer entrapped. They were naturally and magnetically absorbed into that initial release of energy. The energy that was released at the initial moment of Christ's death made the earth shake. The core of that energy release went directly to the magnetic North Pole.

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To begin cycling. This is why we have the beautiful Northern lights, "Aurora Borealis". This event is what caused the hole in our ozone layer. As our polar caps melt, it allows the vibrant energy that is entrapped in the North Pole to be released and to begin cycling. The proton radiations, "Solar Flares", that have been bombarding the earth for the last several years are exciting the nuclei of all atomic nature. This has the effect of dispelling the density of the individual atom. Science is saying that we are losing our gravity.

You might be asking, "What does all of this mean?" Well for me it means that all of the many 'end of times prophecies' are coming true. I have learned how to communicate with the light that is within me. It is a sign of the times. As the polar caps breakdown and the energy begin to cycle we will all become more intuitive. In the Bible this is stated as, "We will have the word of God written upon our hearts and our minds". In listening to my inner light I have been compelled to become a vegetarian, in preparation for up and coming events. We are what we eat. When you eat dense animal nature, your spirit body bonds with the essence of the animal nature. It makes it really hard to interface with your inner light with all of that dense matter between your cognitive awareness and inner light. The nucleus of an atom is one quadrillionth the size of an atom, and an atom is the smallest particle of matter. What I'm saying is it takes some doing to come into harmony with your inner light. Throughout history people who are vegetarian and meditate seemed to have an edge on life.

Something else that is very important to know is this. Scientific studies have proven that people with emotional problems, this includes alcoholics, addicts, people with bipolar, schizophrenia and even murderers and rapists, any type of bad seed, have been found to have large increments of dark matter integrated into their DNA. In one of the codes that have been revealed to me, this dark matter is called, "Demon", which is the acronym for, "Developed Emotional Manifestation of Negativity". Imagine this, if the light at your core level is interconnected throughout all creation, wouldn't it be logical to believe that this dark matter, "Demon", is interconnected throughout all creation also? I have found that this entity is like a cancer, it derives its life force from our core element. It is a reactive principle, with a survival instinct.

There are varying frequencies to this entity. If it develops in an individual, and that individual tries to change their internal frequency, the dark entity of which I speak goes into survival mode.

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I have witnessed this entity create total chaos in an individual's life for the purpose of maintaining a negative biological environment. Sounds a lot like the story of the vampire also. This manifestation of dark matter that has coagulated on any individual's DNA system is very much the root of all, "Evil", which is the acronym for, "Emotional Variable In Life". It is a global cancer. In the acronym code, the acronym for, "Emotion", is, "Evolved Manner of Thinking in Our Nature". The acronym for, "Life", is, "Light in Focused Emanation."

As you can see, there must be something to what I am saying. I have never been to school. All of the knowledge that I present to you has been given to me by the light that is within me, which is also in you. We have auras, why is it that no one is yelling, "Hey, at a core level I am a light being!" Because there is something inside of us that will allow us to encompass this reality. Have you ever noticed how some emotionally disturbed individual seemed to be communicating with something, or someone that isn't there? Since these individuals obviously have so much of the dark matter that I am talking about integrated into their spiritual system, they are actually picking up communications that go on between the various aspects of the dark entity that I am talking about.

This dark matter violates an individual's core system, "The Light", to the extreme that the individual feels miserable. Depression is very typical. The emotions that are caused by this dark energy do very easily lead people to find relief in the use of drugs and alcohol. I know these things not only because I communicate with the light within, which knows all. But I have been through drug addiction, alcoholism and very serious depression. As well as many others, I have suffered. Fortunately for me, God has truly blessed me. At the age of eight, without any prior education I had a natural understanding of communication. At the age of eight I was tested and found to have a 16.0 reading and comprehension level. That is the same as someone who has been to college for four years. Life has never made any sense to me; it has come close to driving me absolutely insane. But I broke through, I found the answer. I hope what I have found may benefit others. Sometimes truth is stranger than fiction. Sometimes truth is hard to swallow. But facts are facts, and these are all facts, some people don't want to believe that I have found several brand-new codes in the English language. And they are compelled to think that I am crazy. I have prayed about this long and hard. Remember in the Bible when numerous individuals were condemning Christ to the cross, and he stated, "forgive them father they know not what they do"? It all adds up.

