

# ∞ DISCERNING MINDS

Premiere Metaphysical Quarterly For The Abstract Enthusiast

SACRED SCIENCES \* ESOTERICISM \* ARCANA \* CREATIVE THOUGHT \* PHILOSOPHIC TRENDS

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*What's Your Perspective?*

*Cover Design by Kim Tsiang*

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# What's Your Perspective?

*Don't judge a book by its cover, rather, by what you uncover.*

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# MIND TEAM

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Content contributors of Discerning Minds hail from all parts of the world with a desire to showcase and share their original thoughts, creativity, ideas, theories and speculations. If you would like to submit an article for possible publication please contact [editor.discerningminds@gmail.com](mailto:editor.discerningminds@gmail.com) with your proposal. Include a brief one paragraph summary of your work and why you would like it published. Up to two articles may be submitted for publication in a single issue. **Only original** articles/art/photography that fall into section category subject matter are considered for publication. The age requirement is 21 years and older. Accepted submissions are published gratis. Discerning Minds does not offer remuneration for published content.

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# THE HUMAN CONDITION

NO BE  
THAT IS  
THE QUESTION

WHAT IS  
THE  
QUESTION?



Section Managing Editor – Daria Novicki

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## ***Where is Neville Goddard when We Need Him?***

Gina Quesos

***Wikipedia recently took down its page for Neville Goddard (1905-1972), one of the most important and influential New Thought voices of the past century. Here are some of his finest thoughts...***

*“You are already that which you want to be, and your refusal to believe this is the only reason you do not see it.”*

*“The difference between FEELING yourself in action, here and now, and visualizing yourself in action, as though you were on a motion-picture screen, is the difference between success and failure.”*

*“You cannot persist in wanting what you already have. If you assume you are what you desire to be to the point of ecstasy, you no longer want it. Your imaginal act is as much a creative act as a physical one wherein man halts, shrinks and is blessed, for as a man creates his own likeness, so does your imaginal act transform itself into the likeness of your assumption. If, however, you do not reach the point of satisfaction, repeat the action over and over again until you feel as though you touched it and virtue went out of you.”*

*“A change of feeling is a change of destiny.”*

*“Most of us are reflecting life and not affecting it. Your inner speech mirrors your mind, and your mind mirrors God. If you do not change your thoughts, you haven't changed their activity. And if you do not change their activity, the conditions of your life cannot change, for they are only bearing witness to the inner action of your mind.”*

*“For life makes no mistakes and always gives man that which man first gives himself.”*

*“Man's chief delusion is his conviction that there are causes other than his own state of consciousness.”*

*“THE FIRST STEP in changing the future is Desire, that is, define your objective - know definitely what you want. SECOND: construct an event which you believe you would encounter following the fulfillment of your desire - an event which implies fulfillment of your desire - something which will have the action of self-predominant.”*

*“To be conscious of being poor while praying for riches is to be rewarded with that which you are conscious of being, namely, poverty. Prayers to be successful must be claimed and appropriated. Assume the positive consciousness of the thing desired.”*

Continued ...

*“Each person is born with an infinite power, against which no earthly force is of the slightest significance.”*

*“You must assume the feeling of the wish fulfilled until your assumption has all the sensory vividness of reality. You must imagine that you are already experiencing what you desire. That is, you must assume the feeling of the fulfillment of your desire until you are possessed by it and this feeling crowds all other ideas out of your consciousness.”*

*“All you can possibly need or desire is already yours. Call your desires into being by imagining and feeling your wish fulfilled.”*

*“Sleep conceals the creative act while the objective world reveals it. In sleep man impresses the subconscious with his conception of himself.”*

*“Become aware of what you are thinking and you will recognize a law between your mood and your surrounding circumstances.”*

*“Be careful of your moods and feelings, for there is an unbroken connection between your feelings and your visible world.”*

*“Nothing comes from without. All things come from within.”*

*“The world is yourself pushed out. Ask yourself what you want and then give it to yourself! Do not question how it will come about; just go your way knowing that the evidence of what you have done must appear, and it will.”*

*“Man must learn to believe in that which he does not, at the moment, see in order to grant himself that which he desires to have. Man's prayers are always answered, for he always receives that which he believes. The law that governs prayer is impersonal. Belief is the condition necessary to realize the desire. No amount of pleas or ritual will bring about the fulfillment of your desires other than the belief that you are or have that which you want.”*

*“If you judge after appearances, you will continue to be enslaved by the evidence of your senses.”*

*“When you attain the control of the internal direction of your attention, you will no longer stand in shallow water but will launch out into the deep of life.”*

*“The ideal you seek and hope to attain will not manifest itself, will not be realized by you, until you have imagined that you are already that ideal.”*

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*“Your reactions, whether positive or negative, are creative of future circumstances. In your imagination, you can hear words congratulating you on getting a wonderful new job. That imaginal act now goes forward and you will encounter this pleasant experience in the future.”*

*“Whenever your feeling is in conflict with your wish, feeling will be the victor.”*

*“Do not waste one moment in regret, for to think feelingly of the mistakes of the past is to re-infect yourself.”*

*“If you do not feel natural about what you want to be, you will not be it.”*

*“An awakened imagination works with a purpose. It creates and conserves the desirable, and transforms or destroys the undesirable.”*

*“If a man look upon any other man and estimates that man as less than himself, then he is stealing from the other. He is stealing the other’s birthright – that of equality.”*

*“Through your ability to think and feel, you have dominion over all creation.”*

*“Learn to shake yourself loose from what the world believes is the only reality.”*

*“Change your conception of yourself and you will automatically change the world in which you live. Do not try to change people; they are only messengers telling you who you are. Revalue yourself and they will confirm the change.”*

*“The journey of life is a mental one, which is taking place in the sea of illusion.”*

*“I AM (your true self) is not interested in man’s opinion. All its interest lies in your conviction of yourself. What do you say of the “I AM” within you? Can you answer and say, “I AM Christ”? Your answer or degree of understanding will determine the place you will occupy in life. Do you say or believe yourself to be a man of a certain family, race, nation, etc.? Do you honestly believe this of yourself? Then life, your true self, will cause these conceptions to appear in your world and you will live with them as though they are real.”*

*“Whatever you desire, believe that you have received it, and you will.”*

*“Changing your life means changing your past.”*

*“Dare to believe in the reality of your assumption and watch the world play its part relative to its fulfillment.”*

Continued ...

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*“I AM is a feeling of permanent awareness. The very center of consciousness is the feeling of I AM. I may forget who I am, where I am, what I am, but I cannot forget that I Am. The awareness of being remains, regardless of the degree of forgetfulness of who, where, and what I am.”*

*“All transformation begins with an intense, burning desire to be transformed. The first step in the 'renewing of the mind' is desire. You must want to be different [and intend to be] before you can begin to change yourself. Then you must make your future dream a present fact. You do this by assuming the feeling of your wish fulfilled. By desiring to be other than what you are, you can create an ideal of the person you want to be and assume that you are already that person. If this assumption is persisted in until it becomes your dominant feeling, the attainment of your ideal is inevitable.”*

*“Capture the feeling associated with your realized wish by assuming the feeling that would be yours were you already in possession of the thing you desire, and your wish will objectify itself.”*

*“Love is not love if there is no beloved.”*

*“With your desire defined, quietly go within and shut the door behind you. Lose yourself in your desire; feel yourself to be one with it; remain in this fixation until you have absorbed the life and name by claiming and feeling yourself to be and to have that which you desired. When you emerge from the hour of prayer you must do so conscious of being and possessing that which you heretofore desired.”*

*“Disregard appearances, conditions, in fact all evidence of your senses that deny the fulfillment of your desire. Rest in the assumption that you are already what you want to be, for in that determined assumption you and your Infinite Being are merged in creative unity, and with your Infinite Being all things are possible.”*

*“You believe in God? Believe also in your imagination.”*

Quotes from <https://www.inspiringquotes.us>

Follow this link to read a bio of Neville Goddard by Mitch Horowitz  
<http://www.harvbishop.com/?p=710>

## *What If?*

Justine P. Parr

“What If?” is a hypothetical question that opens the door to the realm of possibilities. In essence it means we are never really “stuck” in the mire of life where we think we are trapped. All those ruts where every time we try to move forward we seem to sink deeper. One step forward and two steps back as the old saying goes.

So, what if the starting point is to realise that being ‘stuck’ is actually only a temporary issue? Everything is subject to change and nothing stays the same. Yeah, yeah people often don’t like the word change but without sounding cliché change is usually always for the better. What can you change about being trapped in the rut where you seem to be sinking deeper?

Here is a lame but on point example -

You are walking along a road with a definitive destination in life. Some parts of the road are clean and level with a clear view up ahead but every once in a while you have to circumvent a muddy puddle which you can walk around or jump over and perhaps a rock you can climb up, sit at the top, enjoy the view and proceed down the other side. You’re doing fine with all of this but then you hit a patch of muck where your feet get stuck and it’s seems so bad even your brand new, highly expensive Nike’s cannot walk you out of it and back onto the road. You are getting frustrated because you are so close to your destination and can see the finish line where some great things are waiting but your feet cannot seem to move. It’s only a foot away for Heaven’s Sake! If you could only lift one dang sneaker up and forward. So what to do? Well, you could wait for some other person to come by from the goal side and give you a yank but that is unlikely to happen since competition is so fierce over there. You could pray for a miracle which isn’t a bad idea but your mind tells you that God helps those who help themselves. Hmmm ... if you could just loosen one foot. Such a dilemma. But is it? Are you not capable of lifting one foot? What do you need to change so you could lift a foot to step out on sound ground? It eventually dawns on you that you CAN jiggle one foot out of your beloved Nike’s and step barefoot onto clear ground. But what about your Nike’s? They will have to be sacrificed I fear. Given up the nether god of the rut where they will sink into bottomless pit of ‘I give up.’ You decide to take the challenge and make the sacrifice in order to make the change to put you back on the road. Now, was that so hard?

Remember, a limiting belief is an unconscious belief that keeps you stuck. Limiting beliefs have a way of subconsciously clouding your vision and overwhelming you. They appear to be valid and make sense enough to get away with when they’re unexamined and unchecked

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If you allow this to go on you will proceed straight into that scary place of Self-Fulfilling Prophecy. Self-Fulfilling Prophecy has everything to do with expectations. It is the great inner nag – shoulda, coulda, woulda, can't, can't, can't so you don't, don't, don't. Next you move into an unhealthy form of Martyrdom where fear totally overwhelms good sense so you stay stuck.

Truth is you can, can, can – it will require change and adjustment of your mindset so your basic outlook and behavioral patterns can shift into a healthier place far away from self-defeat and those temporary ruts.

What if?



## ***EGO-centric***

Syd Alrruhi

**Do you define the ego in several ways? When we use terms like little ego or false ego, are we really talking about arrogance?**

**The following passages are a favorite of mine from the late, great C.C. Zain. I studied the Brotherhood of Light courses he wrote many years ago. The late C.C. Zain (Elbert Benjamine), one of the most prolific astrological writers of the 20th century, wrote over 50 books and thousands of magazine articles. A scholar, who mastered every physical science of his time, he brought this same vigor to his exploration of the metaphysical sciences.**

*Observing the operation of the Divine's Great Plan, and how life-forms fit into it, each in its proper niches, all marching forward under cyclic law to perform a higher destiny, moving from simple towards more complex, brings conviction that souls are not brought into existence differentiated.*

*The ego, or potentiality which furnishes the energy to cause the soul, or mind, carelessly to struggle forward to the accomplishment of its destiny, is a spark of divine fire, that is pure spirit; an eternal atom of Deity. But until the moment of differentiation, it has no special individuality. It has potentiality, but that potentiality has not been released in the performance of any given activity. Under the stress of the Cosmic Need for a special type of soul to perform a given function developing in the future, the spirit atom is drawn into the creative vortex of angelic parents and given that definite trend which become its individuality.*

*Each ego, therefore at the moment of its differentiation, under the influence of stresses that than mirror Cosmic Needs, is given polarity – that is, attractive and repulsive qualities that determines broadly the trend of its futures development. The ego, when differentiated, however, cannot be said to have possessed either feeling or knowledge – Love or Wisdom – because all knowledge and feeling are derived from experience with the environment. They are based upon perceptions of relations; and the ego as yet had experienced no relations. Awareness can be developed only through repeated contacts with the changing environment.*

*All intelligence and all feeling are developed through recognition of the differences that exist between things contacted. And the ego, due to its original polarity – attractive and repellent quality at once started having those experiences which are the basis of feeling and intelligence – Love and Wisdom.*

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*And thus it gradually built around itself, of the substance of the plane it occupied, a form which was sensitive to such contacts, registering and reacting to them.*

*The ego furnishes the eternal divine energy. This energy acts upon the substance of some plane of existence, and a form is gradually built. The form whether spiritual, astral or physical, become organized in a particular way through its contacts with the environment.*

*The recording of experience, whether directly derived from the external environment or from mental process, causes change to take place in substance where the recording is made. That is the sum total of the organization in the finer forms, all derived from experiences, constitutes the soul, the mind, the character, or the unconscious mind, these four terms signifying identically the same thing. ~ C.C. Zain*

\*Esoteric Psychology, Brotherhood of Light Lessons, <https://www.light.org/>



## *Imponderables*

Desiree Lucente

### **Thoughts guaranteed to keep you up at night ...**

What is the nature of absolute nothingness?

If the Universe goes on without end what is the direction of its expansion?

Is destiny the conscious direction of one's life energy and subsequent elevation of one's character?

If a child is the son of man and a man is the son of the Earth and the Earth is a child of the Sun and the Sun is a child of the Galaxy and the Galaxy is the son of a Super-galactic parent, then is my birth an accident of creation?

Is no Path the true Path, for in the Absolute there is no Truthfulness of Falsehood, no right and no wrong, no Yes or no, NO?

Is all dogma false in the *Absolute* because it attempts to encapsulate *Infinity*?

Is diversity as an expression of essential unity not a paradigm of the Universe?

Why does it seem that everything of power is done in a circle?

What is naïve realism?

What is the relationship between the phenomenal world and the objective universe?

Why do phenomena appear as they do?

Why do we bother to ask WHY?

## *The Laugh Meditation*

Alicia Farr

“Laughter is wine for the soul - laughter soft, or loud and deep, tinged through with seriousness - the hilarious declaration made by man that life is worth living.” - Sean O'Casey

“Always laugh when you can, it is cheap medicine.” - Lord Byron

"Against the assault of laughter, nothing can stand." – Mark Twain

It is said that laughter is good for the Soul and that even God loves a good laugh. It's important to remember to laugh especially in today's world full of strife and uncertainty. Spiritual teachers know that laughter helps a person to maintain balance. It can be a way to temporarily escape but more importantly it is a way to reengage the parts of the “self” which may have been dormant for a while. Medically, laughter has been proven to help decrease anxiety, stress and depression, while increasing quality of life. In fact, laughter can actually alter dopamine and serotonin activity in your brain, offering a noninvasive and non-pharmacological option for dealing with stress and depression. Remember, emotions are not meant to be bottled up.

The Laughter Meditation is best done first thing in the morning and is a great way to start the day and clear yourself of impending stresses. It is very easy to do and doesn't require much time to achieve. The meditation has three parts - stretching, laughter and stillness.

Prep: Start out by doing a few stretches and three long breaths exhaled in through the nose and out through the mouth. (1 -2 minutes)

1. Stand with your feet hip-width apart and stretch your arms high above your head. Rock your body side-to-side from your torso, then bend over and touch your hands to your feet. Next, massage your jaw and yawn at least two times to loosen your mouth and relax the muscles in your jaw. (1-2 minutes)

2. Find a comfortable position to sit or stand. Start by slightly smiling and then begin laughing without too much effort. Move to deep belly laughs. Hint: try different types of laughs to encourage your true laugh to come through. Even if it begins as a forced feeling, most people find the forced laughter catalyzes authentic laughter in no time. (3 -5 minutes)

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3. Stop laughing, sit or lie on the floor in stillness and silence and close your eyes. Be mindful of what comes up for you—how your body feels, emotions that present themselves, and thoughts that arise. (3 -5 minutes)

Try out the Laughter Meditation for at least one month. You'll notice the benefits.

Now, go on and laugh!





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**Gina Quesos** (*Where is Neville Goddard? We Need Him, pg. 2*)

Gina has a B.A. in philosophy and is currently working on a book about what she refers to as 'modern' philosophers. She lives in the American Southwest and has been recently married and looking forward to her first child. She enjoys painting, sewing, cooking and taking daily nature walks.

**Justine P. Parr** (*What If? pg. 6*)

I have been a metaphysician for many years but consider myself an "Integralist" believing in both truths inherent in both scientific and spiritual ideas and beliefs about life, the universe, etc. There is a certain hubris in my being a self-proclaimed metaphysician; however, I use the term with humility and feel it is a good fit as I was born with the 'sight'. I am also a free spirit who spends a good deal of time out in nature and I volunteer as much time as possible in my local animal shelter.

**Syd Alrruhi** (*Ego-centric, pg.8*)

"Syd Alrruhi" is the pseudonym for Gerome Cass. Gerome considers himself to be the "evolving man." Psychic experiences and out of body travel have been a part of his entire life. Gerome holds a Ph.D. in both psychology and physics which he describes as the red and blue pills and part of the Matrix construct and the thought controlled process. He also feels that people care too much about what others think and that it creates a spiritual block to attainment

**Desiree Lucente** (*Imponderables, pg. 10*)

Desiree has studied every path of metaphysics – light and dark for the past 30 years. She is a practicing clairvoyant and aura reader where little escapes her penetrating intensity. She has had many paranormal and supernatural experiences and plans to write a book about them in the near future. Desiree splits her time between living in Florida and Delaware. A vision told her to leave Florida well in advance of Hurricanes Harvey and Irma.

**Alicia Farr** (*The Laugh Meditation, pg. 11*)

Alicia hails from the mid-west USA. She runs a horse boarding facility and riding school for children ages 9-18. Some consider her a Horse Whisperer but she will say she just likes to commune with all animals. Alicia considers herself a soul-searcher which is reflected in her writing. On weekend evenings she holds meditation classes where students and guests share their individual styles of contemplation.

# *A Matter Of Spirit*



*"I am to be loved, honored and respected solely because I exist. I am to be cherished, spoiled, and celebrated because I Am! I was made to be admired. I am a beloved child of God after all."*

*Emmanuella Raphaele*

**Section Managing Editor – John "Salaam" Solis**

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# LOVE

*By Janelle Schiavi*

*The feeling that floats.  
Sings and vibrates with the highest note.  
A freedom that wisps from the very center.  
Enlightens the soul, the greatest mentor.  
A lightness and ease that flows in exchange.  
The air of empathy with limitless range.  
A release of walls and brilliance to express.  
The hearts desires without need to impress.  
When the gift of love is present in connection.  
It will ring energy with the purest intention.*



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Heart light Image by Gerd Altmann from Pixabay.com

## ***Prescience***

Matt Sharpe

prescience - noun

pre·science | \ 'pre-sh(ē-)ən(t)s , 'prē-, -s(ē-)ən(t)s\

Definition of prescience

: foreknowledge of events:

a : divine omniscience

b : human anticipation of the course of events : Foresight

Synonyms: Augury, divination, foretelling, foresight, precognition, prognostication, prophecy.

Etymology:

late 14c., from Old French prescience (13c.) and directly from Late Latin praescientia "fore-knowledge," from \*praescientem, present participle of \*praescire "to know in advance," from Latin prae "before" (see pre-) + scire "to know" (see science).

Prescience has been a part of every culture that has ever existed on earth, to such a great extent of inclusiveness, that it can be assumed that the cultures that we are not yet aware of might well have had it among them too. It has borne many names in English alone, not to mention the vast amount of other languages that do and have existed. Humans have been familiar with its existence for quite some time, although not everyone necessarily accepts it to be a real. Skepticism abounds, and there is nothing wrong with that because critical thinking is a necessary balance factor. But those that have either been told one by another, or had a form of direct experience with it and seen it then play out, know that it does indeed exist despite how much or little the individual perception plays into things.

The earliest tribal cultures had and used it within their spiritual systems and from there it developed into every major religion that has come to exist, in some form or another. Prophecy played no small part in the Abrahamic faiths, but it certainly existed thousands of years earlier. One way in which prophecy has been used in many religions has to do with the so called "end times." One of the earliest (although debate continues) is that of Zarathustra (Zoroaster in Greek) who many consider to have been the first prophet, but that is not true because of the fact that he was the last in a line of Persian prophets that began with Mahabad and with him this religion originated. The names have changed but to followers of Zoroastrianism, it has always been the same religion, from the first prophet to the last.

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This is when Saoshyant will be born to be the world savior, end the wickedness of mankind, and renew the world and restore true spirituality, or the true religion. The basics of this story have been repeated and there is such an individual named in many of the modern religions. In Hinduism this is Kalki who comes in the Kali Yuga, the Dark Age to destroy evil and the evil among humanity and thus restore the world to a Satya Yuga or Golden Age. Kalki is also found in Tibetan Buddhism and has the same purpose, while in other forms of Buddhism that same individual is named Maitreya who is the second Buddha. In Taosim there is the figure of Li Hong who is expected to come to rescue the good and honest people in the end times. Judaism, Christianity and Islam have prophecies about the same basic idea, naming the Mashiach (Judaism), Christ (the second coming in Christianity), and the Madhi (Islam). Each of these figures repeat the same basic story found within Zoroastrianism and Hinduism though opinions differ as to whose came first.

In Eckankar we have no “end times” prediction because we know that the Kali Yuga won't be ending for several thousands of years yet, but prescience itself is still a well-known thing. Some have it and use it, but there are a number of factors that also play into it that not all religions recognize or consider. There are a number of factors that can and always do play into a prophecy made, and whether or not it ever happens, and each of these things and the circumstances of them and the variations that exist are what perhaps require a bit of explanation to be understood.

One thing that has happened in Eckankar, is that it has been known to happen that one gains the ability to know when looking at a person that they will soon die. This has occurred a number of times though the way a person sees that may not be the same way as another has. Regardless that is still a foreknowledge. We consider psychic ability, whose source is the lower planes within duality, to be useful, but not always completely accurate, nor of a Divine source. They can be used but with a degree of detachment because they, like many other things, can differ in course from what had been originally predicted.

Another factor regarding prescience that has been expressed to another is that the individual's state of consciousness and emotional and mental faculties can often hold sway over whether or not it is believed and to which extent. Some might consider prophesying to be evil or of the influence of the Negative Pole, whom we call Kal Niranjana as the Sikhs do. This is not always necessarily so, but at the same time Kal's job is to test Soul repeatedly so as to strengthen it and make it able to enter the realms beyond duality so it is not out of the question. And when a Soul is about to achieve entry to the planes beyond the dual worlds, even those with a degree of prescience won't get any alert to say that it is going to happen.

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These various lower plane factors that can be found within emotionalism and the various mental states and conditions have much to do with the way that a person views things. Some of these conditions can be false and require being noted and cut out although that is a bit of a process and never occurs necessarily easily or quickly. It can often be rather drawn out and take its proper time to be completed fully while addressing a number of other factors that can play into the entire thing. The various bits and pieces need to be fully extracted and the entirety of the experience examined fully. Even so, not all things will become obvious immediately and might require extra work before being fully completed in a balanced way.

When someone mentions a premonition, each of us tends to perceive it in our own specific way, a way that depends on our own mental and emotional habits, indulgences, and misconceptions. These are the same things that on one hand give such a wide variety of opinions about politics and religions adding to the individuality of each, but at the same time creating more widespread thought patterns on the subject at hand. Some are better, and other worse, but how any can be called truthful? Perhaps each is as limited as the other and all could use considerable widening to be able to accept the realities that individuals face on a daily basis. Concerning prescience, once another is told a thing, they will undoubtedly make it fit within their own perspective potentially excluding much that ought to be included.

Anyone who has a list of public predictions made at a given time will always have many skeptics and naysayers who always come along to dispute that any of it ever actually happened. That might be easier to do in certain instances where the thing predicted seems so irrational and impossible to actually be considered able to happen, but how many of these individual judgments are accurate? How many individuals are actually correct beyond their own scope of ability to view the thing? None of us are so open-minded or open-hearted that we ever actually consider every last possibility or potential interpretation of the original prophecy, but that never stops one from laying judgment upon it, as if to imply that they know the entire truth of it better than did he who made the prediction.

These types of things definitely affect the interpretations taken from a prophecy which also can affect how true it is taken as having been, but how solid is that view of things? Is there no further that might need to be considered before deciding that it was complete rubbish from the start? Most often, people never consider these things and instead take the view that their own perceptive limitations enforce upon them. This means that the individual is themselves so limited in ability to perceive, that they deny uncomfortable truths or implications that might present themselves in a case where prescience is given. Some will claim to debunk it but instead unwittingly witness the fruition of that which had been predicted, only they lack the ability to recognize it for the lesson that it ought to be, from which they could learn better and open their perceptions much wider than before.

