

DISCERNING MINDS



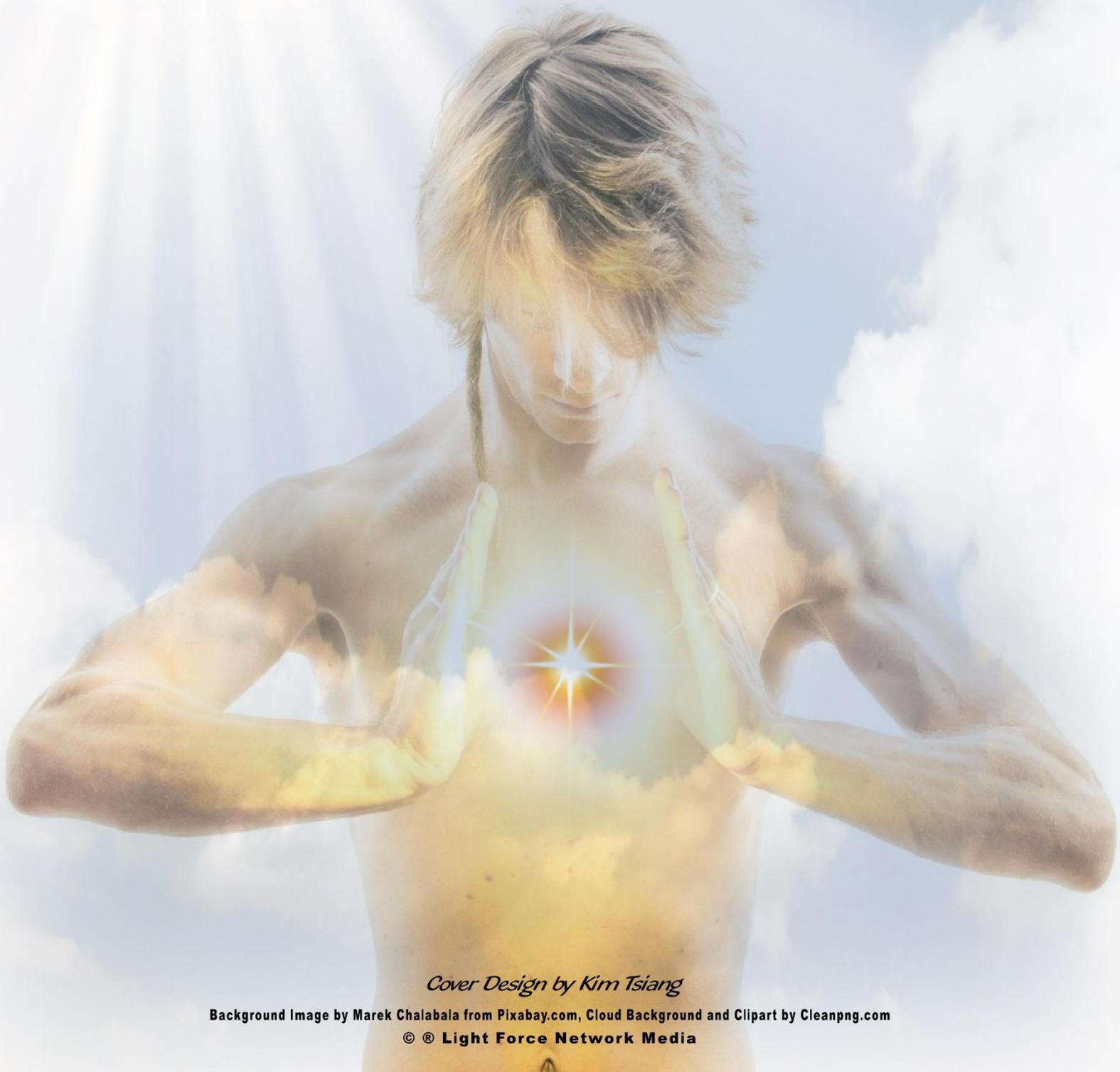
Premiere Metaphysical Quarterly For The Abstract Enthusiast

SACRED SCIENCES * ESOTERICISM * ARCANA * CREATIVE THOUGHTS * PHILOSOPHIC TRENDS

VOLUME 14

SUMMER 2020

What's Your Perspective?



Cover Design by Kim Tsiang

Background Image by Marek Chalabala from Pixabay.com, Cloud Background and Clipart by Cleanpng.com

© ® Light Force Network Media

What's Your Perspective?

Don't judge a book by its cover, rather, by what you uncover.

Discerning Minds Metaphysical Quarterly is a literary E-Zine designed to stimulate awareness, rouse curiosity and inspire thought processes as well as inform. All articles and postings are original and belong to those who have created them and while Discerning Minds does not necessarily agree or advocate presented subjects, it does acknowledge the rights of those who choose to showcase their personal ideologies, research, experiences, creativity and numerous points of view. All authors are responsible for their own "works and words." Discerning Minds has explicit permission in all cases to publish the works of contributing authors. Discerning Minds is a free publication that is ad free, does not solicit donations or sell products or services.

Readers and subscribers of Discerning Minds are solely responsible for the personal usage of any and all published information presented herein. Readers and subscribers should not treat such presented information as medical advice, psychological advice, legal advice, or professional advice of any other sort.

All licensed artwork has been acquired from 123rf.com and pixabay.com unless otherwise noted such as in cases of contributed personal works of art or photography.



© DISCERNING MINDS Ad Continuum

All rights reserved. No part of this publication may be reproduced, distributed, or transmitted in any form or by any means, including photocopying, recording, or other electronic or mechanical methods, without the prior written permission of the publisher. For information about this publication contact our source email: editor.discerningminds@gmail.com.

DISCERNING MINDS is a subsidiary of Light Force Network Media

MIND TEAM

→ TAKING AIM ←

Our Editorial and Managerial Teams are comprised of open minded people from different walks of life, professional backgrounds and divergent spiritual paths. Each team member brings to the table their own brand of expertise based upon educational accomplishment and practical life experience. They share their gifts and abilities as a team in order to present this E-Zine with the mindset of sharing information and uncovering truths.

Content contributors of Discerning Minds hail from all parts of the world with a desire to showcase and share their original thoughts, creativity, ideas, theories and speculations. If you would like to submit an article for possible publication please contact editor.discerningminds@gmail.com with your proposal. Include a brief one paragraph summary of your work and why you would like it published. Up to two articles may be submitted for publication in a single issue. **Only original** articles/art/photography that fall into section category subject matter are considered for publication. The age requirement is 21 years and older. Accepted submissions are published gratis. Discerning Minds does not offer remuneration for published content.

Content sections are:

The Human Condition – Serious or humorous narratives, or prose about life, emotions and empathy based in life experiences, psychology of being, dream analysis, synchronicity, personal meta-musings.

A Matter of Spirit – Esotericism, Higher Mind, Karma/Dharma, miracles, reincarnation, meditation, symbolic or religious/spiritual metaphoric accounts.

Body Temple – Alternative health, holistics, ancient and new healing, mind methods, auras.

Phenomena Files – Paranormal, extranormal, ultra-normal and unexplained experiences, Parapsychology, cryptids, UFOs, curses.

Arcanus Obscurum – Ancient theories, magical arts, magery, symbology, shamanism, hermetics, alchemy, visions, Kamea, divination, secret societies, brotherhoods, angels and daemons, obscure deities.

Sacred Sciences – Metaphysical, Mastership, Astrology, Cosmobiology, channeling, Numerology, Palmistry, Runes, prophecy, pendulum, crystals, animal totems, OBE, Qabalah, Tarot, quantum, psychism, codes and cyphers, conspiracy theories, meta-history, alternative paths.

Creative Musings – Original artwork, poetry, prose, fantasy tales, stories with morals or messages.

Odd-vant Guard – Atypical, curious, paradox, eccentric or uncanny chronicles and yarns. Quirkology.



PUBLISHER

Light Force Network Media

DEVELOPMENT

Waden Jensen

Sanjay Practi

RESEARCH/MARKETING

S.A. Osier

Syd Sydney

DATA EDITORS

Trish DeMarco Bullock

Enka Johanssen Constantino

Kim Tsiang

STAFF SECTION MANAGERS

“The Human Condition”

Daria Novicki Ph.D.

“A Matter of Spirit”

John ‘Salaam’ Solis

“Body Temple”

Lynda Lidel Harley

“Phenomena Files”

John Holbrook P.S.I.

“Arcanus Obscurum”

Marco X. Mascolo

Eliana Rosini Mascolo

“Sacred Sciences”

Anne Drake Sydney

“Creative Musings”

Marique Quinn

“Odd-vant Guard”

Oscar ‘Trashman’ Corelli



MIND MAP

THE HUMAN CONDITION

2. *Mi Joie De Vivre*
3. *What Happened to Critical Thinking?*
5. *Just How Complicated is it?*
9. *The Greater Deception*
10. *I Once Met a Man*
12. *Author Bios*

A MATTER OF SPIRIT

14. *Through*
15. *Love One Another*
19. *Renewal*
20. *Right Discernment*
26. *What the Hell Happened?*
28. *Author Bios*

BODY TEMPLE

30. *My Yoga*
31. *Color Breathing*
33. *The Ethics of Healing*
37. *Orange and Blue Healing*
38. *Dragon Archetypal Healing*
40. *Author Bios*

PHENOMENA FILES

41. *The Dark*
43. *Cat and Mouse in the Woods*
50. *Holbrook PSI Q & A*
52. *Para-Quiz*
57. *Parapedia – “She Devil”*
59. *Author Bios*

ARCANUS OBSCURUM

61. *John Michael Greer Alchemy Quote*
62. *Runic Planetary Shoat*
62. *Magical Doctrine*
64. *Keeping It Personal*
65. *Beautiful Pilgrim*
67. *Author Bios*

SACRED SCIENCES

69. *The Wisest People*
70. *Red Fever*
72. *Walk-in Theory ... Who the hell are you?*
74. *The Galactic Cosmopolitans*
78. *Dark Satellite*
80. *Author Bios*

CREATIVE MUSINGS

82. *John Wheat Art Gallery*
83. *Thakgalo Joy Motau Art Gallery*
84. *Biobaku Emmanuel Art Gallery*
85. *Bernardo Leonardo Martino Leather Gallery*
86. *Cheryl Draeger Art Gallery*
- 87 - 88. *Author Bios*

ODD-VANT GUARD

90. *Edge of Epiphany*
91. *An Appearance of Truth*
95. *11'11'11 Realityshaping*
96. *Mercurial Urban Legends*
100. *Missing M*
101. *Author Bios*

The Human Condition

*“Do not let the roles you play in life
make you forget that you are human.”*



Section Managing Editor – Daria Novicki

© Discerning Minds 2020

Image by Dreamy Art from Pixabay.com, Page Design: Kim Tsiang

Quote: Roy T. Bennett @ Goodreads.com

Mi Joie De Vivre

No longer living in the same world -
As the narrative I am fed anymore
I now weave my waking dreams -
Through a thorough copulation -
Of Imagination and Emotion.

Timeless infinite treading lines -
Of unspoken words and -
Irrefutable body language -
I study with my heart -
And see with thine eye.

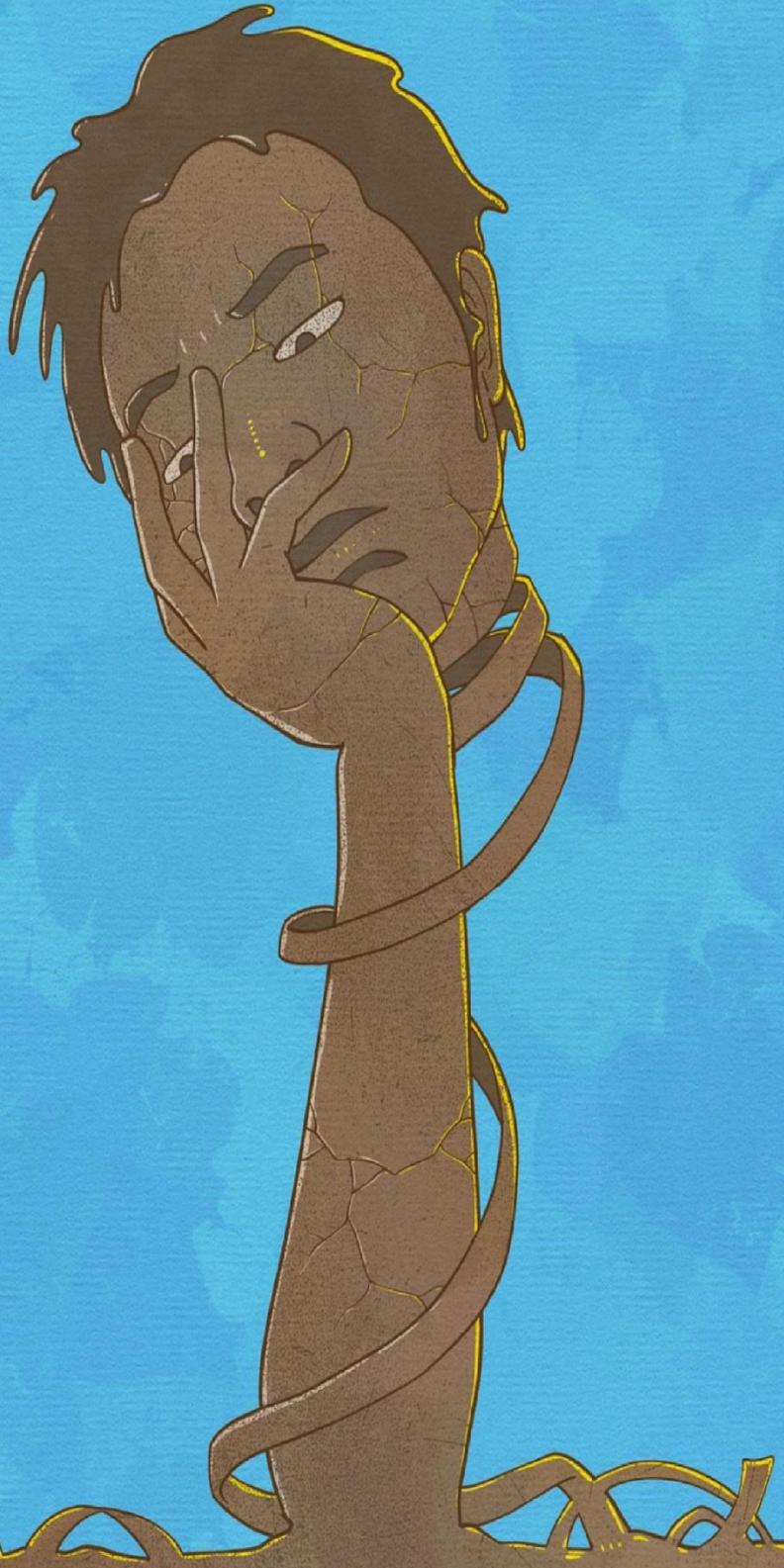
This terra firma, filled with wonder -
And bewilderment and insanity -
A violent caress, a brutal embrace,
I cannot, will not lie
I'm loving every f*****g moment.

© Discerning Minds 2020 ad continuum.

Prose by Jason Iriarte

Artwork: Image by cdd20 from Pixabay.com

Page Design by Kim Tsiang



What Happened To Critical Thinking?

By Jenna Wade Shaugnessey

“The essence of the independent mind lies not in what it thinks, but in how it thinks.” - Christopher Hitchens

“There is a sucker born every minute” – P.T. Barnum

Here comes Mr. Ego (big and small versions) -

An observation of mine for some time now is that many people have lost their ability to think critically. Instead they seem to mouth off at will with great confidence and ego satisfaction whatever they have absorbed from the media that suits their personal drives. They believe they are justifiably repeating the ‘absolutely correct’ authoritarian bullsh*t that is handed to them.

Unfortunately they believe it to be true ... every single word and concept doled out. Why? They *have* to believe it because to them there is nothing worse than being wrong. For them being wrong is a death sentence. The very thought of it shakes the very foundation of their being. AND – you should listen because they are literally saving you. From who? Yourself and your misguided ways of course. Besides, critical thinking is just too damn hard to accomplish as it requires OBJECTIVE observation, analysis, interpretation, reflection, evaluation, inference, explanation, problem solving, and decision making (Note: Spiritual people have an edge here as they also embrace discernment which is the ability to judge well).

So what else is happening?

Some words about Indoctrination –

“Do not indoctrinate your children. Teach them how to think for themselves, how to evaluate evidence, and how to disagree with you.” - Richard Dawkins

Technology is a wonderful but it is taking control. Human one to one and one to group socialization is lost to iPhones and other tech gadgets that not only make it “easy” to get things done but are oh so entertaining. I literally had someone tell me their best friend was their phone and how they would be lost or ‘dead’ without it sending them organizational reminders every hour. To this I say: “get off your lazy ass and rely on your mind and deductible reasoning abilities.

Indoctrination happens through many channels—entertainment, speeches, and censorship—but its main instrument is the school system. Teachers have a captive audience of malleable young minds for several years.



“If there was one life skill everyone on the planet needed, it was the ability to think with critical objectivity”
— Josh Lanyon

© Discerning Minds 2020
Background:
Derivative Images
Page Design Kim Tsiang

Continued ...

They may not have figured out how to make students smart and productive, but they can at least make them submissive and obedient. Teaching the value of free thought matters now more than ever. Unfortunately, most American public schools take the opposite approach. FURTHER - While indoctrination involves pushing a certain opinion, it is also much more. It is the comprehensive effort of passively disseminating a particular viewpoint. The passive aspect is key. People who are indoctrinated with a certain narrative or ideology do not arrive at the intended conclusions through their own thinking, but hear the same thing repeated in a million different ways until they finally take it as unquestionable truth. – Auguste Meyrat <https://thefederalist.com/2018/10/26/public-schools-indoctrinate-kids-without-almost-anyone-noticing/>

According to an article in *Psychology Today*, in the 1990s, Parents began force-feeding infants and toddlers special “educational” DVDs and flash cards in the hopes of taking advantage of unique features of the developing brain to “hardwire genius” by the age of three—or even younger. Since then, it has become increasingly clear that the brain science of “critical periods” and “neural plasticity” has been grossly misunderstood and that efforts to artificially harness these important features of brain development by accelerating and distorting real-world learning beyond all reason are not producing the promised results.

A recent article in the *Wall Street Journal* reported, “On average, students make strides in their ability to reason, but because so many start at such a [critical thinking] deficit, many still graduate without the ability to read a scatterplot, construct a cohesive argument or identify a logical fallacy” Scary – if you ‘think’ about it. If you can think about it you might recognize yourself as part of the group that has become a mindless puppet or human/sheep hybrid.

So - Do you ‘think’ about it? If you do think about it you just might be concerned with how to un-do what has been done.

From personal experience I have learned that you cannot live a balanced life without engaging critical thinking on a daily basis. What ensues instead is chaos – mindless brain chatter, anxiety and overall dumbing down. Be organized and set goals, allow time for tasks and activities you enjoy, give back a little through service of others, TALK to people and challenge them in efforts to problem solve for the whole and NOT out of attempts at ego satisfaction. And for heaven’s sake challenge your own opinions. Do you really believe them correct enough to shove down the throats of others? Misery might love company but that company doesn’t stick around long. If you ‘think’ about it --- you can do it.

Welcome back to normal.

“Overcoming the very thing that is preoccupied with our self can allow us to bring the best version of that self to the world.” – Shane Breslin



Just How Complicated is it?

By Mahaji ✦



When you're in the "business of metaphysics" for a long time you begin to notice certain trends and attitudes that make little common sense especially if you're the type from Missouri who says "show me!" Realistically speaking, metaphysicians are no different than anyone else in any other professional field - be it mundane or spiritual, and it is quite easy for "snobbery" to seep in and infiltrate core beliefs through all those fine smooth edges that meta-specialists think they have rounded out. Metaphysicians can be quite full of themselves at times. One of my pet peeves among the meta-haughty is the "be careful what you put out there syndrome" which includes the popular, "NEVER EVER preface anything you are putting out there with *no*, *not*, *never* or any other negation because the Universe doesn't hear or understand those words and will deliver the worst of consequences upon you." Evidently, according to this theory, the Universe also does not hear or understand expressions or slang either so if an individual is having a bad day and cries out to the heavens in disgust "give me a break," should that person cower in fear because the Universe now will indeed break something or someone because of a spoken word?

Do you think the
Universe is *that*
stupid?

Continued...



Continued ... Anyone offering this type of smug advice should shut up and sit down. There, I've said it. I can hear the rumblings now so let me make it clear that yes indeed, I do believe that it is better to be positive than negative but when a person is made to think that they have to self-restrict according to these types of rules it literally gives birth to superstitious, obsessive behaviors and worst of all, fear. It is also very disturbing when this 'pseudo-positivity' concept is used for manipulation by some 'happy chat' gurus (who quite amazingly also often believe they are earth-bound Ascended Masters) propose that we should all live in some sort of La-La Land where simple human nature is ignored. Metaphysics working at its best is supposed to dispel 'fear' and not create it. This is at the core foundation of all "light works." I must also interject at this point that God, the Great Creator, Life Force Energy or whatever else you want to call it did not set out a plan to make things complicated. We as egotistical humans make things complicated because we simply cannot seem to resist the current psycho-babble du jour. Ah, but alas, I see I have stepped on a few toes so...

Allow me to digress for a moment to explain something about my character... I don't do 'fear' because I was taught not to (how be that for a bunch of negatives?). I had a great teacher who was my dad. He was highly psychic and much attuned to the earth realm and the spirit worlds. His experiences were plentiful and not always pleasant and while he taught me to have a healthy respect for all things arcane and occult he also taught me that many things people believe and do are a bunch of hooey.

Continued...



Continued ... I do believe s- - t happens but I have been taught not to fear it. On Saturday afternoons we would sit and watch all the horror and sci-fi shows that were offered and that is when I learned all about those kitchen concocted 50's special effects, ghosts, ghouls, the living dead and even Urban Legends. We lived in a haunted apartment house and he taught me how to handle that without 'fear' as well. It wasn't long before I became the resident debunker among the younger set. I would be the one to throw open the closet door in a dark room, turn on the lights and show everyone else that there was "nothing in there." Being the resident debunker was not an easy job because the entire neighborhood was full of ethnic superstition. Usually once a week some poor soul was doing whatever he could to rid himself of the Evil Eye by mixing oil and water or by working some sort of counter-spell. None of the neighborhood kids would step on a sidewalk crack for fear of 'breaking their mother's back' or whistle in the dark ... but I did. There was even a *strega* or witch who lived on our street who everyone would consult for everything from love spells to wart removal. . People were terrified of this old woman and I think she enjoyed that facet of it but to me she was just a misunderstood and 'spiritually gifted' old lady... AND before you ask, yes, her spells did work... and I speak from personal experience as well as a witness to the outcomes of others. Was I afraid of her or her spells? No.

Now that you understand my stance on 'fear' (because of my exceptional conditioning) let's get back to my take on the Universe. One of the things that amazed me about my Dad was that this guy would challenge the Universe out loud on almost a daily basis which would even make the rest of the family cringe yet the Universe never 'struck him down' though it was literally 'requested'.

Continued...



Continued ... Despite all of this challenging and 'non-positivity' at times Dad lived a long full life. The Universe never pounded him to a pulp or annihilated him rather, all that venting put him on a new path that usually brought about a solution. Makes you wonder doesn't it? Evidently the Universe 'hears everything,' is able to decipher 'true needs' and acts accordingly. Well, how about that? So much for the pseudo-positivity some meta-gurus are putting out there. AND this leads me to the heart of the matter which is INTENTION. Intention is a funny little duck because even when the spoken words or thoughts are negative the real intention behind them is usually "I need help" and this is what the Universe responds to on a very high level. The Universe is not some big dumb Rollo who goes "duh!" Shame on you if you think so. Shame on you too if you can't recognize your own divinity in the very human reactive form in which you carry it because that's what you do when you simply get too caught up in psycho/pseudo-babble. Trust in yourself without fear and restriction. Honor your gift of free will and speak your mind and your truth in any way you want to express it and the Universe will take care of the rest... Promise!

CONTEMPLATING IT!