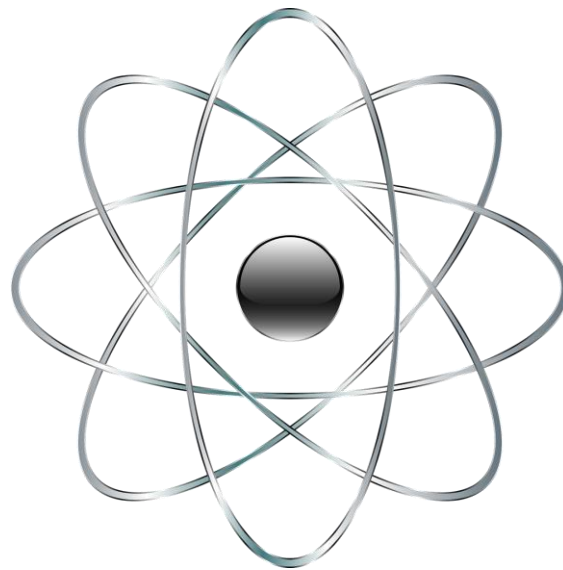
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Christ understood that is dark entity that I am talking about was compelling those individuals to do that horrendous and insane deed. I can see it so clearly. I have researched everything that I am talking about.

The message that I am communicating to you is in the acronym code called the, "Truth", which is the acronym for, "The Real Untold Temporal History". I have been trying to get this information out to the public for better than five years, and this dark entity of which I speak has been very successful at keeping it from reaching the public eye.

The point I am getting at is this, I am not concerned with any of the honors or anything of that nature. I just believe that everybody should have this information. I have been validated by two people with Ph.D.'s; I was on Blog Talk Radio several times, and much more. If you find this information to be relevant and profound as myself and others have, please share it. I have a book in the works, and am trying to obtain funding to develop a movie. I am also trying to find funding to do some experiments using spectral photographic equipment. My inner light has shown me many things, but I need to do the footwork and show results, and format the information for the general public. I will put this information out there and pray to God that these veils of illusion be shattered. God bless you. If the Holy Spirit of discernment allows you to see the light in what I have written, please share it.





Sanada of Clarion: Savior from the Stars

Dr. Daria Novicki

No one loves researching a good scam more than I. Let's try this one on for size ...

UFO cults have long been the study of sociologists and psychologists.

One such case was that of a Chicago housewife Marion Keech (pseudonym of Dorothy Martin 1900-1992) during the 1950s. Fictitious names were used by avidly by Keech for protection of her group. Apparently, Keech was medium, channeler and automatic writer who claimed she was receiving messages first by an "elder brother" and then by Sanada of Clarion (an unknown planet) who she claimed was Jesus Christ in an earlier incarnation. She also received messages from Cerus (another unknown planet). The entities that communicated with her were referred to as "Guardians" and of this group. Sanada was the most important.

"Flee the flood ..."

A newspaper article appeared in the *Lake City Herald* warning people to "flee the flood" in "Lake City", Utah. This caught the attention of three sociologists, Leon Festinger, Henry Riecken and Stanley Schachter who decided to plant observers in the evolving group to observe the members' reaction to doom speculation via Festinger's theory of cognitive dissonance.

According to Henry Gleitman in *Basic Psychology*:

... People try to make sense of the world they encounter. But how? In effect, they do this by looking for some consistency among their own experiences and memories, and turning to other people for comparison and confirmation. If all checks out, then all well and good. But what if there is some inconsistency? The Asch study (Solomon Asch, 1956) showed what happened when there is a serious inconsistency between one's own experiences (and the beliefs based on them) and those reported by others. But suppose the inconsistency is among the person's own experiences, beliefs or actions? Many social psychologists believe that this will trigger some general trend to restore cognitive consistency - to reinterpret the situation so as to minimize whatever inconsistency may be there. According to Leon Festinger, this is because any perceived inconsistency among various aspects of knowledge, feelings and behavior sets up an unpleasant internal state - cognitive dissonance - which people try to reduce whenever possible (Festinger, 1957).

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Apocalypse now?

The *Herald's* prediction read as follows:

Lake City will be destroyed by a flood from Great Lake just before dawn, December 21st, according to a suburban housewife. Mrs. Marion Keech, of 847 West School Street says the prophecy is not her own. It is the purport of many messages she received by automatic writing. The messages according to Mrs. Keech, are sent to her by superior beings from a planet called 'Clarion'. These beings have been visiting the Earth, she says, in what we call "Flying Saucers." During their visits, she says, they have observed fault lines in the Earth's crust that foretold the deluge. Mrs. Keech reports she was told the flood will spread to form an inland sea stretching from the Arctic Circle to the Gulf of Mexico.

Mrs. Keech did not seek to publicize her messages and once the group became a hot topic in the media, she and her associates began to be afflicted by problems. Many visitors came to her house particularly when the group was meeting. Always protective of her group, Keech told them that if they did the right thing and were gathered together ever ready at the appointed time, they would not be swept away by the flood, rather, they would be carried away to safety in one or more flying saucers. This could happen at any time, so the group had to be vigilant to decide whether any visitors were in fact extraterrestrial and whether they were good or evil beings.