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A person who has been in a relationship in which they endured a great deal of constant emotional abuse and manipulation, once having left it behind and moved on, would undoubtedly be more cautious before getting into another relationship, and all the memories and "what if's" can discolor their perceptions for quite a long time, sometimes even for the remainder of that life and well into future lives. That emotional situation of course also creates many mental habits to go along with it, and each of these narrow that person's ability to perceive to one extent or another. These sorts of things are ones that we all have and that are at play within our daily lives as we make decisions, so it would be very foolish to believe that this would not be the case, or that these things would be known or obvious, to one who is sought out for help on these issues, or in other words, one who might give prophecy concerning an individual's state of being.

It becomes quite a large thing when one realizes just how far personal experiences can affect the way we think, feel, and believe about ourselves and others, as well as a particular prophet or group. These things extend outward from the smallest and most personal ways that we might never tell to another, to the way that we perceive literally everything that comes in from around us. Every form of prejudice is created exactly this way, usually from some personal event and how we perceived that as having happened and the causes we recognize. But often there are many other causes that might be identified within the individual's life that they had no idea about. Each of these minuscule little things color us in a wide variety of ways, sometimes extending out into the world in the way that we speak to and treat others. It is no small job to weed these out, become aware of them, find the causes and then re-balance them so as to be rid of them.

There are many various cycles that constantly run, and many prophecies run on these cycles though not all of them may appear overly important at a given time. But the number of interpretations that can be apparent will undoubtedly vary widely, and just as often appear to change. A person's ability to perceive also changes greatly and rarely remains constant. This can bring a great deal of change to what might be obviously approaching, or what might appear simply inevitable. One might be more aware of greater detail or specific factors than they are of others at a given moment because there can be many variances. No two persons are exactly the same and so each will have their own specific ways of seeing what approaches or which random occurrences come to pass.

Each person's moment to moment state of consciousness is also in development constantly. Ever changing, never quite the exact same way in two separate instances throughout a life. At times there are similarities while at others nothing at all may appear to be the same. However, these apparencies are often misleading because one is unable to see all things that might be potentially going on that are affecting a situation.

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It is a considerable amount to know and to be aware of, much less to be able to keep within a semblance of order and understanding, which in and of itself also changes often. It is no small task to accomplish and has much to do with why some become well known for uttering accurate predictions while others are not credited with such as often.

Everyone has a different view, opinion, or belief in whether or not prophecies can ever be true. Some are staunch skeptics, unwilling to so much as consider that the future could ever be known in the least before it actually comes to pass, all the way to those who believe that they can look around the corner into which future events lay in wait. While the two sides heartily disagree with one another, neither can either prove themselves to be one hundred percent correct or accurate in their beliefs either. That leaves plenty of room for a variety of beliefs concerning it as well as a complete inability of either to prove themselves correct, at least not 100% of the time. In the end it becomes the job of each individual to investigate both possibilities themselves and come to their own decision about which is more probable or likely, if not both at the same time.

Another factor that often comes into play is the complete changeability of the future, even including the choices made by individuals that will undoubtedly form at least a part of the life experience that awaits them after. Even in the cases where someone makes a comment about this or that approaching at some point in the future, it is unavoidable that still other factors will also come to play and potentially change things to a degree. That can often change what might have been expected or believed to have been drawing near. Even the very same karmic factors and choices previously made can in some ways have their paths changed a bit from what they may have been earlier on. When combined with the various states of awareness that various individuals possess or lack, these things and the way they are perceived can be misinterpreted and misidentified. These mistakes are not necessarily committed by the prophet at all, but often are instead committed by another person in their commentary on the prophecy that had been given at an earlier time.

As both experience and learning is gained over time, they change the state of awareness and what appears possible and can change quite drastically over time from person to person. Most tend to spend much of their lives in habitual ways of perception and interpretation of what is happening and why. These can often serve as nothing more than a trap that a person might not find the opportunity to surpass and exit beyond, thus limiting their ability to perceive and how accurately things are identified. It takes work because habits are, for lack of a better word, habitual. They are things that all of us, from the least to the greatest fall victim to and can become mired within. Attention must be paid to such things and all efforts made to remain aware how much effect is had and always making the effort to be freed of the limitations caused by them.

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It is never an easy job, but is always one that is well worth working on often and repeatedly. Of course these things are the problems of every person and are hardly limited to one who possesses and degree of prescience, but they become even more important where precognition is concerned simply because of how wrongly things can go if a person isn't paying attention to the weaknesses of the mind and emotions which contain an almost unconscious ability to form habits without always recognizing the cause or the reasons that it happens. This is why so many have made comments about how hard it can be when attempting to gain enlightenment and working up through the various layers of consciousness before finally attaining the vision of reality from the True Self in Its actual non-dual state of being.

Another of the vagaries of the mind and emotions that can come into play, especially when someone is looking at a prophecy made centuries in the past and regardless of how accurate it might be or not be, is really simply another related thing that is often encountered and that can be strongly limited is that difference and personal aspect to all interpretations that an individual accepts. These are almost always based on their limited experience up to that point as well as their own ego and its love of itself and its ability to convince itself that it has figured things out correctly and that what it sees is actually true. Earlier in life it is easiest to talk one's self into believing what it says, but with a greater degree of life experience, mistakes are made, some very harsh ones that can change a life drastically. This happens to everyone but not all find it so easy to recognizing their own mistakes in judgment or decision-making as well as interpretation. So these can also heavily color the way a prophecy is viewed and believed or not.

It can present differing views at different times. A prophecy might be new, and may or may not be believed and then come to pass and prove itself accurate. While that has been known to happen, it is not necessarily recorded and won't always make it into a history book. Some that do might be changed greatly based on what someone later on believes actually happened when the story was originally recorded, and of course this can change the interpretation given to the original prophecy as well as how it is viewed as far as accuracy is concerned. Over time stories and histories change and cannot always be counted on as having been accurate, or whatever its original state might have been, it can be changed into something else entirely. Especially if a person has that specific goal in mind, and some have had that. So things of this nature that often happen centuries afterward can completely change the historical view of it to one that is not necessarily favorable. Some will change things to be in line with the belief that makes them most comfortable. A selfish act, but not always one that another ever becomes aware of having happened. This is nothing more than a general part of the experiences that lead the individual along their spiritual journey.

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Even the greatest of spiritual Masters spent time as a person who had much more negative habits, ways of making decisions, and types of words or actions they might use or take at a given time. And while knowledge of what will happen forward in time can be useful to a person, it isn't always, and even a prophet never gets to know every single thing that will happen. Everyone is blinder than they would rather if they could have their way, but each still has to find ways to deal with that and still be able to learn and move forward. We all have limitations to overcome, and the way is never one hundred percent easy, because if it were, that individual would never do any of the work to learn and advance. Prescience exists, but its nature is a thing that can always change, simply because each of us as individuals are constantly learning, growing and changing. Thus, prophecy has no purpose unless it also causes us to do the same, and in almost every case that requires all the answers to not be available. If you get some then be glad and use it the best that you can, but never depend solely upon it because it can never do the work for you, and many things the individual still has to sort through for themselves.



## *Scout Spirit*

Joseph Morningstar

When people consider the word *scout*, they immediately think of an agent who is sent out to search, explore and obtain information that would be useful in assisting a particular agenda. Some people think of a scout as a spy with a less than savory cause. The Scout Spirit however refers to how one actually lives his or her daily life and if they do so in a virtuous manner.

We are all sent out into the world by the Great Spirit to be the best we can be on all levels and that includes becoming involved and to help bring out the best in others as a reflection of our own character and attitude. It is just not for the do-gooder other guy but a task for us all. It may sound simplistic but can take one clear out of their comfort zone. Think about what is being asked of you to do according to these examples:

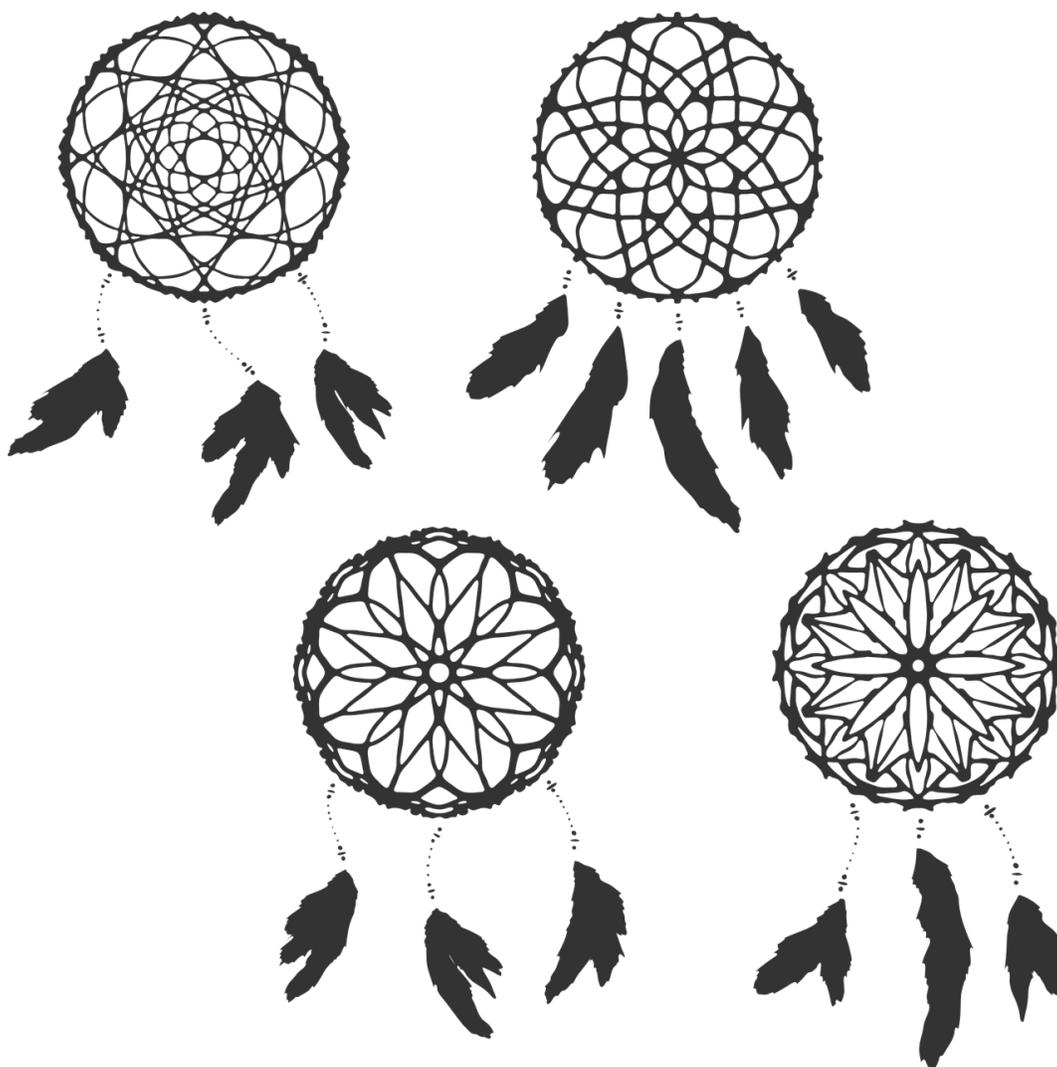
- ***Telling the truth*** – According to some psychological studies, people lie all the time and every single day. Catching yourself before you loosen your tongue and reevaluate your words before they spill out in an exaggerated or untrue manner keeps the air of communication clear and lessens the propensity for misunderstandings. This helps both parties move forward.
- ***Standing up for what you know is wrong*** – This does not mean what you ‘think’ is wrong because of personal bias but for what you know is morally and spiritually wrong. People make a lot of excuses these days for negative and even violent acts. They walk in the shadows because they have turned their backs on the Great Spirit as they enjoy evil ways.
- ***Assisting others*** – Give a neighbor in need a hand once in a while. Open the door for a disabled or elderly person when out in public.
- ***Being inclusive*** – Invite all present into your circle whether it be a social affair or private occasion. Divisiveness is considered an act of evil yet people tend to fall into niches of group think with those who only agree with them. There is much to be learned from others who think differently than you do.
- ***Saying thank you*** – This is a lost art. Say thank you to those who assist you even in small ways. That means the check-out person at the grocery store to your dental hygienist.
- ***Employing fairness*** – Life is a competition. Everyone plays the game. If you strive to be good at what you do then you have no need for dirty tactics whether it be in business or that game of golf.

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- **Looking for joy** – and a little fun in every job you have to do.
- **Living with a little less** – Do you really need all that ‘stuff’? Try using your one year old cellphone for another year because it still works.
- **Refraining from using bad language** – Yes, everyone swears from time to time. Some people swear a lot. Before you do, try replacing your words with something less foul. It will be less offensive to your own spirit as well as everyone else’s.
- **Meditating** - take 5 minutes once in a while to just quietly sit (preferably outside) and think about where you're heading in life. When inside, you can listen to good music of your choice that does not promote violence, hate or any other trash.

May the Great Spirit smile upon your efforts!



## *Illusion's Gift*

Bonnie McGee

You fare well until I ask for truth. Words tender and beguiling fall from your lips. And I, hungry for love, feast with delight. Sated, the ravenous monster of my needs stilled, I look for more. Something to show what lurks beneath the script of affection you've rehearsed with a hundred before me. And there it is! Sparkling with the dew of passion spent is the web of your self-exposed.

Following silvery threads you weave with mastery, a delicate creation, I am almost awed. Intrigued to receive this lovely and spellbinding gift that vanishes in the light of awareness. It seemed so real for a while.

A tender touch ignites the torch we mistake for love. Once again, longing conceals the spider that lies behind the sound of desire. Spinning furiously he keeps pace with the nectar that spews from swollen hearts. Only emptiness remains. Nothing can fill the hole that lies in the caverns of ancient illusion.

We've adorned ourselves richly, attired as royalty in velvet robes. Kings and queens who don crowns of protection. Tarnished shield inscribed "I Love You," a foreign phrase misunderstood. The sword in silver scabbard, used long ago to cut away illusion, hangs by our side, rusted and unknown.

Trophies of our fight for freedom litter the path. Through battles long arduous, we emerge victorious with a bough of olive leaves. Each victory hardens the mortar in the door of our hearts, locking in pain and loneliness.

We are free.

And alone.

So tell me, love, as we walk away leaving our footprints in the tide: Who does this grail serve? Soul's prize is wholeness. Oneness is the only liberation. It offers no more, no less. Forgiveness is the golden key that sets lonely hearts adrift to find their own soul's bliss, and unweaves this web of regrets.

## *Is God Energy?*

Rev. Dr. Don Hauck

Some time ago, when I was asked to write an article on God versus energy I did not think it would be that involved. The more I meditated and prayed on the subject the deeper I went. I finally realized that to answer the question would also answer many other questions that people seeking spiritual information might have.

The first thing we need to do is get political correctness out of the way. There is a separation between church and state and therefore, for the purpose of this article, we may refer to God as He. Let's make it clear God, does not have a gender. Let the usage of this word not deter you from understanding the content herein.

As Dr. Phil says, "There is no reality, only perception." Let's say, we don't know any reality, we only have our perception. (Many people substitute one of these words, opinion, idea, thought or point of view. They all represent the same thing, perception.) The older you become the wiser you get. I found within myself, the older I became the more I was aware that there was only one thing I knew, and that is ... I know nothing. All I or anyone has is a point of view. Often when we're young and immature we tend to believe that what we have as an opinion is a fact just because we think it's so. As we mature we begin to realize that is not the case. So let me make this disclaimer right here, this article is my perception of the truth after the result of over 40 years of searching for the truth in various ways. It is the very best that I have to offer you at this time. I have just begun my 72<sup>nd</sup> year on this planet. Simply listen to what I have to say and take it within and see if it makes sense to you. If it doesn't, it is simply not your perception at this point in time and mine may change. It has been said, "Still your mind and come to your senses", and there is a lot of truth in that. Hence, the reason why the object of meditation is to still one's mind.

It is very important to understand that mankind communicated originally with hand gestures, grunts, and groans as inflections. Hence, the reason for hieroglyphics and the Kabbalah. We do know that the word God is not God's name. For the word God did not appear until approximately the eighth to ninth century A.D. It is an English word and according to the Oxford Dictionary, it denotes, *ruler over good and evil*.

We also know that God's name would probably be a sound more so than a word since original Hebrew was all consonants and no vowels. And in Scripture when Moses asked God at the burning bush, "who shall I say sent me?" the answer was in Hebrew and to the best of our knowledge was *JHVH*.

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Hebrew history points out that when Moses came down with the 10 Commandments and the second suggested not to use the name of the Lord thy God in vain, for generations the Hebrews did not utter that sound, whatever it may be and to this day will tell you in honesty they are not sure how you would pronounce it - the pronunciation was lost in time. Somewhere along the line the Hebrews added the vowels to the language. When they added that vowels “a” and “e” they came up with Yahweh as a pronunciation but since they are not sure, when they speak to one another they used the word Adonai. This word of Adonai means “the lord” as does Allah, or Kona in Hawaiian or Don in English. Someone somewhere around the 16<sup>th</sup> century used the JHVH and sounded out: *JA-HO-VA*, hence the word Jehovah came into the language. Not too long ago, someone interpreted the word Jehovah to mean, I AM that I AM in English.

So you can easily tell from the above that to ask the question, “Is God energy?” really is not the right question to ask. (Any of you who have any guilt that you may have broken the second commandment by saying God damn, rest easy, that is not His name.) The question better asked, “Is the original prime source energy, or is energy the primal source?” You can now see why we have taken the time to explain that interpretation is constantly happening and it would be wise for us to define the words herein. Now that we understand that the word God is used only to define something, it is not the name of something. We can continue on now and try to define what is meant by energy.

Physicists claim that all things come from what they call the unified field, that which we call God. From this unified field come waves, like a radio or TV waves. From these waves come energy, and from this energy comes matter. Now to change this definition into something more spiritual let us consider the unified field as the primal source, which we call God. From God comes what is called the only begotten son of God, the waves. These waves are the Christ or Spirit, in which we are connected. (The Spiritualist calls this the OD, which is in everything.) Then comes energy our mind (soul/emotions) and then our bodies, matter. Energy is in all matter. Hebrew history points out that when Moses came down with the 10 Commandments and the second suggested not to use the name of the Lord thy God in vain, for generations the Hebrews did not utter that sound, whatever it may be and to this day will tell you in honesty they are not sure how you would pronounce it - the pronunciation was lost in time. Somewhere along the line the Hebrews added the vowels to the language. When they added that vowels “a” and “e” they came up with Yahweh as a pronunciation but since they are not sure, when they speak to one another they used the word Adonai. This word of Adonai means “the lord” as does Allah, or Kona in Hawaiian or Don in English. Someone somewhere around the 16<sup>th</sup> century used the JHVH and sounded out: *JA-HO-VA*, hence the word Jehovah came into the language. Not too long ago, someone interpreted the word Jehovah to mean, I AM that I AM in English.

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It appears at this point in time, where the waves change to energy, duality was formed, and hence we have the Christ Spirit and the ego mind. And to this date there is a battle within us between the two. We need to learn to choose the Christ's way over the ego way. It was brought to our attention that the ego is simply another word to define that word appearing in the New Testament as Satan. And if you take a look at that the egoist certainly is self-centered and selfish. But the Spirit within us is also saying on the other side, "I AM peace, harmony, balance, love and joy." What the ego wants for itself the - I AM wants for the good of all.

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Summation - You can search, and many do, the rest of your life trying to understand God. The truth is, you are wasting your time, for a finite mind cannot possibly understand the infinite, while the infinite does understand the finite mind, (energy). Concentrate on our relationship with the Christ Spirit! The only thing that really seems to make a difference and have value is not refraining from doing or saying things because you are afraid of being wrong or punished but because you truly understand that if someone did it to you - you would not like it, so you are not going to cause that to happen to another. Worry not about words but about their meaning.

Remember ... You are never too old to begin to enjoy a wonderful childhood!





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**Janelle Schiavi** (*Love, pg. 15*)

Janelle Schiavi is the founder of Spirit Flow Yoga Studio and Energy Healing. She provides private yoga classes and unique energy healing sessions at her home in Guilford, CT and in the surrounding greater New Haven area and through virtual channels. To view more of her writing and poetry please visit her Instagram @janelle\_yoga.

**Matt Sharpe** (*Prescience, pg. 16*)

Matt Sharpe lives in the Southwest US and enjoys writing about spiritual topics of all kinds, using his personal experiences as a reference. While never referring to himself as a shaman, he does work inwardly with many from various traditions. He also is a guitarist and singer/songwriter.

**Joseph Morningstar** (*Scout Spirit, Pg. 23*)

Joseph resides in the south-west USA. He prefers to use the Native American name given to him when he was a child in reference to his spiritual writing. He is proud of his heritage and when he is not busy with his attorney practice, loves to talk about and teach the 'old ways' to those willing to listen especially young people. He has a loving wife and three children.

**Bonnie McGee** (*Illusion's Gift, pg. 25*)

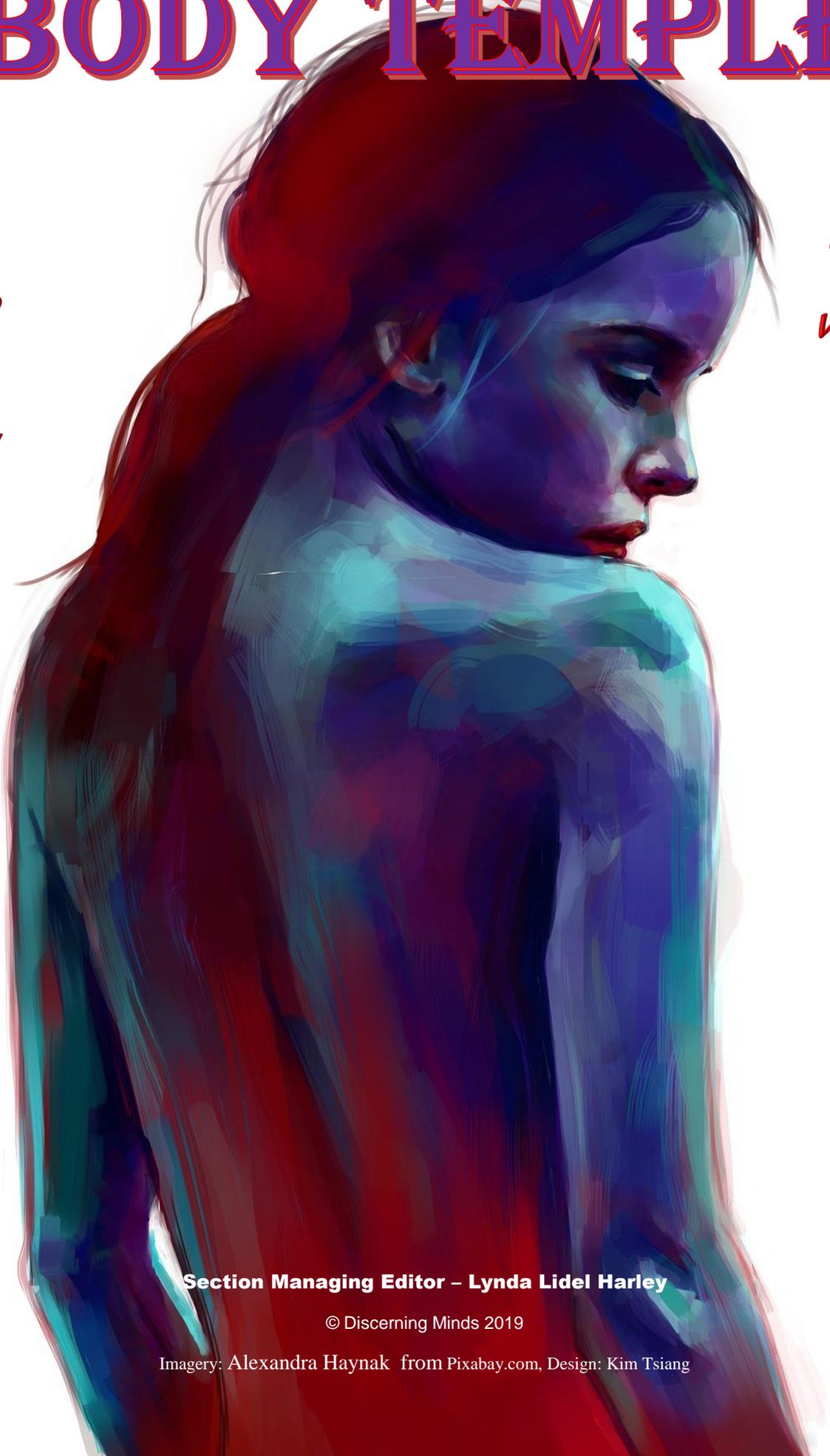
Bonnie wishes to remain anonymous. Of this prose Bonnie says ...

