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DISCERNING MINDS

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SACRED SCIENCES * ESOTERICISM * ARCANA * CREATIVE THOUGHT * PHILOSOPHIC TRENDS

What's Your Perspective?



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What's Your Perspective?

Don't judge a book by its cover, rather, by what you uncover.

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MIND TEAM

→ TAKING AIM ←

Our Editorial and Managerial Teams are comprised of open minded people from different walks of life, professional backgrounds and divergent spiritual paths. Each team member brings to the table their own brand of expertise based upon educational accomplishment and practical life experience. They share their gifts and abilities as a team in order to present this E-Zine with the mindset of sharing information and uncovering truths.

Content contributors of Discerning Minds hail from all parts of the world with a desire to showcase and share their original thoughts, creativity, ideas, theories and speculations. If you would like to submit an article for possible publication please contact editor.discerningminds@gmail.com with your proposal. Include a brief one paragraph summary of your work and why you would like it published. Up to two articles may be submitted for publication in a single issue. **Only original** articles/art/photography that fall into section category subject matter are considered for publication. The age requirement is 21 years and older. Accepted submissions are published gratis. Discerning Minds does not offer remuneration for published content.

Content sections are:

The Human Condition – Serious or humorous narratives, or prose about life, emotions and empathy based in life experiences, psychology of being, dream analysis, synchronicity, reincarnation, personal musings.

A Matter of Spirit – Esotericism, Higher Mind, Karma/Dharma, miracles, reincarnation, meditation, symbolic or religious/spiritual metaphoric accounts.

Body Temple – Alternative health, holistics, ancient and new healing, mind methods, auras.

Phenomena Files – Paranormal, extranormal, ultra-normal and unexplained experiences, Parapsychology, cryptids, UFOs, curses.

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Sacred Sciences – Metaphysical, Mastership, Astrology, Cosmobiology, channeling, Numerology, Palmistry, Runes, prophecy, pendulum, crystals, animal totems, OBE, Qabalah, Tarot, quantum, psychism, codes and cyphers, conspiracy theories, meta-history, messengers.

Creative Musings – Original artwork and photography, poetry, prose, fantasy tales, stories with morals or messages.

Odd-vant Guard – Atypical, curious, paradox, eccentric or uncanny chronicles, yarns cartoons. Quirk ology. Opinions.



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The Human Condition

Dream what you want, and then you can likely create it.