The Greater Deception

By Mikey Pierog

Think you're fighting for Who? You're just fighting you.
Drilling holes in your skull - Boring away ya brains.
Leaving gaps in your mind, thinking clocks tell time?
While it slips out, and your drifting away.
Got your anchor? Some stay balanced for days.
Just hanging - Connected cords carry their properties.
Within yourself, are you even your own property?
While missing your ownership tag. Some will say that's free.
Yet maddened when they got no hold on thee.
Playing the last set of cards cuz your decks been spent.
While the house holds it all, but you chose to rent.
Freedom, comes at a price?
Hmmm? Comes from a free life.
Some stuck, and are sorting through that mess.
While others tack on variables, ones which you didn't guess...



New age wireless, sucking good life and just leaving troubles.
With an eye on you, cuz you bought the i,
Don't worry that it's just the small guy.
Cuz big B was out and bought your property,
Futurama ain't just a cartoon story.
The path we walk from 2 to 3,
Be aware of some ways cuz they pushing 5 G~
Back to the future? Or look to the past?
Seems we all avoiding the present, knowing Christmas doesn't last.
So we trailed off, knowing our time is NOW.
While their mentalities think our NOW ain't NOW. Hmmm?
Because they set up contingencies before we were born.
To be play out, all the way to our morning.
So they clipped the sounds of our sing.
Cuz they be aware of the way some bells ring.
Vibes they can't stop slip past them. So seek that way to your nG~
To flip these states, it's just another cycle of motion ya see.
Having y'all stuck picking sides, while nothings boring through minds.
Left choosing THEM or YOU. I's do hope you ascend these times.

I Once Met a Man ...

By Syd Alrruhi

I once met a man who was very wise. I met him when I was 5 years. I was home from school with the flu and remember lying in bed, drowsy and half alert. I had closed my eyes for a minute thinking I should take a nap when my eyes literally popped open. Standing at the foot of my bed was a man seemingly around 40, looking at me and smiling.

“Who are you?” I asked

“A friend who has come to see you?”

I rubbed my eyes and blinked thinking I was just dreaming but when I focused he was still there.

“Do you know my parents?” I asked.

He laughed and said, “Yes, very well. I know you too.”

“No you don’t,” I argued. I’ve never seen you before.”

“Not until now anyway,” said the man.

“Why are you here?” I asked.

The man smiled and said, “To tell you wondrous stories of what will be.”

“What kind of stories?” I queried excitedly.

Continued ...



Stories of great adventures and strange places. Would you like to hear them now? I have plenty of time,” he said.

“YES!” I said excitedly.

The man sat on the end of my bed and told me fantastical tales of realms and beings and just plain life.

I was mesmerized thinking I wish I was the hero who could see all these things for real. I had little idea or gave a second thought of what I wanted to do when I *grew up* but this all sounded very grand.

I must have fallen asleep during the course of the storytelling and when I awoke the man was gone. My mom was there with a nice bowl of homemade soup for me and I blurted out what had happened. She listened patiently and told me I was only dreaming and that people with fevers often experience very vivid dreams.

The man never came back but I remember getting over the flu very quickly. For a while I accepted that I must have been fever dreaming but as I began to have out of body experiences I changed my mind rather quickly. To this very day I cherish these experiences and the realms I walk.

Oh, and if you haven't guessed, the man I saw that day was me.





AUTHOR BIOGRAPHIES



Author contact (unless otherwise noted): editor.discerningminds@gmail.com

Please type author name in the subject bar and leave a short statement of intent for contacting the author. Biography content is published according to the desires of each author. For reasons of privacy, some authors prefer to remain more general in personal disclosure than others. *Copyright for all content belongs to each author. It may not be reproduced, distributed or transmitted in any form without explicit permission of the author.*



THE HUMAN CONDITION

Jason Iriarte (*Mi Joie De Vivre, Pg. 2*)

Jason is a writer, musician and amateur astrologer from New Jersey. He has an avid interest in all things metaphysical and philosophical and has no problem calling out fallacies courtesy of his built in BS meter and keen perception. He enjoys writing prose based upon his own experiences especially those regarding those areas of life that produce consequences.

Jenna Wade Shaugnessey (*What Happened to Critical Thinking, pg.3*)

Jenna is a private energy healing novice who was born into a very psychic family. She inherited the ability to channel from her mother who was a highly gifted psychic. She lives on a ranch/estate in the southwest, USA with her Tabby cat Kinpa. Jenna has a head for “numbers” and has several degrees and dual degrees in accounting, business and administration and business law. She enjoys writing and cooking.

Mahaji (*Just How Complicated is it? pg.5*)

Mahaji prefers to remain humanly anonymous but freely implies that she is the vibration of the Universal Mother which is the embodiment of the feminine energy that encompasses love, compassion and spirit of the female warrior. Like any good mother, sometimes her messages to her Earth Children can be stern and even unpleasant because they shake the foundations of former life conditioning.

Mikey Pierog (*The Greater Deception, pg. 9*)

Mikey hails from Canada. He says: “Living closer to nature was always my ideal life, from joining scouts as a teen and camping as a young adult, I found my peace there. I was never into writing as a kid but as I grew older I found there was an artistic beauty in poetry. That became a hobby in my spare time, while working or in play certain thoughts cross the mind and I try to save them either to share or grow from of them.” Mikey is an administrator and Manager on <https://www.lightforcenetwork.com/>.

Syd Alruhi (*I Once Met a Man, pg. 10*)

“Syd Alruhi” is the pseudonym for Gerome Cass. Gerome considers himself to be the “evolving man.” Psychic experiences and out of body travel have been a part of his entire life. Gerome holds a Ph.D. in both psychology and physics which he describes as the red and blue pills and part of the Matrix construct and the thought controlled process. He also feels that people care too much about what others think and that it creates a spiritual block to attainment

A Matter Of Spirit

**“WHEN YOU DO THINGS FROM YOUR SOUL,
YOU FEEL A RIVER MOVING IN YOU, A JOY.”**

Section Managing Editor – John “Salaam” Solis

© Discerning Minds 2020

Image by Эльвина Якубова from Pixabay.com

Cover Design: Kim Tsiang

Quote: Rumi @ goodreads.com

"THROUGH"

Spirit came to me and said:
Where your thoughts are,
You Are.

When you think regrettably of the past,
You will not find me there.
I do not answer to "I WAS."



When you think with trepidation of the future,
You will not find me there.
I do not answer to "I WILL BE."

But if you think in the moment,
With no regret and no fear,
I am here.
For my name is "I AM"
YOU.



*And as long
as you do not
love yourself
you cannot
truly love
someone else.*

Love One Another

By Rev. Dr. Don Hauck

Let's take a look at "Love One Another"! Have you ever taken the time to be by yourself, in a quiet and peaceful place? While in that place you take the opportunity to think about yourself, and you find there is a voice in your head, which sometimes tells you what you've done wrong or what is wrong with you? Guess what, that voice does not belong there and as long as it is, you do truly not love yourself. And as long as you do not love yourself you cannot truly love someone else. We have all heard that it is impossible to give someone something you yourself do not have. Therefore, what most human beings do is try to bury those thoughts by using defensive arguments, liquor, drugs, work, or keeping themselves so busy with these methods that there is no time to listen to those thoughts or ideas. The unfortunate thing is, *these thoughts are negative and without our conscious knowledge they are causing negative things to occur in our lives and our relationships.* Think about this for a moment - we have men and women not really liking themselves going out trying to find someone who will love them. Deep down they don't believe they can be loved because that voice has them convinced they are really not worth it. Or we have a man and a woman that have found someone through 'animal magnetism'. They sometimes settle for this because they are unable to like anyone any better than they like themselves. If the two of them were meant to be together, the Creator, in its infinite knowledge has set up a system whereby a couple could help each other grow through these negative issues. Science now knows there is a special hormone that the brain begins to secrete, and this hormone secretes for approximately four years. Within those four years, if the couple has not created the bond of a friendship, separation of the two is almost inevitable. If you play this out, you have two people, neither of whom has a good self-image and they could possibly have one or more children to whom they will pass on a poor self-image.

Continued ...



The solution to 90% of all of the human problems on earth can be resolved by improving the self-image of each individual.

Continued ...

Are you beginning to understand why generation after generation we are finding younger and younger children going so far as killing themselves or one another? The self-image of the human being on the planet is at an all-time low. The solution to 90% of all of the human problems on earth can be resolved by improving the self-image of each individual. None of us are in a position to change anyone else's self-image, but we can start with ourselves. If you, the reader will do this for yourself, then be sure to pass this on to as many people as you can, asking them to pass it along likewise. We can begin a movement to benefit all of mankind. I'm going to tell you how you can improve your self-image, get rid of that voice inside that tells you what's wrong with or bad about you and your life, and you will forever have more fun and enjoyment. Once you learn to do it for yourself, you can teach others as long as they're willing. You don't need any special education all you need is to follow the instructions I am going to give you.

The most important thing you need to realize is that for a human being to make a decision there are four aspects of itself that come into play. Your spirituality and mentality, your emotional and physical well-being are all in a state of flux. In other words they are at different levels at different times. If you feel really well except for a sore toe, the toe may or may not have a bearing on any decision that we make. Depending on what the decision is about will determine how much the sore toe will have a bearing. By time we are 18 or 19 we should have learned that even being slightly emotionally upset will tend to block our intelligence. Have you ever tried taking a test while being emotionally upset? Common sense will tell you that depending on your age and your schooling, your emotions will certainly have a bearing on any decisions that you make while taking the test. Needless to say, your religious and/or spiritual understanding is also important in making any decisions.

Continued ...



*Go back in time
in your mind, to
the worst thing
that you think
you ever did.*

*You need not tell
anyone, you need
only to remember
what it was and
what was going*

Continued ...

Now it's vitally important that you understand the contents of this paragraph. If there is the slightest bit of confusion or fogginess about the truth of this, then please do not go on; go back to the beginning of this paragraph and read it slowly again and continue to do so until you are thoroughly clear on this. As you will see it is vital information that you need to understand.

Go back in time in your mind, to the worst thing that you think you ever did. You need not tell anyone, you need only to remember what it was and what was going on in your life *right before* you made the decision to do it. Think of how old you were and how much intellectual knowledge you had. How about spiritual or religious training, how much did you really believe at that time, (not what you had been told but what you really believed)? How about your emotional state right before you decided to do it? How were you physically? Be honest with yourself now, considering those things, do you now understand that you actually made the best decision you could possibly have made in those circumstances with the abilities you had? I have gone through this with hundreds of people and all but a few immediately understood that they had made the best decision they could with the circumstances at hand.

If you were the parents of a child who had done this “evil deed” and you were able to understand what the child’s spiritual, mental, emotional and physical conditions were at that time, would you be mad at that child? Would you tell that child he/she was bad? Would you want to punish that child? If you believe in a higher power such as the Creator/God, do you think IT would want to punish that child or you? You see you have no right to condemn yourself for what you did, you must continually remind yourself of the truth; you could have done it differently but you could not have done better for you did the best you could with the best you had. Memorize the part above which is in italics and underlined for it is a tool that you are going to continue to use as you clear out all negative thoughts about yourself from within you.

Continued ...

Whenever your carnal mind brings to your attention something from the past which is negative in nature which you did, go through the process. Go back to that time right before you made the decision to do it, check yourself out and exonerate yourself. It is only a matter of time when they will all be gone and you will be set free. And the beautiful part will be that you have all these tools at your disposal to help you make all of your future decisions faster and better. When it's all said and done you may come to realize that what you have done is give yourself honest and sincere understanding which led you to have a beautiful compassion for yourself called unconditional love. There are over 101 different words listed on the Internet to mean, God. I think the most beautiful two words ever used are, Unconditional Love! So the bottom line is, by clearing all those negative wrong and unwholesome thoughts and feelings out of you, you and the Creator are more at ONE!

One final note and if you truly give thought and meaning to this in your life you will be much more joyful than you ever imagined. Our parents and all those in our environment have taught us that errors, wrong doings and mistakes are bad. They didn't mean to do this, they just did not know better. It would take a small book to explain how and why this occurred. Read the next sentence very slowly and get its truth of meaning. *Human beings were created in such a way that the only way they can learn anything, it is through error!* If you do not make a mistake it is because you knew the answer. If you do not do something wrong it is because you knew how to do it right! Instead of mistakes and errors being bad, what should have happened was - someone should have taken the time and gotten down to our level and simply asked, "So what have you learned from that situation?" We needed to be taught that errors, wrong doings and mistakes are things for us to learn from and that makes them good, not bad! Just think, if Adam and Eve had not eaten the fruit of the tree of knowledge of good and evil, we would all still be in paradise and perfect as we were created, but we would not know it!



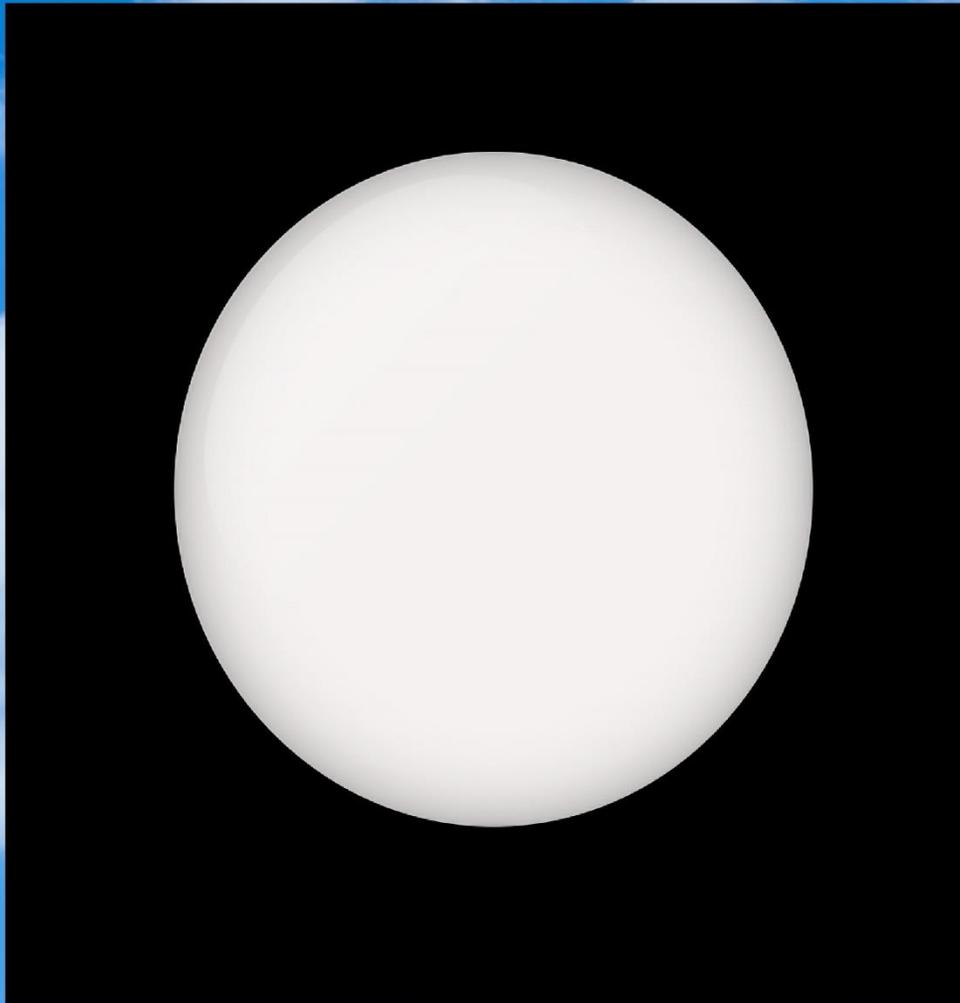
I believe eventually every human being will come to the knowledge that this human experience is a gift from our Creator so that we can learn and know how beautiful and perfect we are!

PRAY FOR PEACE



Renewal

Channeled by Gerome Cass



On the Collective level, the human race is perpetually undergoing times of renewal – periods when Soul growth gets moved up yet another notch for all involved. Most spiritual people are of aware of these moments in history and embrace them. What is lesser known however is the symbology connected to these periods and what they represent. All renewals are a process of the great creation and the duality of Involution and Evolution. One is inseparable from the other and is based in truth representing from ‘the without’ to ‘the within’, or from the infinitely great to the infinitely small. The current renewal comes to us born of turbulent times and radical change that has been overdue. The symbol consists of a black square encompassing a pure white sphere. The black background represents the primal essence or spiritual center of the Universe, the foundation or firmament from whence evolves Divine focus. From this focus emanates the pure white light of the great formless one as the shape of a white sphere that encloses and encompasses all living potentialities. The Divine Sphere is passive by design until the time approaches for its earthly mission. This is when a new scheme of change begins. The passivity becomes active – a sparkling living spiritual energy that goes forth in every conceivable direction pushing the Collective forward ... until the next progressive moment in history and the Collective using its power for the highest good based in each individual acting upon what has learned from others.

Right Discernment

By Matt Sharpe

Viveka - The ability to discriminate what is good for one's spiritual progress as opposed to that which will stand in his way. Right discrimination. Right discernment. The power of separating the invisible Spirit from the visible world. A Sanskrit word usually written in the Devanagari script – **विवेका**

What is discernment or discrimination? In this case, racial, gender or age discrimination is not meant. Instead the definition I intend is the ability to determine how the effects of choices will affect he who made them. The ability to discriminate between choices that will inevitably stand in your way is of paramount importance. It is a quality that is needed constantly in every area of life, in both the inner and the outer aspects of awareness. Simply put, it is the ability to look at a thing and to know it's true, or lack thereof. From that one can know if it is a worthy desire, or an unworthy one, and often the true motivation at the outset provides the clearest explanation as to how it will play out after the choice has been made. Whether it will bring good or negative situations into one's life.

The ability to know and identify the one from its opposite is a thing of great value, regardless of one's station in life, and it gives the individual the option of being the cause in their life rather than the effects of other people's causes. For example, one can want money, and being that it has value and is able to pay for many goods and services that are necessary, it certainly can serve a positive purpose, however, if one attaches a greater meaning or value to it due to a desire, this forms attachment born of illusion which will bring undesirable experiences. Such experiences bring an expansion of learning and awareness about that choice.

Continued ...



Continued ...

As this discrimination becomes ever more able to separate the positive motivations from the negative, it becomes ever more useful in knowing what the choices one makes in life will truly bring to them which is if it wasn't already obvious, the Law of Karma. Right discernment enables one to see what any set of choices are tied to as outcomes. As one learns to make the better choices, they are rewarded more and punished less often by the outcomes.

The point is learning to discriminate the positive from the negative so as to make ever better choices and changes in life, that will ultimately bring one forward in the spiritual sense. It also helps one avoid "standing in their own way," which is to make a choice that puts roadblocks on the path towards the goal chosen, whether spiritual, mental, emotional or physical. It seems obviously not a wise thing to do, however this isn't always obvious at first. That makes the experiences necessary to teach the individual the way to the positive choices that will remove those roadblocks and speed bumps that slow our progress that we all put in our own way at some point in life.

Discernment is an extremely useful quality in the life of anyone, but particularly in the life of an ECKist. We refer to it in Eckankar as right discernment because it can be a difficult concept to become familiar with, especially without having the direct experience of applying it in the wrong ways. It is only through such direct experiences that an individual is able to learn to recognize right discernment or discrimination as something apart from wrongful discernment, whether it be wrongful based upon the way it is applied, or an erroneous view or judgment of it in one's own life experience.

Continued ...



Continued ...

This discernment or discrimination can be found throughout many of the world's religious paths. Most often it is referred to as true or right discernment or discrimination, which also indicates that it can be used or perceived in a wrong way that will serve the individual no benefit. When fully unfolded however, it becomes a trait that frees one from the chains of illusion within the lower planes.

The quality of discrimination becomes important the instant a person realizes that when speaking to or hearing from a disembodied entity, regardless of one's ability to see or hear them, one cannot know if this entity is true and accurate without the use of right discernment. They are not necessarily the person they claim to be, whether still living or already deceased. This factor is also always present when the entity in question appears as an ECK Master. Many are the times a lesser negative entity will attempt to impersonate a spiritual figure that an individual recognizes for the purpose of misleading. Sri Harold Klemp has spoken about such issues. For this reason I would suggest that a person always challenge a Master as a way of making certain of their identity.

A good example that demonstrates the importance of learning to tell which is which can be found in the Bible where St. Paul writes, *"For such people are false apostles, deceitful workers, masquerading as apostles of Christ. And no wonder, for Satan himself masquerades as an angel of light."*¹ Where the Bible speaks of Satan, as having been made an angel but then having been cast down, can be somewhat different than in the Quran, depending upon the interpretation looked at. Some consider Iblis (as Satan is called in the Quran) an angel whereas others will say that he is a jinn while within Kabbalah, the negative pole is called the demiurge.

Continued ...



Continued ...

Regardless of the particularities between one religious interpretation and another, the negative intent remains a constant, although in some traditions the negative merely does a job arranged for it by God. The same applies within Sikhism, Sant Mat and Eckankar where Satan is considered as the ruler of the lower dual planes, and is thereby a dual god equally as capable of anger judgment and revenge as he is of love, mercy and forgiveness. In these religions he is named Kal Niranjana and rules the lower planes where he takes the role of a sort of drill sergeant for the training of Soul, while the first manifestation of Sugmad is Sat Nam on the Soul Plane. In every case, the ability to discern is important to the human that is learning to know the differences between one and the other.

True discrimination is best applied alongside of surrender to the Divine Will, thus allowing the ECK to lead one to the right discernment of a person, thing, or idea. There are a great many ways of applying it. As stated before, in Eckankar we use it in the sense of being able to see clearly enough to avoid making choices that will put further road blocks in our way to spiritual development and ultimately God-Realization.

Shams-i Tabrizi comments on this subject in the *Maqalat-i Shams-i Tabrizi*, where he states, *"They say that the Antichrist will kill goats and sheep. He will kill birds, pulling off their feathers and wings, then he will rub them with his hands and they will be put aright and come to life. He will place hands on a dry goat, and it will give birth. He will cut a goat in half, rub it with his hands, and it will be put a right. The servants of the Real and the followers of Muhammed will not be deceived by that, though he brings what is similar to a miracle."*

Continued ...



Continued ...

This fellow is an imitator. However, he is imitating a belief that is the solicitude of the Guardian. When on occasion the trace of that solicitude reaches his Soul in a concealed and hidden way, his imitation becomes so strong that he wouldn't give away that report if he saw with his own eyes a thousand things like this from the Antichrist.

Now, when someone has that state continually, it is never cut off from him --- not at the time of eating, nor the time of sleeping, nor in the toilet. He is seated in the toilet and that state is established. What is his state like? After all, he's mounted on the toilet.

Of course, his beard is the right size of a beard. Say that you will show him sincere disciples in the measure of his beard. Since they don't have the inward, let them at least do the outward." (213- 14) ²

The imitator is the one masquerading as something he is not, whether a Saint, Guru, or Master of any degree or in any religion. While such a one may do things that appear impossible or miraculous, one that has any ability to discern its reality will not be fooled by it. And discrimination is a great importance because it differs from judgment, which is another of the lower dualities that are illusion. Good or evil, beauty or ugliness, right or wrong, are all dual perceptions that the mind makes, almost habitually. The true inner quality that is the Soul perceiving is the ability to discern rightly, the one from its opposite. Which is why that figures so heavily in dealing with an imposter who pretends to be a familiar ECK Master. The difference between the imposter and the true Vairagi is the ability to discern the false from the Real, those actions which will aid spiritual growth as opposed to those that merely waste one's time.

Continued ...



A true Vairagi Adept has no problem with, and will never become impatient or angry when a chela challenges them. If anything they will smile as they conquer the challenge to prove that they are real. They are well aware how often negative entities try to pose as one of them so as to mislead a person. Singing HU for a period is one useful way of determining the identity, however, it must also be stated that a negative entity will attempt to withstand the HU. So one must always spend several minutes challenging because a negative entity cannot withstand prolonged exposure to the HU, whereas a true Master will simply sing HU along with the person challenging them as a means of proving the identity. Patience and forbearance are prerequisites when challenging the identity of an entity, Master, or even a deceased relative.