"Oftentimes it takes lifetimes to recognize illusion. We protect ours as we would a sacred lover. Then the Light of Awareness awakens our truth and we can no longer deny our power."

**Rev. Dr. Don Hauck** (*Is God Energy? pg. 26*)

Don holds a Ph.D. in metaphysics and parapsychology. He is the head pastor and a Doctor of Divinity of the *Universal Light Church* of Cincinnati, Ohio. He is a highly respected and sought after speaker who has appeared on TV, radio, and educational lecture circuits for universities and high schools. Don is an advocate of individual rights and independent growth. He utilizes many modalities in his work including Intuition, Graphology, Numerology, Astrology, and Color Testing among others as he assists individuals in defining and achieving their goals. <http://www.theuniversallight.com/>

# BODY TEMPLE



*From  
within  
this  
vessel  
I  
thrive*

*From  
within  
this  
Soul  
I  
sing*

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## *Healing with Chiron*

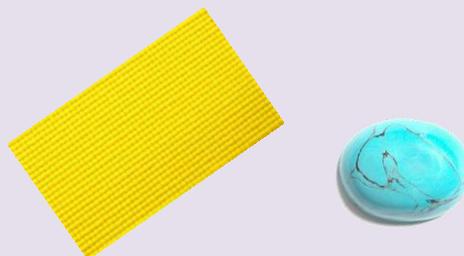
Rev. Dr. Loni Haas

CHIRON is the astrological representative of healing and self-integration that comes from emotional wounds and deep levels of hurt.

The planetoid Chiron has become increasingly important in astrological analysis in recent years. In mythology Chiron the centaur is known as the Wounded Healer and Teacher who instructed other mythological greats such as Hercules, Achilles, Jason and Asclepius in the arts of warfare and healing. Chiron suffered a wound which could not heal because he was immortal yet from his pain came great wisdom and internal healing. In astrology, Chiron represents deep and painful blockages that must be overcome before healing and resolution can take place. Chirotic energy works with all the chakras and with the total life force particularly focusing on the immune system of the body. The Chiron Detox stimulates all natural healing processes and redresses balance of bodily assimilation as it supports and aids the fight against harmful external influences.

The stone Turquoise is a promoter of self-realization and is thought to protect against negative external influences and help the individual to recognize causes of emotional pain and unhappiness while learning how to master these causes. It balances and aligns all the chakras and strengthens the meridians of the body. Turquoise therefore is the perfect crystal association for the energy of Chiron. The color yellow is a high vibrational hue that contains more light than any other color in the visible spectrum. It is thought to dispel fear, lift the spirit and give hope as well as a sense of ease. Yellow is also the color of balanced mentality and intelligence that makes it possible to digest information and incorporate it into positive self-value. The combined vibration of Chirotic energy, Turquoise stones and the color yellow clears away blockages from the past (including past lives) and encourages the identification and assimilation processes of the body so that healing can take place.

The following will be needed to perform this Detox – a yellow cloth, mat or blanket large enough to lie on and that will surround the entire body for at least a foot around the circumference and nine turquoise stones.



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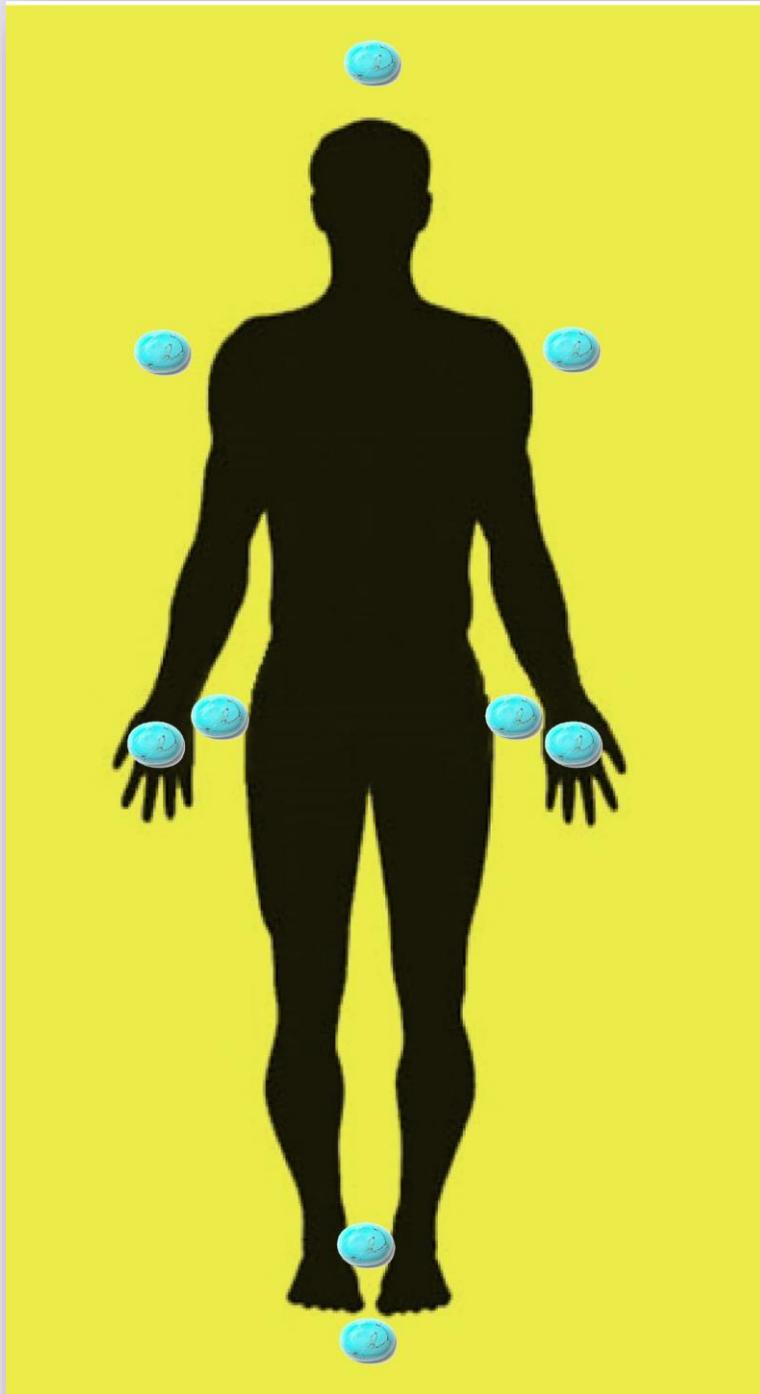
## DIRECTIONS:

1. Choose a time that will allow for the session. This is a short session of about 6-10 minutes that also requires a post relaxation period of 5-10 minutes. 20 minutes total at most.
2. Put on comfortable loose clothing preferably in a light color (white is best). Remove all jewelry and your shoes. Pockets should be empty.
3. Select a quiet well lit place where you will not be interrupted by other people, phones, cell phones, radios, or television.
4. Drink some water (at least 4 ounces) and go to the bathroom if necessary.
5. Spread down your mat/blanket. Sit down with your legs spread out in front of you slightly open and place one Turquoise stone between your feet. Then place one below your feet and one on each side of your thighs. After you lie back place a stone on each side of your shoulders. Finally, place one above your head and one stone in each of the palms of your hand.
6. Take a deep breath in through your nose and exhale out of your mouth. Repeat this three times.
7. Remain in this position for 6-10 minutes. When you are done remove the stones and rest quietly for 5-10 minutes and then resume your usual activity.
8. Don't forget to cleanse the stones so they are ready for the next session.
9. This Detox can be repeated daily. It is your choice.

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## REFERENCE LAYOUT DIAGRAM FOR CHIRON DETOX





### *Using Numerology to Choose a Medical Procedure Date*

Eleanor Tighe

This is a formula for using Numerology to help discern a good date for a medical procedure that I learned many years ago from Astrologer Eileen Nauman. Used together with elective astrology it is quite effective.

Seven is the number that is most important. Never have an operation or procedure on a 7 day or a 7 month. It generally indicates unanticipated problems, hidden circumstances that are not revealed immediately but can come to light later causing more medical problems or malpractice. So, how do we calculate whether the date in question constitutes a 7 day or a 7 month according to this method?

To calculate a person's personal day using this method, add their month and day of birth with the present year. Then add the personal year number to the month of the surgery or procedure. If it reduces to a 7 don't use the potential surgery date. Choose something else.

Here's a hypothetical example: Let's say I am born 5-24-1946. I am slated to have a surgery on 6-29-1986. I would add  $5 + 24 + 1986$  which equals  $5 + 6 + 6$  equaling 17 which equals  $1 + 7 = 8$ . Eight then is my personal year.

Now I add 8 to June the 6<sup>th</sup> month which equals  $8 + 6 = 14$  which equals 5.

Finally I add personal month, 5, to the 29<sup>th</sup> =  $5 + 29 = 5 + 11$  broken down to  $5 + 2$  which finally equals 7 which is the personal day. Therefore the 29<sup>th</sup> would not be a good day for an operation because it is a 7 day.



## *What Are You Thinking?*

Kristen Lauter BS, HHP, CNC, DD

Let's say you have a magic genie at your disposal. And let's assume it would actually allow you to have any wishes (not just three) come true for you in your life at this time. Take a moment to entertain the idea. What would *you* choose? Would it be power? How about happiness, health or possibly even abundance? Typically, for many people there is an initial excitement at the very onset of visualizing the attainment of their longtime dreams, goals and/or desires ... then unfortunately for the average individual, a little negative thought may creep its way in and bam, nothing pans out. I'm sure you know the dialogue, "yes but, these wishes I have, well I'm only theoretically speaking," or "this particular goal can't possibly be attainable until far into my future." Rest assured, what I am about to reveal to you is the most powerful way to help you achieve practically anything your heart desires...and is based solely on this article's title, *What are you thinking?*

What if I told you the process of attaining peace, prosperity, joy, happiness, health, abundance or anything you can possibly imagine is as simple as drawing in a breath of air, turning on a light...or smiling at your pet? What if I told you that access to this knowledge taught in ancient wisdom schools for eons and kept hidden from the masses is in our reach at this very moment and that the key lies right inside of each and every one of us? What if I said you didn't have to have the brains of a scientist to be able to put these methods into practice this very instant? Would you believe what I'm telling you? At the very least, do you believe you are ready to learn exactly how to bring yourself into alignment with an omnipotent, omnipresent force which is ever ready and always willing to bring everything it is that you've ever imagined into your physical reality? If you are reading this article, I do wholeheartedly believe it is your time to find out just how easy it is to change your conditions, transform your problems into stepping stones of accomplishment, and recreate a life that you truly find worth living!

The simple truth is: we all have this ability and were simply never taught how to access it. Each of us holds the key to a door of unlimited potentiality...and can even attain dreams that have up until now remained unheard of. First of all, what you need to know is that each of us, similar to a ray of the sun is a microcosm of the macrocosm; an individual part of the universal cosmic intelligence of which we are all one with. Yet in order to attract the very life, conditions, people, places and events you seek, you must first learn how to align yourself with this universal mind and work in harmony with Natural Law.

How is this done?

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Very simply; know that our every thought within shapes and forms the reality without. It's as simple as that however in order to really grasp why this works, we have to first look at how our conscious and subconscious mind relate to the universal.

Our conscious will (thoughts of intention), with concentrated effort on our part, eventually becomes automatic within the subconscious mind which in turn transforms into instinctual desire. What happens here is that we begin to have intuitive experiences associated with the vibration we are in tune with. This attunement is solely based upon what was previously programmed into subconscious mind, which is then sent out to universal to complete the transaction. In other words, all we acquire without has its foundational seed first imagined within our consciousness. Once it is brought to the subconscious mind, this seed of thought begins to flower out and produce of its kind, according to Natural Law. When we acquire the ability to manifest in this manner, it is the result of an accumulative consciousness which by habit becomes second nature.

We are related to our world without through what we call the objective mind. The brain is the organ associated with this mind. The cerebro-spinal system of nerves allows our conscious mind to communicate with our physical being, which allow the associated bundle of nerves to respond to our physical senses. When we entertain a constructive thought and believe it to be a truth, these impulses follow a path throughout the cerebro-spinal nervous system sending messages to the entire body resulting in a wonderful and balanced feeling. If these thoughts are of discord, disharmony, and taken in as truth, they too follow the path through the cerebro-spinal system and send messages out to the body, which end up in the experience of ill feelings, disease or imbalance. If we learn to go within to create intent, we can bypass the negative influences of the objective mind and learn to be in control of our outward conditions.

With constructive thinking, as the messages are sent to each cell of the body, communication reaches down to the very core where DNA is stored, entering in as sort of a lock and key configuration which can in turn change the very structure of the physical body. Depending upon the nature of thought, our every function of the body, including hormone production can either be compromised or enhanced. This is an amazing find! When this happens and it is constructive, we experience physical strength and vitality, a sense of energy, light, and happiness. The body will react by producing what is needed in exact proportion to the messages sent. Destructive thinking brings about the opposite result of sickness, illness, loss of energy, or even lack etc. The objective mind then, is contingent upon electrical fluctuations that are produced from thought which is centered on negative and positive signals. . Since a thought is similar to a spark, it functions as a nucleus, attracting to it the corresponding electrical components of polarity which affect and become affected by the objective mind.

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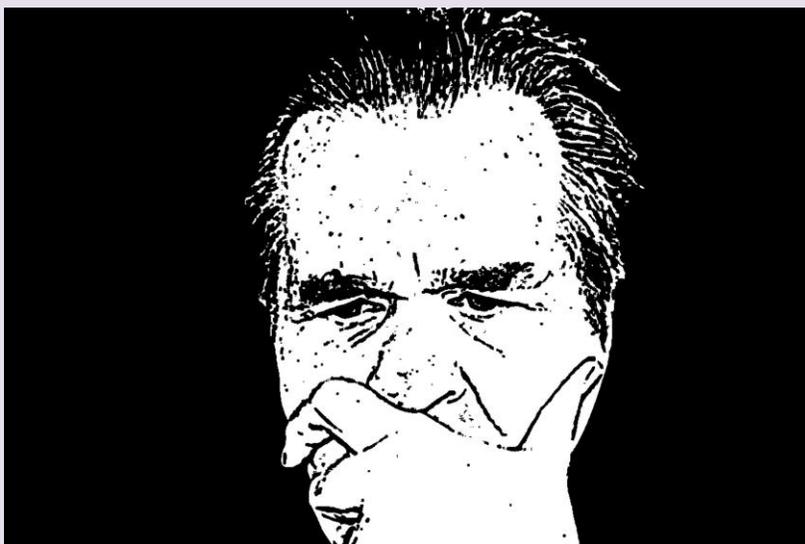
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When we create from the heart however, we are coming from a place of zero polarity, which means we are working on a higher level of manifestation and can then create rather quickly.

\*Thought, together with heart felt desire, in alignment with universal mind, manifests quickly!

The world without, as we said uses the objective mind, the world within is related to the subconscious mind. The solar plexus is the organ associated with this mind; all functions such as respiration, cell reproduction, repair and other phenomena are carried out here. We are connected to universal mind through the subconscious mind. All we need to do in order to align ourselves with this infinite force, universal mind is to have these two powerful centers work in conjunction with each other. With this simple knowledge we have the ability to consciously coordinate the objective and subjective minds and create exactly the environment we would like to experience.

So the next time you have any thoughts of fear, worry, anguish, sadness, I trust you will immediately try to make yourself aware that they are popping up as a result of old programming. In order to unplug this program and incorporate a new one, we can simply begin by focusing on the new frame of reference, which can directly change your conditions without. It's like driving a car or learning a new skill, you first must think about what you're doing, consciously, then, as you continue to practice going over these thoughts and performing whatever correlating actions, they become impressed upon the subconscious and results in becoming second nature. So it is this way with all thoughts! If you wish have more happiness in your life, all you need do is adopt the happiness consciousness. If you want to become more knowledgeable, know that it is already within your grasp! Universal mind takes care of the minor little details such as how these things will be obtained, so you can busy yourself with impressing your intentions upon the subconscious.



## *Remote Healing*

Li Huan

The body is a miraculous entity and healing is a natural ability we all possess. Mind, body and spirit coupled with the immune system remains a mystery even to the medical community. One of the powers however that all natural healers know is that the main key to any kind of healing is love and compassion.

Remote or absent healing has become increasingly popular in contemporary times. It is done by a solo healer or by a group of healers. Here is one method for solo remote healing.

According to this method it is noted that 10 PM is the best traditional healing hour because the demands of the day are done and those to be healed are more receptive to spiritual benevolence. It should also be noted that all true healers are merely conduits for a higher power or God. Sessions are always opened with a self-protective measure of your choice and closed in the name of God upon conclusion. It is best to wear white or pastel colored comfortable clothing.

- Set a small table in front of you. You will need a clear quartz crystal that will act as a generator and a pink, purple or pale blue candle to be lit and placed where its light can shine into the crystal. Also choose a personal crystal for yourself amethyst, rose quartz or smoky quartz.
- Engage in some pranic breathing drawing in universal blue and purple light and visualize your chakras opening and wait until your inner fire merges with the white light of God. If you are so inclined you may offer up a prayer.
- Say aloud the name of the person who is to be a recipient of the healing and if you know the person visualize him/her in your mind's eye. See them surrounded by golden light being warmed and energized. You should see pain leave the person's body appearing as dark strands being carried out in counterclockwise and being absorbed into the earth's core.
- When you are satisfied that the recipient is cleared, sit quietly and feel white light encompass you. Blow out the candle. Take a deep healing breath and close the session with love.
- Cleanse the crystals you used according to our own personal method or run them under cool water. Place the crystals near a citrine if you have one to help them recharge.
- Drink some water and have a light snack if you feel hungry.

As always "Be blessed."

## *Chakra Food Therapy*

Marlie “Magenta Ray” Michelsen

Did you know the chakras resonate with certain foods? Some foods carry vibrations that heal and stabilize the chakras. It’s not as silly as it sounds. Here are some examples. Consider implementing some of these into your diet when balancing the necessary chakras of the body.

### **ROOT CHAKRA**

Meats, chicken and from the grain family oats, brown rice and wheat. Red fruits such as apples, tomatoes, and all red berries hold the red energy of this chakra. Also a favorite dish from childhood stimulate the Root Chakra and instill a feeling of safety and carefreeness.

### **SACRAL CHAKRA**

Fish and other seafood, algae, oranges, all citrus and melons, sweet potatoes, squash, pumpkin and carrots work for this chakra center. Dishes that are thought to be “sensuous” in nature also work.

### **SOLAR PLEXUS CHAKRA**

Chicken, eggs, olive oil and sunflower oil, honey, molasses, pineapple, lemons, grapefruit and brown rice are stimulating for this chakra and also easy to digest. Foods that are good for the liver and that aid digestion such as greens are also fine.

### **HEART CHAKRA**

Hearts of lamb beef and chicken are good for this chakra. Small amounts of wine, sprouts, greens and low fat cottage cheese as well as omega rich salmon are good for the heart.

### **HIGHER HEART CHAKRA**

Light foods and fruits. Raspberries, watermelon, salmon, dragon fruit, guava, shrimp, pink lady apples, beets, rhubarb, pink grapefruit and pomegranates.

### **THROAT CHAKRA**

Foods that are easy to swallow are the key to this chakra. Mucous producing foods such as dairy products chocolate or foods with excessive sugar should be avoided if you are working on this chakra.

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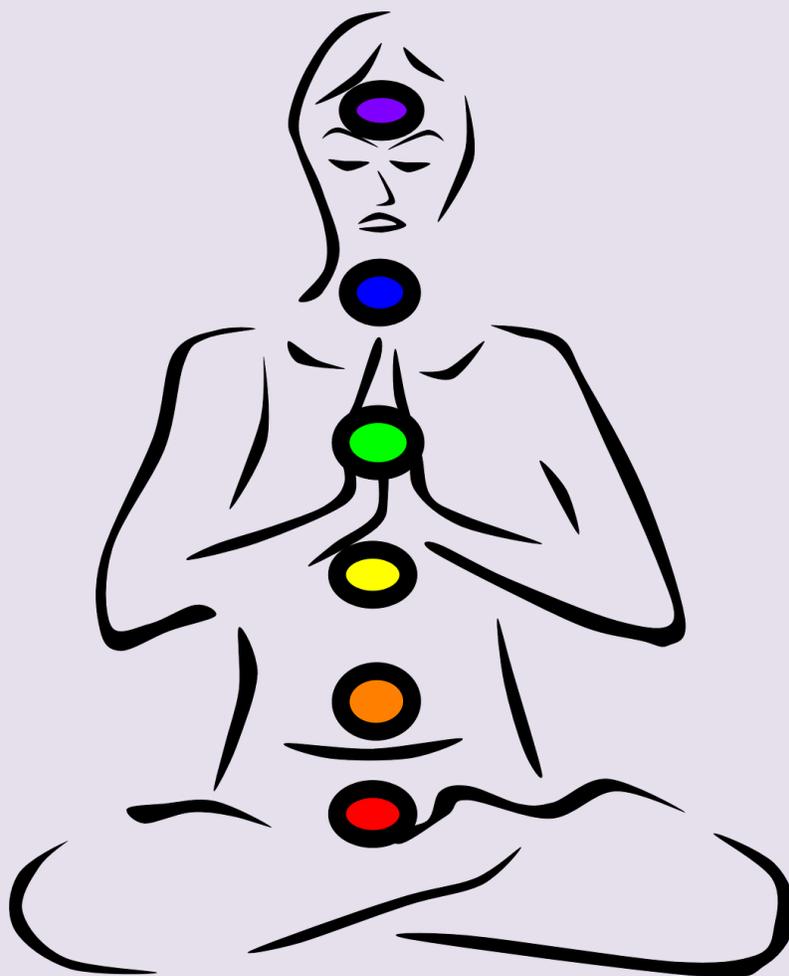
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## **BROW CHAKRA**

Since ancient times, tea, almonds and salmon were thought to be good for the brain. High protein foods, fresh food that is free of additives also work well. Bear in mind that eating lightly keeps the mind clear.

## **CROWN CHAKRA**

The chakra of “spirit” requires spiritual food which is NO food or the practice of fasting. Fasting done occasionally at changes of the season work particularly well.





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**Rev. Dr. Loni Haas** (*Healing with Chiron, pg.44*)

Loni Haas is a behavioral therapist, veteran exoteric and esoteric astrologer, research member of the American Federation of Astrologers (AFA), member of the National Council of Geocosmic Research (NCGR), as well as a lifetime member of the American Association of Behavioral Therapists. She is an ordained minister and Doctor of Divinity of the Universal Light Church of Cincinnati, Ohio where she is certified in several healing modalities including crystal healing and chakra balancing.

**Eleanor Tighe** (*Using Numerology to Choose a Medical Procedure Date, pg. 35*)

Eleannor Tighe is a retired high school teacher and has been a metaphysician for 40 years. She is a professional Tarotist and numerologist who does readings part time. She does use a pendulum for dowsing outdoors to detect problems with the environment. She stays away from the darkside.

**Kristen Lauter** (*What Are You Thinking? pg.36*)

Kristen Lauter BS, HHP, CNC, DD has a Bachelor's of Science degree in Natural Healing, is a Certified Nutritional Consultant, and began her spiritual healing journey when she became very ill from mercury toxicity due to amalgam fillings.

**Li Huan** (*Remote Healing, pg. 39*)

Li is a registered nurse, surgical assistant, medical intuit and spiritual healer living in the Southeast US. Inspired by the late Dr. Michael Newton and his unique regression work, she is currently furthering her education in psychology with her eye on a Ph.D. While caring for patients, Li has heard many near death and after death return stories which she has recorded and filed as research data for a future book.

**Marlie "Magenta Ray" Michelsen** (*Chakra Food Therapy, pg. 40*)

Marlie has been healing with color and cosmic energy for over thirty years. She is also fond of crystals and has full understanding of the healing essence they house. Marlie lives in the northeast United States and has three children and nine grandchildren. She enjoys flower gardening and the joy of color it brings.

# PHENOMENA FILES

Out of your worst nightmare ...



Section Managing Editor – John Holbrook PSI

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## ***Dinosauroid!***

Waden Jensen

*In cryptozoology and sometimes in cryptobotany, a cryptid is a creature or plant whose existence has been suggested but has not been discovered or documented by the scientific community. Cryptids often appear in folklore and mythology, leading to stories and unfounded belief about their existence. Well-known examples include the Yeti in the Himalayas, the Loch Ness Monster in Scotland, and Bigfoot in North America and the Chupacabra in Latin America. – Wikipedia*



*The **dinosauroid** is a concept created around the 70's to 80's, based in the hypothesis that if the non-avian dinosaurs weren't extinct in the Cretaceous–Paleogene extinction event, they would have had the possibility that they had developed a high intelligence at the same level of human beings. These representations of this possible hypothetical sapient dinosaur at first were described as humanoid creatures, however in present times, this vision changed radically due to the inconsistencies that occurred in the humanoid model and preserving the theropod shape. - <https://speculativeevolution.fandom.com/wiki/Dinosauroid>*

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In 1982, Dale Russell and R. Séguin published an article regarding the dinosaur *Stenonychosaurus* based upon a newly discovered partial skeleton of this dinosaur which was originally discovered in 1967. The paper included a flesh and bone illustration of the dinosaur based on archeological findings but also included a postulation of how this particular dinosaur might have looked if it had lived and evolved. *Stenonychosaurus* had an opposable thumb, stood upright about three feet tall and had binocular vision. Russell commented: "It had all the ingredients of success that we see later in the development of the apes."