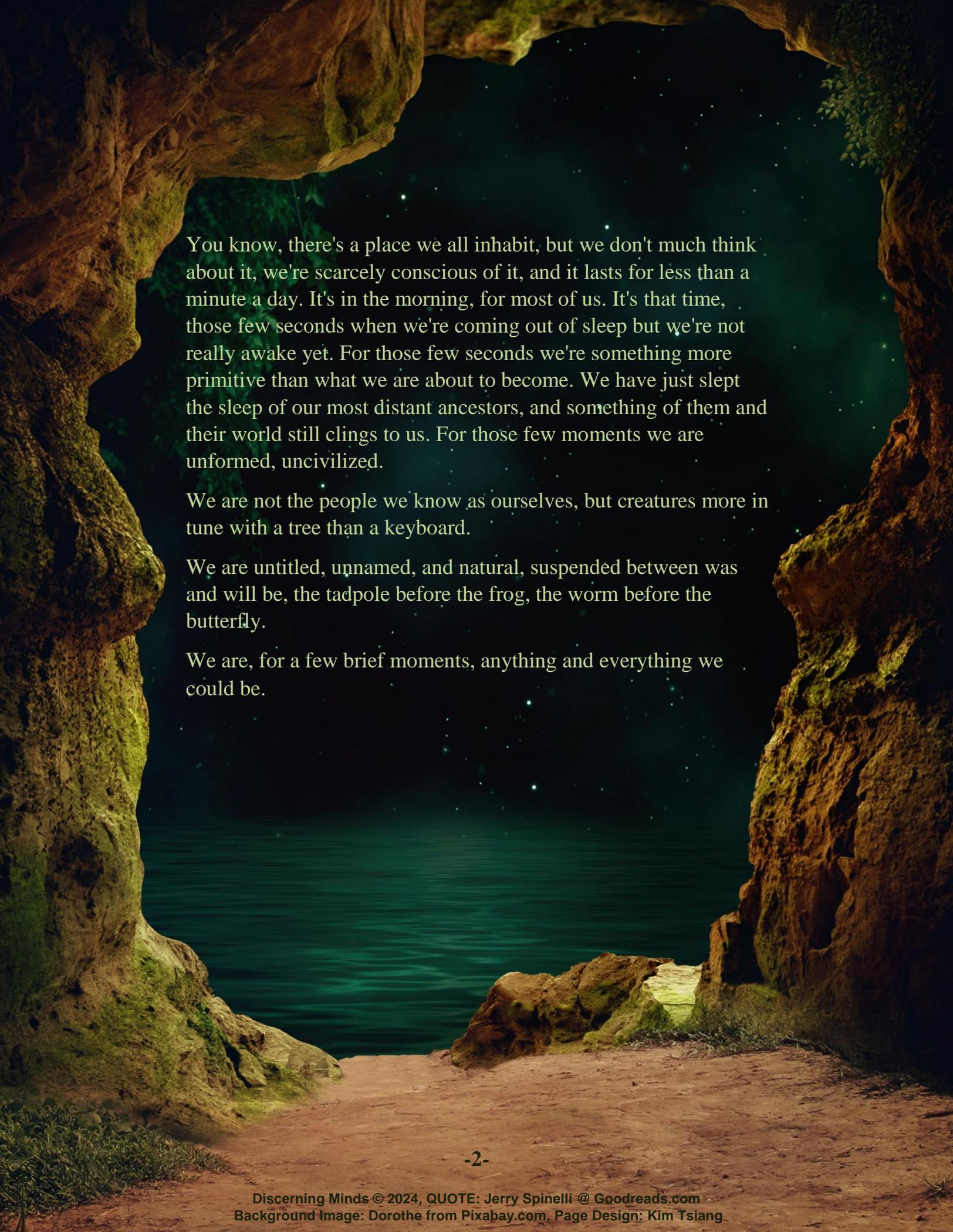


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A photograph of a cave opening at night. The cave walls are dark and textured, with some green moss or algae. The opening reveals a dark, starry night sky above a calm, dark blue body of water. The foreground is a sandy or dirt path leading out of the cave.

You know, there's a place we all inhabit, but we don't much think about it, we're scarcely conscious of it, and it lasts for less than a minute a day. It's in the morning, for most of us. It's that time, those few seconds when we're coming out of sleep but we're not really awake yet. For those few seconds we're something more primitive than what we are about to become. We have just slept the sleep of our most distant ancestors, and something of them and their world still clings to us. For those few moments we are unformed, uncivilized.

We are not the people we know as ourselves, but creatures more in tune with a tree than a keyboard.

We are untitled, unnamed, and natural, suspended between was and will be, the tadpole before the frog, the worm before the butterfly.

We are, for a few brief moments, anything and everything we could be.

Self Deception

By Protagonist



Let's keep this simple:

Today, lies are everywhere. The Media is ripe with liars of all sorts from the individual seeking Aggrandizement to politicians seeking power. So what makes the average person believe a lie? It starts with self-deception.

*Self-deception is a process of denying or rationalizing away the relevance, significance, or importance of opposing evidence and logical argument. Self-deception involves convincing oneself of a truth (or lack of truth) so that one does not reveal any self-knowledge of the deception.*¹

It seems that lying in today's society has almost become moral. Does that imply it is ok because it is a means to an end? Anyone with two brain sparks looking at the news will know without a doubt this is so. And they have *morally* chosen the side they think is true.

How does this all get justified in the human thought process? Consider some of these circumstances:

A person who has always valued truth in the long run and suffered for it time and time again may finally decide that a lie is preferable to being hurt, It becomes not only justifiable it becomes ethical. As this spreads, it can become a community standard of deception. It is simply easier and pays off better to believe a lie and propagate and spread that lie.

No wonder we are in trouble.

What fuels all this is personal and group think that it would be unbearable to be proven wrong and that is an ego deficit. Who wants to be proven a fool when they are riding high on the golden sleigh of deceit?