The group had now fallen into a typical CD pattern: they had a communicator/leader, an explanation for the UFO mystery, a message and prediction of great import and a task – survival. As the day of doom rapidly approached, the member behavior became more irrational. They gave up jobs, relationships and possessions. Some took up strange diets – all in preparation for the great day. The Guardians also had requirements. All metal had to be removed from members' bodies. That meant no zippers, snaps or hooks and closures as well as dental fillings.

The last few days before the event was to take place were particularly stressful as messages became more erratic and inaccurate. The largest shock? December 21 came and went with no flood or UFO intervention.

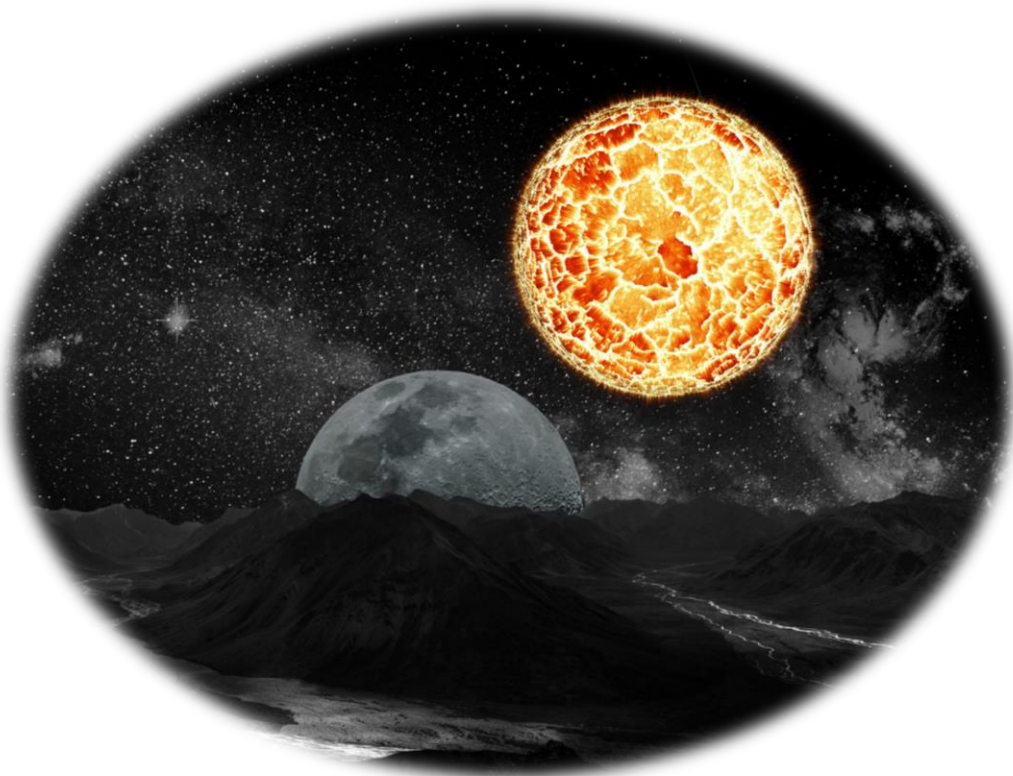
Disillusioned, the group dispersed.

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After the failure of the prediction, Keech left Chicago after being threatened with arrest and involuntary commitment. She later founded the Association of Sanada and Sanat Kumara. Under the name Sister Thedra, she continued to practice channeling and to participate in contactee groups until her death in 1992. The Association is active to this day. See: <http://www.encyclopedia.com/doc/1G2-3403800369.html>