Jeff Hecht, a Massachusetts, USA, science and technology writer explained intelligence is a good thing that contributed to the evolutionary success of our species. Russell decided that evolving a big brain would have reshaped the original dinosaur, and it is this reshaping that made it humanoid, and thus a dinosauroid. The back of its skull would have expanded to house the enlarged, bird shaped brain. The snout would have shrunk and the teeth would have disappeared, leaving a short, turtle like beak. To support the heavy head, Russell replaced the dinosaur's long, horizontal neck with a short, upright one. That, in turn, required an upright posture, which would have made plausible the use of tools and weapons. As the body became upright, he expected the tail to diminish until it disappeared, as it did with our great ape relatives, but that the dinosauroid would retain reptilian traits of scaly skin and the lack of external genitals, and to have evolved live birth for its large headed young. It is further noted that the creature would have been highly intelligent and manipulative with great strength allowing it to hurl heavy objects. - <http://askwhy.co.uk>





### *How Do You Check Credentials of a Paranormal Investigator?*

Holbrook PSI

Credentials come in all shapes and forms but for the most part they are nothing like a license. There are several web sites that offer, for a fee, classes that when you finish you will be a certified paranormal investigator, whatever that means. A class is good but to my knowledge there are no states that offer a license to be a paranormal investigator, like a private investigator license.

There are organizations and societies that will let you join their group; this will let you say that you are affiliated with them. Many of these groups offer classes again and like I said a class is good, but you can only get so much from a class. To my knowledge there are no background checks to become a member of many of these groups. Therefore, when credentials or certificates are offered to show that someone is a paranormal investigator you need to take it with a lot more than a grain of salt.

Many of the paranormal investigators I know that have taken the classes to get some of the certifications that are out there have said that they did not get much out of it. However, they have been doing investigations for a long time. Most of the investigators I know, when someone comes up to them and says that they are a certified paranormal investigator will not take them seriously. For example, I have no credentials for paranormal investigation; I do have a diploma from the University of Alabama Law enforcement academy and also a Masters in Parapsychic Sciences from the American Holistic Institute of Theology. With regards to an investigator's credentials, if this was in question you could contact them and see if it is all legitimate. Therefore, if they say they have a diploma or anything else from a school you can contact the school to see if what they say is true. For me personally I like experience over credentials, it is not as easy to fake or buy that kind of experience.

As a side note, if you are contracting a team it is wise to also check on each member as often they have "specialties." I myself have several people that I utilize that have a specialty where although I may have some knowledge but they have more. The specialists I engage are the ones that do have a balance in their beliefs, this keeps the discussion of a case on the same track. Also, if there is something that I am missing that is obvious to them, I trust their balanced opinion. This is the type of support that a good investigator needs, not someone who always aggresses with you but someone that you respect and trust their opinion. This is a person that you can discuss all the different sides of a situation with, talk it out with them, helping you to see it from their point of view.

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So a group should have a balance of people that each has their specialty in the group with an understanding of other things. With each person having an understanding of a type of event, a type of evidence or even the different types of people that could be involved there is a better understanding between members of the group. This is not like when everyone totally agrees on the same thing but the way people can see other points of view and make an educated decision without losing their individual opinion. So a good group will have members from many different fields and they will have diverse beliefs and backgrounds. In diverse backgrounds I include religious, ethnic and regional location of their upbringing.





## How do you connect with the dead?

### *The Door to Somewhere Else*

Norman "Paranorman" Justice

"Every exit is an entry to somewhere else." - Tom Stoppard

In parapsychology and spiritualism, a **psychomanteum** is a small, enclosed area set up with a comfortable chair, dim lighting, and a mirror angled so as not to reflect anything but darkness intended to communicate with spirits of the dead. It requires capability to mirror gaze and readying the self for a hypnogogic state.

#### Preparation:

The day prior, eat simply – fruits and vegetables while eliminating caffeine and dairy products.

Prepare what you feel is the quietest place in your home where you will not be distracted. Turn off any phones, clocks, or anything else that produces background noise and sounds.

Place a large mirror in front of a comfortable chair. Use a chair that supports your back and head well and adjust the mirror so your eyes can gaze into it comfortably.

Place photographs and personal items of your departed loved one within easy reach.

#### The day of the session:

Sessions are best conducted at the twilight of the day. Wear comfortable, loose clothing and remove any jewelry and a wristwatch if you are wearing one.

Adjust your mood by listening to soft music or viewing pleasant artworks for at least 15 minutes.

Wrap yourself in spiritual protection in whichever way is your custom.

When you have accomplished this -

Light a candle and place it behind you. Dim light from behind usually works the best, although you will have to experiment until you get the lighting just right.

Sit in the chair and get comfortable. Take a deep breath through your nose and exhale out of your mouth. Get ready to ease into an altered state of awareness.

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Open the session with loving intent.

Mirror gazing is an old art and not hard to do. Once relaxed, gaze into the clear depth of the mirror without trying to see anything. As you begin to enter the hypnogogic state you may feel tingling in the tips of your fingers. It has been reported from experiments by Dr. Raymond Moody that at first the mirror my look cloudy or even go dark. Just go with the flow.

As visions begin to occur do not force issues or start asking questions – simply observe what is going on. Let it all unfold passively. If you try to direct the situation the visions will disappear. Visions usually last between 1 minute and 10 minutes depending upon how proficient and patient you are. Sometimes people do not visualize anything but hear the voice of the departed or feel their touch. Further attempts adds to each experience and also buoys the ability to connect.

When you are finished close the session. When you are ready, record your experience in a journal.

According to Moody's findings: (Via Karen Wehrstein <https://psi-encyclopedia.spr.ac.uk/articles/psychomanteum-mirror-gazing>)

- about a quarter of subjects encountered a deceased person other than the one they planned to contact
- in about ten percent of cases, the apparition seemed to come out of the mirror, sometimes seeming to touch the subject
- a few subjects felt they entered the mirror into the other world
- about half the subjects held conversations with the apparition, mentally or audibly
- in a quarter of cases, the apparition was encountered not during the psychomanteum session but afterwards, usually within 24 hours
- almost all asserted that they experienced the reunions as real events, not fantasies or dreams, certain they were in the presence of deceased loved ones
- as with NDEs, the subjects were powerfully affected by their experiences, which challenged their view of reality and life's meaning

Moody notes that historically mirror-gazing has been discouraged, for reasons such as

- fear of the unconscious
- suspicion on the part of religious authorities about people having personal spiritual experiences

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- charlatanism
- the perception that altered states are unscientific
- discordance with the officially-sanctioned view of reality

Are there monsters in the mirror?

*At the end of a 10 min session of mirror gazing, the participant was asked to write what he or she saw in the mirror. The descriptions differed greatly across individuals and included: (a) huge deformations of one's own face (reported by 66% of the fifty participants); (b) a parent's face with traits changed (18%), of whom 8% were still alive and 10% were deceased; (c) an unknown person (28%); (d) an archetypal face, such as that of an old woman, a child, or a portrait of an ancestor (28%); (e) an animal face such as that of a cat, pig, or lion (18%); (f) fantastical and monstrous beings (48%). -Vaughan Bell, [Mind Hacks](#) Neuroscience and psychology news and views.*

According to Roy Weedmark of <http://exploringparanormal1.blogspot.com> : *Practicing the ancient art of mirror gazing can be an informative and life changing experience. Mirror Gazing ([Scrying](#)), is the ancient technique of gazing into a mirror to try to bridge our world with the spirit realm. Mystics like [Nostradamus](#) used variations of this to see into the future, solve problems, and find lost things. Much like [meditation](#), mirror gazing takes extreme practice and patience. There are different ways of practicing with different results. Due to the resemblance to meditation, the question surfaces is conjuring or communicating during mirror gazing a real occurrence or a product of the subconscious mind? Perhaps further evidence that consciousness is not stored locally in the body?*





## Do you know the proper terminology that defines parapsychic experiences?

### *IT Will Get You!*

Rev. Dr. Loni Haas

It has been a very great pleasure of mine to have been able to work with an excellent private paranormal investigator for several years now. Not only does he have a keen scientific mind, but he is also a highly spiritual gentleman and a behavioral therapist. He holds a Master's Degree in Para-Psychic Science which is not to be confused with Parapsychology since Par-Psychic Science encompasses everything paranormal from A-Z; apparitions—zombies, astrology-zoology. He has a strong background in law enforcement having worked for the local Sherriff's department and specialized in crime scenes that were cult or ritual based. As the first law enforcement officer to walk a scene, he was jokingly given the title "witch hunter" (which should not be taken literally). I guess you could not ask for better than that if you are experiencing a *paranormal* or *supernatural* event and needed his assistance. I certainly couldn't have a better colleague and friend. My learned colleague runs a very tight ship and expects proper procedure and the highest of ethics from his team. He allows no dog and pony show psychics on his investigations. He is particular and precise right down to the proper terminology.

AND speaking of terminology - some of you might be wondering why I have "separated" the words *paranormal* and *supernatural*. Surely they mean the same thing, right?

Both terms refer to extra-normal experiences and they both can be either positive in nature or negative in nature.

Technically speaking - Paranormal is *usually* used to describe non-religious unexplained phenomena. Spiritual is *usually* used in conjunction with the descriptions of religious phenomena. In most definitions of the word paranormal, it is described as anything that is beyond or contrary to what is deemed scientifically possible. Paranormal events cover all the creepy stuff we don't like to address like ghosts, UFOs, cryptids (like Big Foot, werewolves and even the Loch Ness monster), demons and possessions. It also covers witches and warlocks, reincarnation, prophecy, psychic abilities, healings, channeling, mediumship, ESP and magic of all kinds.

Sometimes much depends upon the individual perception of the person (s) involved and the actual events surrounding the situation and how they define the incident.

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For example, if someone sees a specter or ghost which is considered 'paranormal' but is delighted if they think that their deceased great grandpa has come to visit and give a blessing or even a warning, they might view this as 'spiritual' or even enlightening. If poltergeist activity is the case and is causing physical harm or emotional upset I doubt if the person would view it as 'spiritual' in nature since the word is associated with that which is uplifting and positive. A spiritual being (non-corporeal) can be a ghost or an angel or a demon or an inter-dimensional. You'd think an experience with an angel would be positive and spiritual but angels have been known to also kick a few butts and be very stern. UFO sightings and events are considered paranormal events yet some people find their experiences connected to them uplifting while others find them horrendous. People tend to label negative extra-normal experiences as 'paranormal' and positive extra-normal experiences as 'spiritual.'

You'll notice I did not use the word supernatural in the previous paragraph. 'Super' refers to 'above' as in God is above. God is supernatural. 'Para' refers to 'beside' as in to the side of normal. The blanket term for ALL of these extra-normal designations, paranormal, spiritual and supernatural is the Ultra-Normal.

Real paranormal investigation is much more than a bunch of people running around in the dark with EMF meters and recorders getting the bejesus scared out of them and squealing like pigs as depicted on some TV shows. There is a whole procedure that takes place before and after an investigation starting with psychological profiling.

This primary first step is one of the most important parts of an investigation. It starts with a face to face interview with those involved in an alleged para-incident. This isn't just about listening to a rehash of the events and making notes. It is about psychological profiling. The investigator takes in everything about the environment and the person (s) involved. Most people are unaware of exactly how much the investigator is really "taking in" during the initial visit. The investigator will note the condition of the environment – is it orderly and clean or a disheveled smelly mess. A smelly disheveled mess is more likely to draw and hold negative energies AND that type of environmental condition also says a good deal about the person's mindset as well. How the environment is decorated is also noted. The investigator will look for religious icons, metaphysical objects, ritual pieces, satanic articles and old, foreign or odd collectibles. The colors of the environment are also discerned ... predominately light or dark – cheerful, peaceful or sober. Why is all of this necessary? It is because a person's environment reflects their emotional and psychological make-up. This makes a tremendous difference in how they respond to something that breeches the threshold of normal and paranormal.

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The way those who are involved in the incident are noted as well ... the age, manner, grooming, cleanliness, speech, eye contact, fear factor and any physical disabilities including known causes for illness. An experienced paranormal investigator with a background in behavioral science can spot a liar at ten paces ... **and it does happen.** Also, some people who believe they are experiencing paranormal events actually have psychological problems or ingrained conditioned patterns of belief that affect the overall situation. The Boogie Man can get you if that's what you *really believe* .... And sometimes if you don't. While most cases can be explained there still remains a percentage of those that cannot be explained.

Here are some general stats:

### US GALLUP POLL SHOWED THE FOLLOWING PERCENTAGE RESULTS:

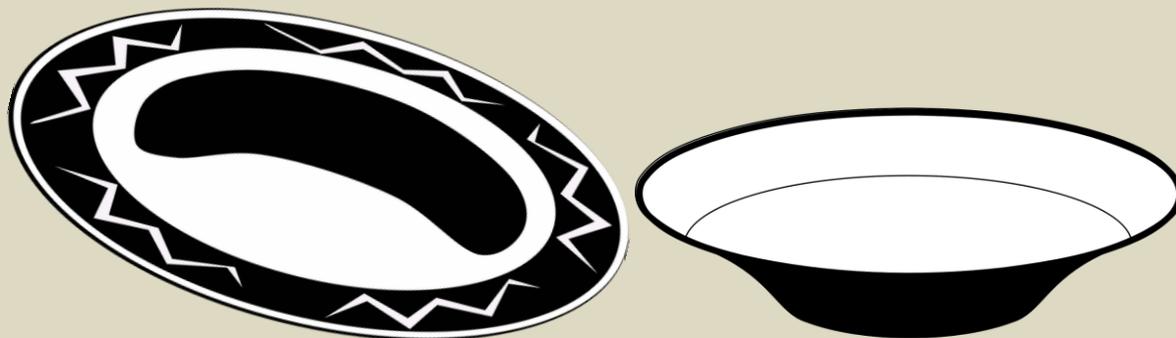
	Belief VS Not Sure	
Psychic Ability/healing	54%	19%
ESP	50%	20%
Haunted Houses	42%	16%
Demonic Possession	41%	16%
Ghosts/Spirits of the Dead	38%	17%
Telepathy	36%	26%
Extraterrestrials (past visits)	33%	27%
Clairvoyance and Prophecy	32%	23%
Communication with the dead	28%	26%
Witches/Warlocks	26%	15%
Reincarnation	25%	20%
Channeling	15%	20%

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Each person has their own belief system regarding the Ultra-normal and what they accept. This is largely based upon experience. If a paranormal or spiritual circumstance has not affected your life personally, quite frankly, you simply don't have a "response" file for it. You might scoff about certain things or be understandably on the fence about a few things. I say, "Don't knock it unless you've experienced it."

Energy can be a funny little bugger. We all generate energies that can go awry under certain circumstances. I've experienced that myself. For example, while standing at the kitchen counter preparing a meal one day, the cabinet doors I was facing flew open and dishes and cups from the back of the second shelf (note that there were other dishes in front of them that did not move) came flying out on both sides of me hurling to the floor and counter tops with resounding crashes. I stood there amazed ... not a single piece hit me. Well, some of you might be thinking 'poltergeist' right? Aside from the fact that I was furious about all the broken porcelain, I could not find a logical reason why this happened. There was no indoor or outdoor vibration such a sonic boom or minor earthquake that could have caused it. That was the first thing I researched. The dishes were orderly and stacked properly so there was no domino effect from anything being tilted or imbalanced. I felt nothing different in the atmosphere such as temperature change to indicate a spirit presence. The EMF meter showed no spikes or abnormal activity. So having checked all the basics I gave a call to the PI and asked him about it. He gave me a few forensic tests to run over night and well ... nada. Freak accident? Well bear in mind that even a freak accident has a viable cause. Back to the PI who laughed and started asking me questions about my "mood" when the whole thing happened. It just so happened that I was pretty frustrated that day and not too happy about having to prepare a meal. Let's just say those veggies I was chopping were sucking up all of that frustration. It was truly a meditation. The PI finally just said to me, "Did it ever occur to you that the energy you were releasing might have caused the incident?" BINGO!





## Do you believe in the Boogeyman?

### *The Boogeyman*

Holbrook PSI

In our youth, before we have become aware of all the different faces that evil can take, we all had fear of the Boogeyman. There are many different spellings of this denizen of the dark like Bogeyman, Boogyman, bogyman, Boogieman and Boogey Monster, but no matter how you spell it the name is still the same. It is the monster under the bed that waits for you to go to sleep so that it can get you. It is the monster in the closet that is always watching you, waiting for its chance to get you. We have in our youth been told if we do not behave that the Boogeyman would get us.

The name of this being that caused many a sleepless night for so many children may have come from Scotland and the legend of the Boggart. A Boggart is a spirit that haunts a family and causes things to disappear, the family's animals to have problems and milk to sour. Unlike other folklore entities that may do mischief the Boggart is always a malevolent spirit and is said to follow the family it plagues wherever it goes. Even if it is a Boggart or a Boogeyman it instills fear in whoever crosses its path. So what do these Boogeymen look like and what is their purpose?

The description of the Boogeyman is as varied as the people that have had an encounter with one - covered in hair or scales, big eyes and no eyes, you could say that whatever is scariest to the person is how it will appear. Many people say that the Boogeyman is only in our mind and that it is totally just a figment of our imagination. So it could be like the anti-imaginary friend or an imaginary stalker. I don't think that I will talk about the mental state of people or children in today's world, I would much rather take a stroll down an imaginary or supernatural road. Well maybe not all imagination but some may think so. When you look at the paranormal and find something that is so widely thought to come from the imagination of children and that people use it as a catch all for something unexplained there may actually be a basis for the fear. Put it this way, the fear that the individual has is triggered by something. Like I said, I am not going into the mental side of the rainbow; I am going to stay on the supernatural side. I don't think I will list out all the different entities that a Boogeyman could be, it is just too numerous. What I would like to say is that in a child's eye the Boogeyman is anything that is unknown and scary. This is like calling all the different sodas a coke or pop - it is a catch all name. Looking at the fact that a child may not know a name of what is being seeing and that parents generalize their fears into one thing it is not hard to see that there could be so many different entities that could be called a Boogeyman.

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Some of the stories that I have heard over the years from parents have the entity being a Boogeywoman instead of a man. Just as with the description of how they look, there is a fifty-fifty chance of it being a different sex than of the one of the witness. This leads us again to believe that there is more than one type of entity that is being called a Boogeyman. I believe that there are many different entities that feed off our fears. The fear of the young may be a training ground before moving on to adulthood. Like many predators in nature when they are young and small or weak they prey on smaller and weaker prey before they can graduate to larger prey. Taking this hypothesis a little further, we could say that the Boogeymen are the young of the entities that we know the names of when they are older. Or it could be that as one person I know says, many entities are attracted to the young, (the light and purity of the energy of the young). They need to disrupt or subvert the energy so they torment the young maybe hoping to turn the young away from the light. One person I know said that the more light in your soul is more reason that the darkness will attack or try to subvert you. This could be true also with the way I look at things.

I see the universe as a balance of everything, light and dark or good and evil included. These entities could be just a part of the nature of the universe, an inter-dimensional parasite that comes into our dimension to feed on our energy. Until we have the technology that allows us to see the other dimensions we will have to just try to make our best guess. Taking what information we have and try to fit it into one of the many different theories that there are on the “who, what and why.” Even as we do this, we will still have to deal with what is happening - just because we cannot say for sure what it is we cannot ignore the event.

So is the Boogeyman an inter-dimensional entity? From all the information that I have seen I would have to say yes. Our dimension is not its primary plane of existence, just as most supernatural entities exist on a different plane. Just about all of the supernatural entities, ghosts included, are not always on our plane of existence. This is to say that they exist in a different dimension. Sorry for getting off the main topic a little, it is good to see how it may all fit together.

Is the Boogeyman a good or bad entity? Well I would have to say that it is not a good entity. First I have never heard or read a story where the Boogeyman made me feel safe and secure in my bedroom. There is always some negative emotion involved with this denizen of the darkness. Is it a fear of the unknown that is happening? Well, most of the cases I have looked into state that they have a feeling happening before the sight of the entity, so no it is not the fear of the unknown.

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Many think that if they feed on our fears that as they feed they become stronger and become visible in our plane of existence. Or, that as we feel fear that our energy's frequencies change to be in-sync with the entity's energy frequency so that we can see them. This could be true with many different things in nature, like some animals can sense fear or malice and respond in accordance. If we continue to lump all the different types of entities that the Boogeyman could be we will not be able to truly understand its nature. There is the main problem with the Boogeyman - there is not much that stays the same. For any that may have had an encounter with a Boogeyman please compare this recount to yours and see the differences.

"I was 12 or 13 years old and staying with my grandparents for a week one summer when I had an encounter with the Boogeyman. When staying with my grandparents there was always things to do and people to see. My grandfather was well known and would take me with him as he went on his rounds seeing the different people that he would talk with each day or each week on a certain day. I can still remember some of the events of the day before the encounter because we went to the old-time soda fountain and had a float. We walked all over town so at the end of the day I was very tired and went to bed early.

Sometime in the dead of night I awoke with the fear that something was in my room. At first I could not tell where it was but as I became more and more awake I could tell it was in the closet. I don't know why I could tell it was there but that is the location that all my attention was drawn to and it seemed to be where my fear was emanating from. I thought that I saw the door starting to open, so I ducked under the covers. Under the covers I thought that I could hear it breathing standing at my bed. My fear grew for what seemed to be hours, then as suddenly as it started it stopped. My fear started to subside and I could not hear the breathing, it was still some time before I could uncover my head and look out and turn on the lamp by the bed. I looked around the room and did not see anything but the closet door was slightly open. I got up and closed the door, without looking in the closet, and put a chair in front of the door before I went back to bed. Eventually I went back to sleep and when I woke up again it was morning and the chair was moved back to where it was before I moved it and the closet door was slightly open. Needless to say I was unnerved by what I saw that morning.

I went to my grandfather and told him about what happened. As most adults when a child comes to them with a story like mine he said that I must have been dreaming. He said that he thought he might have heard me get up in the night and did see the light from under my bedroom door when he got up to check on me. He said that he did not hear anything so he went back to bed.

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I kept telling him all that day that I did not think I was dreaming and that something was in my room. That was one of the first times that I can remember hearing the name Boogeyman. He asked - had I done something bad the day before? And I asked him why he was asking if I had been bad and that was when he said that it could have been the Boogeyman.

He said that the Boogeyman visits bad little children. He was saying it like a joke to make me feel better but I still did not want to sleep in that room again. I did sleep in the room again after he used the, "I was too old to be scared of the Boogeyman." I slept with the light on and the chair in front of the closet door with a bell on it also so that if it moved I would wake up. Nothing else happened that night but until we sold my grandparent's house many years later I would not sleep in that room."

This is one of the stories that happened to me when I was young and may have been a factor in the path that I am on now. Just because in all reality I did not believe in the Boogeyman, it did not mean that something was not there that night. I think that most children at one time or another have had an encounter with the supernatural. Children have not yet learned to be skeptics, they still see and hear things that we as adults have in our minds shut out.

Adults do not believe in the Boogeyman and most of what goes bump in the night, we have rationalized them away. We don't sit in awe at a butterfly or a bubble for hours using our imagination to see more than what is there. A child's mind is more in-touch with its subconscious which allows them to see more than the adult that is only seen with their conscious mind. Or you may say that the energy of the child is so that they can see the inter-dimensional entities and in turn see the Boogeyman. We as adults must be the ones that don't put all the entities that we do not believe are there into the one catch all name of a Boogeyman. We need to look at what the child has seen and felt and from there we need to address the true entity and not the Boogeyman. In doing this we will not only help the child to get rid of something that is scaring them but we will be helping the child to grow up more open to the wonders of the supernatural. This will allow them to continue to see more than we do if that is what they want and can handle. If they can't handle the supernatural then you can tell them that everything they see is only in their imagination and there is no reason to be scared of the Boogeyman.



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**Waden Jensen** (*Dinosauroid!* pg. 44)

Waden considers himself a very private person who dislikes bios. By day he is a business consultant who does extensive traveling in the US and abroad. He likes to spend his spare time as a carpenter mainly creating fine furniture. He currently resides in Washington State.

**John Holbrook, Holbrook PSI** (*How Do You Check Credentials of a Paranormal Investigator*, pg.49)  
(*The Boogeyman*, pg. 55)

John has been a paranormal investigator for over 25 years. He holds a MS in parapsychic science. He is a highly gifted intuit and experienced spiritual counselor who specializes in crisis intervention including current life paranormal dramas and past life residual traumas. He is always willing to help others overcome their fear of the darkness by showing them how to discern the truth of the matter.