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As time goes on, hate to be cliché, but the truth will come out. It will be a bitter pill and many will resist and persist in upholding the lies out there never to be convinced otherwise. Counseling would be helpful because in general those who believe in lies have low self-esteem coupled with a poor sense of self. They will jump onto any boat of lies because it proposes power such as the political party in power for example. What they should really be is afraid of IS such platforms and run away screaming. But again, that would require an internal come to Jesus meeting with themselves forcing them to think for themselves which they are not capable of doing.

It's "safer" and more empowering you see to stick with the lie. No one can get you ... that is until the liars themselves come for you.

¹ wikipedia.com



Karma – How's That Workin' for ya'?

By Anonymous Reason

What comes around goes around?

Is this your impression of Karma?

If I were you I wouldn't wait around for someone who has offended you to get theirs. Get it straight. Karma as the relationship between a person's mental or physical action and the consequences following that action. It is based upon intent. It's simple enough right?

How does Karma manifest?

Karma as the relationship between a person's mental or physical action and the consequences following that action. It is based upon intent. It's simple enough right? Then why is it that we see dishonest and cruel people in positions of power get ahead in life or kind people face hardships and die young? Where's the consequences? In fact and according to Buddhist philosophy, there is no Higher Power that gives rewards or punishments. It's all in you and how you handle yourself.

As Karma is a promoter of intent, you might notice that you find yourself in repetitive situations with the same people or different people but with the same patterns. These situations are triggers with the same emotional and psychological buttons being pushed. Consider this a red flag that you are experiencing a fear you need to overcome. It could be simply a habit or belief or choices. Often it manifests in bad relationships, however, this circumstance can lead to participation in situations like group think which means you have lost or are not capable of thinking for yourself. It may even feel safe to you to be with others of like mind. Hate to tell you but that is exactly what you should NOT be doing. Group think is based upon resentment which is the fostering force of bad Karma. Shared resentments can be actually dangerous. History shows us that resentment is a foundational building block of wars. Currently many countries are experiencing a collective karma based in resentment which is having very negative effects - just watch the news (if you can stomach it for ten minutes).

Continued...



What is the antidote for resentment? You may not like this or even accept it but the antidote is forgiveness. Being able to forgive restores confidence to buoy your intuition and independence and helps you practice self-compassion. If you can step back from the situation and really discern it you may find that your buried self-fear is unwarranted and the whole attachment to group think isn't the least bit important in the larger scheme of things or liable to change anything.

Forgiveness is tied to detachment. Before you get crazy, detachment does not mean lack of caring. It simple means that you can look at the actions of others or situations objectively to discern the truth of the matter without becoming emotional invested. This allows you to embrace the personal responsibilities of life in your actions and choices. You become capable of letting things go and more importantly letting them be. What's next?

A word about awareness -

Developing mindful awareness is essential for navigating karma. By being "in the moment" we gain insight into our thoughts, emotions, and actions. We can observe our intentions before acting and make conscious choices aligned with positive values. It helps us break free from reactive patterns and respond to situations with greater wisdom and compassion. This also aids in aligning intentional actions with positive intentions and values and the further cultivation of more positive qualities.

"Dealing with karma involves understanding the nature of cause and effect and taking responsibility for our actions. By cultivating mindful awareness, practicing intentional action, embracing forgiveness and compassion, learning from life lessons, engaging in self-reflection and inner work, cultivating positive qualities, embracing detachment, and embodying gratitude, we can navigate the influence of karma on our lives. By consciously shaping our intentions and actions, we create positive karmic imprints that contribute to our growth, well-being, and the betterment of the world around us." - Olu behga Ogunsemowo,

<https://vocal.media/humans/how-to-deal-with-karma>

IF THE SHOE FITS SHOULD YOU WEAR IT?

By Francois Dillard



There is an old expression, *if the shoe fits, wear it*. It's used to say that something said or suggested about a person is true and that the person should accept it as true (along with everyone else). Seems this is too prevalent these days from gullible belief in propaganda to treacherous lies that ruin lives.