One must always accept the responsibility for themselves to determine what any entity is, and whether or not they are who and what they claim to be. There is no more direct way that to know that imposters exist and will certainly attempt to be accepted as a familiar entity of any sort, whether deceased family, a famous Saint, or a Guru or Master.

1 - 2nd Corinthians 11:13-14 in the New International Version of the Bible.

2 - pgs. 213-14 of the Maqalat, as found in part 2, verse 39 on pages 58-9 of "Me & Rumi: The Autobiography of Shams-t Tabrizi" © 2004 - William C. Chittick

© 2012 - 2020 Pavitr Dhvani publishing all rights reserved. This book or parts thereof may not be reproduced in any form, stored in any retrieval system, or transmitted in any form by any means—electronic, mechanical, photocopy, recording, or otherwise—without prior written permission of the publisher, except as provided by United States of America copyright law.



What the Hell Happened?

By Jenna Wade Shaugnessey

"The Universe is under no obligation to make sense to you." - Neil DeGrasse Tyson

"Sometimes we go through life feeling really supported and that the Universe is on our side. Things flow, synchronicity happens, but other times this feeling couldn't be further away from the truth." - Tanaaz

Life doesn't always work out the way we expect. How can that be so when we have been told we are perpetually supported by the Universe and all will be well?

The truth is what the Universe has actually supported was growth ... and THAT is rarely pleasant. This can manifest anywhere in life - a broken, painful relationship, losses of material gain and even death. These things affect self-value, but the important thing is maintaining your self-worth through these life episodes because they will happen time and time again.

You ask yourself, "What did I do wrong? I followed all the rules and I get totally slammed like this?" Look at it this way - whose rules were they to begin with? Ahhhh and therein lies the rub. They were merely the rules you *thought* you should play by. This is your life script you are writing and the Universe isn't going to give you the answers or add any lines to it. You've heard this a million times and may shake your head in disgust and roll your eyes but *the answers really lie within yourself* and not in some omnipotent vast beyond the beyond entity. And when you actually do figure things out and move in new directions that's when that omnipotent vast beyond the beyond entity supports you and with a giant hand lifts you up. Somehow when that happens you feel better and do better and live better until the next upset. That's right, it will happen and you will handle it because you have figured out how to reinvent yourself and your circumstances. This could be large or it could be small and you probably won't even know you are doing it. The only thing you know is that it feels *right*. Even if that *right* doesn't quite go exactly as planned, a little rethink will help you trim those ragged edges.



Continued ...

Continued ...

"The Universe won't always have your back, but that's just because you no longer need someone to catch you." - Tanaaz

We all have a compass that guides us through the Universal vastness. Your Soul is your compass. It knows what you should do regardless of what anyone else thinks. People who are Strong of soul have the greatest challenges - remember that. There is no such thing as a Lost Soul but there are lost humans who ignore their compass and may reincarnate to finally use that compass another time.

So guess what? You really will finally get it right.

"It ain't over til it's over." - Lenny Kravitz



PONDER THIS ...





AUTHOR BIOGRAPHIES



Author contact (unless otherwise noted): editor.discerningminds@gmail.com

Please type author name in the subject bar and leave a short statement of intent for contacting the author. Biography content is published according to the desires of each author. For reasons of privacy, some authors prefer to remain more general in personal disclosure than others. *Copyright for all content belongs to each author. It may not be reproduced, distributed or transmitted in any form without explicit permission of the author.*



A MATTER OF SPIRIT

Alchemycal Prosestry (*Through*, pg. 14)

Through is presented with permission by Lydia Forrester of Alchemycal Prosestry, a group of freelance and sometimes anonymous alchemical writers who enjoy expressing their thoughts in poems and prose and advancing ancient food for thought in modern times.

Rev. Dr. Don Hauck (*Love One another* pg. 15)

Don holds a Ph.D. in metaphysics and parapsychology. He is the Bishop and a Doctor of Divinity of the *Universal Light Church* of Cincinnati, Ohio. He is a highly respected and sought after speaker who has appeared on TV, radio, and educational lecture circuits for universities and high schools. Don is an advocate of individual rights and independent growth. He utilizes many modalities in his work including Intuition, Graphology, Numerology, Astrology, and Color Testing among others as he assists individuals in defining and achieving their goals. <http://www.theuniversallight.com/>

Gerome Cass (*Renewal*, pg. 19)

Gerome considers himself to be the “evolving man.” Psychic experiences and out of body travel have been a part of his entire life. Gerome holds a Ph.D. in both psychology and physics which he describes as the red and blue pills and part of the Matrix construct and the thought controlled process. He also feels that people care too much about what others think and that it creates a spiritual block to attainment.

Matt Sharpe (*Right Discernment*, pg. 20)

Matt Sharpe lives in the Southwest US and enjoys writing about spiritual topics of all kinds, using his personal experiences as a reference. While never referring to himself as a shaman, he does work inwardly with many from various traditions. He also is a guitarist and singer/songwriter.

Jenna Wade Shaugnessey (*What the Hell Happened?* pg.28)

Jenna is a private energy healing novice who was born into a very psychic family. She inherited the ability to channel from her mother who was a highly gifted psychic. She lives on a ranch/estate in the southwest, USA with her Tabby cat Kinpa. Jenna has a head for “numbers” and has several degrees and dual degrees in accounting, business administration and business law. She enjoys writing and cooking.

Body Temple

"We are healthy only to the extent that our ideas are humane."



Section Managing Editor – Lynda Lidel Harley

© Discerning Minds 2020

Image by Barroa Artworks from Pixabay.com, Cover Design: Kim Tsiang

Quote: Kurt Vonnegut @ goodreads.com

MY

Y

O

G

A



My Yoga is ...

*A breath of the Universe that
helps me expand,*

*My own physical evolution
with human interconnection,*

*Stillness within objective
reflection,*

*All shapes, mudras and
mantras,*

Love, acceptance and life.

Color Breathing

By Karyn “Nwyvre” Katz

Color Breathing is not a new concept and is tied to many cultures from Ancient Egypt to contemporary Ayurveda for spiritual/mind/body healing. In these circumstances it is often correlated to the colors associated with the chakras however in this exercise it is connected to Universal Thought and the Druids.

Color breathing is basically a rhythmic breathing technique involving the visualization of chakra color. With each inbreath imagine you are breathing in a color of your choice and then exhale it. Repeat this until you feel it build up as immensely as possible using your solar plexus as the source. Once it is sufficiently built up, visualize that your body is glowing with the color. Next dissolve it until there is no trace of the color left.

Using the solar plexus for this exercise dates back to ancient occult practice where it was believed that this chakra is the area where solar current from the Sun could be absorbed and released.

There are three types of breaths that are used in any meditation, cleansing breath, rhythmic breath and silent breath. You will start out cleansing breath. This breath is done at the onset of any exercise. It is one long deep breath that fills your lungs. You breathe in through the nose and exhaled out the mouth. It is generally done three times.

Rhythmic breath as the name suggests is done through a steady rhythm while counting one to three. Hold the breath in one to three and then hold one to three and exhale one to three. Do this as slowly as you can without puffing or gasping.

Silent breath is useful for concentrating on something other than breathing. It is done after the other two breaths are completed. It is slow, smooth breathing is ordinary rhythm. You will breathe only through your nose very gently as to make no sound.

The choice of color is a personal decision depending upon the effect desired. Here is a general guideline for colors.

RED can be used to enhance concentration for tasks, reducing drowsiness during meditation and for energizing the physical body.

ORANGE is a very active color. It can be used to buoy communicative skills but pale orange is best for meditation.

Continued ...

Continued ...

YELLOW is used to strengthen and clarify the mind. Light clear yellow is the easiest to direct.

GREEN is best used to direct solar energies and enhance receptive qualities. Pale spring green is good for starting infusion building up to emerald green before release.

BLUE is considered passive and receptive. It opens the door to awareness and is a good prep for divination, visionary work and trance. Stick to lighter blues s darker shades allow you less control.

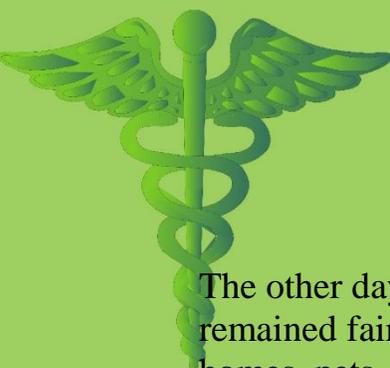
VIOLET concerns pure power. It is very potent and dangerous if mishandled. It is often used in ritual work and to enhance any other type of intense work.

WHITE is also powerful and potent. It is often used in god/goddess work and spiritual work.

This exercise is best practiced barefoot outdoors in nature on a sunny day. If done indoors choose a space near uncovered windows. You may also wish to take notes or journal your progress with the different colors and what you have achieved from the influence of its effects on you.

CONTEMPLATE THIS





The Ethics of Healing

By Terri Posey de Man, CMT, CNMT, CRM, OM

The other day, I was visiting with a friend who is also a healer. The conversation remained fairly light and mundane for a while as we discussed our husbands, our homes, pets, food and television shows. After a while, the conversation turned, as it inevitably does, to healing work. We somehow got onto the topic of how our work affects others, and of course that led to the question of Ethics.

My friend, Luz (not her real name), is a Reiki Master, a Seichem Master, a Sakara Master, a Cartouche Master, and I'm sure that there's more to her that I really can't remember at the moment -- to me she's just a lovely, wonderful, light and beautiful being whose company I enjoy immensely. To put it in its most simplistic terms, Luz practices a Laying on of Hands and Gives Light to the Etheric bodies of her clients. This gets rid of the emotional garbage, which allows the body to find its way back to homeostasis – a state of equilibrium.

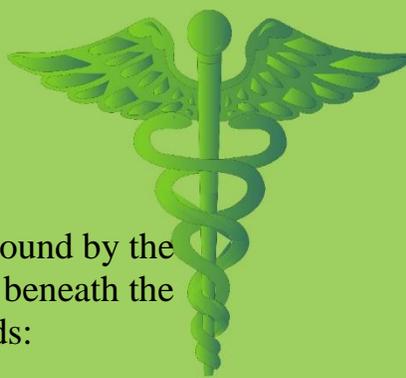
I am also a Reiki Master and a Cartouche Practitioner, but my job (one among many) is that of a Certified Massage Therapist. While Luz tends to work mainly on the Etheric body, my focus is primarily on the physical body, as I manipulate the soft tissues of the muscles and fascia, breaking up adhesions and relieving hyper tonicities, pain, and discomfort. Sometimes, during a massage session, I'll stop and “breathe light” into an area where my clients are having a great deal of discomfort. I will often end a massage session with a quick bit of Reiki before making sure my clients are sufficiently grounded and sending them out into the world to assimilate the healing work that we have done together.

I don't separate massage from my energy work; I can't. They are both intrinsically intertwined in my healing art. I have always practiced energy work, as have at least three generations of the women in my family. There's no way that I can separate that from the therapeutic massage that I do, because the energy work is as much a part of who I am as my basic DNA.

To the untrained eye, it appears that Luz's work and mine are completely different, and granted, in some respects we practice very different healing modalities. However, there are also a great number of similarities: Luz and I both are compassionate energy workers, we are both Reiki Master/Teachers, and we both give Light to our clients.

But most importantly, we, like all healers, are bound by a code of ethics

Continued ...



Continued ...

When traditional Western physicians take up practice, they are bound by the Hippocratic Oath. In the original version, the second article, just beneath the pledge to hold their teachers in the highest esteem are these words:

“I will prescribe regimens for the good of my patients according to my ability and my judgment and never do harm to anyone.”

Let’s take a look at the last part of that sentence again:

“...never do harm to anyone.”

As a massage therapist and a card-carrying member of the American Massage Therapist’s Association (AMTA), I also have taken an oath. The very first line reads “Do No Harm.” Period. It’s not open for discussion, debate, or interpretation. We have taken an oath not to hurt our clients or cause them harm.

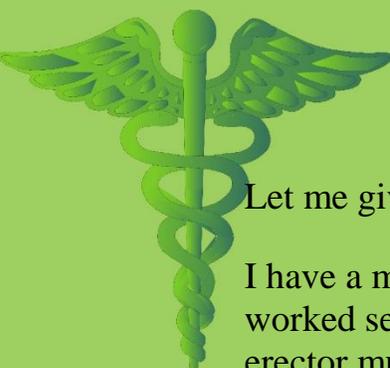
It’s amazing to me that I know “professional” massage therapists who have been practicing for a year or more, and they seem to have forgotten this. In fact, I know of one in particular who revels in the physical and emotional agony that she routinely causes her clients. She actually brags and laughs about it. And when you call her on it, her standard response is an indignant, “If it doesn’t hurt, you’re not doing it right.”

Even more amazing to me is the fact that there are a lot of energy workers out there who are almost as reckless in their treatment of *their* clients. These Light Workers – the so-called enlightened, caring and compassionate ones on the planet – have either forgotten, or were never told in the first place that the work that they do has consequences, and as energy workers, they have a responsibility to their clients, just as traditional Western medical doctors and massage therapists are supposed to have for their patients and clients respectively.

As energy workers, we must not only be concerned with the *physical* well-being of our clients, but we must also look to their *emotional* well-being.

I have been engaged in a Reiki session when the client on the table experiences an emotional release. This has happened in my massage practice, as well, but seems to be more prevalent with energy work. I believe this is because many times, a seemingly physical ailment has an emotional component to it.

Continued ...



Continued ...

Let me give you an example of what I mean:

I have a massage client who periodically complains of a backache. We have worked several muscle groups in the lower back region. We have worked the erector muscles along the spine, the quadratus lumborum in the lumbar region, her gluteals, and her psoas many times. Even though we have made vast improvement in her ability to function in her daily life -- reducing the severity of pain, the hypertonicity of the muscles and improving her range of motion -- the pain tends to periodically return.

As a healer and Intuitive, when I place my hand over the site of her pain, Spirit and my guides show me a “blackness” to the muscle tissue. It’s almost as if some negative *something* has taken up residence there in my client’s lower back.

We could do energy work in this area and massage the muscle groups involved until the end of time; however, until she is ready to release whatever negative emotion she’s holding on to back there, I know without a doubt that she will continue to periodically have this reoccurring low back pain, and no one, no matter how great of a healer they are, will ever be able to relieve a client’s suffering until that client is ready to let it go.

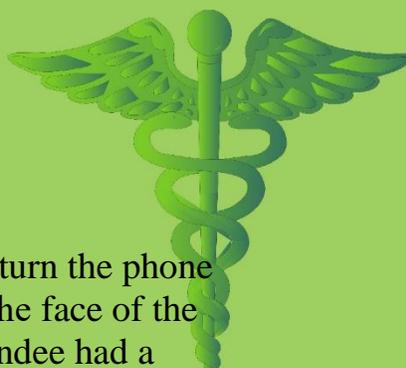
... But I digress...

If, one day when I am working on my client, she decides to let go of this emotional disturbance that is causing her pain, it will be my responsibility to see to it that her emotional release is as painless and productive as possible. In short, it is my responsibility to be there for her in any capacity that is reasonable and safe for both of us, including but not limited to hand-holding or late night tearful phone calls.

I have my massage practice in a spiritual center where people rent space for workshops. On a couple of Thursday evenings a month, someone comes in to give Diksha - a subtle transfer of the divine energy of a Guru into the heart, soul and body of a disciple. The Guru who regularly gives Diksha at “my” center is a gentle and caring human being who is available for follow up in case someone needs her after receiving Diksha.

Not too long ago, a fairly well known “Guru” (and I use the term loosely) from out of state came in and rented the space for the purpose of giving Diksha. Then she left town.

Continued ...



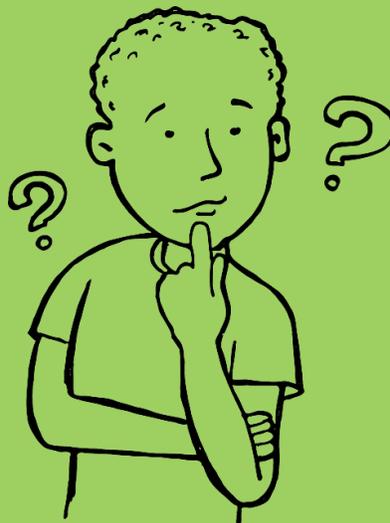
Continued ...

She left no contact information for the attendees and would not return the phone calls from the center's Director. It's almost as if she dropped off the face of the planet. This is the ultimate in irresponsible energy work. One attendee had a terrible emotional release and finally ended up calling the center's Director to get help. Luckily, the Director was able to help this poor soul work through the emotional garbage that the "Guru" had dislodged and left to fester.

As energy workers we can't just let in the light, stir up emotional muck and then just abandon our "charges," leaving them to figure it out on their own. Our clients come to us for help. It is up to us to make sure that they have the tools that they need to be able to assimilate their healing into their daily lives and this is true for Etheric and Physical healers, as well.

We must make sure that those who seek our assistance are safe, secure, and grounded before they ever leave our tables, let alone get behind the wheel of a car.

CONTEMPLATE THIS



Orange and Blue Healing

By Karyn “Nwyvre” Katz

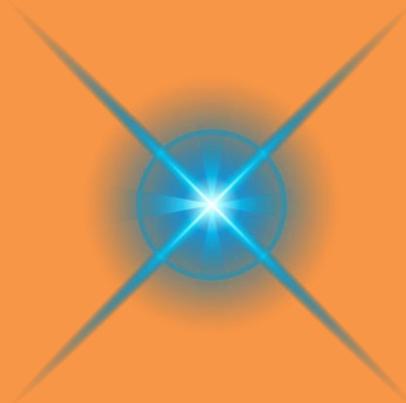
A true spiritual healing first heals the spiritual condition that caused the symptoms to appear in the physical body. There are two lights everyone can use during spiritual healing exercises, orange and blue. These are personal healing colors for yourself and are very powerful so refrain from blasting them at others even if you have good intentions.

Orange light is for healing the physical body and is easily applied by closing your eyes and visualizing it as an orange stream coming through you. Focus it to the area in your body that is diseased, afflicted, or injured. Do this for 20 minutes.

The blue light is another way of healing, but it is for the inner bodies—the Astral, Causal, Mental, and Etheric. These are the bodies of the psychic worlds below the Soul Plane. This light belongs to a state of very high consciousness. It works on the inner self and is wonderful for calming the nerves and any chaotic emotions you may be experiencing. You can stream this light the same way you did the orange light for 20 minutes.

It is important to note that after you use these lights, to make sure you are hydrated and to get plenty of rest.

Close your eyes, and visualize the blue light coming into the heart center. This light is known as the Blue Light of the Mahanta. The Mahanta Consciousness is the highest state of consciousness known to man. The blue light is for the calming and healing of the inner man—your emotions and your mind. Along with this technique, get plenty of physical rest.



Dragon Archetypal Healing

By Stephan Sergoveski

When looking at antique maps, one would often find a dragon icon that would represent uncharted, unexplored waters. Here's a twist of theory about that scary old dragon. That dragon was not placed there to symbolize that we should fear to tread uncharted waters in life, rather, it was placed there to represent the courage needed to overcome fear itself.

Where have you feared to go before? It is not a physical destination. It isn't physically necessary to leave and "go" anywhere. It may be a thought – that one thought that says, "someday I'll do that," ... "maybe one day that will not affect me anymore" ... "perhaps I don't have to suffer."

Should have, would have, and could have.

History and Esotericism:

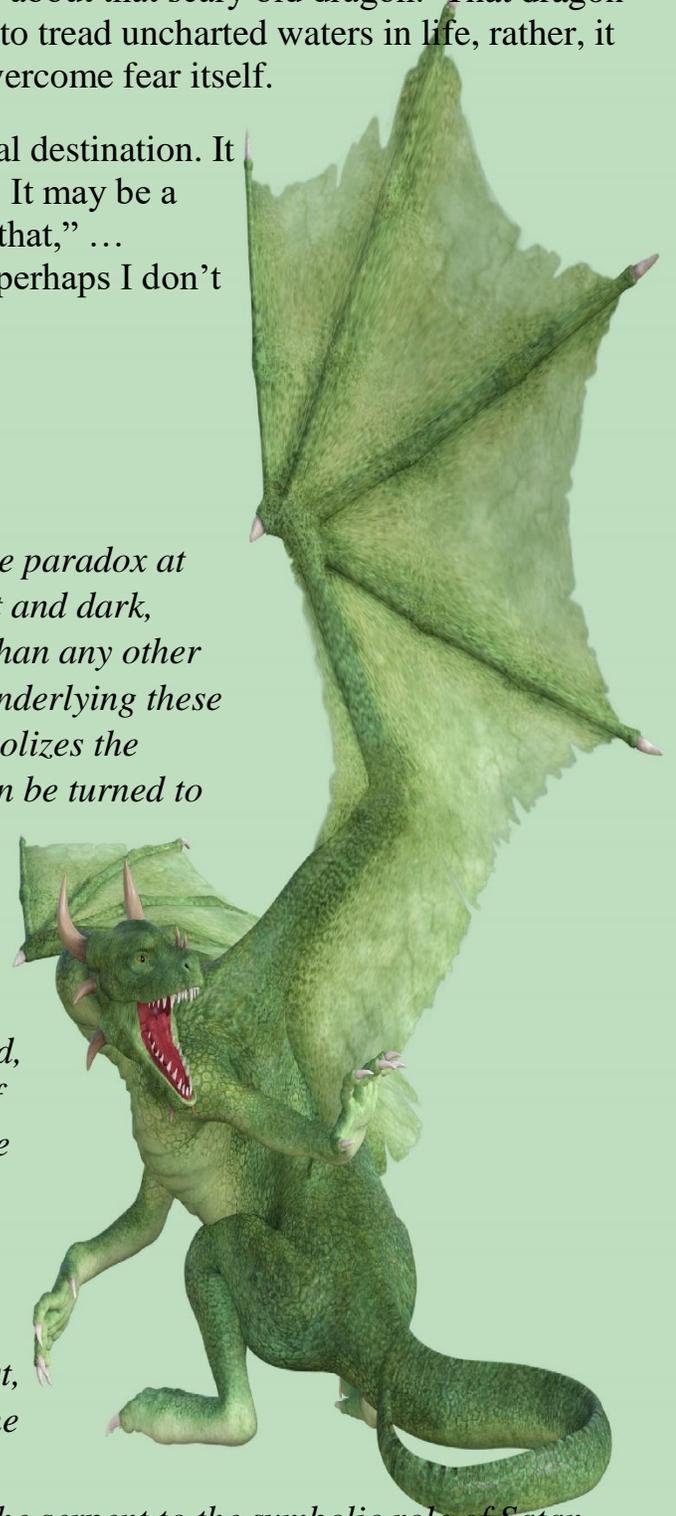
The dragon carries opposite meanings representing the paradox at the heart of our being - the mutual dependence of light and dark, creation and destruction, male and female. But more than any other symbol, the dragon also embodies the unifying force underlying these opposites. In itself it is neither good nor bad, but symbolizes the primal energy upholding the material world, which can be turned to either good or evil purposes.

In the Orient, the emphasis has traditionally been on the positive aspects of this primal energy. The dragon is depicted as a union of the beneficial powers of the elements. Uniting water (the serpent) with air (the bird, the breath of life), it represents the coming together of matter and spirit. This positive force was thought to be capable of animating the earth through the dragon pathways - symbolic arteries through which earth energy flows.

In pagan times the emphasis in the West, as in the East, was on the beneficent aspects of dragon energy - as the Welsh flag, with its proud red dragon, still testifies.

However, in the Christian era, with the relegation of the serpent to the symbolic role of Satan the tempter, the dragon came increasingly to represent chaos, raw destructive power, the evil inherent in the world of matter.

Continued ...



Continued ...

Sometimes it is shown as coming between ourselves and hidden treasure (spiritual wisdom) or carrying off a virgin (purity) to its underground lair. By an obvious logic, the dragon also came to symbolize the inner world of the emotions and the unconscious. In the West, it was the animal that lurks within us, the primitive energies which, left unbridled, can reduce us to the level of beasts.