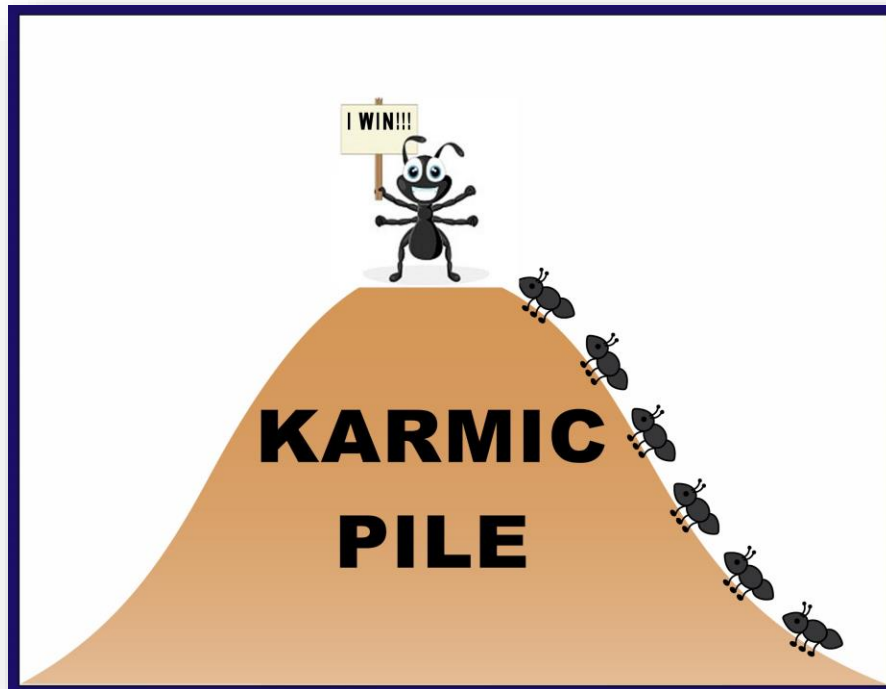
“Claims that intelligent beings can visit us from the planets of the solar system have been made implausible by space exploration. Alien entities must come from distant star systems, even from other galaxies, of which science presently knows little. Some UFO cults – though not by all means all – have adapted to the growth of knowledge by placing their source of communication in suitably remote places.” – Kevin McClure





King of the Pile

Jenna Wade Shaugnessey



Once upon a time there were two ant communities. Both were busy places with many diversified jobs taken on by the population. In between the two small community anthills was a very large pile of dirt. Both communities came to call it “the great pile.” Each community stood in awe of the pile and wished they could inhabit it.

In each community, there was a single ant who stood out from all the rest. Those ants aspired to do great things and this was a good thing. They worked hard and contributed to their own communities and even went so far to help the other community from time to time. This was a good thing too. Then something happened. Each had an idea about the great pile and what they would like to do with it. The ideas were very different in nature. But each ant thought to expand his idea out into the world and make it a better place for ants everywhere. The other ants in the communities began to think that the ideas were the same but very opposite in design. They even thought of the two ants as light and dark.

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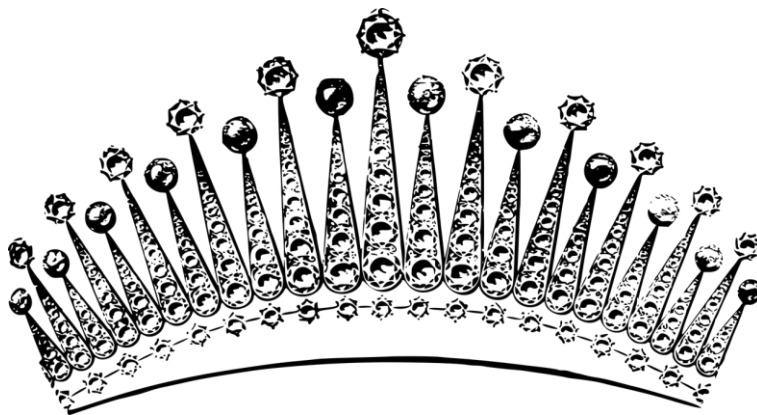
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One day the two ants stood on opposite sides of the great pile and began a challenge to see who could conquer the great pile. Each ant grew very vain and full of pride. They started campaigns against one another. They engaged in undermining each other one through self-righteous gossip and the other through slander and lies. So, they both started climbing the great pile from opposite sides all the time raging against each other. One was soon known as righteous ant who was working for the good of all the other ants. He went by the book and kept the law. The other ant was known as renegade ant that also worked for the good of all the other ants and believed in breaking the law. In their vanity and pride the war between them escalated and began to draw in other ants who took sides. The sad truth was that both ants Righteous and Renegade were both operating out of the same desire and it had nothing to do with community improvement. It had to do with self-importance and fame and ownership. It was about no one but themselves and that made them exactly the same.

As the war raged, what neither ant realized in that the “great pile” was really “the great Karmic Pile” and as they waged against each other, the pile grew larger never to be conquered by either ant as long as they kept trying to destroy each other.

There were no winners. Only Karmic lessons.