The correct term for a person who twists facts and provides misinterpretations in an effort to appear infallible is a sophist. Sophists, are individuals who use logic to twist the meanings of words in order to present themselves in a better light, or otherwise twist logic to suit their needs. The media is full of them... the grand 24 hour news cycle. In this era it all goes beyond just misleading; it can have real-world consequences, affecting elections, stock markets, and public perceptions on a massive scale. On the internet forums you'll find them extracting information from people to share with others and / or to use against them. On the news, they can be found spoon feeding propaganda to sleepy-brained public. In this Age of Man it has gone beyond duplicitous prevarication in out of control politics but what about the average person wrapped up in their own little world? Generally the need for importance is the reason along with being socially accepted. Today warped opinions count and flourish. It's easy to assimilate the opinions of others - they sound right and seem to fit - no truth seeking needed here. As the word gets from one to another, the osmosis becomes a grand web catching more and more attention and buoying up validity. Let's face it, twisting the truth is a powerful technique sure to manipulate perception on a personal scale or a grand scale. Everyone alive has cognitive biases and emotional triggers can make us susceptible to these manipulations. No exceptions. So where has critical thinking gone? Employ the following detection techniques - Look for:

Selective Emphasis: *When specific facts or viewpoints are overly emphasized while others are minimized or ignored, it might be a sign of twisting word manipulation.*

Emotional Language: *Utilizing words or phrases laden with emotion to provoke a particular response from the audience may suggest a manipulative intent. For instance, using fear-based language to push an agenda or overly favorable terms to mask potential downsides.*

Oversimplification: *Overly simplifying complex issues to fit a particular narrative can be misleading. Life rarely boils down to black and white, and any communication that tries to present it as such should be approached with caution.*

Contradictory Statements: *When someone frequently contradicts their previous statements without acknowledging or explaining the change in stance, it's a potential red flag for twisting word manipulation.*

Misuse of Data: *Presenting data without context or cherry-picking specific data points while ignoring the broader picture can signify misrepresentation.* -Julia Clementson

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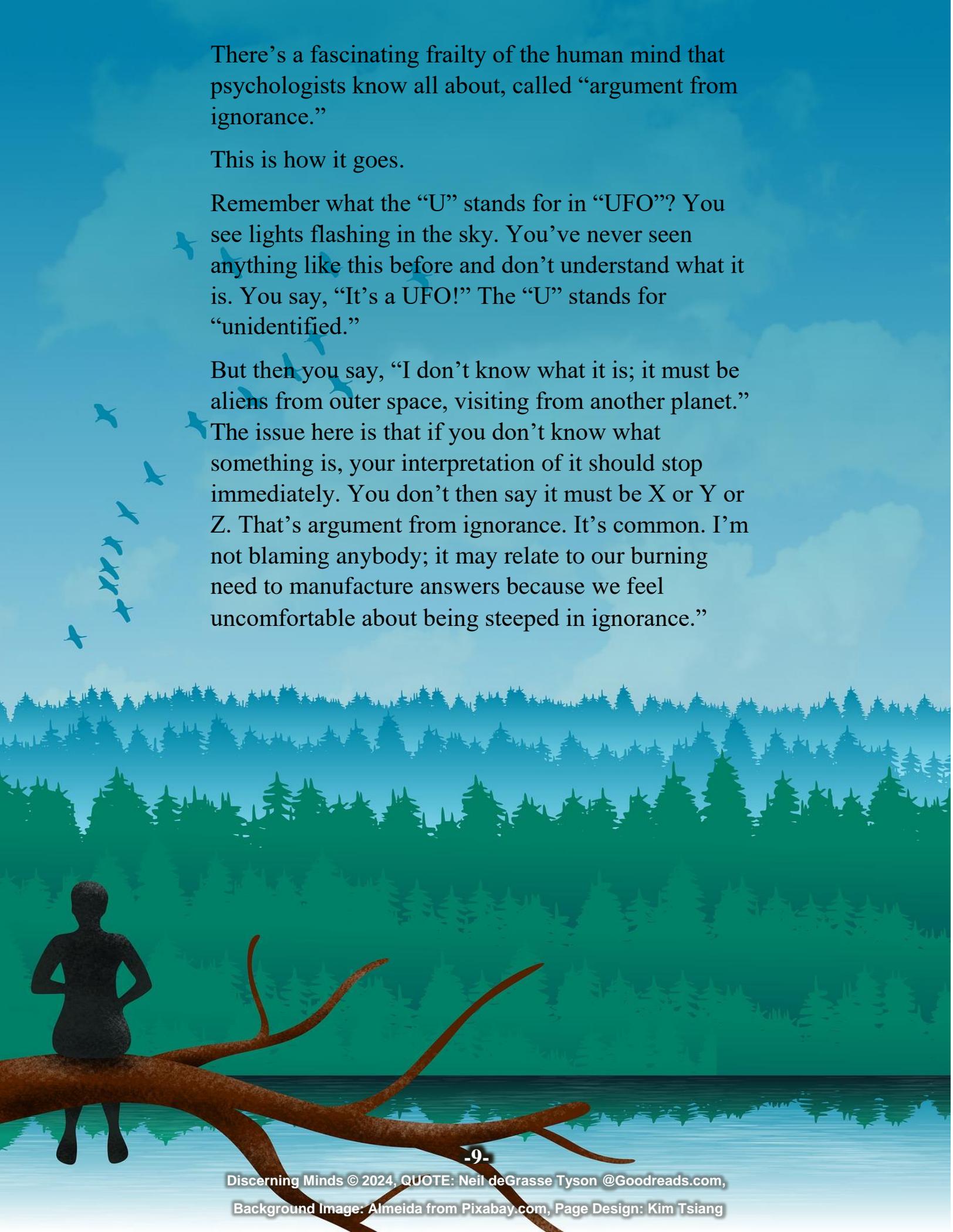
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Some people are just lazy and want to be led around by a ring in their noses. Others are more interested in belonging to the crowd. Leave them to their own demise. Realize that all this nonsense doesn't just engage the logical brain but also the emotions.