In Taoism, the dragon is the symbol for the essence of the spiritual half of the cosmos. The 'dragon breath' in-takes the chaos of the unformed potentials of the Tao and breathes out the order of our very nature.

The focus of Dragon is to re-connect and re-integrate with the spiritual aspects of life.

Finding your inner dragon has three requirements:

- **Acceptance**
- **Awareness: Embracing Inner and Outer Truth**
- **Transformation**

Acceptance cannot be obtained by gathering more knowledge. The route of knowledge, while powerful, is an endless chase for more knowledge. Acceptance is the hardest of the three levels to learn. Without acceptance: the understanding of inner and outer truth becomes impossible. Without acceptance, a person cannot transform their nature beyond flesh and blood.

Awareness has many aspects to it. To some it might mean expanding out their knowledge and exploring different variations of Taoism for perspective. It can mean for someone disconnected to the world to learn how to better use the information and resources around us and to better integrate to our society. However, it can also mean the exact opposite for a person too connected and the lesson could very well focus on disconnecting oneself from the larger world in order to heal.

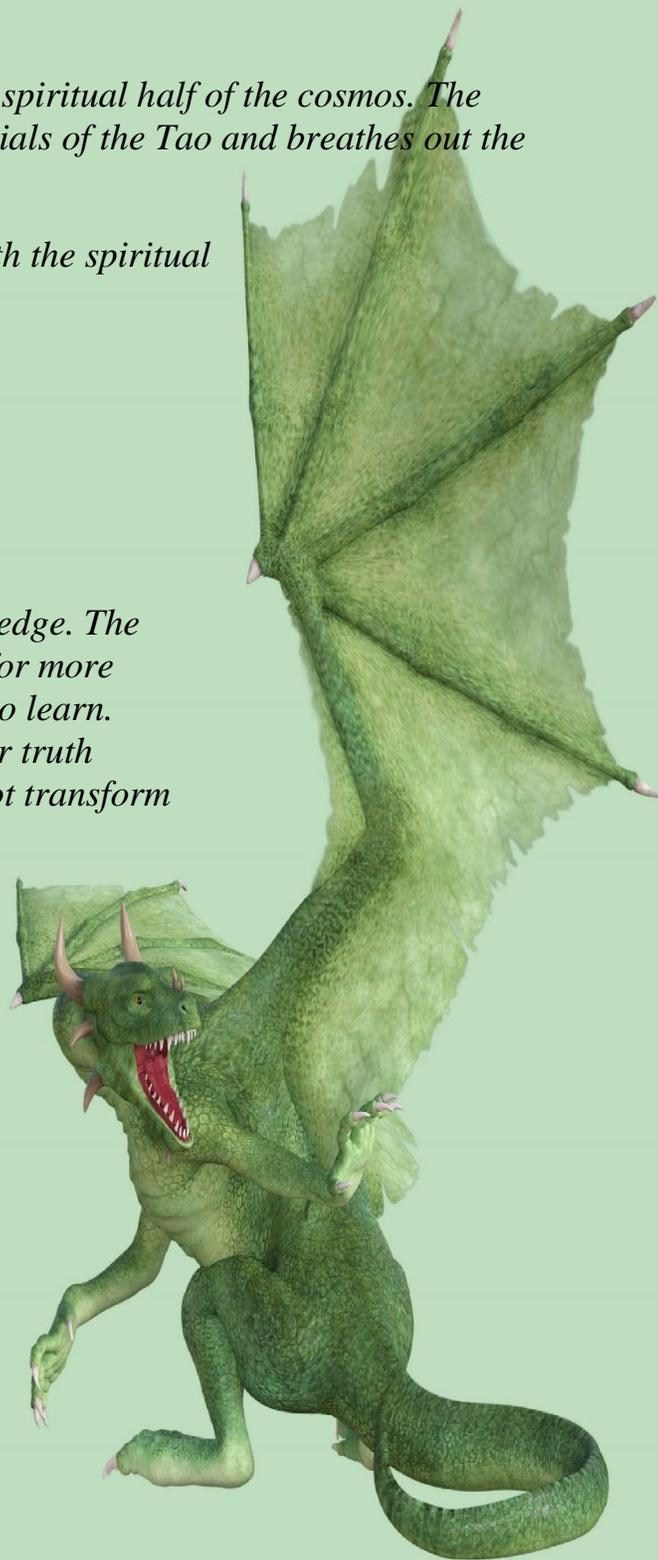
Transformation is not a goal, it is part of everyday life. To live is to change. The true potential of transformation is limitless by the very definition of transformation.

Resources:

Myself

<http://wiki.answers.com>

<http://true-color-of-mind.blogspot.com/2012/01/symbols-dragons-and-serpe...>





AUTHOR BIOGRAPHIES



Author contact (unless otherwise noted): editor.discerningminds@gmail.com

Please type author name in the subject bar and leave a short statement of intent for contacting the author. Biography content is published according to the desires of each author. For reasons of privacy, some authors prefer to remain more general in personal disclosure than others. *Copyright for all content belongs to each author. It may not be reproduced, distributed or transmitted in any form without explicit permission of the author.*



BODY TEMPLE

Alchemycal Prosestry (*My Yoga, pg. 30*)

My Yoga is presented with permission by Lydia Forrester of Alchemycal Prosestry, a group of freelance and sometimes anonymous alchemical writers who enjoy expressing their thoughts in poems and prose and advancing ancient food for thought in modern times.

Karyn “Nwyvre” Katz (*Color Breathing, pg. 31 AND Orange and Blue Healing, pg. 37*)

Karyn is a Druid, shamanic healer and a Reiki Master, and has been a Vipassana meditator for 10 years. She spends as much time as possible outdoors where she practices ‘freedom to be oneself’ while connecting with and interacting with the spirit of the land. Karyn loves to teach others how to create their own sacred space where they can more readily tap into universal consciousness. She has two cats, a dog and a parrot and lives in the upper mid north US.

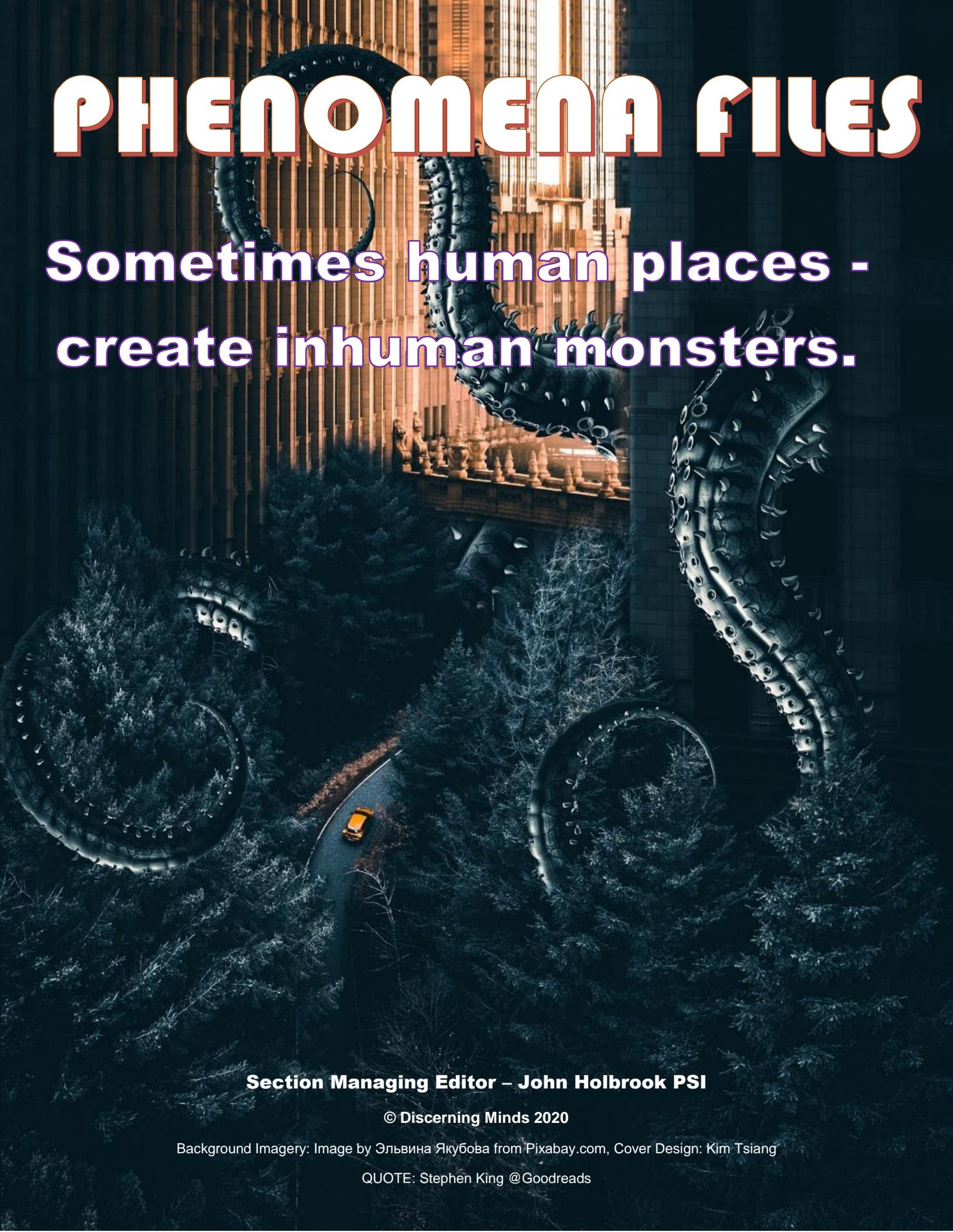
Terri Posey deMan (*The Ethics of Healing, pg. 33*)

Terri is a Certified Massage Therapist, Certified Neuromuscular Therapist, Certified Reiki Master, twice-ordained Minister, Intuitive, silk artist, and a writer and editor. This article was reprinted from The Galactic Press with permission.

Stephan Sergoveski (*Dragon Archetypal Healing, pg. 38*)

Stephan was born in Poland and moved to the US at the age of ten. He became interested in Holistics and spiritual healing modalities while he was in college and pursued various Eastern philosophies and healing methods over the following years. He also engaged martial arts and holds a black belt in Karate and still holds a goal to reach a higher echelon in that art. As a healing practitioner, Stephan specializes in Dragon Breath which helps to build confidence in the self. He is married and has two sons.

PHENOMENA FILES



**Sometimes human places -
create inhuman monsters.**

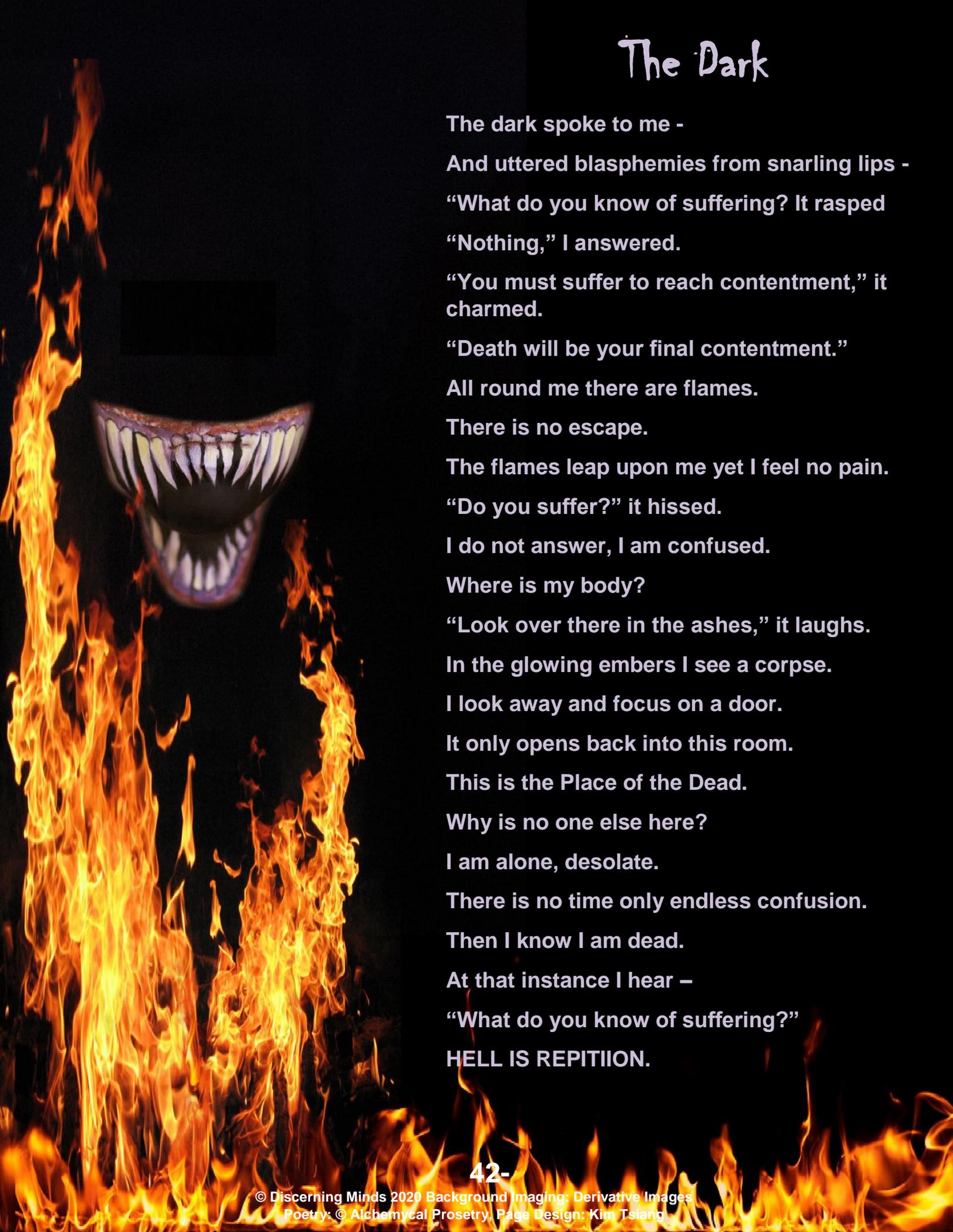
Section Managing Editor – John Holbrook PSI

© Discerning Minds 2020

Background Imagery: Image by Эльвина Якубова from Pixabay.com, Cover Design: Kim Tsiang

QUOTE: Stephen King @Goodreads

The Dark



The dark spoke to me -
And uttered blasphemies from snarling lips -
“What do you know of suffering? It rasped
“Nothing,” I answered.
“You must suffer to reach contentment,” it
charmed.
“Death will be your final contentment.”
All round me there are flames.
There is no escape.
The flames leap upon me yet I feel no pain.
“Do you suffer?” it hissed.
I do not answer, I am confused.
Where is my body?
“Look over there in the ashes,” it laughs.
In the glowing embers I see a corpse.
I look away and focus on a door.
It only opens back into this room.
This is the Place of the Dead.
Why is no one else here?
I am alone, desolate.
There is no time only endless confusion.
Then I know I am dead.
At that instance I hear –
“What do you know of suffering?”
HELL IS REPITIION.

Cat and Mouse in the Woods

By Holbrook PSI

While I was a Park Ranger at Oak Mountain State Park in Alabama there was an area of the Park where many strange things occurred. The area encompassed the lower trail heads, a place where several trails came together, and also where two trails started and ended. In this area there is a large gravel parking lot and an information board with a map of the trails and a copy of the park rules. It is located at the back of the Park near the camp ground and the back entrance of the Park. It is a heavily used area during the day but unless you had a special permit for backpacking you had to leave this area after dark. On most occasions there would be one or two stragglers who would not have planned their hikes well and would come out after dark. So before we would take any actions to check on them, we would give them one or two hours to allow them to leave the area. The event in this story happened in the fall of the year and I was the Ranger assigned to close the park.

During my after dark rounds I found three vehicles at the lower trail heads parking area, so I logged the tag numbers and descriptions of the vehicles. I continued my checks and closing of all the day use areas while working my way back to the front gate. When I arrived, I spoke to the ranger assigned to the gate post to see if any of the vehicles I logged left the park. I was told that two of them left and one remained. I then checked the campground office to see if any backpackers registered but could not find any permits for this day. I checked in at the front gate to see if the last car had left and it had not. I then went back to the lower trail head and the vehicle was still there so I took my flashlight and investigated the vehicle more thoroughly.

Continued...

Continued...

I looked around the ground to see which way that the occupants may have traveled from the vehicle and then checked the inside to see if there were any clues indicating whether the car belonged to backpackers or to juveniles or possible a couple of love birds.

I determined that two people arrived in the vehicle and that the vehicle was driven to the location by a female. The hood was still warm and this led me to believe that it had just arrived there when I did my first check. From all the items I viewed in the car and from my calculated arrival time, I concluded I was dealing with lovebirds. I contacted the front gate by radio and said that I was going to look for the owner of the vehicle. I made sure that the front gate guard still had the vehicle description and tag number on the log. He advised me it was 8:30pm and told me that my hand held radio was not to clear so I advised him not to do any welfare checks unless the vehicle left and I had not called him. I checked the area at the trails to determine which trail the visitors took. It appeared that they took the blue trail which follows a small stream to an area that we called "lovers perch." In the area there was a large rock that overlooked a small lake it was a favorite place for lovers.

I started down the trail but did not need to use my flash light to see because it being a very clear night and even though there was no moon, the stars gave me enough light to navigate the trails. I had been down this trail many times at night and during the day so I was familiar with the lay of the land. I had not walked thirty yards from the trail head when I noticed that the night woods were unnaturally still and quiet so I took my time walking to minimize the noise I made. I had walked no more than three quarters of a mile when saw what I believed to be a small campfire on the other side of the stream and half way up a small ridge. From what I could tell it was around a half of a mile away from my location so I started toward it.

Continued ...

Continued...

I reached the stream and crossed it trying to make as little noise as possible keeping the small campfire in my sight. I started up the ridge stopping often to listen for any sounds that would indicate people talking or moving around but all I heard was the unnatural silence that greeted me upon my entrance into the woods.

I had gone around fifty yards when I lost sight of the campfire. I attributed this to a small knoll that was ahead and the angles but did find it odd. I picked a large tree that was near the place I sighted the campfire and used it as a marker to keep myself on track. I walked at least another fifty yards and stopped and listened. Once again I spotted the glow of the campfire. This took me by surprise because now it was on the other side of the stream deeper in the woods on another ridge line. I watched it to see if it was still moving but it was not. I also noted that the only sound that I was hearing was my own breathing for it was still unnaturally quiet. I figured that whoever was out there must have heard me and moved away. When I lost sight of the glow I now knew could not be a campfire but possible a Cyalume glow stick or a small camp light.

I moved as quietly as possible in the direction of the glow but, upon reaching the stream I decided that the direct approach did not work. I worked my way up the stream using the streams noise to mask my own noise while working my way up ahead to circle back keeping sight of the glow. When the glow was just a little to the back of me, I started my circle using landmarks as points of references to know where I wanted to end up. I did lose sight of the glow within fifty yards of where I thought it would be again. I stopped and listened and looked around again and located the glow across the stream from where I was once again. This time it was at least three quarters of a mile away from me and this meant that whoever had this glow was moving faster than I was.

Continued ...

Continued...

I stayed where I was looking and listening in the area of the glow but it never changed. I did not hear any night noises at all. I became uneasy with the silence because there should have been some insect or night birds or something making some noise. I could not even hear the stream but I could still tell where it was.

I was also determined to find this person who was playing around so I decided that I would move straight at the glow as fast as I could. So at almost a full run, I went straight at the glow crossing the stream and not losing sight of the glow until around twenty yards from where it was. I stopped and listened and looked around and to my dismay and disbelief the glow was across the stream almost twice the distance I just traveled! I continued back up to where I determined the glow was just a minute ago. I used my flashlight to look around the ground to see if there was any sign of someone being there and could find none. I decided to just sit down for a few minutes and watch the glow and listen for anything. I sat there trying to figure out how whoever or whatever this was could stay so silent and move faster than me without leaving a trace. I could not come up with any way that it was possible for someone to elude me without some noise or signs.

I then thought about how far I had come down the trail but I did not think I was where I should have been. It occurred to me that the small lake was missing, I should have been near the lake but now I could not determine where it was. The stream was there but the lake was nowhere to be found. I moved toward the glow again but I stopped at the stream. I could still see the glow. I thought that I had been at this cat and mouse game for around forty five minutes and was very uneasy about the whole thing. I moved away from the stream but could not find the trail that ran beside it all the way to the lake.

Continued...

Continued...

I thought to myself that this cannot be right – the stream and trail run side by side for five miles or more and go well past the lake. I have been the woods all my life and I never had been lost before and this was unnerving. I could still hear the stream so I headed back to it thinking that I could follow it back out. I walked the bank of the stream for about a quarter of a mile when I saw the glow across the stream from me again, this time I ignored it and continued on.

I walked for maybe an hour and decided to see if I could find the trail again. I found the trail right where it was supposed to be. I turned and looked back into the woods and saw the glow again across the stream from me. I went ahead and just followed the trail out and within fifteen minutes I could see that I was nearing the trail heads. I stopped and looked around but did not see the glow but I did notice that I was hearing an owl hooting and some crickets chirping. It felt good to hear something besides my own breathing or my own footfalls again. In less than two minutes from when I started to hear the natural sounds of the night my handheld radio went off. I had it on the whole time and it was silent as the night was until now. It was the front gate checking in on me. I told the gatekeeper that I was code four (ok) and advised him that I did not locate the people I was looking for. He advised me that visitors came out of the woods about thirty minutes after I originally called prior to starting my search. He had been trying to get me on the radio ever since with no luck.

I advised him that I was ok and went back to my truck. The truck was covered with dew but I did not think too much about it. I went up to the front gate as I did every day before I went home. When I got there, the gatekeeper acted very strangely toward me asking me questions regarding where I had been and which trail I had taken.

Continued...

Continued...

I advised him that I was where I told him I was and asked him why he was asking. He said that the couple I was looking for said that they were at the lovers perch and did not see me at all. I said, "Oh ... well they must not have followed the trail." I asked him if there was anything else that he needed to know before I went home. He asked if I was going to write something on the log to explain why I was out so long at the trail heads. I said no because I was only out for around two to two and half hours and that was not an unreasonable time to check out an area. He looked at me like I had lost my mind and asked me to tell him what time it was "right now." I did not have a watch but based on the amount of time I THOUGHT I was in the woods, I said between eleven and twelve no latter. He asked me to look at his clock and tell him what time it was and I went in to the front gatehouse and looked at the clock and it was three thirty. I stood there for a minute and heard the radio verify the time as being three thirty also. So I did write on the log area check and signed it so he was covered but I knew there would be questions.

When my trainer, Bobby the Ranger, checked the log and called me at home to see what had happened I told him that I would be in later and talk to him. When I was able to speak to Bobby one on one, I started out by asking him if anything ever happened to him at the lower trail heads. He looked me straight in the eye dead serious and said "I don't believe in UFOs, little green men, big foot or the loch ness monster but there is something about that area that just gives me the creeps." So I started to tell him my story and he told me to stop ... he did not want to hear it! The only thing he would say was that it was one of those things that happen. I wanted to find out more about what happened so I did some research and talked to a historian that had been researching our park.

Continued...

Continued...

The historian told me that there had been a community across the main drive from where I was that night. He showed me an old map and he had a current map as reference regarding the location. I had him make me copies and asked him which library he used and went there to look into my “event” and into any history of events like mine. I found it strange that the community did not have a church; it had a store, blacksmith and meeting hall but no church.

While looking at many books and articles I happened across a book on general folklore and found a reference to lost travelers and what this book called the Will o’ the Wisps. It said: “The Will o’ the Wisp is the most common name given to the mysterious lights that were said to lead travelers off the well-trodden paths into treacherous marshes. The tradition exists with slight variation throughout Britain, the lights often bearing a regional name.”

I found other stories about the Will o’ the Wisps and some explanations of the phenomenon that ranged from fireflies to foxfire but none fit what happened that night.



Holbrook PSI Q & A

The following queries were made to Holbrook Paranormal Site Investigations.