Moral: Vanity is a signal from your Mental Thought Body that you are out of balance with your "proper" place in the universe. Vanity arises whenever the "will-ego" and the "conscience-Soul" are severely out of balance - in both directions. Either someone thinks they are "God's gift" to the universe (narcissistic vanity) or that they are "God's mistake" (masochistic vanity) - neither of which are really true.
- <http://www.healpastlives.com>





Understanding the Art of Psychic Protection

Rev. Roger Teeter

In the beginning all of life was with Source and was Source. As Source choose to expand itself and its omniscience, it exhaled the Elohim singing the Song of Source as they co-created the twelve Know Universes. These Universes are expressed as twelve frequencies of self which make up the Multi-dimensional Soul and the Crystalline Frequency of Soul which flows from Source into Form Red Cosmic Christ Frequency. Yule is the gathering of Beings, from across the Multi-dimensions in celebration of the birth of the Christ, not one person, but all of creation. Here are the frequencies:

Orange Frequency ... Imbolic ... The Christ Baby becomes a Toddler

Yellow Frequency ... Oster ... The Toddler becomes the Student

Emerald Green Frequency ... Beltane ... The fusion of the Male Female within

Sky Blue Frequency ... Midsummer's Eve ... The Student becomes the Graduate

Indigo Frequency ... Lughnassah ... The Graduate becomes the Teacher

Violet Frequency ... Mabon ... The Teacher becomes the Professor

Silver Green Frequency ... Samhem ... The Professor becomes the Master

Silver Pink Frequency ... Mastery of Intent

Silver Yellow Frequency ... Mastery of Thought

Silver Blue Frequency ... Mastery of Word

Silver Gold Frequency ... Mastery of Deed

Silver Gold Crystalline ... Synthesis of the Multi-dimensional Soul

Across Mother Earth, there are legends of the indigenous people, the above beings, arriving about 400,000 years ago give or take six months. There was the decision to veil the planet allowing a few teachers to activate seeded individuals. Up until the arrival of the planet of shades, humanity was functioning in the Twelfth Dimension ... the frequency of self. Things were co-created without expanding our Soul's omniscience however, the experiment in form was to be mankind individual Soul's lessons.

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Along time ago in the constellation Orion, we choose parts to play in our own Star Wars Legends (aka as the war of Gods and Men) which are part of our stellar memories. Earth's part in the grand drama started with the last battle planet known as the planet of shades or Meldak (the dark T shirts, Fallen Angels etc.) coming into our solar system through a black hole on the back side of the Sun.

It was this event that tore Mother Earth out of the orbit of Venus into approximately a 360 day orbit which is reflected in ancient calendars. Following Meldak was a Hospital Ship Luna (the white T shirts, Ancient Mystical White Brotherhood after the Order of Melchizedek) who used a tractor beam to retain the pieces of Mother Earth forming the Luna Surface.

It was this arrival of the dark T shirts that led Humanity to choose judgment and condemnation of self or another. It was this fall in the cognitive knowing of the fact that we are Multi-dimensional Spiritual Beings having a human experience, not human beings trying to become spiritual that led to the emotional veil which implies that we are only human. This led to the descent into the Seventh Dimension (Atlantis).

Atlantis was created two hundred fifty thousand years ago by the seeding of Star Beings known as Isis, Osiris, and Horus who set in motion the plan for the ascension of Mother Earth. This plan was named after Thoth whose teachings were designed to free us from the density of the third dimension. The last great space war took place approximately twelve thousand five hundred years ago and is recorded in ancient texts as well the temples of the Sun across Mother Earth.

The Juggernauts of the white t shirts and black t shirts battled across the surface leaving paths of destruction as seen in the craters around the eastern seaboard of the US. It was the choice of humanity to experience form on all plains, levels and dimensions. With the compression of the grid, Mankind spiraled down to the first dimension. Every two thousand years or so there are teachers who appear that work with one of the twelve rays from Source. The current end of times drama is the completion of a Great Year around the Central Sun grand drama of the Fallen Angels. All frequencies must be clear.

A Star Map that has fourteen points shows an entity's journey from Source to SOURCE, thus awakening us to the truth that we are a multi-dimensional Spiritual Being having a human experience, not a human being who tries to become spiritual. It will end as we all awaken from the illusion of the third dimension.

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You may ask how the Art of Psychic Protection release old programs of judgment.

First and foremost, do not engage channeling, Ouija Board work, etc. without encircling yourself with a Circle of protection including a Five Pointed Star, or a Celtic cross. There are jokers on other planes and dimensions that take great joy in tricking people.

As Paul said in Ephesians: “ ... put upon yourself the whole Armor of God; donning the Helm of Salvation, the Breastplate of Righteousness, gird your loins with Truth, shod your feet with the Gospel of Peace, arm yourself with the Sword of Spirit, Shield yourself with Faith.”

From this standpoint understand that we are all equal, Multi-dimensional Spiritual Beings having a human experience, not a human beings trying to become spiritual.

Second, do not empower any condition outside of yourself by identification with it! Accept healing from Mother/Father/Source by using the statement:

“THANK YOU FOR THE ENERGY OF THIS CONDITION, I CHOSE TO USE IT FOR THE MANIFESTATION OF MY HIGHEST GOOD!”