**Syd Alruhi** (*The Door to Somewhere Else*, pg.48)

Olivia considers herself a paranormal investigator in “training.” She is a research assistant to her older brother Philip and joins him in his onsite investigations. Olivia has an MS degree in literature and hopes to one day write a book based on her experiences. She works part time in a law firm and as a hostess and says people would be surprised how many personal supernatural tales clients reveal. She makes notes of course.

**Rev. Dr. Loni Haas** (*IT Will Get You* pg. 51)

Loni Haas is a certified behavioral therapist, veteran exoteric and esoteric astrologer, research member of the American Federation of Astrologers (AFA), member of the National Council of Geocosmic Research (NCGR), as well as a lifetime member of the American Association of Behavioral Therapists. She is an ordained minister and Doctor of Divinity of the Universal Light Church of Cincinnati, Ohio where she is certified in several healing modalities including crystal healing and chakra balancing.

# ARCANUS OBSCURUM



THE MAGICK IS IN YOU

**Section Managing Editors:**  
**Marco X. Mascolo & Eliana Rosini**

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# UNCOMMON ADORNMENTS

Alchemical Power of Contemporary Stones  
Alva Lennox

## AMBER

Linked to sensuality and personal magnetism, can render the wearer invisible.

## AMETHYST

A healing stone, relieves stress, brings love. Protects wearer from drunkenness.

## AQUA AURA QUARTZ

Helps develop creativity, sensitivity, intuition.

## EMERALD\*

Attracts love and prosperity, enhances memory.

## GARNET

Promotes clairvoyance, imagination, clear thinking.

## HEMATITE

Builds courage, strength, personal magnetism.

## LAPIS LAZULI

Aids in psychic development, improves mental clarity. Stone of kings and queens.

## MALACHITE

Protects, promotes physical and spiritual well-being.

## MOONSTONE

Inspires success, luck in love and life. Relieves stress.

## MOTHER OF PEARL

Keeps one balanced in love and relationships.

## ONYX

Promotes fidelity in partner. Attracts good fortune.

## PERIDOT\*

Enhances personal growth

## RUBY\*

Lover's stone. Enhances passion, imagination, creativity.

## SIBERIAN BLUE QUARTZ

Inspires clairvoyance and self-awareness. Stone of mystics and healers.

## TIGER EYE

Brings good luck, protects wearer. Enhances insight.

\*Alchemists stone: Laboratory grown real stone with same properties of actual stone.



## ***Mystery Rock of Tumwater Creek***

Joseph Morningstar

In May of 1988, thirteen-year-old Jamie Parks and his friend, Trevor Johnson, went into the woods in Washington state near the Canadian border and found a bizarre rock. When Jamie Inadvertently knocked moss off the rock, he found what looked like strange, cryptic, alien-like drawings on it. It was later thought that the markings belonged to an ancient Native American Tribe.

Archaeological excavating and carbon dating procedures have established a human presence at Tumwater Falls on the Deschutes River as far back as 2,500 to 3,000 years ago. The Nisqually and Squaxon tribes gradually established themselves in the area. They built a settlement of longhouses at the falls, which they called Tum-wa-ta, meaning “strong water,” and wintered on a peninsula they called Cheet-Woot (the present-day site of Olympia).

Trevor showed it to his parents, and afterwards, the Johnson family began to have a stroke of good luck, including the opening of several stores in a local mall and becoming very wealthy, they believe it was because of the "mystery rock."

From left to right, the four foot slab bears markings that resemble the rays of the sun, a water drop, two clumps of grass or perhaps a rising sun, an inverted keyhole, a backwards ‘D’, a triangle and an ‘X’ with a circle above the apex. Rick McClure, a US Forest Service archeologist who specializes in the study of petroglyphs believed it had been carved with metal tools within the last 100 years.

According to this passage from <http://www.skepticfiles.org> \*:

*This Awareness indicates that this rock appears to have been that of an ancient Indian tribe that has long been extinct. This appears to have been in association with Indians who traveled in a southern direction. This Awareness indicates that it appears that the carvings were placed there approximately 700 years ago.*

*This Awareness indicates that it appears these carvings were not, nor was the rock, so much the bringer of good luck, but rather that the entities' cycle, which comes about in terms of one's horoscope and certain cycles, reached a point in which the entities were to begin experiencing good luck, good fortune. This Awareness indicates the finding of the rock was part of that good fortune.*

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*This Awareness indicates, however, that it does appear that the symbols of the rock, when used by individuals with the story being told that the rock and the good luck accompanied each other, can serve as a trigger to influence an individual's subconscious into believing that the symbols can bring good luck; and in so acting as a suggestion, have an effect of helping to bring good luck to entities.*

*This Awareness suggests that in this sense, it works much like the placebo which the entity believes is a cure-all for his ills, or the good luck charm which an entity may believe in as bringing good fortune, and as long as the entity carries it, focuses on good fortune and therefore energizes good fortune, and to that extent, enjoys good fortune.*

*This Awareness indicates that the mind expecting good fortune tends to get it; the mind expecting difficulties and ill fortune tends to draw that to them. Therefore, it can serve as a suggestive force to bring good luck if it is marketed or promoted properly, with the right kind of suggestions.*

*This Awareness indicates that it appears it already has taken on the legend or aura of good luck from the stories that have been told, and this, in turn, is energizing the symbols to bring good luck.*

The revelations of the Mystery Rock remain today.

Resources:

\*REVELATIONS OF AWARENESS is a cosmic newsletter, published by Cosmic Awareness Communications, Box 115, Olympia, WA 98507, a not-for-profit organization  
[http://unsolvedmysteries.wikia.com/wiki/Mystery\\_Rock](http://unsolvedmysteries.wikia.com/wiki/Mystery_Rock)  
[http://www.historylink.org/index.cfm?DisplayPage=output.cfm&file\\_id=7979](http://www.historylink.org/index.cfm?DisplayPage=output.cfm&file_id=7979)  
<http://www.skepticfiles.org/skeptic/aware417.htm>  
<https://news.google.com/newspapers?nid=1345&dat=>





## *Malocchio*

Angelina 'Hecate' Abayez

The Malocchio, pronounced "maloik" is an Italian curse intended to cause harm and distress to someone else. Malocchio (mal=bad occhio=eye) is basically the same as the evil eye in other culture. People who cast malocchio are those who are very good at focusing intent through their eyes. Older Italians who are very familiar with Malocchio sometimes add a hand gesture aimed in the general direction of the victim where the second finger and pinkie finger are held posed in the shape of devil's horns.

If a person received the *Malocchio* also known as "overlook" he or she might suddenly and inexplicably become ill usually with a severe headache centered between the eyes and the forehead and terrible fatigue that prevented engagement in daily routine. The cure is as follows:

1. Place three drops of olive oil, one upon the other, in a bowl of water. If the drops remain together, the illness is natural. If the drops separate or smear across the surface of the water, the *Malocchio* is present! This seemed to be a daily occurrence in my neighborhood.
2. To break the spell, two sewing needles were needed. One needle tip was inserted into the eye of the other needle as the following was said:

*"Occhi e contro i perticelli agli occhi."* (Eyes against eyes and the holes of the eyes, envy cracks and eyes burst.)

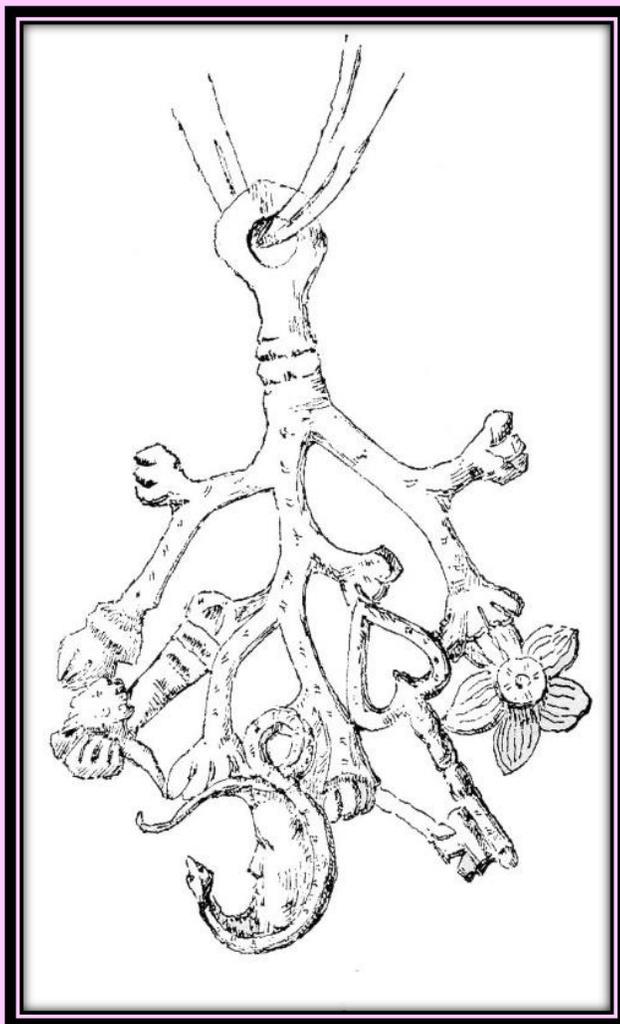
3. The needles were then dropped into the water on top of the oil drops. Next, three pinches of salt were sprinkled into the water. A pair of scissors is jabbed into the water three times through the oil drops. The scissors are removed from the water and the air above the bowl is "cut" three times. The spell is broken.

There were two charms that were believed to *prevent* the *Malocchio*, one of which became popular back in the 70s which was a golden horn or a golden hand making the horned signal. Both were often seen worn around the neck or sported proudly as a key ring. But the *pièce de résistance* was the *Camaruta* or *Cima di Ruta*. *Cimaruta* means "sprig of rue" and the branches of the charm are the branches/blossoms of the rue plant. From the rue branches at each end is a sprout and out of the sprout comes forth symbols such as a key, dagger, blossom, and moon.

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All Cimaruta are different according to region of origin, and the symbols vary. Some of the variations include: a rose, a hand holding a wand or sword, a flaming heart, a fish, a crescent moon, a snake, an owl, a plumed medieval helmet, a Vervain flower blossom, a dolphin, a cock, and an eagle. The *Cimaruta* is traditionally made of silver, and often are double-sided. In folkloric practices the *Cimaruta* was often placed above the beds of infants, as protection against the "mal'occhio" or evil eye. These charms are fairly large, some almost 4 inches across. They can be worn around the neck and also be hung above any door, on the wall, etc. This type of jewelry can be somewhat difficult to find.





### *Elemental Magic*

Alva Lennox

Let's start with Earth element since it represents our home. Earth is stable, receptive, and feminine sustaining all life upon which the other three elements rely. It represents abundance and prosperity and allows all to use creativity in a practical and physical manner. It encompasses all of nature – mankind, animals, rocks, crystals, trees, and vegetation. The energy of Earth houses great strength, common sense, and practical wisdom that can be tapped for success. In magickal practices, Earth element is the grounding force keeping the Root chakra chord connected to Mother Earth.

The elemental spirits of Earth are the Gnomes and Dwarfs. Earth element rules the direction of North, the time of Midnight, and the season of winter. It governs the Zodiac signs of Taurus, Virgo, and Capricorn and the planets Venus, Mercury, and Saturn. Earth Elemental Magick includes garden magick, image magick, stone magick, tree magick, knot magick, and bind magick. Magickal tools include the pentacle, salt, stones, cords, and images. All self-respecting Earth spirits carry pieces of emerald, jet, tourmaline, quartz (rutilated and tourmalated), peridot, onyx, jasper, azurite, amethyst, and salt in their magickal bags. When invoking Earth magick your arms should be extended with your palms facing downward. It would also be appropriate to wear Earth colors such as brown, green, and black/white in a check pattern. The goddess energies corresponding to Earth are Hathor, Ceres, Cerridwyn, Demeter, Gaia, Persephone and Rhiannon and the god energies are Adonis, Athos, Arawyn, Cernunnos, Dionysus, Herne, Marduk, Pan, and Tammu. These deities can be fun folk except for Demeter and Cernunnos who tend to be a bit bossy at times. Revered animals under the Earth element are the ant, bear, bison, bull, cow, deer, dog, gopher, horse, snake, stag, and wolf. Revered plants are cedar, cypress, comfrey, honeysuckle, ivy, grain, magnolia, patchouli, all kinds of nuts, and the mighty oak (favored by the Druids).

Fire magick can be pretty tricky since it manifests so quickly. It is highly masculine energy that is very projective and filled with hot primal urgency. The Fire elemental purifies, illuminates, and grants vision and self-knowledge to those who seek it. It amplifies one's personal Will and bestows a new sense of authority. Fire is physical and sexual tied to the blood of life yet also strongly linked to the Divine. It can be very healing or very destructive. Fire is connected to the Solar Plexus Chakra, the season of summer, the time of High Noon, and the direction of South. When invoking Fire magick, your arms should be over your head forming a triangle.

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You should be dressed in the colors of Fire, which are all the colors of a flame, reds, oranges, yellows, hot blues, and hot whites. You should also be wearing or carrying items made of gold or brass. The Fire magick processes include candle magick, storm magick, and time magick. The magickal tools of Fire are the athame, candle, censer, herbs for burning, written requests on paper for burning, and the wand.

The elemental spirit of Fire is the Salamander and a magickal bag should hold pieces of agate, bloodstone, carnelian, garnet, quartz, red jasper, ruby, and rhodochrosite. The Zodiac signs of Fire element are Aries, Leo, and Sagittarius. The planets are Mars, the Sun, and Jupiter. The goddess energies connected to the Fire elemental are Aradia, Ameratsu, Brigit, Freya, Hestia, Lucina, Pele, Sekhmet, and Vesta and the god energies are Agni, Hephaestus, Horus, Ra, and Vulcan. This is a lively bunch, especially at celebrations. Most tend to have hot tempers so it is never boring. Vesta is the most conscientious of the group since it is her job to keep the Eternal Flame fueled and glowing. Revered animals under the Fire element are the bee, coyote, fox, horse, ladybug, lion, lizard, phoenix, praying mantis, salamander, scorpion, and snake. The revered plants are allspice, basil, cinnamon, garlic, hibiscus, juniper, lime, nettle, onion, orange, peppers, red poppies, and thistle.

The Air elemental produces projective energies like the element of Fire since it is also masculine. It is tied to communication and the intellectual mind and brings clarity, discernment, Truth, creativity, and higher consciousness to abstract thinking and the written and spoken word. It aids the memory, governs intuition, psychic works, telepathy, and meditation, and is connected to the Third Eye chakra. Air magick can be useful in finding lost objects usually by employing the help of the fairies who probably snatched the items in the first place.

The direction connected to Air is east, the time is Dawn, and the season is spring. When invoking Air magick, your arms should be raised and your palms should be held parallel. If you would like to dress accordingly you may wear clothing of light hues that reflect the colors of Dawn such as lavender, white, pale yellow, light blue, pale pink, and shades of gray. The various forms of Air elemental magick are divination, concentrative techniques, prophecy seeking, visualization, and written spells. The tools of Air magick are the athame, censer, incense, and the sword. Ever hear the expression, “the Air was so thick you could cut it with a knife” spoken with reference to a tense situation? It takes proper communication and the appropriate use of words to modify these situations or to cut through them. When you communicate clearly and properly, you are using Air elemental magick to its best advantage by cutting through misunderstanding with your magickal sword of skill.

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The Zodiac signs of Air are Gemini, Libra, and Aquarius and the coordinating planets are Mercury, Venus, and Uranus. Mercury and Venus are also Earth planets. That just shows how well the Universe works with the elements supporting one another. If you want to create an Air elemental magick bag, be sure it contains amber, amethyst, citrine, fluorite, mica, and topaz. The goddess energies associated with Air are Aradia, Arianrhod, Iris, Nuit, Ostara, and Urania. If you are a writer experiencing writer's block, try calling on Urania to help you. She is a great muse! Ancient god energies associated with Air are Hermes, Mercury, Shu, and Thoth. Those of you who are paying attention are saying that Mercury and Hermes are one and the same. Well, you're right, it just depends upon whether you prefer the Greek or Roman definition. The revered animals of Air are all birds, particularly the eagle and hawk, insects and spiders. If you fancy nature walks, learn how to pay attention to these animals, especially the spider, because some like to leave silken messages in their webs for you to read. The revered plants of Air are acacia, anise, aspen, benzoin, clover, frankincense, lavender, lemongrass, vervain, and yarrow.

The Water element governs emotions and our deepest feelings. It is receptive feminine energy and is tied to the Heart chakra. It is secondarily tied to the Third Eye chakra so it is easy to see why the Water elemental is connected to love, self-healing, sorrow, reflection, intuition, the unconscious, fertility, and regeneration. Along with Fire that warms and Air that aerates, the Water elemental nourishes the Earth with life giving fluids. The direction connected to Air is west, the time is Twilight, and the season is autumn. When invoking Water magick, your arms should be extended with your palms held in an upward position.

The spirits of Water are the undines and mermaids. Water magick is often connected with the phases of the Moon and with the ebb and flow of the Earth's tides. Magickal invocations are often conducted near the ocean or other bodies of water. Ceremonies may also involve snow, ice, or rain. If these natural settings are not available, mirror and magnet magick may be performed. The magickal tools of choice are a cauldron, chalice, or mirror. Magickal clothing should represent the colors of water such as blue, blue greens, indigo, aquamarine, 'crests of the waves' white, and the shadowy depth hues of black and gray. The metals of Water are mercury (quicksilver), silver and copper. A magickal bag should contain pieces of aquamarine, amethyst, beryl, blue topaz, blue tourmaline, coral, lapis, opal, pearl, and sodalite. The goddess energies connected to water element are Aphrodite or Venus, Isis, Kupala, Mari, Ran, Tiamat, and Yemaya and the god energies are Dylan, Ea, Manannan, Neptune or Poseidon, Osiris, and Varuna. The revered animals are all the creatures of water including fish, sea lions, sea mammals, and sea serpents including the leviathan, shellfish, frogs, and turtles. Also included are cats, dragons, and sea birds. Revered plants are aloe, apple, catnip, chamomile, fern, gardenia, lemon, lettuce, lilac, lily of the valley, lotus, moss, orris, passionflower, rose, seaweed, thyme, valerian, water lily, and the willow tree.



## *Time for Alchemy*

Rev. Roger Teeter

As Alchemists, we must live and love, for life is a banquet and most people are starving. We must not become stuck in a ripple in time, fuming, fretting, and beating ourselves up with “should of, could of, what if?” You happen to you, nothing outside happens to you. You are only victimized by that which constitutes your own notions that are in error or no longer useful.

In the beginning, our Primary Soul created a polarity of forms, using intent, thought, word, and deed to journey through all twelve Dimensions-Levels of Self, in order to gain wisdom (knowledge experienced). These forms are comprised of the elements of the Earth and accommodate frequencies of the third dimension. Now as we move through the fourth dimension we must make adjustments at a cellular level as more of our DNA is activated. This is no longer a time of duality, because we now must accommodate the energies of the fifth dimension. Our forms must be cleared, connected, and talking to each other for the fullness of our spirituality and for the nourishment of our physical bodies in order to start the next cosmic cycle fresh.

We are not looking to form a new religion, only to provide a space for individuals to get back in tune with the Song of Source. For it matters not what path a person follows back to the realization of the truth that we are indeed one family on this small planet called Earth. In essence, all paths meet in a search for positive methods and actions. Try not to mourn for more than a year and a day but celebrate life by hugging and kissing those around you who are most dear. We must not leave things unsaid as in this end time — all things must be resolved. There is nothing that you can do to stop a loved one’s transition into a different dimension. However be assured that no one ever truly leaves our energy field — they only shift into another dimension. This does not help those remaining in form but does give hope for an unlimited future which unfolds as it should and when it should as we serve the plan and Mother Earth.

As Alchemists, we must let go of all judgment of self and others to awaken clear and reconnect with the twelve Dimensions-Levels of Self. Give thanks for those who give you challenges and realize that they are holding up a mirror to you so that you might see what needs to be cleared or has been cleared in your shadowself. Do the best you can where you are, for it matters not how many times we fall down... what counts is how many times we get up!

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The divine command is to never leave a fallen comrade but to be there when asked, just to listen, wipe a tear, give a hug, and help to laugh, or just be. This gives us the ability to look through their actions to be able to see one another as a Cosmic Christ Child of Mother/Father/Source. These experiences contribute to our Primary Soul's omniscience, which in turn contributes to the omniscience of Mother/Father/Source.

As Alchemists, we must be amoral without judgment, exercising the wisdom (knowledge experienced) of recognizing we must wait until asked for our help. We are anchored by unconditional love for the 'Self' and each other no matter what the temporal lessons. It is the ability to look through the actions to see our connectivity with each other as children of Mother/Father/Source. Remember, we cannot do it wrong, only create detours on our path of life.

Being an Alchemist is realized first within an individual, and then occurs when people of like minds agree to function together as a unit. This occurs whether it is for Serpent-Dragon Magic or be it washing dishes, cooking, writing a play, directing a movie, creating a business, or any other act of creation. Serpent Magic is a consensual coming together of individuals who are best friends, or a group of like-minded individuals that merge in unity. The power resides with the females who determine who would be involved. Based on the concept of polyandry (many Loves) there are, in this end of time, no new companions. All involved have been through various relationships with each other in many different lives.

Serpent Magic is more than the physical act of mating, it is the total merging of one another with the male becoming the female and the female becoming the male back as they move into a blossom of light, we call the White Rose of Sharon. This has the potential to clear that which is within the shadowself of those involved, as they become one with no secrets, honoring Mother/Father/Source. Serpent Magic must be expressed with impeccable integrity and a life commitment, not a one-night stand or an excuse to become promiscuous. When it is used simply for the satisfaction of the Ego and root chakra with no further understanding, then Serpent Magic is a perversion. It becomes that which uses Ego control techniques to obtain one's personal goals and views. It then exemplifies not being honest in a relationship, marriage, and tri-unity OR operating as per society's dogma. What is accepted in one place is taboo in another. Saint or sinner is dependent upon who's in charge, which in truth is the paradox of humanity. For in truth, it is this misuse of Serpent Magic that led to the fall of Atlantis.

When we look at our past lives together, we see the crystalline, silver, gold, web that connects us to each other woven by Source joining many separate beings as one.

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The separateness is part of the illusion... giving us the freewill to make choices that help us learn who we are and how we work in form without judgment of each other's lessons. In order to release these old programs we have to go within so that we can exercise "Know Thy Self" as Source in Form. Symptoms of a society that is out of balance in its Sexuality, Ego, root chakra, prime computer, flowing of the Whole Stream of Light, manifests as an addiction to Power which includes War, High Drama, Sex, pornographic Material, Drugs, Alcohol, LOW Self Worth, Soul Loathing, and the illusion of being disconnected from Source. Thus, it becomes pertinent to seek someone outside of yourself, to heal "you."

It is at this time of change from judgment to ascension that we have to use Dragon Magic, Christ Consciousness, and the thirteenth level of self in order to move out of the dark side of the pyramid and the Ego, which is symbolized by imbalance between the God/Goddess/Source within. We must go Into the Star Tetrahedron, balancing God/Goddess/Source and become the Guardians that we all are.

Cathartic Integration Sessions are Alchemical techniques guided by Spirit Most High — a natural flow of the whole stream of light, from Source as is all healing. It is the choice of those who are asking for healing. It combines Utilizing, Clairaudience, Clairvoyance, Channeling, Precognition, and Psychometry. It blends Music, Video, Dream Journals, Role Playing, Angel Art, Drawing, Sacred Geometry, Dragon's Breath Magic, Past Life Regression, Reiki, and Zenith.

This is useful for organizing the mob within our shadowself into a cast of characters in order to help our lives to become clearer and to activate our energy centers to bring more balance into our lives so we will begin to understand us! Harmonics breaks up the blocks and makes internalized changes. It activates the Song of Source for the in-flow of the universal energies, for the transfiguration of that which is within the shadowself in order to transform the Double Pyramid of Form, into a Star Tetrahedron honoring Mother/Father/Source. Serpent Magic begins with Visualization and Harmonics and Communion with Source, expressed as the great marriage of the masculine and feminine within an individual. Through the fusion, a reawakening of the root charka is expressed outwardly as a polarity of forms masculine and feminine.