Q: Me and my friends were messing around and decided to go hang out in a graveyard after midnight about 12:30. The graveyard has a really old section that everyone says is haunted so we went there. We did not destroy or mess anything up and we did not do any drugs. My friend dared me to lie on a grave and I really didn't want to but I did. I laid down for about 30 seconds and then got up. It felt weird but everyone was laughing so I thought it was OK. We stayed in the graveyard for about an hour then left because we didn't want to get caught by the cops. When I went to bed, I could not sleep and was creeped out. After I went to sleep I woke up because it felt like something was poking me. I put on the light and saw a book get thrown off my dresser. It freaked me out but I ignored it and thought maybe it was my imagination and went back to sleep. I found out the next day that my friend who dared me had some weird stuff happen to him too. No one else had anything happen to them. This lasted for about four days and we think it is because of what we did. One night I just said out loud that I was sorry and all the weird stuff stopped. What was this and is it over? If you can help, thank-you. (Ryan P., CT)

A: Ryan, the good news is you're not alone in your experience and in most of the cases of this type, it does not last very long. This would be different if there was desecration or disrespect for the graves or anything in the graveyard. Some would say that the act of lying on a grave is disrespectful but the way you described the event it sounds more like you had a "hitchhiker." Some spirits or entities are attracted to the energy or presence of some people and will "attach" to them for a short time. This is all according to the strength of the spirit or entity which dictates how long they stay with no action on the person's part to get rid of them. The way you described what happened and your actions, I do not believe this to be an evil or malevolent spirit entity. You may be one of the people who attracts spirits or entities due to your energy and may have to take some steps to keep this or something worse from happening in the future.



Continued ...

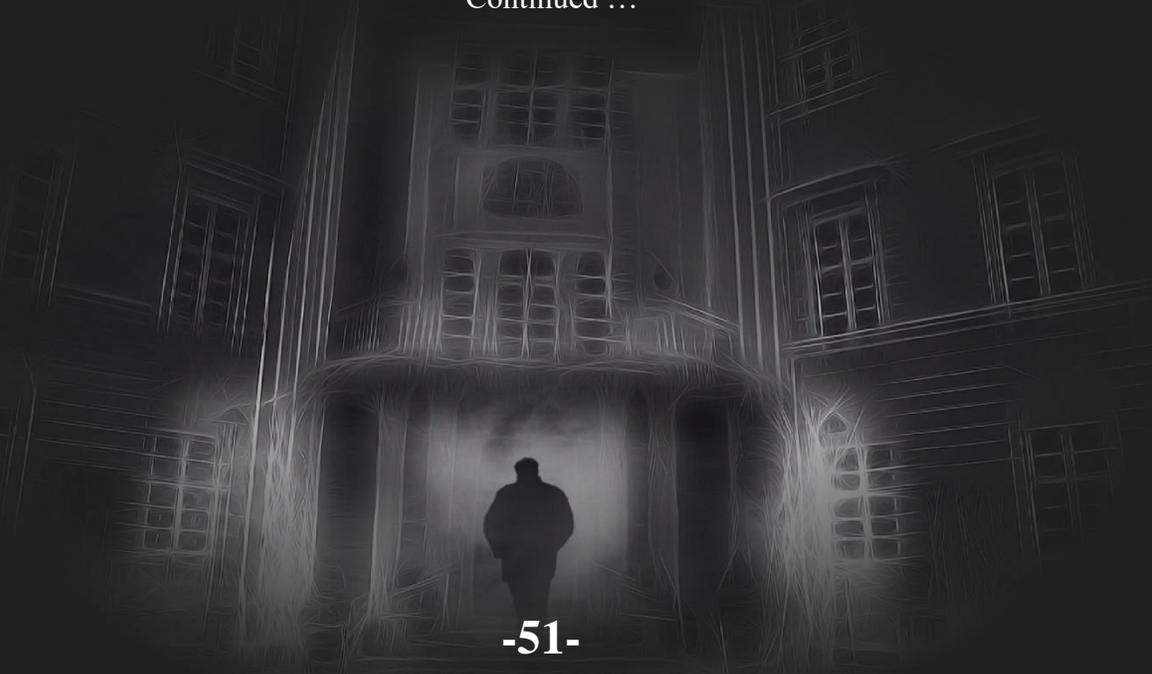
Q: I am in my mid-twenties but during my teens I was very caught up in the dark side. I worked with black magic which I thought was very cool until I brought harm to someone else. It was part of a group spell. It wasn't really bad but the person took a bad fall and was hurt with banged up legs. It scared me to see a direct result happen.

After that I stopped doing spells on other people but I was wondering if what I did when I was younger is having repercussions on me now. I am not very happy and don't seem to have much luck. If my past is affecting me, is there any way I can undo any of it? I think this is more than just a guilty conscience. Thanks and I enjoyed your last column. Nicholas K., SC

A: First, I would like to thank you for your honesty with your question. It shows that you have a good idea that there is a fine line you crossed in your past. The telltale sign is that you know that you were in the wrong and that it is a real problem for you now and more than a guilty conscience. Why I started my response with this statement is because you need to look within yourself and see if you have asked for forgiveness and have tried to make amends for your part in hurting another. There are many people that believe that an individual will reap what he/she has sown in his/her life. There are others who believe in Karma and the principles that our actions now will affect our next life and that our past life actions are affecting us in our current life. I believe it is a little of both and that a lot of your problems now come from the path you were on. I will not preach to you or ask you to believe as I do ... it is up to you to know what is right for you.

This is how I see my life working. Life is like a long road that has many cross roads intersecting it and we each have our own journey to travel. Sometimes we are alone on our road and at other times we have many people on the road at the same time and same mile marker. We have choices to make all along the way and when you were younger you took a road on the dark side and while on this road your actions or intent hurt another. So, you saw the error in your actions and decided to take another road and have turned away from this dark path. What you will need to do now is to look at yourself and make sure that you are on the right road for you. If things are not going well for you, it may be an uphill place in your road or you may have not totally stepped off the dark side road.

Continued ...

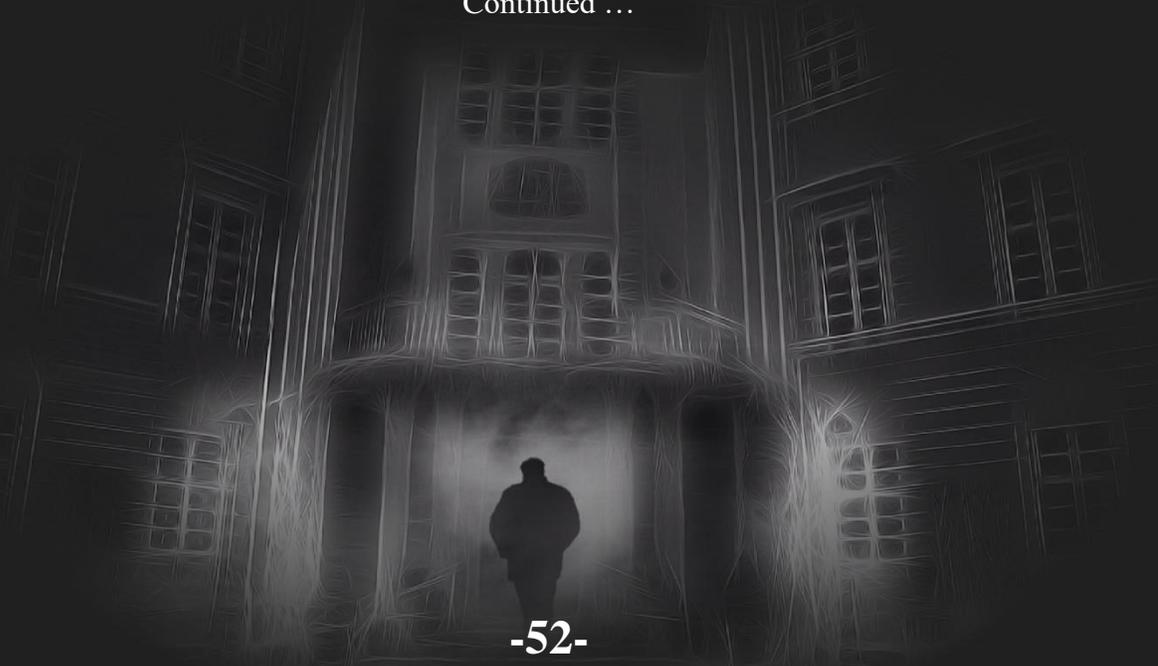


Continued ...

Has your road led you to help others and have you grown spiritually or does it seem that everything is against you and nothing is going right? These are questions you have to ask yourself and only you can truly know your own heart and soul. We do sometimes have to go back and clean our house of all the things from our past to move on with our journey so that we do not have any thing holding us back. This would be touching on forgiveness - we have to forgive ourselves before we can expect others to forgive us. With this we can feel a weight lifted from us and we are able to see our part in things more clearly and what we will need to do to make amends. In cleaning our house we need to see if we have any items from our past that are keeping us connected to that past. These items could be books, jewelry and friends that we need to let go so we move forward. If you still have any of the items you used in your black magic spells, they will need to go or at least be cleared. We have all outgrown friends in our lives and if you still have people in your life from that group that cast the spell you may still be unknowingly aiding them with your energy. I know that letting go of friends can be hard but if they are into black magic and you are not, why take a chance that you could be drawn back in to the dark side. You seem to have a good head on your shoulders and a heavy heart which shows that you don't want to be a part of hurting others. You may have a tough time as part of your Karmic debt but as your deeds for the light grow you will erase that debt. If you want to be strong in your spiritual beliefs, read up on some psychic protection because when you start cleaning your house and your life, you may come under some spiritual attacks. Keep in the light and this will pass also as you cut the strings that keep you connected to the past. I hope that my response to your letter helps you in your journey.

Q: There is a bunch of girls at my school who say they are witches. They hang out behind an old abandoned house and sometimes inside of it. They planted a garden and said that they grow plants that they use to make potions for love spells and cast spells against people they don't like. One of the girls likes my friend and tried to put a spell on him so a group of us went out and trashed their garden when they weren't around. I know they found out it was us so what can we expect out of this? I am not afraid of them but I am worried about my friend because the girl is pretty and he is getting attracted to her. My friends are starting to get scared. What should we do now? Thanks. Jonathan, RI

Continued ...



A: Jonathan - First off I don't condone the trashing of the garden but I do understand your motives. This should have been handled differently from the start so that there would be no negative actions taken on your part. From my understanding if we have a coven of witches casting spells on us and we react with negative actions and intent we give strength to their action or spell. So let's look at the ways to counteract the love spell first. There is more than one type of love spell and some are more the power of suggestion than any magic. If your friend was attracted to the girl because she is pretty and he is aware that she is interested in him it probably has little to do with magic. Unless he has totally stopped doing the things he used to do and he is not eating or sleeping and all he talks about is the girl then there is a problem. In your letter you did not say this you just said that he is getting attracted to her. This to me sounds more natural than supernatural in nature. If you think the girl is not right for him you will need to talk to him and tell him what you have heard and what you have done. You should do this without any slander or negative energy so that you will be as you have shown by your actions a concerned friend. You need to remember that at this point in your life you and your friend are growing and changing from day to day and your likes and dislikes change also. He may have not liked her until he found out that she liked him. This is just my point of view and others may not have the same take on this but this is mine. Now let's address your group's actions in trashing the garden. When you say trashed I would guess that you destroyed the plants that they had cared for and planted. This is part of nature that was destroyed needs to be replaced. They don't have to be the same type of plants but something else needs to be planted. The negative act of destroying the garden is fuel for any negative intent they would have against you so you need to balance the scales with good deeds. Next, I do not know you or your groups' religious beliefs but many of the religions have ways of asking for protection from evil. This couldn't hurt. I would not be scared of what they are going to do. The fear of them is a negative energy and in itself part of their art. If you think they can hurt you then they can, if you think they have power over you then yes they do for you are giving it to them. The power they have is limited to what they give up and what you give them to work with.

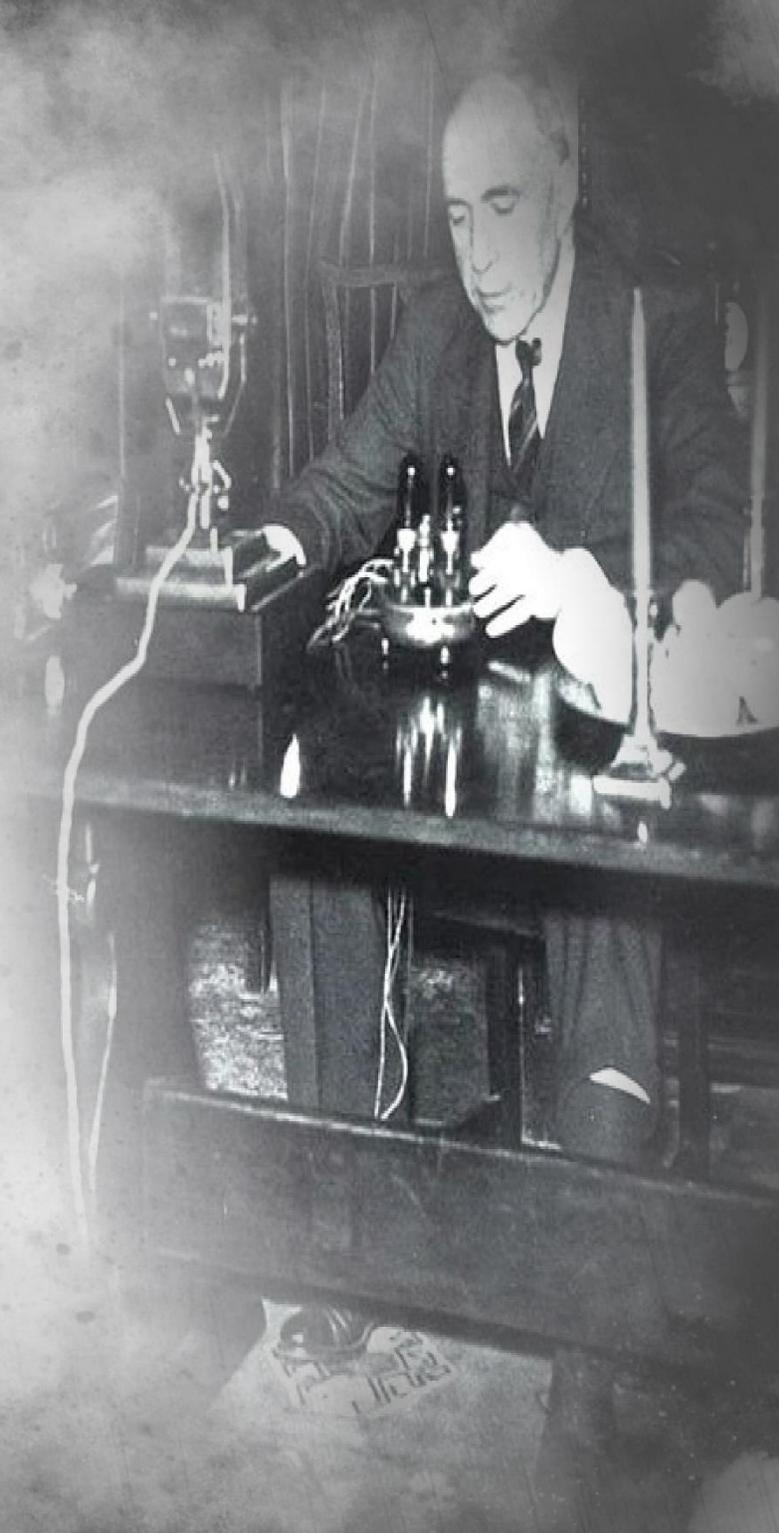


Para - Quiz

This season's quiz is about Harry Price the Original Ghost Hunter. Price was a British psychic researcher and author, who gained public prominence for his investigations into psychical phenomena and his exposing fraudulent spiritualist mediums.

1. When did Harry conduct his first paranormal investigation?
2. When did Price join the Society for Psychical Research?
3. Which infamous spirit photographer did Price expose?
4. In order to investigate mediums who conducted séances Harry designed a special piece of equipment. What was it called?
5. In 1926, Price came across the case of a Romanian peasant girl named Eleonora Zupan. What kind of attacks was she suffering?
6. One of Harry's strangest cases concerned an entity known as Gef. Who was Gef?
7. Was fraud detected in the Gef case?
8. The year 1929 marked a turning point in Price's career, although the case would not be made public for several years yet. What was it?
9. True or False – Harry was a deft magician.

Continued ...



Continued ...

10. What important organization did Harry found in 1923?
11. What type of equipment did Harry use for investigations?
12. Who were Kuda Bux and Ahmed Hussain?
13. Which case brought Harry great international publicity?
14. In 1937 in London, Harry claimed to have contacted a spirit child named Rosalie. He appeared to be deeply disturbed by the experience. Was it true?
15. In 1963 a well-known direct voice medium was said to have contacted Harry at a séance. Who was the medium?

ANSWERS

1. His first psychical investigation took place when he was only 15 and still in school. He and a young friend obtained permission to spend the night in an old manor house that was rumored to be haunted. They experienced disembodied footsteps in the house and attempted to photograph the ghost, which failed when Price loaded far too much flash powder into his camera. 2. Price joined the Society for Psychical Research in 1920. He had already begun his career as Britain's most famous ghost investigator. 3. One of Price's first efforts exposed the work of spirit photographer William Hope who was making a fortune taking portraits of people that always seemed to include the sitter's dead relatives. 4. The "telekinetoscope", a clever device that used a telegraph key that when depressed would cause a red light to turn on. A glass dome then covered the key so that only psychic powers could operate it. 5. Violent poltergeist phenomena, including flying objects, slapping, biting and pinching. 6. The Talking Mongoose of Cashen's Gap. 7. No 8. The case involved a deteriorating Essex house called Borley Rectory. It would be during Price's investigations of Borley Rectory that he would become the best known and most accomplished of the early ghost hunters, setting the standard for those who would follow. 9. True 10. National Laboratory for Psychical Research 11. Electroscopes, to detect the magnitude of electrical charge on a body, barographs, to continually record atmospheric pressure, thermographs, to make continual readings of temperatures. 12. Firewalkers he tested. 13. The Brocken Experiment. In 1931 an old manuscript called the Blocksberg Tryst was left at the National Laboratory of Psychical Research. It was said to contain a magical ritual for transforming a goat into a youth of surpassing beauty. Harry and C.M. Joad performed the ritual which Harry referred to as "rot" further saying he only conducted the ritual to prove the fallacy of transcendental magic. 14. To this day it remains a mystery. 15. Leslie Flint



Parapedia

PARANORMAL AND OCCULT ENCYCLOPEDIA



“She Devil”

A She Devil is literally the female counterpart of the devil. She can be a temptress that seduces not only men but also women to commit any sexual or heinous act she desires. Her best tool is emotional manipulation. As a shapeshifter, she can appear in many forms – sometimes as a beautiful woman (often a redhead) or as a horrific demon. Some people believe that the real Lucifer was female because of the image depicted and translations of feminine qualities.

The She Devil will generally ensnare a victim when he or she is alone. One form, the succubus will attack while you are asleep so the violation will first appear as a dream. Subsequent attacks will result in the life force being completely drained resulting in death. She can also appear as an angelic mimic whose wit and charm beguile you to commit wicked deeds. There are no boundaries regarding who a She Devil can attack. For example in ancient texts and in the Hebrew Zohar in particular, Naamah and Lilith are said to have corrupted and consorted with the angels Ouza (is a fallen angel of apocryphal Abrahamic traditions that ranked in the heavenly hierarchy as one of the Watchers) and Azazel (a fallen angel responsible for introducing humans to forbidden knowledge). Nearly every culture on earth has their own version of the She Devil in either mythological or religious form.

She makes sport with the sons of man, and conceives from them through their dreams, from the male desire, and she attaches herself to them. She takes the desire, and nothing more, and from that desire she conceives and brings forth all kinds of demons into the world. And those sons she bears from men visit the women of humankind, who then conceive from them and give birth to spirits. And all of them go to the first Lilith and she brings them up. – Raphael Patai

Continued ...

Example List:



Abyzou (Jewish)
Ammit (Egyptian)
Angrboda (Nordic)
Asoth (Nine Orders of Angels)
Ardat Lili (Semitic/Sumerian)
Aswang (Philippines)
Aynaet (Ethiopia)
Batibat (Philippines)
Buduh (Arabian)
Charmo Vedr (Hindukush)
Chordeva (India)
Danglathas (Hunza)
Dearg-Dee (Irish)
Dialen (Graubünden)
Dimme (Sumerian)
Dogai (Melanesian-Papuan Ian Torres-Indians)
Drude (Dreams)
Druj (Iran)
Empusa (Greek)
Gorgon (Greek)
Hantu Kopek (Dreams)
Haures (Prediction)
Jhai (Poison)
Jigarkhvar (Indian Mythology)
Lamashtu (Sumerian/Mesopotamian)
Lamia (Greek)
Leviathan (Apocryphal Book of Enoch)
Lilim (Offspring of Lilith)
Lilith (Assyrian/Babylonian Mythology)
Lilitu (Female counterpart of Lilu)
Obyzuth (Fallen angel similar to Lilith)
Onoskelis (Fallen angel)
Palden Lhamo (Tibetan)
Succubus (Christian Folklore)
Vanth (Etruscan Folklore)
Werzelya (Ethiopia)
Wutr (Yush)
Yachemi (Hindukush)
Yukki-Ona (Japanese)

List Resource: <https://hellhorror.com/female-demon-names/>



AUTHOR BIOGRAPHIES



Author contact (unless otherwise noted): editor.discerningminds@gmail.com

Please type author name in the subject bar and leave a short statement of intent for contacting the author. Biography content is published according to the desires of each author. For reasons of privacy, some authors prefer to remain more general in personal disclosure than others. *Copyright for all content belongs to each author. It may not be reproduced, distributed or transmitted in any form without explicit permission of the author.*



PHENOMENA FILES

Alchemycal Prosetry (*The Dark*, pg.43)

The Dark is presented with permission by Lydia Forrester of Alchemycal Proetry, a group of freelance and sometimes anonymous alchemical writers who enjoy expressing their thoughts in poems and prose and advancing ancient food for thought in modern times.

John Holbrook, Holbrook PSI (*Cat and Mouse in the Woods*, pg.44) AND *Holbrook PSI Q & A*, pg. 51)

John has been a paranormal investigator for over 25 years. He holds a MS in parapsychic science. He is a highly gifted intuit and experienced spiritual counselor who specializes in crisis intervention including current life paranormal dramas and past life residual traumas. He is always willing to help others overcome their fear of the darkness by showing them how to discern the truth of the matter.

Holbrook PSI (*Para-Quiz on Harry Price*, pg.55)

Para-Quiz is presented with permission by paranormal investigator John Holbrook. All rights reserved.

PARAPEDIA (*She Devil*, pg. 57)

She Devil has been published with the explicit permission of the *PARAPEDIA Paranormal and Occult Encyclopedia*. The *PARAPEDIA* is a compilation of historic and contemporary occult articles by various paranormal investigators and researchers. This article has been presented at the request of Holbrook PSI.

ARCANUS OBSCURUM

**Fear the
Unknowledgeable, not
the Wisdom,
The dark has many
secrets**

**Section Managing Editors:
Marco X. Mascolo & Eliana Rosini**

© Discerning Minds 2020

Background Image by Эльвина Якубова from Pixabay.com, Quote by Anujj Elviis @Goodreads.com

Page Design Kim Tsiang

“Alchemy was (and is) considerably more than the attempt to turn base metals into gold. To an alchemist, all material things ripen toward perfection unless something gets in the way. The alchemist's mission is to remove the obstacles that keep material things from attaining their perfection. For metals, that perfection is gold; for the human body, health; for the human spirit, union with the divine-and all these and many more are appropriate goals for alchemical work.”

John Michael Greer

Former Grand Archdruid of the Ancient Order of Druids in America.