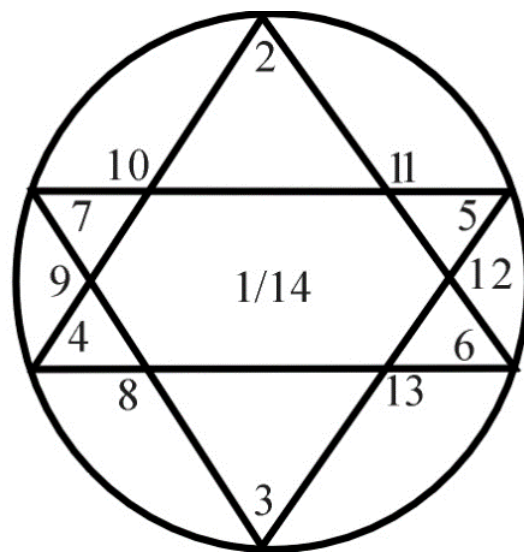
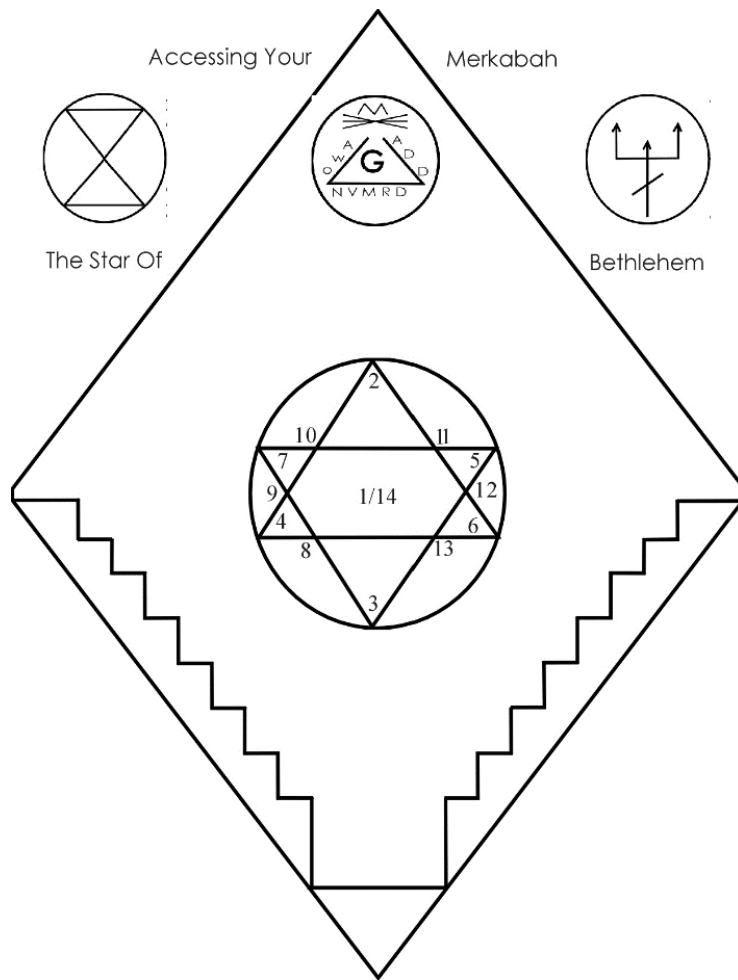
Third, it is from this perspective that we realize the fact that when change is needed we “do”, and when maintenance is required, we “be.” It is all due to this process that the Clan of the White Rose functions as “do/be”(s) expressing both sides of the paradox.

Fourth, we have to surrender to the truth that we have experienced both sides of the paradox to expand out Soul’s omniscience knowing that there are none greater than or lesser than another. We must be amoral, without judgment, employing the wisdom (knowledge experienced) of recognition that we must wait until asked for our help.

Fifth, we must be focused on the BIG PICTURE not the Now or Past or Future, receiving and transmitting the Song of Source. This is your whole purpose for being human, for being on the planet, and you have each agreed to be on the planet, at this time.

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Halloweenie

Jonathan H. Corelli

I am the oldest of three brothers and as with all 'older brothers' in the human race I loved teasing my siblings with every chance that manifested. AND as consequences would have it, there were plenty of times when I reaped what I had sown but in retrospect I am satisfied that it was well worth it!

I had a knack for telling the 'youngins' tales that they would believe even after scrutiny and being told I was full of BS. Maybe the universe was on my side with the rugrats or maybe we were all getting a lesson.

One fine Halloween, I was put in charge of pumpkin carving which was a traditional act in my family. Pumpkins were never wasted – seeds were roasted and salted and some excellent pumpkin pies were the result of all the mess and bother. There were of course traditional family stories connected to Halloween many of which my brothers had not yet heard which gave me an edge.