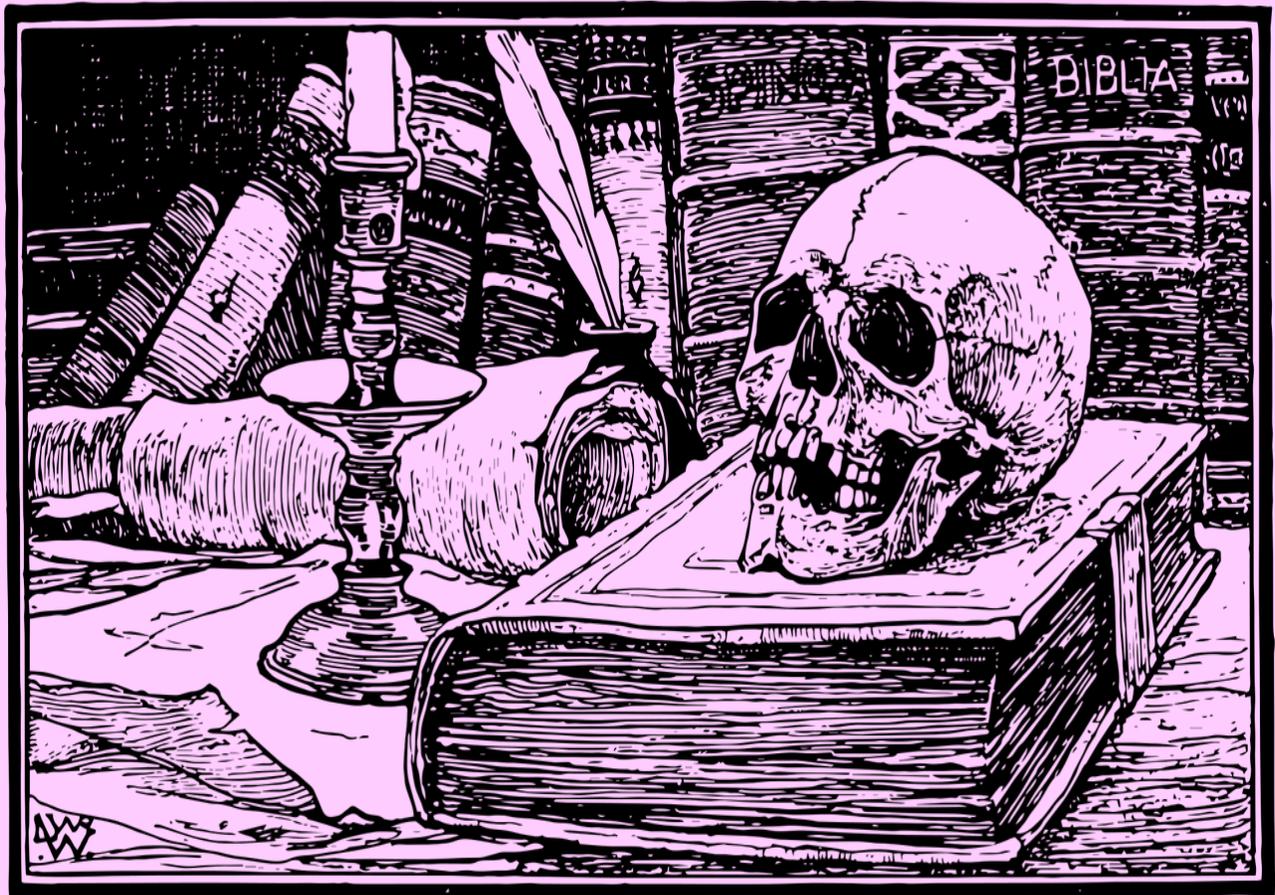
Remaining clothed they merge, blending breath, sound, touch, sense, and vision they move into an orgasm of light, so that one becomes the other with no more secrets — able to Receive and Transmit the Song of Source through the awakened and activated Dragon Magic and Christ Consciousness.

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When properly used it empowers the physical manifestation of that which is held in thought. It awakens and activates the planetary grid by making use of chaos to start a world which is totally different.

Past Life Regression is based on the fact that we cannot do it wrong; only create detours on our path of life. You can choose to go back and reclaim a latent skill, or transform the emotional blockages hidden in your shadowself. Cathartic Integration Sessions are designed to assist the Alchemist to function as one anchoring the Cosmic Christ as a standing columnar wave of light grounded in Mother Earth. Thus as Alchemists we create a new web for Mother Earth, a new Grid System of Mother Earth. Indeed, this is what we are here to do.





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**Alva Lennox** (*Uncommon Adornments, pg. 61 and Elemental Magic, Pg.66* )

Alva is a retired primary education teacher who enjoys researching and using natural herbal remedies. She is president of a book club that meets once a week and enjoys nature walks and teaching crafts. She has a great fondness for water and lives by lake which she feels fulfills her Cancerian needs. She would tell you it's been a long time coming.

**Joseph Morningstar** (*Mystery Rock of Tumwater Creek, Page 62*)

Joseph resides in the south-west USA. He prefers to use the Native American name given to him when he was a child in reference to his spiritual writing. He is proud of his heritage and when he is not busy with his attorney practice, loves to talk about and teach the 'old ways' to those willing to listen especially young people. He has a loving wife and three children.

**Angelina 'Hecate' Abayez** (*Malocchio, pg.64*)

Angelina is a Pagan practitioner of healing and natural arts. She recently began to study astrology and the complexities of the Enneagram. Angelina enjoys candle making and oil painting in her spare time. One of her favorite subjects to paint is the moon and her paintings have been featured in local art shows in her hometown.

**Roger Teeter** (*Time for Alchemy, pg. 69*)

This bio and the article are posted posthumously in honor of Roger Teeter. Rev. Roger was a Universal Life Minister who came into the gift of Spirit in 1985. He was a certified Hypnotherapist specializing in Cathartic Integration Techniques. Roger utilized many modalities in his work – channeling, vision, Clairvoyance, Clairaudience, precognitive awareness of the Akashic records, Psychometry, Dragon's Breath, Reiki, Zenith, and Star Maps to assist individuals in developing their hidden talents.

# Sacred Sciences

*"The key to the world is the key to your 'self' and the key to yourself is the key to the world." — Iva Kenaz*



**Section Managing Editor – Anne Drake Sydney**

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## *Is Ophiuchus a Real Zodiac Sign?*

Laurie Z. McNab

Let's digress from the realm of Western astrological concepts and consider the Actual or Real Solar Zodiac. Those of you who are familiar with astrological readings know that most Western astrologers use the Tropical Zodiac. Practitioners of Vedic astrology, which is also popular in the West, use the Sidereal Zodiac. Both of these Zodiacs contain twelve signs. The Actual or Real Solar Zodiac contains thirteen signs due to the addition of *Ophiuchus, the Serpent Bearer*.

Ophiuchus is a real constellation that lies between the constellation of Scorpio the Scorpion and Sagittarius the Archer. It is an Ancient Greek constellation that can be historically dated back to the time of Claudius Ptolemy, the Father of Astrology (c 130-170 AD). The Sun enters the sign of Ophiuchus every year between November 30th and December 17th. This should ruffle the mane of one or two Sagittarians out there who were born during this time span! From our geocentric viewpoint here on Earth, not only the Sun but the Moon and the planets can be seen against the background stars of Ophiuchus. According to astronomical statistics, the planets Mercury and Venus can be seen in Ophiuchus every year. The planetoid Chiron which has found its way into the planetary intelligentsia was visible in Ophiuchus until 2001. The now demoted planet Pluto was also observed in this sign until the end of 2003.

The myth surrounding Ophiuchus is most interesting. The name Ophiuchus is derived from the Greek meaning serpent handler. This all sounds a bit grim but the story of Ophiuchus is actually a tale of healing. In Greek mythology, there is no healer by this name but there is a very well-known healer by the name of Asclepius. Ophiuchus and Asclepius are one and the same. Ancient stellar artistry depicts Ophiuchus as a man with large serpents entwined around his body, shoulders, and arms. From these renderings, the symbol for the medical profession, the caduceus or staff of serpents was born.

The tale of Ophiuchus portrays the story of a great healer. He was the son of a mortal woman Coronis and the Greek god Apollo. Coronis, made pregnant by Apollo sought the love of a mortal man named Ischy. This was too much for Apollo and in a jealous rage he told his sister Artemis, the goddess, of the infidelity. Artemis slew Coronis by unleashing a quiver of arrows at her. The god Hermes stepped in and cut the unborn child from his mother's womb thus saving him.

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Ophiuchus was given into the care of the kindly centaur Chiron, the Father of Healing Arts, who taught amazing medical and healing skills to his young ward. So great was his healing power, that as an adult, Ophiuchus often incurred the wrath of the gods who constantly complained to Zeus about his interference with earthly affairs.

One of the better known stories of Ophiuchus' healing skills concerns the tale of Orion and Scorpio. Orion was known as a great hunter with tremendous prowess. The problem was that Orion's ego was as large as his skill and his constant bragging was swiftly becoming a thorn in the sides of the gods. One day, Orion overstepped his bounds and threatened to hunt down and kill all the animals on Earth. To teach him a lesson, the gods of Olympus, in collaboration with Gaia, the Earth Goddess, sent the scorpion Scorpio to sting Orion on the heel. The plan was that the mighty Orion, so caught up in his boasting, would never notice such a tiny yet deadly creature. The plan succeeded and the great Orion fell. As he lay dying, Ophiuchus found him and healed him with a drink of divine elixir. Alas, the scorpion was ground to dust under the sandaled foot of Ophiuchus.

Eventually, Ophiuchus also overstepped his bounds when he interfered with Hades, Ruler of the Underworld. Hades complained to Zeus that Ophiuchus was bringing the dead back to life thus disturbing the natural order of life and causing chaos in his realm of the dead. Zeus knew that Ophiuchus was a good man with a pure heart but he could not allow any man to have the knowledge of immortality. No human was going to be allowed to put the gods out of business! Zeus complied with Hades' request by striking Ophiuchus down with a thunderbolt. Out of respect for his skill, Zeus placed Ophiuchus in the sky as a heavenly constellation so that he would be remembered.

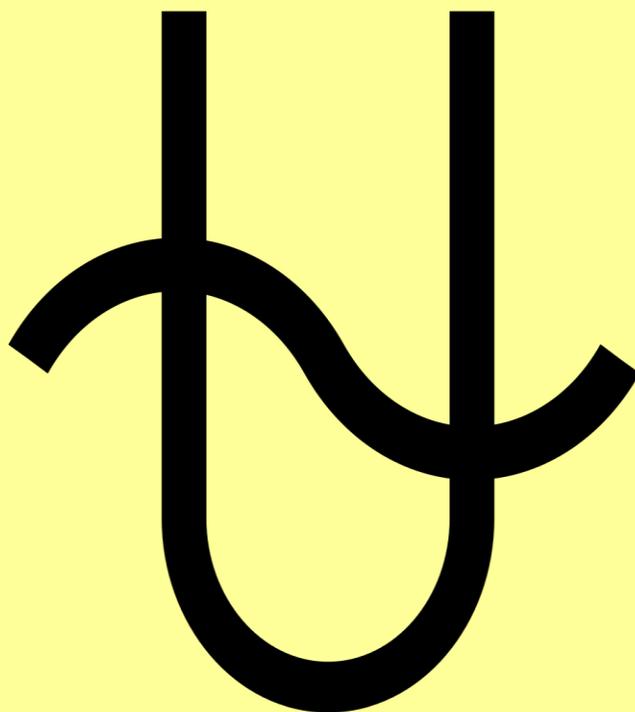
A person can qualify as an Ophiuchan if Fixed Star Ras Alhague which sits in the head of Ophiuchus appears in the natal chart. The influence of this star suggests one who is drawn to healing professions or one who simply has a natural gift for healing. High ideals are also designated by this star so service to mankind including politics is included under its influence. Helena Blavatsky, the 19th century Russian spiritualist and co-founder of the Theosophical Society, had this star connected to her Mercury. She is renowned for her spiritual writings. John Lennon had this star prominently connected to Venus in his chart and he is known for trying to heal the world through song.

Some interesting world events occurred when the Sun entered the sign of Ophiuchus. On December 1, 1917, Boy's Town, an institution providing guidance and education for homeless boys was founded. This seems rather apropos since Ophiuchus, according to legend, was a homeless boy given guidance and education by Chiron.

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On December 3, 1967, in Cape Town, South Africa, Dr. Christiaan Barnard (a Scorpio surgeon) performed the first human heart transplant surgery. The first Nobel Prizes for physics, chemistry, physiology, medicine, literature, and peace were awarded on December 10, 1901. Research also revealed that the great English poet John Milton was not only born under the sign of Ophiuchus on December 9, 1608 but also had Fixed Star Ras Al Hague conjunct his natal Sun amplifying the power of the sign. His prose was dedicated to the defense of civil and religious liberty and his masterpiece, *Paradise Lost*, is considered one of the greatest poems in world literature.





## *Indian Thumb Reading*

Sandra O. Mieri

As a practicing veteran palmist for many years, I know that a proper practitioner reads the entire hand both sides and this includes the wrists and even the fingernails. It can become all quite complex. Many years ago I began further studies into palmistry by observing different cultural aspects of it from around the world. Let's take a look at a view from the Indian perspective.

Anyone who seriously studies palmistry knows that Indian palmists mainly concern themselves with reading the thumb which is considered the master of the hand.

Flexibility is the first thing tested in a reading. This is done by flexing the thumb towards the wrist. If the thumb is firm it shows determination and will power and if it is inflexible it shows a very stubborn person with whom it may be a bit hard to get along. If the thumb is weak or easily bent the person may be generous and rather broad minded, even polite. This individual may find it difficult to stand up to others and who will easily give in. The ideal of course is a balance between the extremes. Balance is everything.

The thumb has nine major lines known as rekhas. Not everyone will have nine lines and it is considered rare to have all nine.

The line separating the first phalanx from the second is called pushpa rekha or wheat line. If it is firm and clear then the individual will have enough to eat (capability to sustain the body). If there is an opening at the center of the line it is especially fortuitous because that is considered a 'grain of wheat'. This is considered more advantageous in poor countries as opposed to more prosperous countries because the basic necessities of life are more in jeopardy than in prosperous nations. The wheat line is also linked to karma or purva karma (actions in the previous birth) and it generally reflects the good and bad of an individual's past life. The wheat line consists of two lines, male and female. These lines are called subsidiary lines. On a man's hand it is called stri rekha and on a woman's hand, purusa rekha.

- A broken subsidiary line indicates frequent disturbances within the family
- Black dots on the subsidiary line indicate the wasting of money (a particular relationship was costly). Dots can also indicate outliving a marital partner
- If the subsidiary line begins early near the wheat line, it indicates an early family
- If there are many subsidiary lines there will be many liaisons

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If the wheat line is broken it indicates a period of struggle making it difficult to make ends meet

A dented wheat line at the beginning of the line but smooth in the rest of its length means a troubled childhood that will get better as time advances. Dents in the middle of the line mean a period of hardship in midlife. A dent near the end of the line means problems in old age which can affect investments and savings.

The rest of the horizontal Rekha lines in brief:

1. Madhura Rekha: Just below the wheat line grants a liberal and charitable disposition often humanitarian in nature.
2. Mandara Rekha: This line represents travel. The individual hates restriction and loves to go on trips. They can also be big daydreamers.
3. Mana Rekha: On a man's hand it indicates infidelity. On a woman's hand, also infidelity and the capacity to have many male friends and many close friends including gay men.
4. Rathi Rekha: This is a complicated line and concerns marriage. If this line has a small island, the individual will be taking care of a partner for the lifetime, karmically learning how to heal. If it is chained to the wheat line there will be several marriages. If the Rathi is cut in half by a small line it indicates a midlife relationship usually with someone ill. If the line is gravely broken or dotted, it indicate a lone wolf solitary individual.
5. Malika Rekha: This line looks like a chain of flowers and divides the phalanx of Athena from the Mount of Venus. In western palmistry it is known as the family line. If the line is clear and well-marked, it indicates a happy family life. Dots indicate family disagreements over money and sometimes indicate a thief in the family. If the Malika is much bolder a line that the wheat line it indicates someone who is attached to parents.

The vertical Rekha lines in brief:

Three are of significance, Kasara, Mangala and Vajra.

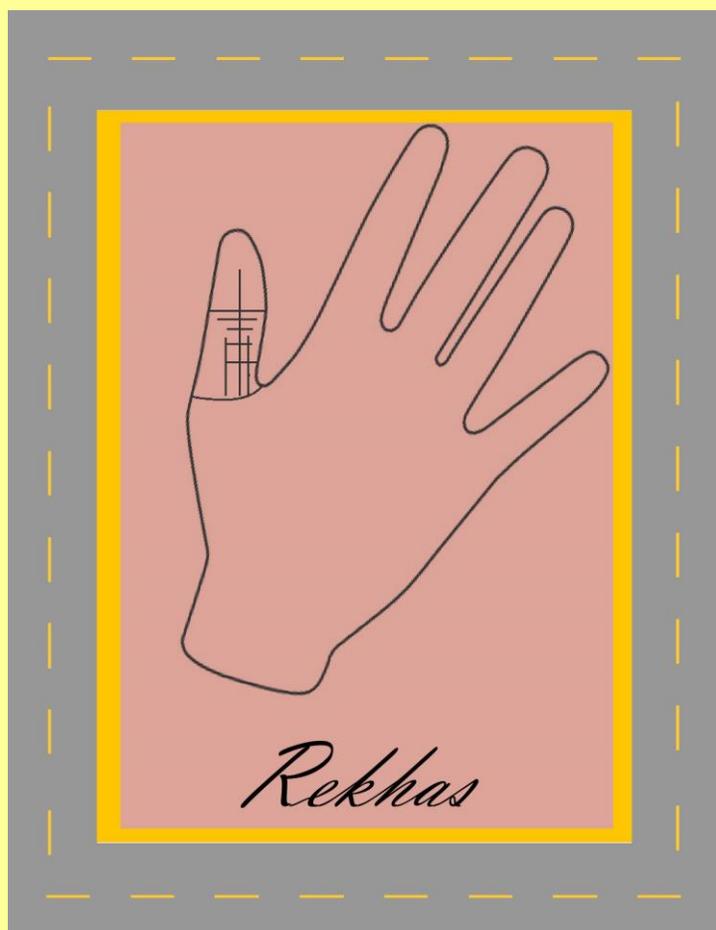
1. Mangala Rekha: This line rises from the Mount of Venus and divides the thumb in half. It indicates adversaries or enemies. Any line above it will have its beneficial powers weakened.

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1. Vajra Rekha: This line lies on the side of the thumb nearest the fingers. It is also called the diamond line. It is a mixed blessing. For example it can indicate an individual who has success, money and the world at his or her feet but also mental illness or addiction. If the line is clear, it indicates great wealth but if faint a more moderate but still impressive prosperity.
2. Kasara Rekha: Opposite the Vajra, this line represents family circumstances. If the line is fine then the family will build wealth gradually taking several generations to reach prosperity. A thick line indicates coming into money fairly quickly perhaps even by windfall.

Indian palmists also look for certain figures on the thumb such as fish, cobras, scorpions, wheels and shells and each have a specific meaning. They also look for “portents.” This is a vast study too immense to cover here.





## ***Universal Chat***

Mahaji

The high planetary Essences were holding court in the Grand Hall of the Universe. The day's agenda as usual, was to discuss a few dilemmas of Mankind. To accomplish this, they would have to do what they had always done from the very beginning, and that was to speak to Man as though they were human themselves in a variation of the "good buddy" system. Mankind, it seemed was perpetually dealing with hardships and challenges that deterred Man from the spiritual. So once again, the Essences decided to engage a little Universal Chat:

### **Jupiterian Essence:**

"It is a common spiritual law that everything happens for a reason. It's a tough pill to swallow sometimes. The reasons are not always clear, but the events of our lives appear because we deserve them and because they are designed to help us to transform and grow; and transformation brings us closer to a connection with something GREATER which is always good!"

### **Uranian Essence:**

"Instead of meeting every seemingly negative situation with dismay, try to be mindful that there is a lesson in the circumstance and this lesson *will* take you to a better place ultimately, to a higher spiritual level"

### **Saturnian Essence:**

"In moments of distress, as difficult as it is to see the reason for our hardship, find within yourself the strength to say, 'For now I will accept this challenge, not knowing the reason but trusting the universe has sent this to me for my own good and that someday I will fully understand.'"

### **Neptunian Essence:**

"It is this complete surrender to the Universe that connects us to our GREATNESS. It's all quite magical."

### **Plutonian Essence:**

"Unfortunately, our Desire to Receive for the Self Alone constantly seeks to distract us from having this consciousness.

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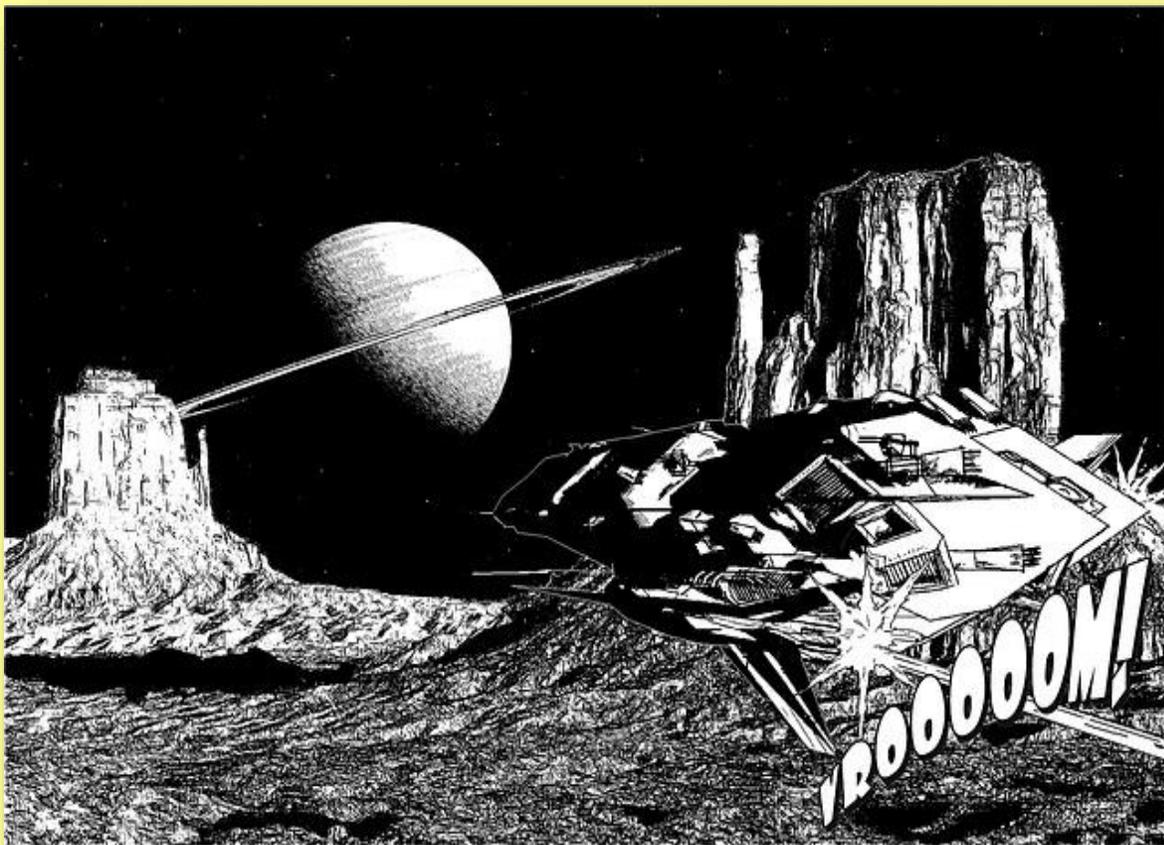
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Instead we get in our own way, with worry and fret we make mountains out of hills. We want to fix the problem right now. We want to see the fruits of our work instantaneously. Sometimes we need to stay in the discomfort in order to reap the greatest benefit. It is the way to transformation inside and out."

**Chirotic Essence:**

"So rather than asking for the pain to stop, ask to see what the pain is here to help you learn. Once you learn the lesson, there is no reason for the pain, right?"

Now, isn't this quite a "spin" that applies to EVERYONE regardless of what path they are walking?





### *Clash of the Zodiac*

Thomas Selinas-Cross

Mount Olympus is always a very busy place. The planetary intelligentsia and many of the asteroids and stars sport titles connected to the giants of mythology and it is enlightening to trace the link between the qualities of the planets with their mythological roots. Just like their ancient god archetypes, the planets 'clash' or 'cooperate' via the geometric angles they make to one another affecting all mankind for good or ill.



APOLLO – God of the SUN ...

In astrology the Sun represents our Core Essence and Ego. It governs individuality, drive, performance and shapes how others see us. Apollo is known as the god of light and truth and prophecy. On occasion he gave the gift of prophecy to those mortals that favored. He is the most beautiful of the gods possessing a perfect physique and is the god who is represented more frequently in ancient art than any other deity. As a master archer and fleet-footed athlete, he is credited with being the first victor in the Olympic Games. As a gifted musician, Apollo delighted the gods with his performances on the lyre. Popular Apollo enjoyed being the center of attention on Olympus.

Apollo represents the “best” of each Sun sign when drive is at the highest level of individual performance. Inherent in this energy is the capacity to “like” the “self” which fosters confidence and success. Apollo and the Sun represent the light within us.