RUNIC PLANETARY SHOAT



This Runic Shoat works along with the archetypes of the planets. It is a very personal avenue to self-insight regarding life issues in current time. It is best used with the Elder Futhark Runes and unless you are a seasoned Rune Master you will need a rune interpretation book. Simply focus on your question and choose your runes the way you always do and lay them out according to the illustration/map above and follow the runic-planetary outline. Runes always constitute “right action” or the path you should take when addressing an issue. It is recommended that *The Book of Runes* be used for interpretation in his exercise. You can find a free pdf of *The Book of Runes* by Ralph Blum here: <https://archive.org/details/The-Book-of-Runes>

Magical Doctrine

By The Olde Occultist

To the ancients, all things that existed had a spiritual and material essence. Everything in creation was also interconnected so magic was believed to exert forces on probabilities manifesting them into the realm of matter. To the Ancient magicians, the only difference between a living thing and that which “appeared not to live” was a difference in spirit. Everything had a spirit. Man was believed to have a spirit and a soul and thus stood above and transcended all things. Man had greater mobility and the opportunity for self-consciousness was paid homage by all that was lesser than he yet when it came to magic man had rules. The actions of man were governed by laws and sub-rules in magical doctrine:

The Law of Sympathy states, “A mysterious or spiritual link exists between anything in the world *and any one or more of its parts.*” (For example, a tree and its leaves.)

- **Rule of Parts** – Even though something is no longer connected to something else, one disconnected part can still affect the other part.
- **Rule of Contagion** – An article that is close to a person such as a prized personal possession forms a connection to that person and that person can be influenced by another person who steals or becomes in possession of the article by performing magic on it.

The Law of Imitation states, “Because there is a spiritual link between anything in the world, one can cause spirits to imitate certain acts thereby producing certain phenomena. (For Example, pouring water over an unclothed virgin produced rain.)

- **Rule of Three** – Evil magic that is cast will rebound on its castor threefold.

Continued ...

Size, Age and Physique counted...

In some of the older beliefs a practitioner of magic was thought to be more powerful if the age of the magician ranged from 22-26 and then from 30-55. Gender did not matter but fair-haired magicians were thought to be the most powerful especially if they had full lips. A “magical name” was also important especially for the newly initiated and it could be changed as the magician’s status and knowledge grew more powerful.

All in a word:

ABRACADABRA

The origin of the word is unknown adding to its mystique. In ancient times however, it was believed that if the word was engraved on an amulet, it was supposed to protect the wearer from illness and fever. The word is considered most powerful when it is written in the shape of an inverted triangle where one letter of the word is dropped in each succeeding line. Evil is supposed to dissipate or fade away just as the word does. In medieval times, ABRACADABRA was believed to ward off the plague when it was written on a piece of paper and worn around the neck tied with a piece of flax. It was worn for nine days and then tossed backward over the shoulder into a stream running east.

ABRACADABRA
ABRACADABR
ABRACADAB
ABRACADA
ABRACAD
ABRACA
ABRAC
ABRA
ABR
AB
A
AB
ABR
ABRA
ABRAC
ABRACA
ABRACAD
ABRACADA
ABRACADAB
ABRACADABR
ABRACADABRA



Keeping It Personal

By Angela 'Hecate' Abayez

To Cast OR Not to Cast – That is truly the question.

Believe it or not most people cast a spell or two every day from as simple as intentional wishing to folk magic to other more complicated methods. No matter what method is used there are a few rules that anyone “casting” should bear in mind. Any spell should involve ONLY you and what is best for your well-being.

The first question to ask yourself is if you actually need to send something out into the ethers. This will require that you take a long hard look and decide how important the situation is. It is never fruitful to get help for every willy-nilly whim. If you have exhausted every avenue and still come up short of your goal then you know you could use some assistance.

Second, make sure you are willing to put in the time and work to achieve your goal. Nothing comes free or cheap especially in magic and that is why it is paramount to be specific when requesting help. Write it down if you find it necessary so your mind and words can be succinct in your request. Focus.

Third, bear in mind that only good should come from the cast for you and for anyone else who may be involved in the scenario.

You should never cast a spell when it:

... Interferes with freewill. Love spells are notorious in this department and often eventually go awry. Too much of a good thing can be quite uncomfortable but not as uncomfortable as trying to turn it off.

.... If you are unsure about any aspect of what you are asking.

... If the outcome has the possibility of causing harm to yourself or anyone else in any way.

Remember, you can use books for recommended spells but a spell that has been crafted from your own will and sent out to the universe is always the best way to go. The more of your own energy put into a cast the more powerful it will be.



Beautiful Pilgrim

By Rifkin the Historian

"Then having obtained a pilgrim's dress, she traveled far and wide, teaching and preaching the religion of old times, the religion of Diana, the Queen of the Fairies and of the Moon, the goddess of the poor and oppressed. And the fame of her wisdom and beauty went forth over all the land, and the people worshiped her, calling her La Bella Pelegrina (the beautiful pilgrim)." ~ Charles Leland from *Aradia; Gospel of the Witches*.

"The most famous Italian witch was a fourteenth century wise woman who called herself Aradia. She is responsible for bringing about the revival of an *old religion - Le Vecchia Religione*.

Many Italian witches believe in the historical existence of a woman named Aradia, who brought about a revival of Italian Witchcraft although there is no solid historic proof of her existence has ever been made known to the public. She is often called the Holy Strega or The Beautiful Pilgrim. In the oral traditions surrounding Aradia, residing in the Old Religion of Italy, it is said that she lived and taught during the latter half of the 14th century.

According to legend, Aradia was allegedly born in 1313 in northern Italy, in the town of Volterra.

Continued ...



Continued ...

She was taught the Old Ways by her aunt and later decided to return the ancient Pagan heritage to the oppressed peasants of Italy. It is said that she would take long walks through the Alban Hill area near Lake Nemi and it was there that she experienced a vision that shaped the course of her life. It is said she heard a voice that told her she was to fulfill a quest that would require that she challenge the established order of things in order to provide hope for all those who were enslaved by the wealthy upper class nobility. She gathered a small band of followers and went about the countryside teaching and preaching the Old Religion of Italy.

Aradia instructed Italian witches to be naked during rituals and to be sexual with one another as earthy passions strengthen Streggherian rites. Aradia spoke of an Age of Reason that would come, and which would replace the Age of the Son. She stressed the seeking of inner and outer balance and the equality of the masculine and feminine. She challenged the authority of the Church and the so-called rights of nobility to oppress the peasants. She suffered humiliation and torture at the hands of her captors yet never lost sight of her quest. When imprisoned, she used her sexual prowess over men to secure her escape ... never once allowing herself to be a victim.

When she departed, Aradia requested that a meal be held in her honor when the Moon was full with gratitude to the goddess Diana, and that she be remembered by future generations. ALL women are daughters of Aradia and her spirit lives on in them.



AUTHOR BIOGRAPHIES



Author contact (unless otherwise noted): editor.discerningminds@gmail.com

Please type author name in the subject bar and leave a short statement of intent for contacting the author. Biography content is published according to the desires of each author. For reasons of privacy, some authors prefer to remain more general in personal disclosure than others. *Copyright for all content belongs to each author. It may not be reproduced, distributed or transmitted in any form without explicit permission of the author.*



ARCANUS OBSCURUM

Alchemy Quote by John Michael Greer (pg. 60)

John Michael Greer served as Grand Archdruid of the Ancient Order of Druids in America. His work addresses a range of subjects, including climate change, peak oil, the future of industrial society, and the occult. He also writes science fiction and fantasy and is an author of over thirty books. He lives in Rhode Island with his wife.

Light Force Network Arcana, (*Runic Planetary Shoat*, pg. 61)

The Runic Planetary Shoat has been published courtesy of the Lightforcenetwork.com)

The Olde Occultist, (*Magical Doctrine*, pg.62)

The Old Occultist also prefers to use a pseudonym. A big fan of John Michael Greer, his writings and teachings especially on Western Occultism. Old also has an interest in the past and the long held secrets that can be revealed and then presented with all sides of the traditional picture.

Angelina 'Hecate' Abayez (*Keeping It Personal*, pg.64)

Angelina is a Pagan practitioner of healing and natural arts. She recently began to study astrology and the complexities of the Enneagram. Angelina enjoys candle making and oil painting in her spare time. One of her favorite subjects to paint is the moon and her paintings have been featured in local art shows in her hometown.

Rifkin the Historian (*Beautiful Pilgrim*, pg.65)

Marcus Rifkin is known as 'The Historian' a title he wears proudly. He is a history buff and collector of historical facts as well as obscure and strange bits and pieces of history. Marc and his wife Beth and three children live in the northeast USA. They all like to travel especially to historic sites and battlegrounds. Marc also likes cooking for his family especially foreign cuisine because it is fun to watch them eat "Rifkin's Unknown Surprise."

Sacred Sciences



*“The key to the world is the key to yourself.
The key to yourself is the key to the world.”*



Section Managing Editor – Anne Drake Sydney

© Discerning Minds 2020

Background Imagery by bariş doğan_from Pixabay.com, Design Kim Tsiang

Quote by Iva Kenaz @ Goodreads.com

It is funny how all the wisest people on Earth always comes back to this thought:

Know thyself

Thy body

Thy mind

Thy soul

Thy emotions

Thy history

Thy spirit

The only knowledge that will ever serve you is the knowledge you yourself know of, and hopefully put into practice.



Red Fever

Loni Haas RMAFA, NCGR, DD

Red Fever or the Red Energy also known as the Red Man Energy is a phenomena mainly observed by paranormal investigators and refers to certain periods of time when people literally “see red” and become “red with anger.”

Unwarranted anger, anxiousness and fear seem to pervade the psyche of normally composed people. It is wide spread and not contained. The percentage numbers of Road Rage, fighting, discontent and disgust reach new heights. Most of the time people cannot even seem to pinpoint why they are enraged. The energy is precipitated by feelings of tension in the atmosphere and followed by mounting feelings of anger that are internalized until they burst forth like an erupting volcano.

So far this phenomenon cannot be delegated to a particular set of astrological circumstances for example, as when people experience Mercury retrograde and shadow periods. During a Mercury retrograde, people are used to communications breaking down and mundane life circumstances running amuck and may or may not prepare for the period or at least make some concessions. Observations however show that the Red Energy proliferates during a Mars retrograde period.

Transiting Mars is retrograde every 24-26 months with a cycle lasting about eleven weeks. When Mars transits in retrograde motion day to day events become filled with effort that often leads nowhere crating personal frustration.

Continued ...



Continued ...

It is almost as though an individual has gone into competition with his or her Self. Aggressions are misplaced and experiences are reactive rather than active. The frustrated energy that builds will blow up around the simplest issues. Disruptive situations and old wounds are brought to the surface making things even more uncomfortable. Hastiness leads to accidents particularly involving vehicles, machinery and sharp instruments. Burns, cuts and scrapes are common.

The last Mars Rx occurred from June 26 2018 – August 27, 2018. Think back and try to remember is anything had heightened for you or for those around you according to the previous description during that time. In 2020, Mars Rx is due on September 9 – November 13 in fiery Aries. That energy is stellar for temper tantrums so if the Red Energy is at play extra caution will be needed when applying patience to ALL situations especially the work place and sex life. Haste is waste will never be more true than during this transit because energy will be pent up and not able to move fast enough in a desired direction. In 2022 it goes retrograde from October 30 – January 1, 2023 in the sign of Gemini. Arguments with siblings, relatives and neighbors may be rife. Also exert caution in local travel as accidents can easily occur.

The paranormal Myth of the Red Man is little known and speaks of an invasive energy form that feeds upon anger. The more anger is either internalized or conversely, expressed, the further the red energy spreads. The only way to be rid of the Red Man is to simply control anger and re-route any “antsy” feelings and pent up energy into more productive avenues while riding it all out. The Red Man will invade for generally two weeks to a month unless it is coinciding with a Mars Retrograde. When that happens the effect is not only prolonged and amplified it is sometimes even deadly.

WALK-IN THEORY ... WHO THE HELL ARE YOU?

By Janette Molinsky

To be quite frank, I am of the opinion that from a very basic spiritual, physiological and physical view this is impossible ... psychologically - it's a whole different ball park. I am willing to study any well-presented proofs or theories for validity. I have certainly listened to more than my share of those who believe this is their experience. From that perspective, I have found this to be an amusing theory.



This controversy seems to be mainly stimulated by Ruth Montgomery's 1984 book *Strangers Among Us* in which she introduced the concept of soul/spirit swapping called "walk-ins." As we are all well aware the proposal of walk-ins took off getting plenty of media coverage and the implementation of all sorts of support groups and offshoot concept such as star seeds, inter-dimensionals etc., etc.

So in essence we have soul #1 and soul # 2 who have made a deal. Soul # 1 for whatever reason decides it is done living out the usually overwhelming atrocities of life and wants to leave and continue its journey elsewhere leaving the physical body for soul #2 as the willing participant, to step in and take over.

Continued ...

Confusion of course abounds once this happens since soul # 2 has not been afforded the role of entering the body of an infant who is allowed to grow and acclimate to the environment. There-in the suspicions abound and further issues occur. It can get quite messy and is always illogical.

From Michael Newton Ph.D.: "I am troubled by the walk-in theory as another escape mechanism. I believe the whole idea of walk-ins to be a false concept.



According to the proponents of this theory, tens of thousands of souls now on this planet came directly into their physical body without going through the normal process of birth and childhood. We are told that these possessing souls are enlightened beings who are permitted to take over the adult body of a soul who wants to check out early because life has become too difficult. Therefore, the walk-in soul is actually performing a humanitarian act, according to devotees of this theory. I call this possession by permission ... To give another soul permission to come in and take over your karmic life plan defeats the whole purpose of your coming to Earth in the first place! It is deluded reasoning to assume that the walk-in would wish to complete their own karmic cycle in a body originally selected and assigned to someone else.

If I am a senior in a high school trigonometry class, would I leave my class and go down the hall to a freshman algebra class where a student is struggling with an exam and tell him I'll finish the exam for him so he can leave early? This is a "lose, lose" situation for both students -- and what teacher would permit it?"

Who Indeed?

The Galactic Cosmopolitans

By Loni Haas, R.MAFA, NCGR, DD

In the astrological study of the SEVEN RAYS, there are Ray influences felt through some of the Fixed Stars. Should any of these stars connect to the natal chart of an individual then that person is believed to not only be influenced by those stars and their corresponding Rays but also aided and helped by the interdimensional beings connected to them. These beings are known as Galactic Cosmopolitans. It is at this point in human evolution impossible to describe the physical countenance of each Cosmopolitan but it is possible to describe the energetic guidance available from them.

Briefly speaking, Seven Ray Astrology is founded in Tibetan spirituality/theosophy and is concerned with the evolution of the Soul as tied to the elevation of consciousness. It is generally believed that if an individual can raise his/her personal vibratory rate sufficiently to overcome the vibratory rate of his/her natal planets, consciousness is elevated and the number of subsequent incarnations is lessened. The Rays are the custodians of the Universal Plan as designed by and depending upon individual perception, the “All-Knowing” or “Supreme Being” or “God the Father.”

Each Ray embodies energy through which a specific part of Divine Will is channeled in accordance with Divine Universal Intention. From this Great Source, they travel through time and space eventually attaining Galactic Synthesis and then on until they reach the constellation Ursa Major or the Great Bear.

From Ursa Major and its seven ruling Fixed Stars, they continue to filter through three Fixed stars Polaris, Sirius, and the Pleiades and then move on to Mother Earth. They are believed to have a monumental influence on all Earth affairs making it possible for mankind to flourish.

Continued...

Continued ...

There are seven Fixed Stars in Ursa Major that filter Ray influence. Please note that in ancient lore some of these stars are associated with catastrophic tendencies however in this esoteric study the energies comply with the higher vibrations of the Rays. The Cosmopolitans connected to these dual energies are androgynous in nature and they tend to carry feminine traits of nurturing and masculine traits of aggression. Harsh life lessons associated with all of these fiery stars are a result of mistrust and suspicion of one's fellow man and the goodness that is inherent in Universal Will.

RAY 1 – WILL AND PURPOSE

ASTROLOGICAL TRIAD ENERGY: ARIES, LEO, CAPRICORN

ALKAID (Eta Ursa Major): The Alkaidians guide the spiritual will and support and enhance leadership abilities and skills. They know that true leadership is grounded in prudence, patience and self-control. Ray 1 influenced individuals tend to be uneasy spirits whose zest for life can be easily aroused for good or ill so the Alkaidians teach the skill and advantage of learning how to be “quiet” in order that better decisions can be reached and proper action for the good of all involved can be instituted.

RAY 2 – LOVE AND WISDOM

ASTROLOGICAL TRIAD ENERGY: GEMINI, VIRGO, PISCES

MIZAR (Zeta Ursa Major): The Mizarans are said to carry the healing blue-white light of unconditional love. They are agents of goodwill. Their responsibility is Soul evolution through enlightenment. They instill the art of good counsel and finely tuned intuition which comes through the Universal Mind among those they touch. The 2nd Ray is the most dominant Ray on Earth at this time and 2nd Ray influenced individuals are attracting those who need higher love so they can share insight and healing. The Mizarans bring harmony to the auric field of those they influence so this can be accomplished.

Continued ...

Continued ...

RAY 3 – ACTIVE INTELLIGENCE

ASTROLOGICAL TRIAD ENERGY: CANCER, LIBRA, CAPRICORN

ALIOTH (Epsilon Ursa Major): The Aliothans are Universal intellectuals. They guide Soul unfoldment via higher mental abstractions. They instill creative ideation and grant the gift of skilled interpretation to those who are influenced by the 3rd Ray through this star via ancient teachings. Information may come through dreams of symbology or sacred geometry that can be philosophically communicated to others by word of mouth or writing for the greater good of all. The individual is responsible for applying all that has been learned to life.

RAY 4 – HARMONY THROUGH CONFLICT

ASTROLOGICAL TRIAD ENERGY: TAURUS, SCORPIO, SAGITTARIUS

MEGREZ (Delta Ursa Major): The Megrezians are harmonizers who teach balance and the importance of seeking the beauty of life through all relationships. 4th Ray influenced individuals tend to crash and burn various times during life and the Megrezians instill the importance of “rest” so that clarity about life’s issues can be restored. The Megrezians also bring the gift of creative artistry to those they influence which includes writing, acting, and all art forms. They also instill foresight and preparation so Soul creativity can be released.

RAY 5 – CONCRETE KNOWLEDGE AND SCIENCE

ASTROLOGICAL TRIAD ENERGY: LEO, SAGITTARIUS, AQUARIUS

DUBHE (Alpha Ursa Major): This star is considered the main star of Ursa Major as it is the brightest of the seven. The Dubheans are staunch scientists who seek Universal Truth. They instill knowledge and methodology so healing can take place through a scientific approach. This includes medicine.

Continued ...

Continued ...

They promote formal thought, deductive reasoning and objective learning in those they influence. They teach that an individual's greatest strength lies not in the actions taken but rather in the position held according to the "Truth." Psychic ability is often a gift of these Cosmopolitans.

RAY 6 – DEVOTION AND IDEALISM

TRIAD ENERGY: VIRGO, SAGITTARIUS, PISCES

MERAK (Beta Ursa Major): The Merakians are devotees and reformers who help individuals control their emotions and desires as these are the human traits that most often blind humankind to Universal Truth and Law. Their goal is to help mankind with spiritual advancement by opening men's eyes to negative response which is responsible for prejudice and persecution. Individuals are expected to overcome tendencies of procrastination and employ tolerance.

RAY 7 – CEREMONIAL ORDER AND MAGIC

ASTROLOGICAL TRIAD ENERGY: ARIES, CANCER, CAPRICORN

PHECDA (Gamma Ursa Major): The Phecdans are magical entities who promote order and enhance mankind's diverse faculties. They teach humans the importance of taking care of the physical body and the creative regenerative forces. On the spiritual level, the Phecdans instill great awareness in the battle of the human higher and lower natures. The Phecdans are associated with what humans term the Age of Aquarius and the influx of new Universal energies which are becoming available. They remind mankind that with each new influx of energy, a negative influence arrives before a positive one can be recognized and employed within the Earthly cycles. Humans who are influenced by this Ray/Star energy are often attracted to the occult for good or ill. The Phecdans bring light to occultism and the invisible side of nature.

Dark Satellite

By The Olde Occultist

A conjecture ...

“So they called forth a form
From the Deep dark abyss
To embody their evil desires.
Obedient it came
From the realms of the dead,
Arrayed in its magic attire.
As it passed o’er the earth
The fair flowers fell dead
From the breath of poisonous fire.”

Hermes Trismegistus



From man’s unconscious observations of Mother Nature’s perpetual warfare with herself sprang the idea that it is impossible to find anything that is not in deadly conflict with something else. The concepts of good and evil, God and the Devil became the cornerstone of every worldly sacerdotalism. While there is an element of truth to this premise, because man exists on the material plane he has yet to grasp the Divine Idea of an Absolute Truth(s) OR comprehend that something relatively evil can be harmonized into an Absolute Good.

There has been much earnest and studious thought given to the *Dark Satellite*. Some believe it to be tied to the Egyptian conception of spiritual fall and some believe it to be the Lost Orb of the Grecian mysteries while others insist it is the Moon in its connotation of the 8th sphere of death and dissolution. Yet there is another explanation. During the Golden and Silver Ages of the Earth’s evolution, the Dark Satellite was in the aphelion of its orbit. Its influence was scarcely felt but was minutely recognized as “animal force” and underdeveloped good. During the Copper and Iron Ages the orb gradually approached Earth and its dark shadows started to become perceptible yet remained bewildering. Around 1881 it passed its perihelion point and began to recede yet its dark clouds were not completely lifted from mankind’s mental horizon, as it remains today - a disturbing factor of our planet’s mental equilibrium.

The orb is said to possess a complete organization of its own. It is governed by defined laws the nature of which is exhibited in the lower animal nature manifested in mankind. The sphere is inhabited by numerous races of spiritual beings who were not elemental or elementary possessing high intellect and cunning. Originating from a dark center in the Astral Realm, “the dark council” of magical hierophants creates the Grand Delusion. They are the producers of human suffering and misery and the procurers of lies, deceit, fraud and religious and spiritual imposture.

Continued ...

Continued ...

All these things are constantly reformulated to suit the temper of human times. Its influence is subtle psychological poison projected into the dimensional mental matrix of the human race; the occult current penetrating the inner recesses of the mind and accosting the Soul until finally in the heart of man is found an evil sliver of self-interest.

The matter of energy distribution is inversive and used to distort and corrupt every arcane truth into theological dogma always with just enough “error” and doubt to make it acceptable to the logic of the human mind. The favored targeted prey is always those who are half informed of nature’s mysteries. The old proverb ... “A little knowledge is a dangerous thing,” aptly applies here.

The greatest accomplishment of the Dark Satellite while it was at its perihelion was distortion of theology and metaphysics throughout the world at large through the doctrines of reincarnation and karma and the afterlife. Not all of this was successful because there are certain natural absolutes that cannot be corrupted by the dark magic. Man alone possesses the elements of both life and death. The laws of life have been fully elucidated and the Soul obeys them.

“... Those Souls who are really human beings, will inherit Immortality as the *natural* consequence of their humanity.”- Bruce King

>Deific atoms are imperishable. They will always enter a new cycle of involution and evolution. <

What is benefit of all this to the dark hierarchy of the Dark Satellite? It is quite basic really – it furnishes them with a means of prolonging their external existence because it allows them to be connected to Earth through mankind. In another sense, it gives them an eternal lease on the world.

How can this relative evil possibly be harmonized into Absolute Good? If after reading this dissertation you are thinking that evil is a separate force. Think again. That is Dark Satellite conditioning. Evil is nothing more than the absence of True Light.





AUTHOR BIOGRAPHIES



Author contact (unless otherwise noted): editor.discerningminds@gmail.com

Please type author name in the subject bar and leave a short statement of intent for contacting the author. Biography content is published according to the desires of each author. For reasons of privacy, some authors prefer to remain more general in personal disclosure than others. *Copyright for all content belongs to each author. It may not be reproduced, distributed or transmitted in any form without explicit permission of the author.*



SACRED SCIENCES

Esoteric Quote by Stephane St. Pierre (*The Wisest People. Pg. 69*)

This quote is from *Musings of a Natural Philosopher* by Stephane St. Pierre. Stephane St-Pierre was born in Quebec, Canada and grew up in the picturesque Eastern Townships region of Quebec. He has been writing on his blog and online via Social Media Platforms and most particularly Facebook, specifically on his now Defunct (Deleted) page Shift-Happens, for nearly ten years now, where he elaborated about the Shift in Society and Consciousness now happening during these times of transition. He has diplomas in Administration and Environmental Studies, has spent many years as an activist in the environmental movement and also has spent many years studying the effects of the concentration of power on our present day paradigm. His first book *Musings of a Natural Philosopher* is a compendium of a variety of enlightened authors and thinkers and subjects to bring about a change in our present Service-to-Self Paradigm we are now in.