My brothers always loved this task and I decided to make a fun event (cough, cough) out of it by making my bro's favorite lunch complete with hotdogs with all the fixings, a can of Coke and some chocolate cookies for dessert.

I called the kids and as usual they were slow getting to the table for their food. Usually this was the fault of the older of the two who always found a reason to drag the other one into some imaginative play. Yes, he had 'potential'. The younger one had no excuse but always figured his older sibling would take the rap for what they had done and that he was safe.

As I watched them from the kitchen window, I saw them throwing rocks over the hedge between our yard and the neighbor's yard. The game apparently was to hit our neighbor's newly carved pumpkins which he had left on his picnic table before transferring them to his front porch. They were having a grand time with each hit "on the big one" and I figured I had better call them in in short order. I called them once again using my stern voice as my plan was now ready to be launched.

They finally came to the table and sat down talking excitedly about the pumpkin craving they would soon be enjoying. The older brother sat down exclaiming, "Oh boy! Hotdogs!" When he looked at his plate his face dropped.

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“Hey?” he proclaimed.

I was busy doing dishes at the sink and turned around in my wily way and addressed him.

“What is it?” I asked.

“My hotdog had a big bite out of it!” “There is a dirty old pumpkin seed in my bun too!” he complained.

Sure enough his hotdog did indeed have a big bite out of it.

“Very funny,” he said to me accusingly.

“I didn’t touch your hotdog.” I replied.

The younger had an extremely disgruntled look on his face.

“You didn’t give me a hotdog. All I have is an empty bun with mustard and ketchup,” he whined.

I pretended to inspect his bun and scratched my head for effect.

“This is strange. Let me get you some hotdogs.”

I cleared away their dishes and gave them each ‘new’ hotdogs.

The younger immediately began eating his lunch but the older brother was skeptical

“I am not eating that,” he said

“Why not?” I asked.

“Cuz you are tricking us again.”

“Dude – it’s a hot dog, your favorite, if you don’t want it I’ll eat it.” I replied.

And I did.

“Give me one!!!” he demanded in an annoying voice.

And I did.

“This hotdog had a bite out of it!!!” he yelled.

“Well!” I said, “What were you two doing before you came in here?”

The younger brother slouched in his seat and cowered.

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“Just playing,” The older retorted.

“Oh really? What were you throwing over the hedge?”

With that the younger immediately spewed out the whole rock throwing affair.

“Did you hit nay pumpkins?” I asked seriously.

Reluctantly they both told me they had hit the biggest pumpkin.

“OH NO!” I exclaimed in disbelief, “The BIG ONE???”

Neither of them said anything but sat there wide-eyed.

“I sure hope you didn’t do what I think you did especially since we are having hotdogs for lunch!”

Now, they were really wide-eyed.

“Don’t you know about the Spirit of Halloweenie?” I asked quietly.

They both shook their heads.

“Let me explain – it is an evil spirit that possesses craved pumpkins and looks for boys who do bad things. Halloweenie loves hot dogs too. He follows the smell of them cooking and if there are boys doing bad things he hones right in on it. That must be what happened.”

The older brother forced himself to be brave.

“Well he can have my dumb hotdog. Besides what else can he do? Huh? You’re making it up!!!”

“Legend has it that if he smells hotdogs and eats them he will come back and get whoever did something bad. No one knows exactly what he does but it isn’t good. You know he is coming if you hear a loud knock at the door after your hotdog has been eaten. Then you better pray”

“You are full of sh*t!” the older yelled.

At that moment there was a loud bang at the backdoor.

The kids took off running with the speed of light.

Our father walked in the back door struggling with a large box that he had banged into the door.

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“Where are the kids?” he asked.

“I think they are praying,” I answered.