ARTEMIS – Goddess of the MOON

The astrological Moon represents instinctive reactions, emotions and the unconscious. As the great luminary of the night sky, the Moon shapes the part of the personality that is hidden from others simply because human beings tend to disapprove of instinctual behavior. The Moon influences our receptivity to others and how they “feel” about us. The Moon goddess Artemis is the twin sister of Apollo the Sun god. In astrology the Sun and Moon are known as the “lights” each representing the masculine (willpower) and feminine (instinct). In mythology, Artemis is a principal goddess who is chief huntress of the gods. Like her astrological counterpart the Moon, Artemis governs childbirth and nature.

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Like her brother Apollo, Artemis was armed with a bow and arrows which she used to punish mortals when they angered her by upsetting her temperamental nature. Artemis favored females and animals and often came to their aid with compassion and nurturing love.



### HERMES – God of MERCURY

Mercury, the planet of communication and travel finds a perfect counterpart in Hermes the messenger of the gods. Hermes was the busiest of the Olympian gods. He conducted the souls of the dead to the underworld, held magical powers over sleep and dreams, served as the protector of commerce and trading and was a highly regarded deity of athletes. He is credited with inventing music, mathematics and astronomy. Despite all of these virtuous traits, Hermes was also considered a dangerous foe, a trickster and a thief (all of which are governed by the planet Mercury). One of Hermes's favorite ruses was to turn things "backward" in order to confuse others. In astrology the infamous Mercury retrograde is a three week period that occurs four times a year that causes delays and upsets with just about everything associated with everyday life.

Both the god Hermes and the planet Mercury represent intelligence, perception, reasoning and anything and everything that requires skill and dexterity. Daily travel and certain modes of transportation are also credited to the brilliant god Hermes and his planet Mercury.



### APHRODITE – Goddess of VENUS

A true queen of the heavens and goddess of the people, Aphrodite holds jurisdiction over love and beauty. In mythology she was married to the lame and ugly Hephaestus god of the forge and was lover to Ares the god of War. It was Venus who taught the art of seduction to mortals and her power to move the human heart is legendary. Aphrodite however was not perfect because despite her great beauty she was very temperamental, self-indulgent and spiteful. In astrology, the planet Venus rules love and pleasure and lends allure and sex appeal to the personality. Venus also governs the 'higher' emotions and the gift of happiness.

Artistry, design, sociability, balance and friendship as well as narcissism and even money also fall under the governing energy of Aphrodite and her planetary counterpart Venus.

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### GAIA – Goddess of the EARTH

In mythology, Gaia is the personification of Mother Earth and the daughter of Chaos. She is both the mother and wife to Ouranos (Uranus) the god of the Sky. These two entities are believed to be the parents of the earliest living creatures which included giants and monsters. Gaia was not happy unless she was creative and bountiful according to her designs. In an astrological chart, the Earth always lies exactly opposite the natal Sun. It represents how the ego needs of the Sun can be fulfilled. The Sun pinpoints the area of life where an individual can best find expression and shine. The Earth enhances the reason for being and spotlights the sector of life where an individual can have the greatest positive impact if they are able to focus the energy well. The earth helps us all to deliver our “message” in life and be productive. It shows where the individual is prone to neglect if they allow the Sun sign to totally control choices and like its mythological counterpart Gaia, Earth energy can be expressed either chaotically or with bountiful productive results.



### ARES – God of MARS

Aggressive and sanguine Ares is the god of War. He is neither popular with the gods or mortals because of his hot-headed and confrontational trouble-making nature. Ares manifests pure physical energy often expressed as brute strength and sexual passion (Ares liaison with Aphrodite is legendary). Ares doesn't like to lose and lives for competition. The bloodier the fight, the better Ares liked it. The fiery planet Mars governs energy, boldness, the willpower to 'win', fortitude, and the drive to turn ideas into action. The tempestuous god and planetary vibration strive for victory.

Ares and Mars represent unleashed energy and the capacity for leadership, pioneering spirit, and the physical endurance to get things done. They also signal brashness, impulsiveness and impatience. This is truly a fit made in heaven.



### ZEUS – God of JUPITER

Zeus is known as the king of the gods and Jupiter is known as the king of the planets to its grand largesse.

Continued...

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As the all-powerful guardian of mankind, Zeus symbolizes honor, good faith, wisdom and bounty. The planet Jupiter in turn represents abundance, expansiveness, optimism and good luck. In astrology, Jupiter is known as the 'Greater Fortune' (Venus is the Lesser Fortune) bringing health, happiness, wealth, knowledge, vision and honesty. In mythology Zeus was out and about amongst mortals expanding his horizons (usually with the ladies) and like its deity counterpart, Jupiter signals broadened horizons through increase of beneficial worldly.

The energies of Zeus and Jupiter will come to human rescue even if it is at the last minute but all mortals do need to be wary of too much of a good thing... lest they want a thunderbolt to the derrière.



### CHRONOS – God of SATURN

In Greek mythology, Chronos was the ruler of the universe during the Golden Age. He was one of the twelve Titans and the youngest son of Ouranos and Gaia. He was the father of Zeus (Jupiter), Poseidon (Neptune) and Hades (Pluto). Chronos is also known as Father Time often depicted as an old man carrying a sickle for he brought an end to all things that had a beginning which is known as a 'cycle'. The word chronology representing sequence of time comes courtesy of Chronos. In astrology the planet Saturn is the planet of self-control, limitation, diligence and maturity. As the Great Taskmaster of the Zodiac, Saturn ensures that no rewards will be given in life until they are earned. Like Chronos Saturn rules cycles.

Chronos and Saturn also represent Karma and destiny since they control fate and the payment that is due for what we receive.



### OURANOS – God of URANUS

In mythology, Ouranos, the Sky god, was the first ruler of the universe. He was the son and husband of Gaia (who created him without help) and father of the Titans, the Cyclopes, and the 100 handed giants. Ouranos was very unpredictable by nature and in some accounts was considered anthropomorphic. He came to a bad end when he was dethroned and mutilated by Chronos who castrated him. The blood of his wounds lent creation to the three Furies who avenge crimes of patricide and perjury. Uranus is the planet of change, sudden upheaval and unexpected happenings. It marks the sudden and dramatic events in one's lifetime and defines personal originality.

Continued...

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Like its deity counterpart, the planet Uranus represents all that is unorthodox and ephemeral.



POSEIDON – God of NEPTUNE

The astrological Neptune is the planet of idealism, spirituality, illusion, fantasy, mystery and bewitchment. Anyone who has experienced a strange or unexplainable event or psychic phenomena has journeyed into the subconscious realm of Neptune. Poseidon is known as the Sea god who rules all things hidden by the watery depths, secrets and the unknown. He was the son of the Titans Chronos and Rhea and the brother of Zeus and Hades. Poseidon and the Gorgon Medusa were the parents of the fantastical winged horse Pegasus.

Poseidon and Neptune govern all things mystical and on the down side negative escapism that can lure a person into crime or addiction.



HADES – God of PLUTO

Hades is the god of the Dead. He is the son of Titans Chronos and Rhea and brother to Zeus and Poseidon. When the three brothers divided up the universe after they had deposed their father Chronos, Hades was awarded the underworld where he ruled the kingdom of the dead and kept the Titans imprisoned. Hades is a pitiless and grim god but he is not cruel. To some, he is known as the god of Riches because crops and precious metals are thought to come from his kingdom. Pluto is the planet of power. It rules transformation, evolution and elimination. Pluto action is often considered merciless because it brings to light things hidden in the subconscious which is often unpleasant but necessary. Phoenix energy is inherent in the Pluto vibration because the influence represents metaphoric rebirth after death... it destroys then recreates.

The essence of Hades and Pluto are thought to have a strong generational and personal effect marking the beginnings and endings of life phases for the purpose of regeneration.



## ***Blavatsky's Masters***

Rev. Dr. Loni Haas

Aren't we a lucky bunch? We have all sorts of things to play with these days complete with all the bells and whistles— the alleged truth and non-truth, the inner voice and the outer voice, guides, spirits, inter-dimensional energies, ascended masters, bogey men and anything else we can conjure up when we want to. Don't get me wrong, I am not knocking anyone's personal fav and I enjoy the 'variety' myself, it's just that sometimes something comes up that shakes a foundation or two and is worth a look. Allow me to share some information that came to my attention a while ago during some research. Those of you who know about it, don't give the ending away...

For your personal discernment ...

### **Background:**

Russian esotericist Helena Petrova Blavatsky (1831-1891) is a widely recognized figure of nineteenth century occult revival and she is best known as the founder of the modern Theosophical Movement. That movement is based upon "teachings" and "techniques" she claimed to have received from real acquaintances who she called "Masters" or Mahatmas." As many are well aware, various types of organizations have incorporated these Masters into their beliefs and foundational credos and the media stream has been inundated with books, cards and all sorts of paraphernalia and "channeling" concerning them. Pretenders are everywhere claiming to be agents of the High Ones. Blavatsky's "Masters" were incorporated directly into the teachings of her 'spiritual descendants' including such notaries as Gottfried de Purucker, Charles W. Leadbeater, Alice Bailey and Elizabeth Claire Prophet not to mention a further indirect effect on the Anthropological Society ( Rudolf Seiner), the Ancient and Mystical Order of Rosae Crucis (H. Spencer Lewis) and the Rosicrucian Fellowship (Max Heindel), the Secret Chiefs of the Hermetic Order of the Golden Dawn, the Ordo Templi Orientis and the teachings of G.I. Gurdjieff. Impressive aye?

*The truth is these "hidden masters" of Blavatsky have never been thoroughly investigated. Were they real people as she claimed or simply a manifestation of her often theatrical nature? Where do you stand? Accept? Deny? Or are you on the fence in the gray area thinking they are put to best use via spiritual archetype?*

**Hypothesis:** Running with this supposition – The Masters were real people who were "fictionalized" and "glamorized" in all of Blavatsky's accounts.

Continued ...

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The “Masters” did undergo rapid changes in a few short years ... “John King of Spiritualist fame to Tuitit and Serapis Bey of the Egyptian Brotherhood of Luxor and finally Indian Mahatmas or ‘great souls’.” It was under the alleged influence of the Masters that Blavatsky and her associate Henry Steel Olcott traveled to India and it was there that the debate began over their existence.

**Clues via back-up history:** It is well known that Blavatsky had a fascination with Tibet since her early childhood rooted in her experiences with the Kalmuck tribe (based in Astrakhan near southern Russia) which practiced Tibetan Buddhism. Her great grandfather practiced Rosicrucian Masonry and he had a vast occult library where she spent a lot of time. Her great grandfather also belonged to the Rite of Strict Observance (founded Germany 1754) which, “claimed to emanate from a worldwide network of Unknown Superiors. Great Grandpa was further rumored to have met, “... celebrated eighteenth century mages known as the counts Cagliostro (the last victim of the Inquisition he became a Masonic Martyr) and Saint Germain. She later became familiar with Sufism, Kabbalah, Coptic Christianity and the Druze and in truth had many teachers of varied experience.

### **Stars of the show:**

The top ranking Masters most involved with the Theosophical Society (established New York, 1875) were Koot Hoomi or Kuthumi and El Morya. Blavatsky claimed to have spent many years studying with them in Tibet and claimed that therefore they were able to perform amazing psychic feats through her. Converts soon followed among them, A.P. Sinnett who wrote *The Occult World and Esoteric Buddhism* based on “letters from the Mahatmas (Masters).” The letters would appear in mysterious and peculiar ways particularly when Blavatsky visited Sinnett and his wife. For example, one note was found high up in the branches of a tree. Other odd ( or not so odd) things would happen when the Mahatmas worked through Blavatsky such as a cup and saucer materializing under a bush and a missing broach materializing in Mrs. Sinnett’s pillow. So far I’m not buying it.

### **The Show begins:**

In 1882, the Theosophical Society moved its headquarters to Adyar and by 1884, the society began to attract many Europeans along with Indian disciples. This two year time period is when the Mahatma letters really made their debut. They would frequently appear in cabinet known as the “Shrine” which was located in the “Occult Room” conveniently located adjacent to Blavatsky’s bedroom. It is reported that they, “also fell from the ceiling in various places and appeared in the margins of sealed correspondence.” Despite this wondrous affair there was trouble. Two disgruntled employees of the society claimed they had participated in ‘faking’ psychic phenomena connected to verifying the existence of the Mahatmas (big surprise there).

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Alexis and Emma Coulomb claimed the, “Shrine was designed to allow letters to be inserted through a sliding panel in the back, making them appear to have materialized paranormally (P.T. Barnum anyone?). The accusations received plenty of attention.

### **The Plot thickens:**

Enter Richard Hodgson of the British Society for Psychical Research who was sent to India to investigate. Upon conclusion, Hodgson claimed the whole affair to be fraudulent and the Theosophists refuted stating that his report was based on “lies” and could not be taken seriously. There is fraudulence here if you consider that in June 1883, Olcott received letters giving instructions to forge letters intended for Sinnett allegedly from Master Koot Hoomi stating, “... put your whole soul in answer to A.P.S. (Sinnett) from K.H. (Koot Hoomi). Upon this letter are hinged the fruits of the future. Let it be one that can be shown with honour to everyone... Be careful about letter to Sinnett. Must be a really *adeptic* letter.” We got em now or do we? After Hodgson’s investigation, Blavatsky stopped performing paranormal feats associated with the “Masters.” Did she let followers go on believing because she was trying to protect the identities of real men?

### **More Soup:**

In the midst of all the brouhaha of Hodgson’s investigation, Olcott began blaming Blavatsky for the “disgrace caused by phenomena she had performed in the Masters’ names.” By 1885, Blavatsky complained to Sinnett that Olcott had been “cautiously admitting that I have substituted bogus for real phenomena; that I am suffering at times from mental aberration.” She believed Olcott was professing himself to be “the first chief confederate in the alleged bogus phenomena.”

How had the whole ‘idolatry’ of real men gotten out of hand? Was the denial of the Masters by investigator Hodgson was actually preferred by Blavatsky in lieu of the truth behind the disguises being revealed?

Blavatsky... Olcott ... who’s to blame?

Blavatsky states: “Is it Olcott’s fault? Perhaps to a degree. Is it mine? I absolutely deny it, and protest against the accusation. It is no one’s fault. Human nature alone, and the failure of modern society and religions to furnish people with something higher and nobler than craving after money and honors – is at the bottom of it. Place this failure on one side, and the mischief and havoc produced in people’s brains by modern spiritualism, and you have the enigma solved.”

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She later recanted and said: "If anyone is to be blamed, it is I. I have desecrated the holy Truth by remaining too passive in the face of all this desecration, brought on by too much zeal and false ideas."

### **Dessert:**

It is important to note that in 1986, the Society for Psychical Research published a critique by handwriting expert Vernon Harrison that discredited "crucial elements" of Hodgson's report. Accordingly, the Theosophists took it as complete vindication.

### **Hindsight aperitif:**

- It is believed that her mentor of twenty years, Copt Magician Paolos Metamon was probably the inspiration for Master Serapis Bey.
- Thakar Singh Sandhanwalia, the founding president of the Amritsar Singh Sabha relates to the Master Koot Hoomi via the writings of Olcott and Blavatsky.
- Maharajah Ranbir Singh of Kasmir resembles El Morya because he was committed to promoting brotherhood. His subjects were Muslims, Buddhists, Christians, and Sikhs

"No man can teach another truth if the truth does not manifest itself in and through him. Do not follow those that in a loud voice claim to be able to show you the truth, but seek for the *truth for itself ...*" ~ *The Talking image or Urur* by Franz Hartmann





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**Laurie Z. McNab** (*Is Ophiuchus a Real Zodiac Sign? Pg. 75*)

Laurie has been an astrologer for over 15 years and has a small practice in her hometown in CT. She is married and has two children and two dogs. She enjoys working with people on their birth charts helping them to discover talents and potentials. In her spare time, Laurie enjoys embroidery that was taught to her by her great grandmother and pencil sketching

**Sandra O. Mieri** (*Indian Thumb Reading, pg 78*)

Sandra has been a professional palm reader for over 30 years. She is married and lives in Washington State. She has four grown children and six grandchildren. Sandra enjoys sewing and designing costumes for the local community theater in her hometown and is also a speech coach for the actors.

**Mahaji** (*Universal Chat, pg. 81*)

Mahaji, “the Universal Mother” prefers to remain anonymous. She believes her article says it all and that it is the message that is most important. You can visit Mahaji on <https://lightforcenetwork.com/>

**Thomas Selinas-Cross** (*Clash of the Zodiac, pg. 83*)

Thomas is an astrologer and an astronomer. He is an animal advocate and spends his spare time volunteering at the local animal shelter in his hometown in the state of Washington. He also travels to different states to put on planetarium shows. An avid outdoorsman, Thomas enjoys camping and hiking and fishing. You can visit Thomas on the [www.lightforcenetwork.com](http://www.lightforcenetwork.com) where he serves as a proficient.

**Loni Haas RMAFA, NCGR, DD** (*Blavatsky's Masters pg. 88*)

Loni Haas is a behavioral therapist, veteran exoteric and esoteric astrologer, research member of the American Federation of Astrologers (AFA), member of the National Council of Geocosmic Research (NCGR), as well as a lifetime member of the American Association of Behavioral Therapists. She is an ordained minister and Doctor of Divinity of the Universal Light Church of Cincinnati, Ohio where she is certified in several healing modalities.

Dreaming of ...

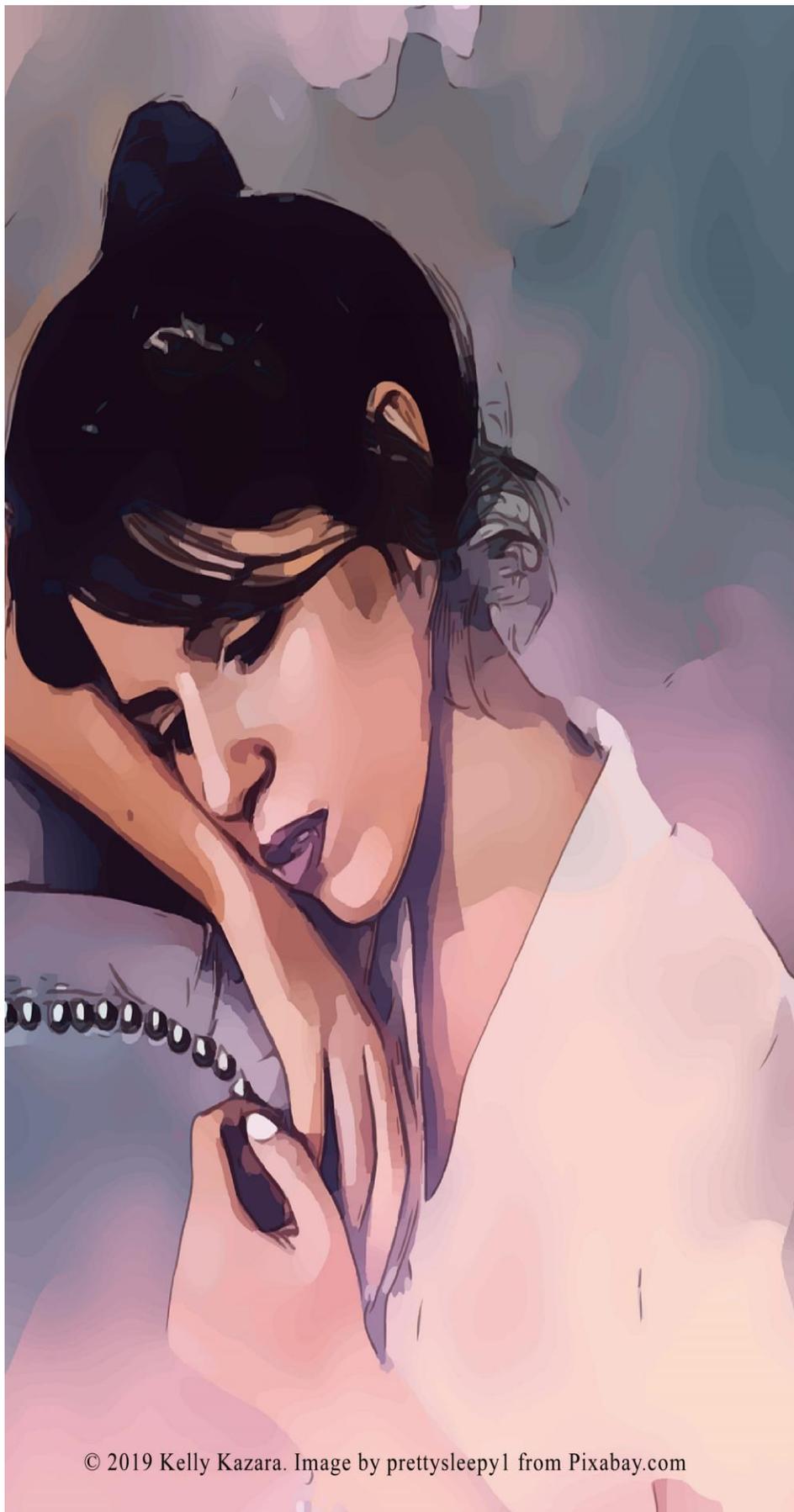
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Section Managing Editor – Marique Quinn

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## Broken People

by Kelly Kazara

Broken people stumbling around,  
Their pain intact,  
Not making a sound,  
Silent zombies on their phones,  
Going to work then coming home.  
8 hours of sleep if you're lucky,  
Changing masks,  
Dead inside but looking plucky,  
Living day to day,  
Week to week,  
Waiting for Friday to release,  
Never finding inner peace,  
Stuck like a hamster on a wheel,  
Sick inside of this never ending spiel,  
Never questioning what is real.  
Do you have a heart to feel?  
Or is comfortably numb the better deal?  
Just one day to feel alive,  
To live and love and connect and thrive,  
Instead of being dead inside.

## Show Me Truth

by Kelly Kazara

Show me some insight,

Show me your light,

Show me with your other sight,

Show me your darkness,

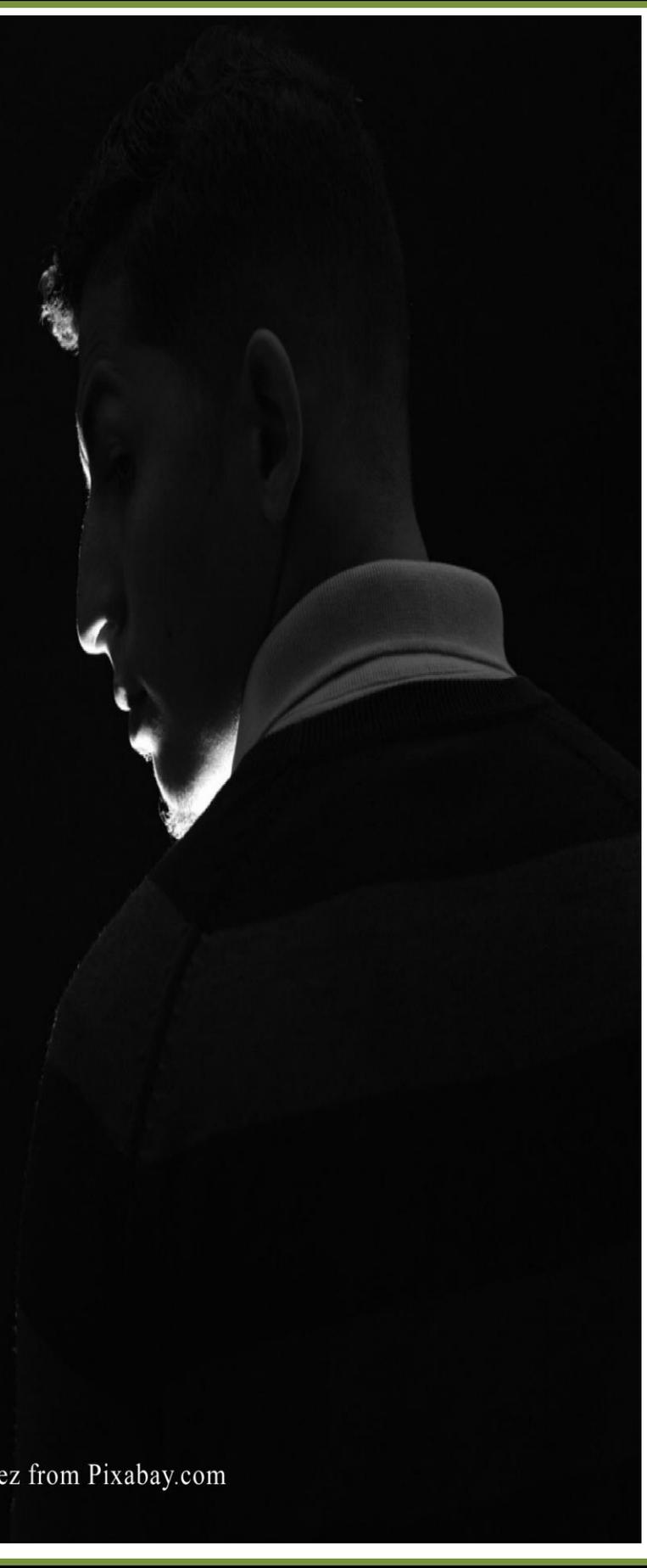
Your other side,

Here with your demons along for the ride,

Show me the proof,

In between shades,

There lies the truth.