Loni Haas RMAFA, NCGR, DD (*Red Fever, Page 70 AND the Galactic Cosmopolitans, pg. 74*)

Loni Haas is a behavioral therapist, veteran exoteric and esoteric astrologer, research member of the American Federation of Astrologers (AFA), member of the National Council of Geocosmic Research (NCGR), as well as a lifetime member of the American Association of Behavioral Therapists. She is an ordained minister and Doctor of Divinity of the Universal Light Church of Cincinnati, Ohio where she is certified in several healing modalities including crystal healing and chakra balancing.

Janette Molinsky (*Walk-in Theory; Who the hell are you? (pg. 72)*)

Joseph resides in the south-west USA. He prefers to use the Native American name given to him when he was a child in reference to his spiritual writing. He is proud of his heritage and when he is not busy with his attorney practice, loves to talk about and teach the 'old ways' to those willing to listen especially young people. He has a loving wife and three children.

The Olde Occultist (*Dark Satellite, pg. 78*)

The Olde Occultist also prefers to use a pseudonym. A big fan of John Michael Greer, his writings and teachings especially on Western Occultism. He is also a collector of the works of Zolar. Olde has an interest in the past and the long held secrets that can be revealed and then presented with all sides of the traditional picture.

C
R
E
A
T
I
V
E

A painter should begin every canvas with a wash of black, because all things in nature are dark except where exposed by the light."

M
U
S
I
C
I
N
G
S



Section Managing Editor – Marique Quinn

© Discerning Minds 2020

Image by Эльвина Якубова from Pixabay.com, Page Design Kim Tsiang

Quote: Leonardo da Vinci @ goodreads.com

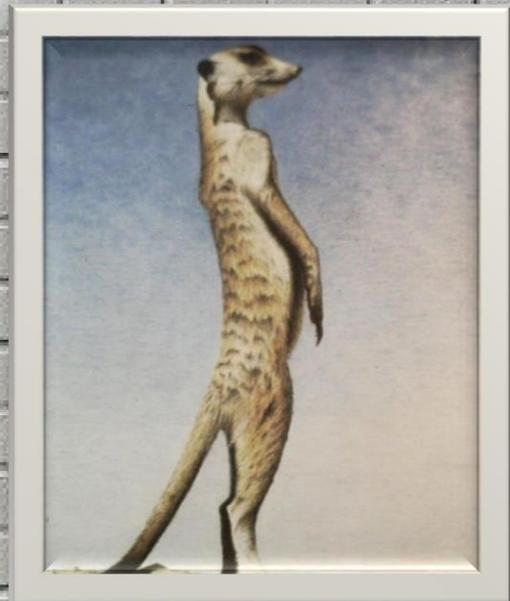
JOHN WHEAT ART GALLERY



ON THE RIVER

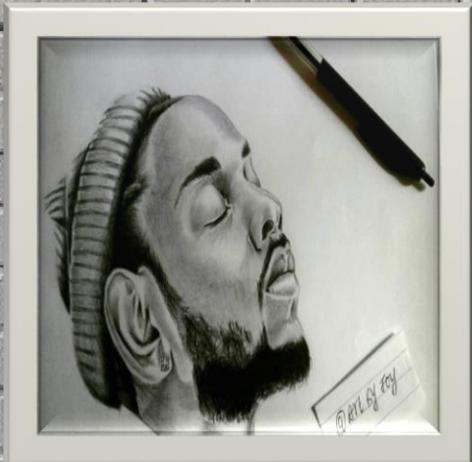


TRANQUILITY



ON LOOKOUT

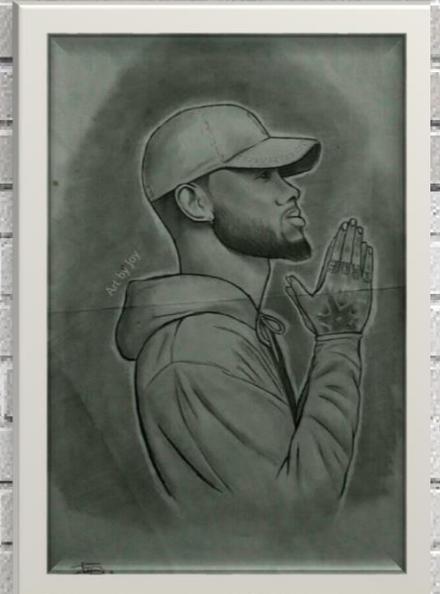
THAKGALO JOY MOTAU ART GALLERY



KENDRICK LAMAR



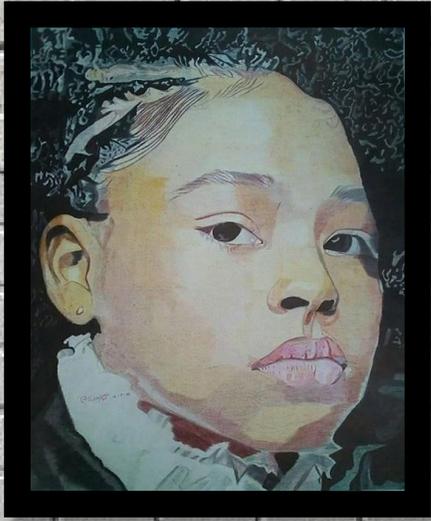
EMINEM



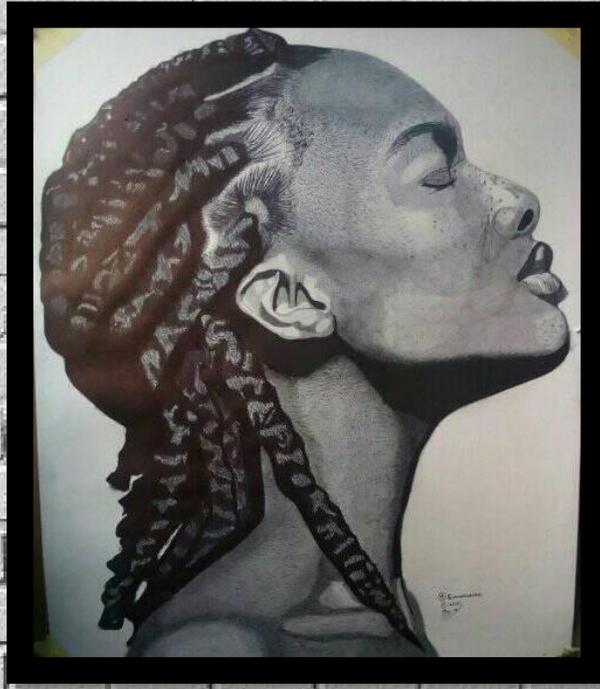
BRYSON TILLER



BIODAKU EMMANUEL ART GALLERY



THE VALIENT



THE MAIDEN FROM DAN



ONCE UPON A TIME



BERNARDO LEONARDO MARTINO
ART GALLERY



BEN'S HOLSTER



RIFLE HOLSTER



CONVERTIBLE BOOTS



CHERYL DRAEGER ART GALLERY



A ROSE FOR MOTHER



MARTIN LUTHER KING



CAPTAIN SHADES





AUTHOR BIOGRAPHIES



Author contact (unless otherwise noted): editor.discerningminds@gmail.com

Please type author name in the subject bar and leave a short statement of intent for contacting the author. Biography content is published according to the desires of each author. For reasons of privacy, some authors prefer to remain more general in personal disclosure than others. *Copyright for all content belongs to each author. It may not be reproduced, distributed or transmitted in any form without explicit permission of the author.*



CREATIVE MUSINGS

John Wheat (*Art Gallery, pg. 82*)

I'm tough on myself and my art, and have become an art critic. It has been said to me that what I did in one year takes most people 5 or 6 years to complete. It took about 15 years of practice to get that good and the ability to paint rapidly. After I got older, I found out I had Asperger. Having that has had an effect on me and my life. On the plus side I do not concentrate on the negative as some do. I try to be optimistic because having Asperger explained my knack of having trouble putting things together in a lot of areas of my life. I learned to focus on the minute details in life, intensely focusing on my paintings came very easy for me. My goal was to make each piece of art better than the last creation, and with my intense noticing of minute details, I sought to make each painting or work of art look like a photograph. I strive for photo realism.

Thakgalo Joy Motau (*Art Gallery, pg. 83*)

My name is Thakgalo Joy Motau and I am 21 years old, and passionate about art. For me art is everything, it is an escape from reality. I've been doing art for as long as I can remember, but just recently started learning how to draw slightly realistic drawings, and have been able to improve in some aspects. I like to think of myself as a beginner artist, and am eager to learn new techniques to improve my work. Most of my works are portraits and if you want your own portrait or would just like to see more of my work, you can do that by following me on my Facebook page titled "Art by Joy" - <https://www.facebook.com/Art-by-Joy-820704441462171>

Biobaku Emmanuel (*Art Gallery, pg. 84*)

"I'm Biobaku Emmanuel, a young Nigerian artist who uses artistry as a medium of decoding messages, expression based on the awareness of happenings around me." Regarding my art piece *Valient*, I used colour ball points on paper to inspire the feminine gender on the need to be brave and determined since bravery isn't affixed to a particular gender. The art piece *Once Upon a Time* was done in colour ball pens with the size of 26cmx31 cm. This art piece speaks on the past feeling of ecstasy before our sweet experiences turned sour (relating it with the corona virus outbreak and the economic meltdown.) *The Maiden From Dan* was done using black ballpoint pen on paper to illustrate the emotional distress of the tribe of Dan in accordance with the Holy Bible...being bothered isn't avoidable but knowing fully well that it fixes nothing... until a savior came, the Danites were restless. My artwork can be found on Instagram at <https://www.instagram.com/p/CAbY8qgIDZ-/?igshid=jn6nv7e51tkj>



AUTHOR BIOGRAPHIES



Author contact (unless otherwise noted): editor.discerningminds@gmail.com

Please type author name in the subject bar and leave a short statement of intent for contacting the author. Biography content is published according to the desires of each author. For reasons of privacy, some authors prefer to remain more general in personal disclosure than others. *Copyright for all content belongs to each author. It may not be reproduced, distributed or transmitted in any form without explicit permission of the author.*



Bernardo Leonardo Martino (*Art Gallery pg.85*)

It seems like I have been working with leather my whole life but I guess I have been leather crafting for approximately 50 years. I started working at Shoe factories back in the 1970s. I've always loved working with leather so when I stopped making shoes I continued my love for leather crafting. I worked in the Dominican Republic for 4 years teaching shoe making to the Dominicans. It was the best and most rewarding 4 years of my life. What I do now for leather crafting is mostly just for fun as a hobby, but I also do some commission work when I have the time. I am currently redesigning and recreating everything on a travel bus that I bought and am enjoying creating the ultimate man cave on wheels. It is a passion and work in process. I want to travel in it when it is done, to enjoy my retirement and visit relatives and friends in other states.

Cheryl Draeger (*Art Gallery, Pg. 86*)

I did the painting of MLK for memorial that we were putting together for MLK while I was in on the Mayor's Committee to Memorialize MLK for an entire year. It ended up the park that was going to be built for a memorial was never constructed and an apartment building put in its place, so my MLK painting ended up in that building. I am hoping someday that it will be displayed where the public can view it.

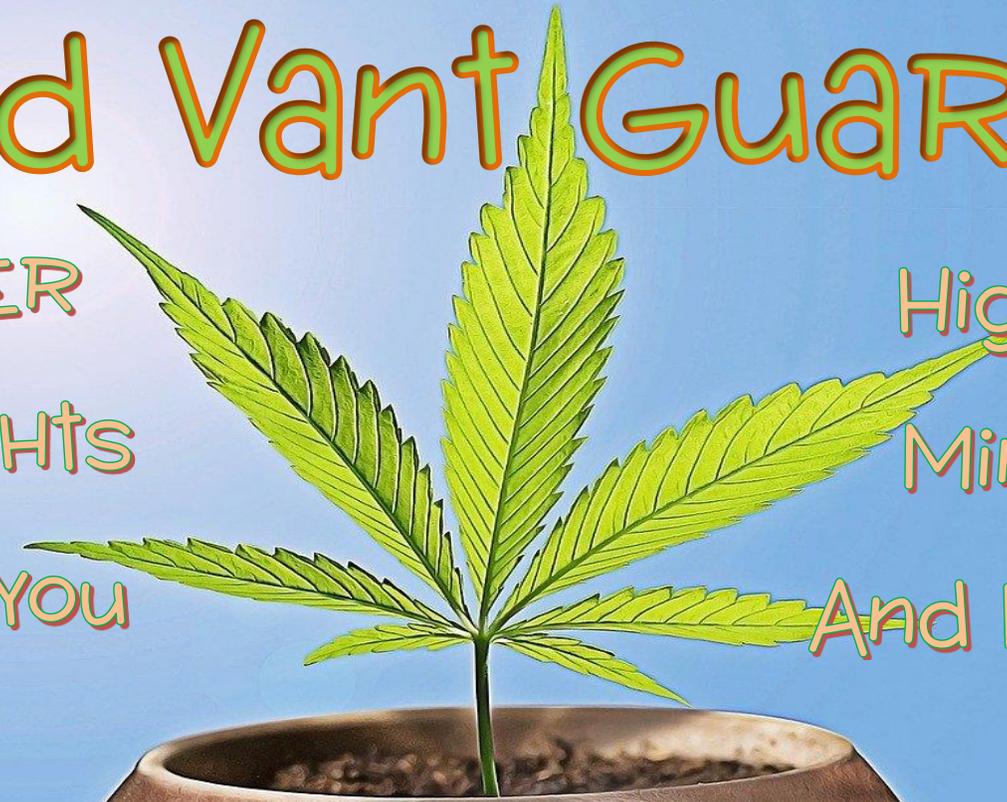
The water color of Mr. Shades (a push boat) has an interesting story behind it. I was in a watercolor class way back in the 1980's at St. Ambrose and we were painting along the river that day, and I arrived late. When I got there a student said he wished that one of those push boats would come up to him so that he could paint it and one did and parked really close to us! I sketched it and painted it on site.

Mother's Rose was done for her from a photo I took of a rose. Mom was put into a nursing home, and her vision was fading from strokes in her eyes. She could see a little out of her right eye. The Rose was bright, and I was hoping she could see it. Then soon after her vision went all together and she passed at 92 from a number of health issues including Parkinson's disease.

Odd Vant GuardE

HigHER
THoughts
MAKE YOU

HigHER
MindEd
And HAPPY



Section Managing Editor – Oscar “Trashman” Corelli

© Discerning Minds 2020

Background: Richard Reid from Pixabay.com, Page Design: Kim Tsiang

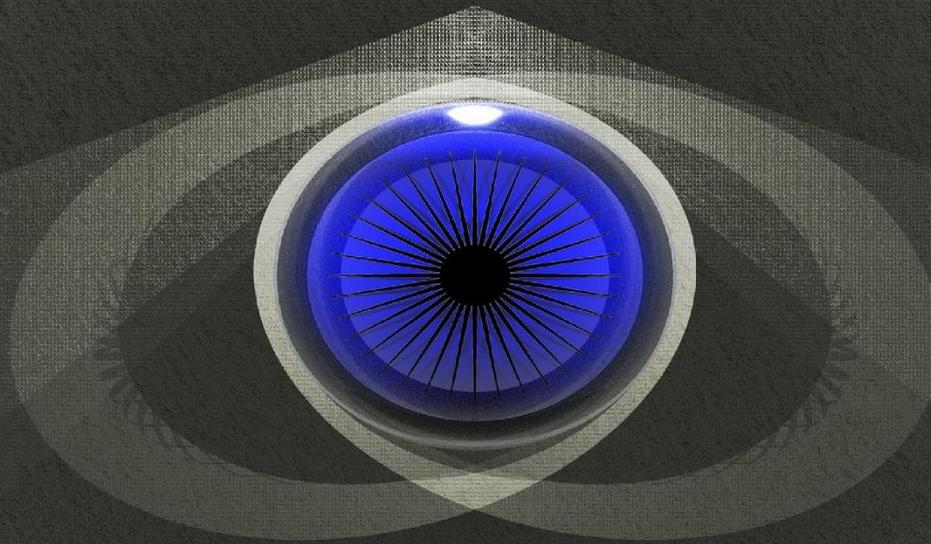


EDGE OF EPIPHANY

*A Prophet of the Apocalypse -
Looked out his visionary window,
Saw the End of Time,
And felt just fine.*

*"A New Dawn, he said,
With a Spiral, not a Line."*

Steve Prellwitz



An Appearance of Truth

By Jonathan Corelli

“Things are not always as they seem; the first appearance deceives many.” - Phaedrus

First, some basic ponderings well-crafted by Mr. Joseph Panek:

- 1. Why is it that we are so ready to unconditionally judge the inner, and unseen, contents of a box or package based solely upon its outer gift wrapping?*
- 2. Why is it that we so readily accept the words of some "expert" or "authority" simply because these words are presented to us by someone who is stylishly groomed, impeccably dressed, and is in possession of some "recognized credentials"?*
- 3. Why is it that we trust in, and unquestionably believe, the many arguments, dogmas, and indoctrinations which are served to us by way of attractive "packaging" which is designed by, and delivered to us by way of, self-serving individuals, groups, and organizations?*

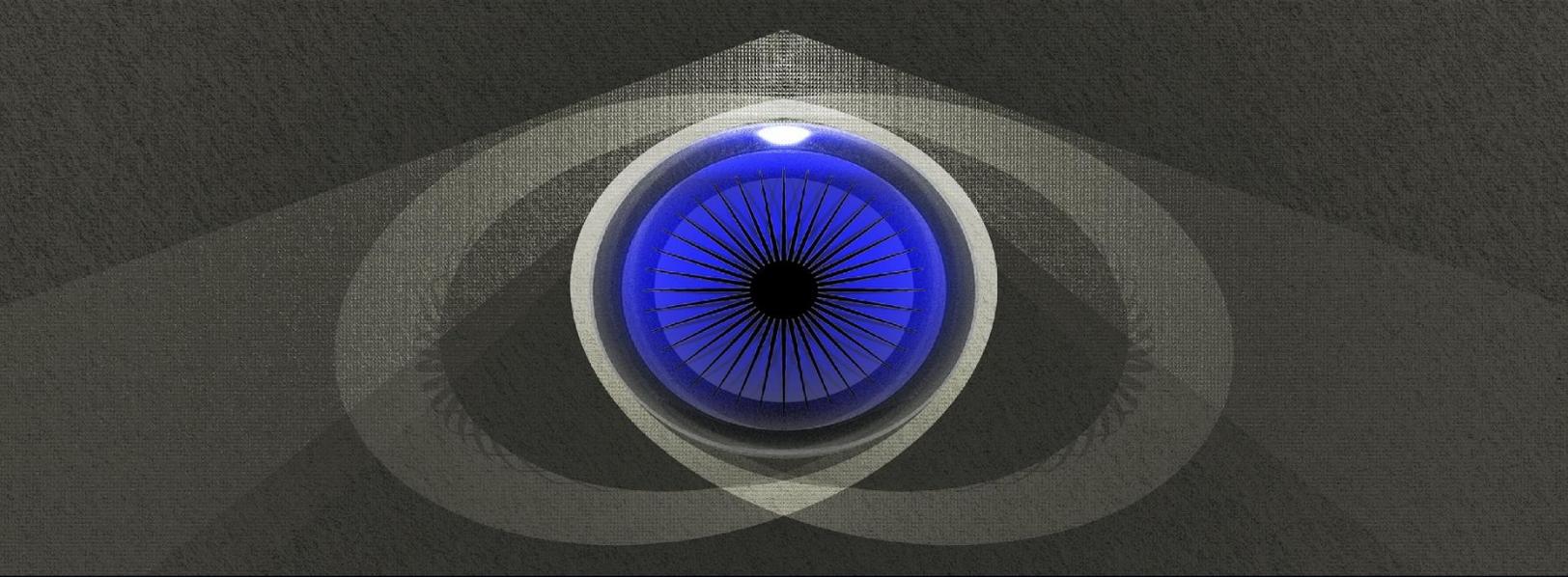
Add them together and what do we get ...

Over time, society has created a materialistic measuring scale for us to use when making decisions. This measuring scale has conditioned us to perceive that the more attractive a person, a cause, or thing appears, the more we should unquestionably rely upon it as being trustworthy, desirable, and true. In other words, we have been indoctrinated into believing that illusion should be accepted as Truth, and that Truth, which is seldom, if ever, presented to us by way of sparkle and glitter, should be ridiculed, discredited, and ignored.

Thank you Joe ... well done.

Are we finished? Nah.

Continued ...



Continued ...

There are influences all around us. We are influenced by what we see and judge it via our enayim* and the assumptions that it evokes. When people use a false appearance they use assumptions to their advantage in order to promote a fake image of some kind. Although they never speak the lie, the fact that they purposefully went through the trouble so that people would make assumptions in order to create a facade is what completes the lie. Ah yes! Pretense at its best!

Let's consider some types and remember everyone is a hypocrite to some degree ...

Radiant Rager

“Nothing is more deceitful than the appearance of humility. It is often only carelessness of opinion, and sometimes an indirect boast.” – Jane Austin

Sparkle, sparkle ... step into my parlor ...

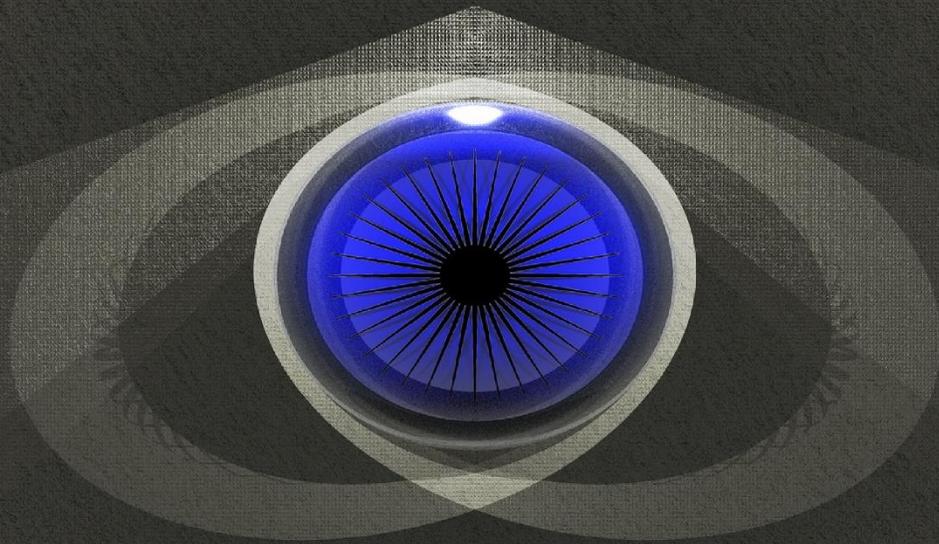
The Radiant Rager shows up with aplomb in the metaphysical community – the sweet, loving epitome of goodness and virtue complete with an impeccable credentials from a number of online organizations, brilliant smile, humble to a fault and a snake charmers skill. Gonna' take you higher and out of the box. Underneath there is a raging being who would just as easily remove your head as look at you. They fill our heads with junk and their own veins with ice. The old term *street angel*, *house devil* comes to mind as does Ted Bundy. Simply dastardly Virginia.

Jung's Johnny Jump Up

“... A kind of mask designed on the one hand to make a definite impression upon others, and on the other to conceal the true nature of the individual.” – Carl Jung

These are the maskers who get our greatest respect and admiration because they have us psychologically duped they are *working for us*.

Continued ...



Continued ...