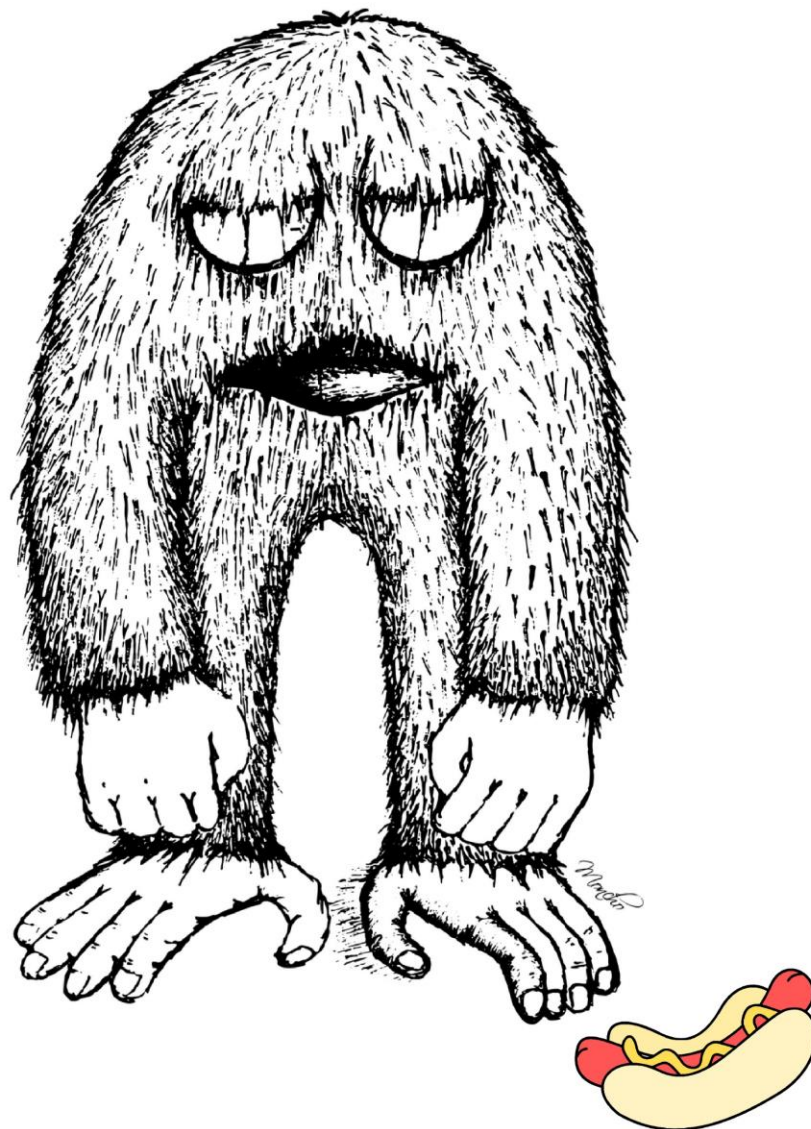
Dad cracked a big grin after seeing the half eaten hotdogs.

“Halloweenie?” he asked.

Moral: The Universe works in wondrous and synchronous ways.

Tipping my hat off to ya!

Holmes





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Rev. Fred Lee (*Defying the Law of Gravity, pg.121*)

Fred considers himself, to be a teacher of "T.R.U.T.H. = The Real Untold Temporal History." He further states, "I know that The Holy Spirit is the same as Quantum Energy. It is a workable medium, which can be employed by an appropriate individual, for the purpose of bringing about positive change and ongoing prosperity." Fred is an ordained minister with the Universal Light Church of Cincinnati, Ohio. He invites you to watch his youtube videos <https://www.youtube.com/watch?v=tK7dVBYV-iY&t=78s> and https://www.youtube.com/watch?v=kbD-8_CbBT0 .

Dr. Daria Novicki (*Sanada of Clarion: Savior from the Stars, Pg.128*)

Dr. Daria is a practicing psychologist specializing in trauma cases. She is a history buff who enjoys the mysteries connected to the past. Daria lives in New England with her dog Shogun and her Siamese cat Ling. She believes that her healthy brand of skepticism is one of her best assets. She is a managing editor and consultant for Discerning Minds E-Zine.

Jenna Wade Shaugnessey (*King of the Pile, pg. 131*)

Jenna is a private energy healing novice who was born into a very psychic family. She inherited the ability to channel from her mother who was a highly gifted psychic. She lives on a ranch/estate in the southwest, USA with her Tabby cat Kinpa. Jenna has a head for "numbers" and has several degrees and dual degrees in accounting, business and administration and business law. She enjoys writing and cooking.

Rev. Roger Teeter (*Understanding the Art of Psychic Protection, pg. 133*)

This bio and the article are posted posthumously in honor of Roger Teeter. Rev. Roger was a Universal Life Minister who came into the gift of Spirit in 1985. He was a certified Hypnotherapist specializing in Cathartic Integration Techniques. Roger utilized many modalities in his work – channeling, vision, Clairvoyance, Clairaudience, precognitive awareness of the Akashic records, Psychometry, Dragon's Breath, Reiki, Zenith, and Star Maps to assist individuals in developing their hidden talents.

Jonathan H. Corelli (*Halloweenie, Pg. 137*)

Jonathan lives in New York and in Montana during the summer months. He is a freelance writer and part time comedian who loves to travel as much as possible (have pen, will travel!). He likes to say, "Writing is not perfection unless it has a humor injection" so even the most serious of topics are infused with a dose of the literary giggles. According to Jonathan it all makes "perfect sense in every sense of the term sense."



The Staff Of Discerning Minds wishes you a wonderful Autumn Holiday season. Whether you are planning Thanksgiving dinner or something spiritually special, may you find joy in your labors and the company you keep.