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## The Girl Who Was A Storm

by Kelly Kazara

She was not a girl,  
She was a storm with skin,  
The clouds they surfaced from deep  
within,  
Sometimes moody,  
Turbulent Grey,  
The rain it did fall throughout the day,  
Heavy and persistent  
Sometimes with hail,  
But she never gave up,  
No mention of fail,  
And then the clouds would pass,  
And the sun would shine, and she  
knew that all was going to be fine,  
For in the distance a rainbow  
appeared.  
And hope took over from all of her  
fears.

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**LADY IN THE GARDEN**

**(Art Quilting)**



**STARRY NIGHT**  
**(Traditional Quilting)**



**THE SUN IS A BEAUTY**  
**(Paper Pieced Quilting)**



**BELLA**

**Acrylic on stretched canvas.**



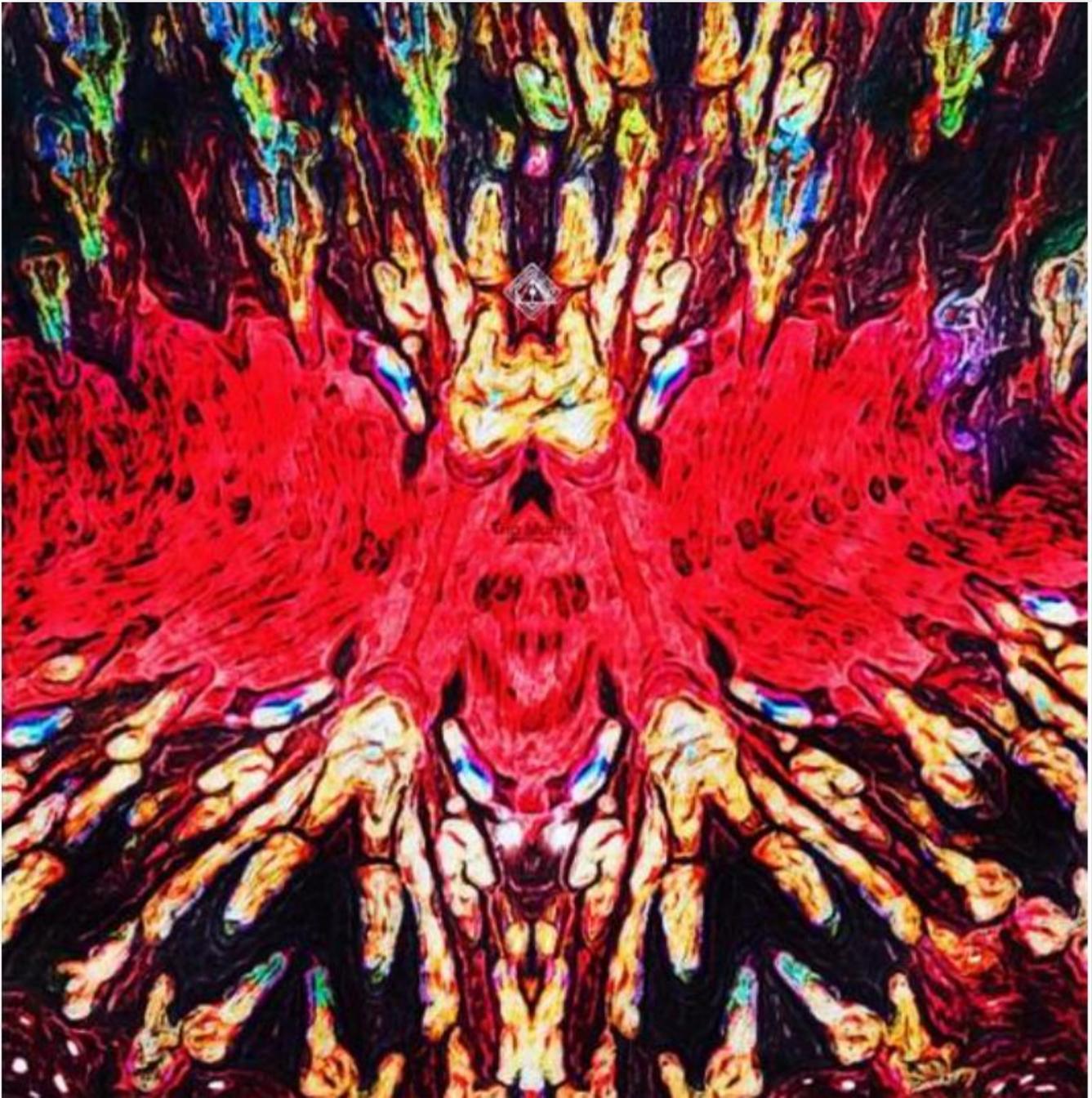
**SPIRIT OF MUSIC**

**Acrylic on stretched canvas.**



**HEIDI'S LION**

**Acrylic on stretched canvas.**



**THE RITUAL**

**Trippsim/Mixed Media**



**PRIME**

**Trippsim/Mixed Media**



**HIS FACE HETACOMB**

**Trippsim/Mixed Media**



**CHAIN MAGIC**

**Pour your paint background then use paints on ball chain and string.**



**STAIRWAY TO PEACE**

**Oil paints on canvas.**



### UNDERWATER BLISS

**Paint Pour on canvas using a paper towel swiped across various colors for the background and then painting the picture on top after background dries.**



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**Kelly Kazara** (*Poetry Gallery, pgs.94 -96*)

I grew up in Liverpool, UK and still live there with my husband and my devoted cat. I love to write free form poetry. I have been writing poetry ever since I learned how to write. It is a creative and emotional outlet for me. I see things in the world that really find distressing or things that could change for the better if only people would change a little. I write about events going on in the world around us and also about people and their natures and frailties and the senseless violence in the world and just plain wrong and senseless things that I see going on. I am an idealist. Writing helps with my frustrations about the state of the UK and around the world. I do not write for others, I write for myself. I get impressions or inspirations and just write it down.

**Kerry Hensen** (*Quilt Gallery, pgs. 97- 99*)

I am a mixed media artist and also a quilter. I enjoy playing with new techniques and experimenting with different mediums. Also, my art is all intuitive. I live in the country on an 80 acre farm with my husband, four dogs and seven cats.

**Suzanne Donovan** (*Art Gallery, pgs. 100-101*)

I paint because I find it relaxing. I get my inspiration from deep seeded emotion or when people ask me to paint something for them. I have done small rock paintings to murals in nurseries. I have sold a few paintings and have several I'm willing to sell. I would be willing to do a few things commission wise but I don't really have time to do painting full-time. My contact email address is: [suzannedonovan1977@outlook.com](mailto:suzannedonovan1977@outlook.com) if you wish to contact me or to commission me.

**Trip Morris** (*Art Gallery, pgs. 102-104*)

Art, Fashion, Creation. To my souls content. The art that I create is similar in style to alchemical illustrations, but they are deeper in complexity. I discovered this specific style throughout the course of many years. My work started off as geometric patterns and shapes. As my skill, confidence, and self-transformation progressed, my creations started to evolve. Many meanings in everything I create. Rarely are they linear. Go and explore. To see or buy my artwork go to [tripxmorris.com](http://tripxmorris.com).

**Sandy Wytshyn** (*pgs. 105-107*)

My name is Sandra Wytshyn (Sandy) Born and raised, and still live in Leduc AB. Painting is my passion, which I started learning in 2016 after watching a guy on TV painting oil paintings. I watched and learned the different techniques on how to paint different things and away I went. I paint from the heart, what I love goes on canvas like my oil painting Stairway to Peace. Also I got into painting acrylics, and then Paint Pouring which is also acrylic paint and other additives. It is so interesting and fun, and so many different techniques. I paint small tables, vases, canvas, wood, metal and mirrors. My artwork can be found on <https://www.instagram.com/sandywytshyn>.

# Odd Vant GuardE

Want a banana ?



*Freeze*  
worldwide

Section Managing Editor – Oscar 'Trashman' Corelli

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Image by Alexas. Fotos from Pixabay.com



## *O-Pine-Needles*

Jonathan Corelli

Lately I have been considering closing my various social media accounts because quite frankly, people have become a bore. They weren't always that way. As a matter of fact they were quite amusing, funny and even brilliant at times but now they lost their edge. They seem to be focused on all the wrong things and become quite primal and tribal. Yeah, yeah, you could argue that they have always been that way but this all has a different feel and it sure isn't just a 'timely revolution', you know one of those concepts that the experts tell you must occur for the evolution of mankind. It also isn't some other horse dookie that phony gurus tout about spiritual cleansing of the vast collective.

The other day, a gay friend told me that God is merely separating the wheat from the chaff (which He does every millennium or so) and that Satan is an undercover agent dressed in drag to fool the masses. He was kidding of course but my mind immediately conjured up the Red Queen from Alice in Wonderland all decked out royal robes and wearing an enormous amount of bright red lipstick spitting out, "off with their heads!"

Tell you one thing friend, if the Red Queen is really Satan, *she sure* is taking heads.

Lots of them.

And social media is her bitch. All of it.

It's the whole passive-aggressive capability social platforms offer. It's easy to crucify, "that guy who didn't agree with me and needs to be straightened out." Those more creative design cruel memes generally based in untruths. Let's face it we all laugh and hide behind our keyboards yelling, "freedom of speech!" More like freedom of hate.

We don't need Satan – we are taking each other out.

Maybe that's Queenie plan.

I won't get into the myriad ramifications of current politics which is one baseline influence, and there is absolutely no reasoning with any of it mainly because experience has taught me hell-bent people actually like to be angry and offended and defensive. The worst thing that could ever happen is that they be "wrong" about something. Politics has always been an excuse for crazy behavior since ancient days. We could shrug and say, "It's only human." I say it has now become *inhuman*. A person's political stance has always meant very little to me but their personal character weighed heavily in my estimation.

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Unfortunately, now it seems to be the platform du jour right up there with renewed and improved forms of racism and assorted colorful perversions all designed in the name of progress. It's not likely to blow over nor are we likely to grow out of it. Too many precedents have been set.

“Choose a side!” shrieks the Red Queen, “Or off with your head!”

She'll grab you and plant a sloppy red lipstick kiss on your forehead. Her mark! A new recruit! Get behind your keyboard and spew her rhetoric. Express yourself. Hate! Bully! Overpower! Take them out! Annihilate!

Just one more thing. Try to remember that there is a balance. There is another side.

So,

“Whatcha' gonna' do when they come for you?”

Maybe I'll hang around after all just to see.





## *Faster Than the Speed of Light*

Craig Hawthorne

### WARNING SPECULATION AHEAD

299 792 458 meters per second, 186000 miles a second or 700 million miles an hour, the fastest thing possible, the speed of light is held as being a “definite” of reality, a constant that helps shape our reality. Science postulates that tachyons

<http://en.wikipedia.org/wiki/Tachyon> move faster than light but most people, upon being asked what is the fastest thing in the universe will reply the speed of light. This answer is a perception and mass perception shapes reality (this could be defined as our consensual reality). An effect of this agreed perception could manifest as reality through an agent labeled as morphic fields. Morphic Field link: <https://www.sheldrake.org/research/morphic-resonance/introduction#top>

Other examples of perceived consensual reality would be “the sky is blue” (it isn’t) and, up is up and down is down (you are on a spinning tilted sphere, direction therefore is relative) you give your consent to reality consciously (yes the sky is blue) and sub-consciously (through beliefs) denial of agreed consensual reality leaves one being labeled as mad! So, what has the speed of light got to do with it? Well, it’s held up in part as a definition of what is possible. Skeptics use the speed of light to dismiss space travel is one example but the real “biggie” is its inclusion in the equation  $E=MC^2$ . Everything is energy and to calculate energy the constant of the speed of light is included making  $E=MC^2$  the relative measure of reality. Take away the speed of light and the equation is broke. Now whether you understand the ramification of the equation or not, (there by giving conscious or sub-conscious consent) authorities will tell you that  $E=MC^2$  and the speed of light are correct and in part shaping the reality that the masses perceive. So is there anything faster than the speed of light?

Speed of thought how fast is it? Instantaneous ... perhaps. How do you prove that? Science measures brain functions as synaptic firings in the brain (recorded as waves but are these the effect of thoughts?), but a wee problem with this is observation is governed by the speed of light. Can science with its “matter first” doctrine ever prove the speed of thought? Maybe proof is to be found outside science...”Let there be light” whatever meta-physical system you run this through the will of God/All (as purest spiritual thought) creates light.

If we take thought as creating light, how can light be faster than the thing that created it? What happens to  $E=MC^2$  if light is replaced by thought? Would energy then equal zero, zero being defined as potential shaped by thought? (And thereby through the mechanism of a morphic field unfolding that reality back to the observer).

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How would consensual reality be defined if the masses took a) thought as being the fastest “thing” in the universe and b) Energy being relative to thought or one step further thoughts’ creator you. Could a blend of science and meta-physical/spiritual understanding lead to the statement “Reality is shaped” as an article of being?

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## *Jungian Apocalypse*

Steve Prellwitz

Apocalypse, Second Coming, Christ Consciousness- what does it all mean?

For guidance, let us turn to Dr. Carl Gustav Jung's writings concerning the Book of Revelation and related subjects. His perspective on these matters is quite illuminating given current events on the world stage and the climate of eschatological conspiracy that surrounds them.

We start with the question of whether or not this *is* the time of Apocalypse.

In his book *AION* (1951) Jung makes it quite clear that we are indeed living through the Last Days. The framing for his argument comes from astrological timetables, analyzing the entire Age or Aeon of Pisces in the context of the interpretation of history given by John of Patmos in the Book of Revelation. Given the symbolism of the fishes as representing Christ and Antichrist, the opposite aspects of God, the whole two thousand year Aeon breaks down as a playing out of this duality.

The first millennium of Pisces illuminates the positive half of God, with the rise of Christianity and Islam. Following this first thousand years, with the switching over to the other "fish" of Pisces during the eleventh century, the positive turns negative, rushing towards its opposite, creating a contest or battle between the "hostile brothers" of Jesus and Muhammad. Thus the turnover period is characterized by the clash of West and East, Europe and the Muslim world. This is interpreted as Satan having been let loose to create mischief and bloodshed, starting when the Crusades turned the light to dark. This war between the Sons of the Father has defined the last thousand years of history and is now reaching its dreadful apocalyptic crescendo in our own time.

The reign of the Antichrist is therefore coming to its end right now in the current events we see happening all around us. "Wars and rumors of wars" have been the norm ever since the Crusades, culminating in the final showdown that is fittingly called the War on Terror. It is interesting to note that the two main factions in this war are modern day wings of the western Judeo-Christian Knights Templar and the eastern Islamic Assassins. Both of these orders have their roots in the eleventh century, the time when the "satanic fish" first took over and began redirecting the course of human events. Jung describes this key historical turning point in *AION*:

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“One could observe far and wide an uncommon agitation and commotion in men’s spirits. Everyone felt the rushing wind of pneuma; it was an age of new and unprecedented ideas which were blazoned abroad by the Cathari...and whatever else these movements were called. Their visible beginnings all lay in the early years of the eleventh century...They were made up of people who identified themselves (or were identified) with God, who deemed themselves as supermen, had a critical approach to the gospels, followed the promptings of the inner man, and understood the kingdom of heaven to be within...The numinosity of this feeling was heightened by the temporal coincidence- ‘synchronicity’- of the epoch...with the beginning of the sphere of the antichristian fish in Pisces.”

The Templars and Assassins were the most powerful of these movements. Their members saw themselves as initiates chosen by Providence to reshape the world, cosmic players in the Great Game. It is this cynical fight for world domination under the guise of Divine Mission that brought the devaluation of religion in general, and opened the way for the rise of scientific atheism, as Jung also points out:

“The antichristian era is to blame that the spirit became non-spiritual and the vitalizing archetype gradually degenerated into rationalism, intellectualism, and doctrinarism, all of which leads straight to the tragedy of modern times now hanging over our heads like a sword of Damocles...The present age must come to terms drastically with the facts as they are, with the absolute opposition that is not only tearing the world asunder politically but has planted a schism in the human heart.”

The only way out of this battle is of course found in a reconciliation of the opposites, something that the mystical arts running underground during the entire Pisces Aeon have been hard at work trying to illuminate. But as Jung also says in *AION*, since the question of the clashing opposites is Piscean, the answer to this state can only be found in the Aquarian age:

“We need to find our way back to the original, living spirit which, because of its ambivalence, is also a mediator and uniter of opposites, an idea that preoccupied the alchemists for many centuries. If the Aeon of the fishes is ruled by the archetypal motif of the hostile brothers, then the approach of the next Platonic month, namely Aquarius, will constellate the problem of the union of the opposites.”

Why now, at the dawn of the Aquarian Aeon, is this union at last possible? The reason is simple: Cosmic power no longer rests in the institutions of Church and State, as was the case for the entire Piscean age. In the “New Age”, divinity is becoming manifest in the individual human being for the first time on a mass scale.

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When the reign of the antichrist began, this "personal incarnation" of Godhood was the exclusive privilege of those Great Game players on either side of the west-east struggle, the "Illuminati" orders of Templars and Assassins.

But now that the Game is finishing, what was once secret has been revealed, and the alchemical powers are within reach for each and every one of us.

Jung explains this in "Answer to Job", when describing the climate of our Apocalypse:

"John anticipated the alchemists...he anticipated the possibility of God's birth in man, which the alchemists also intuited. He thus outlined the programme for the whole Aeon of Pisces, with its dramatic enantiodromia, and its dark end which we have still to experience, and before whose- without exaggeration- truly apocalyptic possibilities mankind shudders. The four sinister horsemen, the threatening tumult of trumpets, and the brimming vials of wrath are still waiting; already the atom bomb hangs over us like a sword of Damocles, and behind that lurk the incomparably more terrible possibilities of chemical warfare, which would eclipse even the horrors of the Apocalypse. 'Aquarius sets aflame Lucifer's harsh forces.' Could anyone in his right senses deny that John correctly foresaw at least some of the possible dangers that threaten our world in the final phase of the Christian Aeon?"

The Book of Revelation is the program that defines the Great Game's conclusion, and in it we find the answers to the problems the Endgame has created.

Jung prophetically looks into our own times, providing a nice closing commentary on why "weapons of mass destruction" are the key focus for the Game's final stage during the War on Terror. We are at war with the darker side of humanity itself and will destroy ourselves if we fail to unite the opposites in an Aquarian way:

"Since the Apocalypse we now know again that God is not only to be loved, but also to be feared. He fills us with evil as well as good, otherwise he would not need to be feared; and because he wants to become man, the uniting of his antimony must take place in man. This involves man in a new responsibility. He can no longer wriggle out from it on the plea of his littleness and nothingness, for the dark God has slipped the atom bomb and chemical weapons into his hands and given him power to empty out the apocalyptic vials of wrath on his fellow creatures. Since he has been granted an almost godlike power, he can no longer remain blind and unconscious. He must know something of God's nature and of metaphysical processes if he is to understand himself and thereby achieve gnosis of the Divine."



## *Just Shut Up*

Aly 'Zephyr' Nizen

Why don't you just shut up?

No one wants to listen to you. Not about your politics or red pill/blue conspiracy theories. Not about who you deem bad people, the rotten weather or even the hangnail on your right thumb. You try to cover it all up by saying you merely have high standards and the world is not what it used to be and going to hell in a handbasket. It's the government, it's all religions, and it's our human evolution! You think your complaining is actually going to change someone else's mind and better yet change the situation. Could it be that your expectations are keeping you in a disgruntled state? It's probably more your lack of self-awareness and without it your expectations will never align with your realities. And speaking of reality, just exactly IS your reality? You might want to start there.

Your blathering front doesn't mean you have confidence either. It just means you are a master at avoidance always comparing this and that with this and that. No one can really pin you down because you just keep repeating the same loop of info never getting down to the real base issue or even worse, you never offer any 'real' solutions for any issue at all – just your mini-me jumping up and down in an outrage. That mini-me me loves to gossip and speak ill of others in your social circles too. Do you really think your lying and unkind words control others or the situation?

**BUZZER**

Here's a clue for you. Why don't you focus on what you actually need rather than what you want or how you want it to be? That means people too. You've lost the capacity to even see anything good about life or your own situation because your negative conditioning now triumphs. That's called fear. Living in fear of yourself is not a good place to be. And you are afraid, very afraid.

It's a wonder anyone talks to you and let alone listens to all this negativity.

So, just shut up.

I, for one am no longer listening.

**“S.I.M.P.L.E.”**

**being flowing as...**

**S.entient energy**

**expanding as**

**I.ndissoluble light**

**reflecting as**

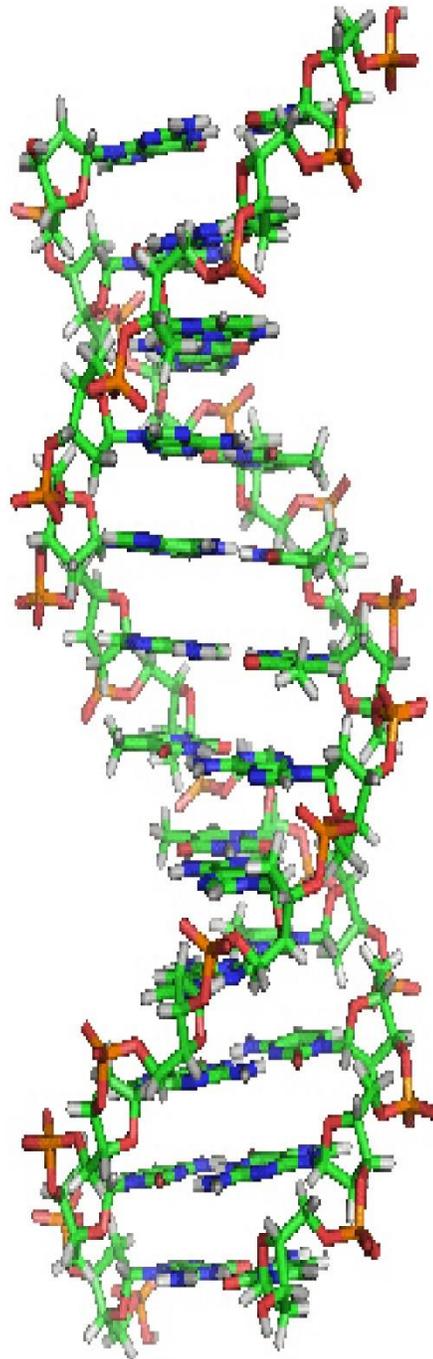
**M.onadic design**

**resolving as**

**P.erception grows**

**Expressing as**

**L.O.V.E**





# AUTHOR BIOGRAPHIES



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**Jonathan H. Corelli** (*O Pine Needles*, pg. 110)

Jonathan lives in New York and in Montana during the summer months. He is a freelance writer and part time comedian who loves to travel as much as possible (have pen, will travel!). He likes to say, "Writing is not perfection unless it has a humor injection" so even the most serious of topics are infused with a dose of the literary giggles. According to Jonathan it all makes "perfect sense in every sense of the term sense."

**Craig Hawthorne** (*Faster Than the Speed of Light*, pg. 112)

Craig hails from the UK and considers himself just an ordinary guy. He believes one's first step to finding truth normally starts with dis-satisfaction, an inkling that what you've been told "it is" isn't quite the whole story. Explanations provided by religion, history, science and politics don't cut the mustard, so off you delve into the compendium of humanity in a quest for The Truth.

**Steve Prellwitz** (*Jungian Apocalypse*, pg. 114)

"Cosmic" Steve is a shaman, alchemist, apocalyptic prophet, martial artist, end times commentator, and wizard in the grand Gandalf tradition. His ongoing investigation across thirty years of the secret powers that make the world led him to penetrate the mysteries of international Freemasonry, becoming one of the Top Men of the Great Unfinished Pyramid. Cosmic Steve has also met the dwarves who run the UFO and the beautiful people they serve. He is an official Plenipotentiary Ambassador for humanity on the galactic stage. He is an official Plenipotentiary Ambassador for humanity on the galactic stage. He is also a funny warm-hearted guy who doesn't take himself too seriously.

**Aly 'Zephyr' Nizen** (*Just Shut Up*, pg. 117)

Aly is a registered nurse who hails from the northeast USA. On the weekends she teaches Yoga classes for adults and children. She is known for her patience and skill which combines several different disciplines that she filters into an understandable western view based upon the mental and spiritual level of her students. In her free time, she allows her muse to guide her as she pens what she refers to as 'human observation shorts.'

**THE CREATOR** (*S.I.M.P.L.E.*, pg. 118)

THE CREATOR is exactly who or what you think it is and simply asks you to pay attention to the message. That is all.