They live to aggrandize themselves but the coat of many colors blinds us into thinking they are saving the world for today and tomorrow and FOREVER! The superb rhetoric is potent but useless and destructive. Hey, we all want to be heroes right? La politique fashionable. Blah, blah, blah – the loudest people are most often the weakest people but who knew?

Gewgaw of the Gods

"Do not look on his appearance or on the height of his stature, because I have rejected him; for the Lord does not see as mortals see; they look on the outward appearance, but the Lord looks on the heart." —1 Samuel 16:7

But if it looks like a duck and quacks like a duck, it's a duck right? ... And he's coming to a town near you soon!

We won't get all "churchy" or "guru" here but the Gewgaw loves to twist teachings into anything else but their original intent. This one comes packaged in two different wrappers – either downplayed pseudo wisdom or show-time outrageousness. The look is the same – either a Gandhi wrap or a helium head hair coiffure with an expensive suit; and finger pointed up to the heavens or book of rapture tucked under the arm. What's not to trust here? Have some Kool-Aid. No worries it won't poison your mind. They'll show you black and white but they are standing over there in the grey area.

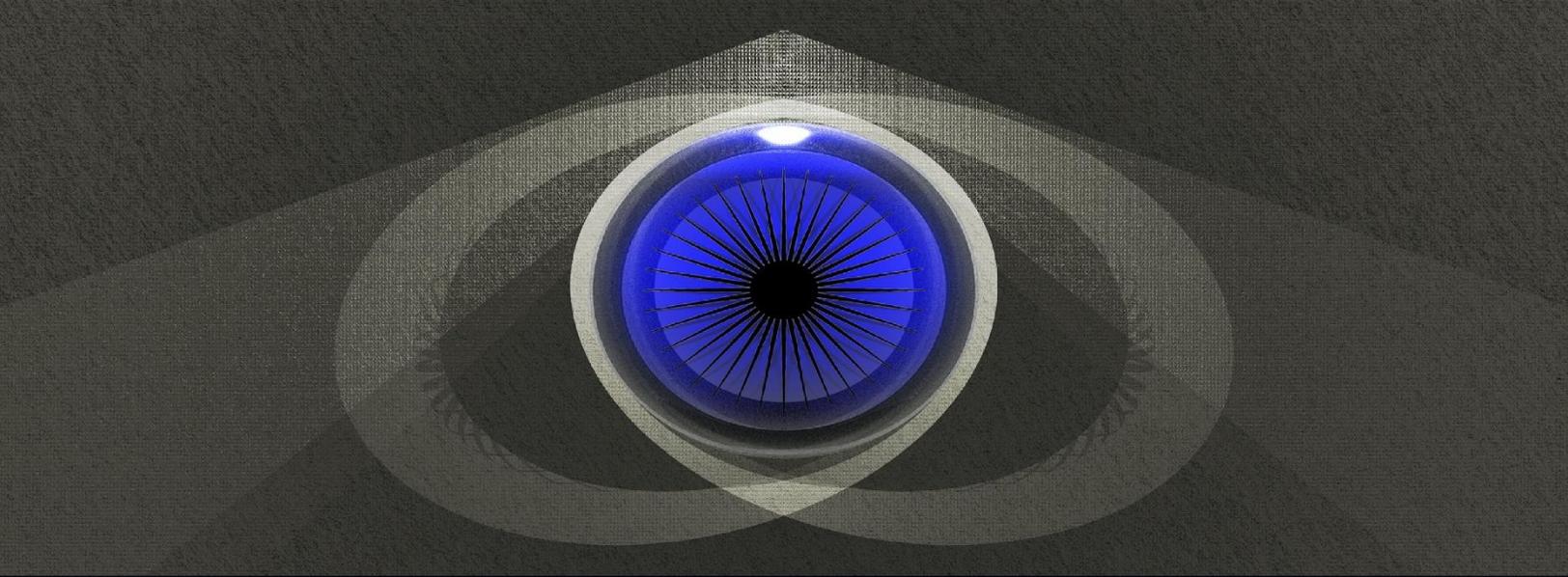
Dramapheliac

"Inside every cynical person, there is a disappointed idealist." – George Carlin

And the Oscar goes to ...

Fascinating and captivating the Dramapheliac will drain you when you are not looking – problem is you can't help but look and listen.

Continued ...



Continued ...

Amplifying worldliness, this denizen of the dark knows everything about anything and expresses it with flair and panache. They are also cynical and vitriolic and of course over-reactive but you'll be drawn with and loyal like lap dog because their rhetoric resounds with upliftment. What will you do after the ball Cinderella?

*There's a face that we hide till the nighttime appears,
And what's hiding inside, behind all of our fears,
Is our true self, locked inside the façade!*

Jekyll and Hyde, the Musical

Tippin' my hat to ya!

HOLMES

POST NOTES

*Enayim: For purposes of this post - eyes, ears, senses, past experiences

Excerpt:

<http://www.aseekersthoughts.com>

Quotes:

<http://www.brainyquote.com>

The Bible

Jekyll and Hyde, the Musical



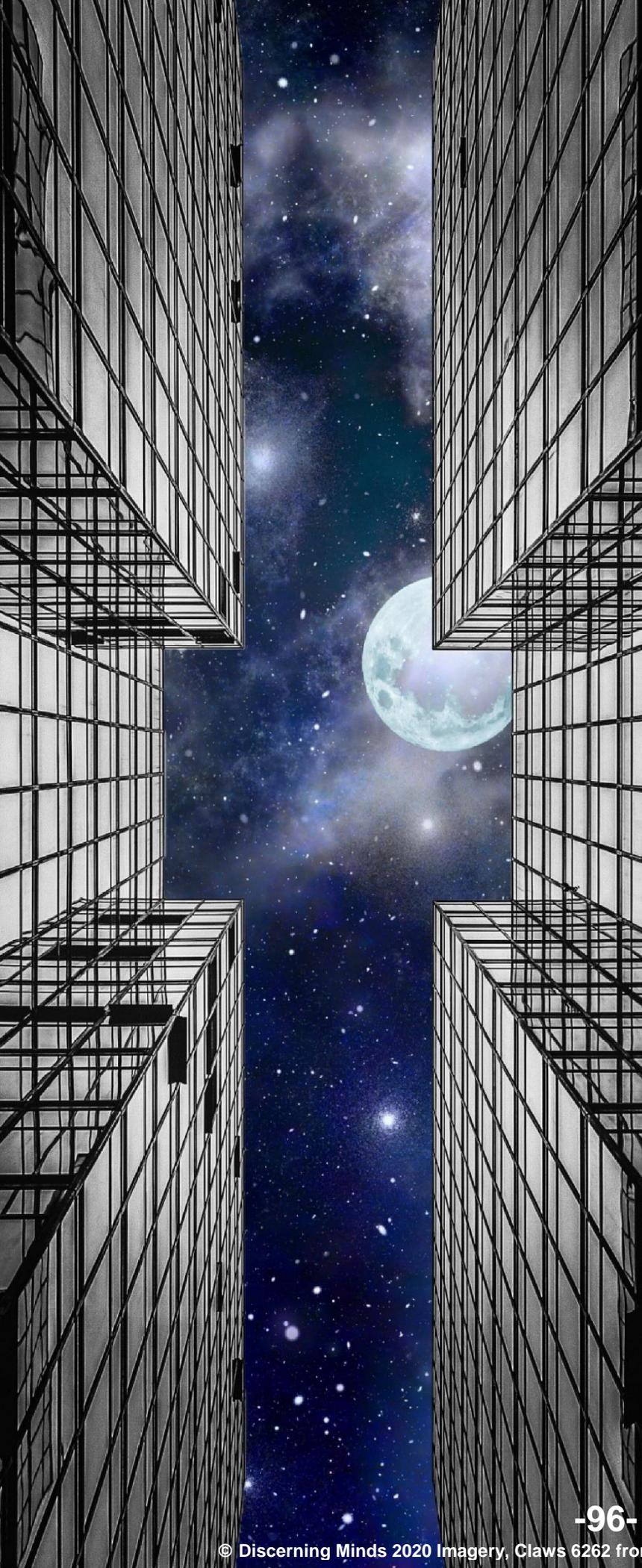
11'11'11 Realityshaping

By Steve Prellwitz

11'11'11 is for me about the gears of my reality coming into synchronous alignment allowing me to reprogram my Illuminatrix in preparation for the final year of our Apocalypse.

I've been using the mystery of 11:11 for many years. Events which occur in synchronicity with your perceptions of that time on a digital clock are specially tagged with a hypermark. All reality theatre cubes that bear the 11:11 mark are charged with special numinosity linking them together on a four dimensional plane wherein perception is focused on this day, this peak moment of the Apocalypse. Today you must ask yourself WHO YOU REALLY ARE here at the End of Time.

11:11:11 is the official start of the "Eleventh Hour" of History...think of it as the winding up of the cosmic clocks before the final year countdown leading to ... and the Omega Point Singularity where all concepts of time as well as space melt into a Golden Spiral. When you cross that Event Horizon, you MUST have software running in your hypercube that is up to the task. Whatever reality theatre programs you currently use will pause twice today at 11:11 wherever you are, opening up a rolling planetary wave energizing one last opportunity to update the Revelation software before our collective apocalyptic pressure escalates beyond conceptualization. For some of us, linear time will soon be an option rather than a Rule. It all depends on what reality I am shaping today at 11:11 AM and 11:11 PM.



Mercurial Urban Legends

By Loni Haas, R.MAFA, NCGR, DD

Urban Legends are Mercury at its best. My favorite definition of the term Urban Legend comes from David Emery who defined it as. “An apocryphal, secondhand story told as true and just plausible enough to be believed, about some horrific, embarrassing, ironic, or exasperating series of events that supposedly happened to a real person.”

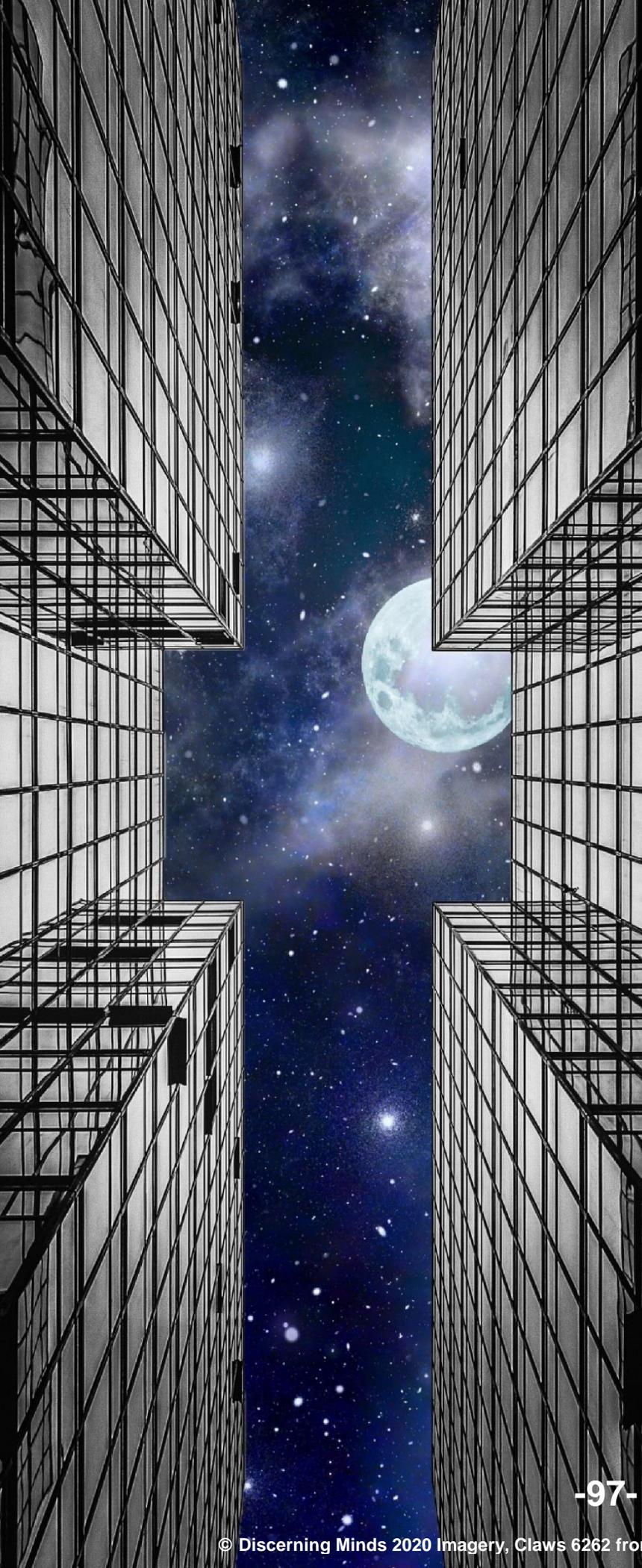
In true mercurial fashion, Urban Legends that are handed down as oral history are at best tricky since they tend to be embellished and refashioned according to region and culture as they are repeated. The Internet is chock full of these stories that range from humorous to horrific. We are all familiar with the stories of the alligators in the New York sewers, the Hook Man who terrorized young lovers trysting in parked cars, Bloody Mary and even the hilarious tale of the killer biscuit dough or the poor lady in the 1960’s who ended up with wasps nesting in her beehive hairdo.

Are there any astrological Urban Legends? You bet. One legend concerns Ophiuchus as the thirteenth sign of the zodiac which every so many years pops up as a threat to everyone via certain writers who claim it will reshape the Zodiac and thus possibly change your birth sign.

So what is the scoop on all of this?

It is a real constellation that lies between the constellation of Scorpio the Scorpion and Sagittarius the Archer. It is an Ancient Greek constellation that can be historically dated back to the time of Claudius Ptolemy, the Father of Astrology.

Continued ...



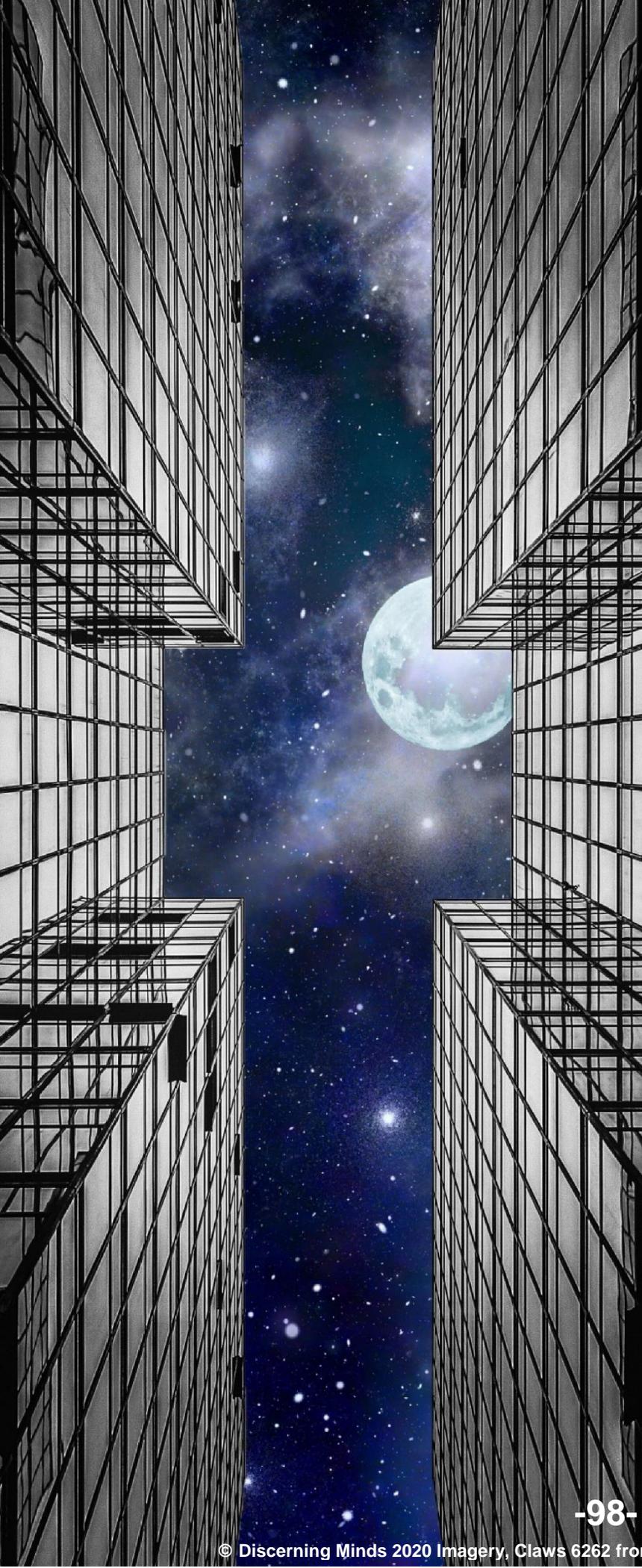
Continued ...

By way of explanation in order to clarify doubt about a “13th sign”, most astrologers use what is known as the Tropical Zodiac which consists of twelve 30 degree signs that originate with the Vernal Equinox. These twelve “signs” have the same name as the constellations but that’s where the similarity ends. The 4th century B.C. Babylonians invented the 360° circle and the twelve 30° signs of the Zodiac which were properly called the Fixed Zodiac. The Babylonians also invented planetary and solar and lunar tables in order to be able to calculate “positions.” In the 2nd century A.D. Ptolemy adopted the Tropical Zodiac (originally invented by Hipparchus in the 2nd century B.C.) to calculate his solar, lunar planetary and star tables. Around 300 A.D. astrologers began using the Tropical Zodiac and continue to use it to this day. This is why the astrological Tropical Zodiac has only twelve signs and does not include Ophiuchus as an actual Zodiac sign.

Another legend concerns author of the classic *Gone with the Wind*, Margaret Mitchell. In 1978, an Atlanta, Georgia astrologer was shown Xerox copies of Margaret Mitchell’s early notes and discovered the notes contained clues that led said astrologer to surmise that Miss Mitchell based her famous characters upon the signs of the Zodiac. For example, Scarlet with her fierce me first energy was the quintessential Aries; Rhett Butler a dapper Leo; Melanie the ever-caring a Cancer and Ashley Wilkes the gallant Capricorn. In some circles the story still circles as an astrological allegory.

Nostradamus, the famous French astrologer, seer and physician was attached to an Urban Legend concerning an alleged 911 prophecy:

Continued ...



Continued ...

"In the City of God there will be a great
thunder.

Two brothers torn apart by Chaos,
while the fortress endures,
the great leader will succumb.
The third big war will begin when the big city
is burning"

David Kerr, a debunker, actually tracked those lines back to Neil Marshall, a student at Brock University in St. Catherine's, Ontario. He wrote the lines in 1997 as a high school student, for a website meant to demonstrate how the writings of this 16th-century mystic can be twisted. Despite this, the legend still persists in some circles.

There is an Urban Legend connected to Moscow's underground Metro-2 system. These lines that run below the official metro are part of a structure commissioned by Stalin as a nuclear shelter. It is believed that the twelve points created by the radial lines correspond with the twelve Zodiac signs. A ghost train associated with this is said to transport passengers to 'nowhere.'

The opal which is considered a birthstone for the signs of Libra and early Scorpio is considered very bad luck for anyone who wears it that is not born under those signs. This idea which most likely started out as a superstition has graduated to Urban Legend and is still causing fear for people today.

Egg balancing hails from China but has become popular in the United States. It is connected with the Lunar New Year in China and the Vernal Equinox in the United States. Some people swear it works and others ... no luck.

The signs themselves have Urban Legends attached to them born from misnomers.

Continued ...

The traits associated to them are from long standing superstitions. Scorpios probably get the worst bash as the UL insists they are Godzilla-like, over sexed, vengeance seekers. Sagittarius cannot seem to get out from under the UL that they are the drunks of the Zodiac and Pisces, nothing more than a ditsy doormat.

The Moon has many types of legends tied to it. In the 1950s, the Czech doctor Eugene Jonas stumbled across an ancient Assyrian astrological text stating that women are fertile during certain phases of the moon. He used the theory extensively in his practice and there are many people out there who believe it to work however, recent studies have turned up little statistical evidence for moon-induced baby production.

In India, a person born under the influence of Mars is called a manglik or having Mangal Dosha. People avoid marrying such a person, especially if the person is a woman. Marriage with such a person is believed to cause marital discord and divorce, even sometimes death. However, it is believed that if two mangliks marry, the effects of both cancel out.

The Age of Aquarius (of which astrologers cannot agree on exactly when it either started or starts) has become an urban legend ever since the theatrical production of Hair which seemed to imply its range was in the 60s and 70s via the lyrics of the song by the same name. Some astrologers believe we are currently in this phase and others think it is yet to come. The art and science of astrology itself has been called an Urban Legend or superstition. Perhaps that is because Mercury is making a fool of those who don't really understand it and write nonsensical articles based on the solar brand that appears to be a one size fits all prophecy generally found in magazines and newspapers. It's just Mercury having fun!

Missing M

By Mikey Pierog

*How do times change? The arm on
the clock that ticks?*

*Or the way the dates in the calendar
shifts?*

*It's a strange system how we record,
a constant metronome, with an
unaltered view?*

Says Who?

*They say the answers we seek come in
time,*

*Yet when we are not looking or
seeking is avoiding destiny a crime?
A million saviors and we only truly
have our selves.*

*Feeding the herd only drains your
own wells.*

*Yet the beauty isn't to sustain
forever,*

But to live with each other, together.

*The movie always ends at the same
time for everyone watching,*

*But there are few who still keep the
curiosity knocking.*

*Always seeking more, the far-outs
and deep with-ins.*

*Lose your watch? Moments are
measured by how things have been.*





AUTHOR BIOGRAPHIES



Author contact (unless otherwise noted): editor.discerningminds@gmail.com

Please type author name in the subject bar and leave a short statement of intent for contacting the author. Biography content is published according to the desires of each author. For reasons of privacy, some authors prefer to remain more general in personal disclosure than others. *Copyright for all content belongs to each author. It may not be reproduced, distributed or transmitted in any form without explicit permission of the author.*



ODD VANT GARDE

Steve Prellwitz (*The Edge of Epiphany*, pg. 90 AND 11'11'11 *Realityshaping*, pg. 95)

“Cosmic” Steve is a shaman, alchemist, apocalyptic prophet, martial artist, end times commentator, and wizard in the grand Gandalf tradition. His ongoing investigation across thirty years of the secret powers that make the world led him to penetrate the mysteries of international Freemasonry, becoming one of the Top Men of the Great Unfinished Pyramid. Cosmic Steve has also met the dwarves who run the UFO and the beautiful people they serve. He is an official Plenipotentiary Ambassador for humanity on the galactic stage. He is an official Plenipotentiary Ambassador for humanity on the galactic stage. He is also a funny warm-hearted guy who doesn't take himself too seriously.

Jonathan H. Corelli (*An Appearance of Truth*, pg. 91)

Jonathan lives in New York and in Montana during the summer months. He is a freelance writer and part time comedian who loves to travel as much as possible (have pen, will travel!). He likes to say, “Writing is not perfection unless it has a humor injection” so even the most serious of topics are infused with a dose of the literary giggles. According to Jonathan it all makes “perfect sense in every sense of the term sense.”

Loni Haas R.MAFA, NCGR, DD (*Mercurial Urban Legends*, pg. 96)

Loni Haas is a behavioral therapist, veteran exoteric and esoteric astrologer, research member of the American Federation of Astrologers (AFA), member of the National Council of Geocosmic Research (NCGR), as well as a lifetime member of the American Association of Behavioral Therapists. She is an ordained minister and Doctor of Divinity of the Universal Light Church of Cincinnati, Ohio where she is certified in several healing modalities.

Mikey Pierog (*Missing M*, pg. 100)

Mikey hails from Canada. He says: “Living closer to nature was always my ideal life, from joining scouts as a teen and camping as a young adult, I found my peace there. I was never into writing as a kid but as I grew older I found there was an artistic beauty in poetry. That became a hobby in my spare time, while working or in play certain thoughts cross the mind and I try to save them either to share or grow from of them.” Mikey is an administrator and Manager on <https://www.lightforcenetwork.com> .