Emotions will get you every time.

Clean your filters and counteract word manipulation and for heaven sake take off those shoes before they become clown clogs.



A person is sitting on a large, gnarled log in a forest. The person is seen from behind, looking out over a body of water. In the background, there is a dense forest of evergreen trees. The sky is blue with several birds flying in a line. The overall scene is peaceful and contemplative.

There's a fascinating frailty of the human mind that psychologists know all about, called "argument from ignorance."

This is how it goes.

Remember what the "U" stands for in "UFO"? You see lights flashing in the sky. You've never seen anything like this before and don't understand what it is. You say, "It's a UFO!" The "U" stands for "unidentified."

But then you say, "I don't know what it is; it must be aliens from outer space, visiting from another planet." The issue here is that if you don't know what something is, your interpretation of it should stop immediately. You don't then say it must be X or Y or Z. That's argument from ignorance. It's common. I'm not blaming anybody; it may relate to our burning need to manufacture answers because we feel uncomfortable about being steeped in ignorance."



AUTHOR BIOGRAPHIES



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THE HUMAN CONDITION

Jerry Spinelli QUOTE (*You Know*, pg. 2)

Jerry Spinelli grew up in rural Pennsylvania and went to college at Gettysburg College and Johns Hopkins University. He has published more than 25 books and has six children and 16 grandchildren. Jerry Spinelli began writing when he was 16. In most of his books, Spinelli writes about events and feelings from his own childhood. He also gets a lot of material from his seven adventurous kids! Spinelli and his wife, Eileen, also a children's book author, live in Pennsylvania.

Protagonist (*Self-Deception*, pg. 3)

Protagonist is the pseudonym of Miro Wilson who likes to stir up thought in 'lazy minds'. He is a retired ethics professor and is currently living in the Midwest with his wife Lynne. He has four children and nine grandchildren and one great grandchild. He enjoys fishing, hiking and oil painting.

Anonymous Reason (*Karma – How's that Workin'; for ya'?* pg. 5)

'Anonymous reasoning' is believed to be 'better heard' than 'ego-authored material' by Arlen Waters who wishes the rest of his bio to be, well, anonymous.

Francois Dillard (*If the Shoe Fits, Should You Wear It?* pg. 7)

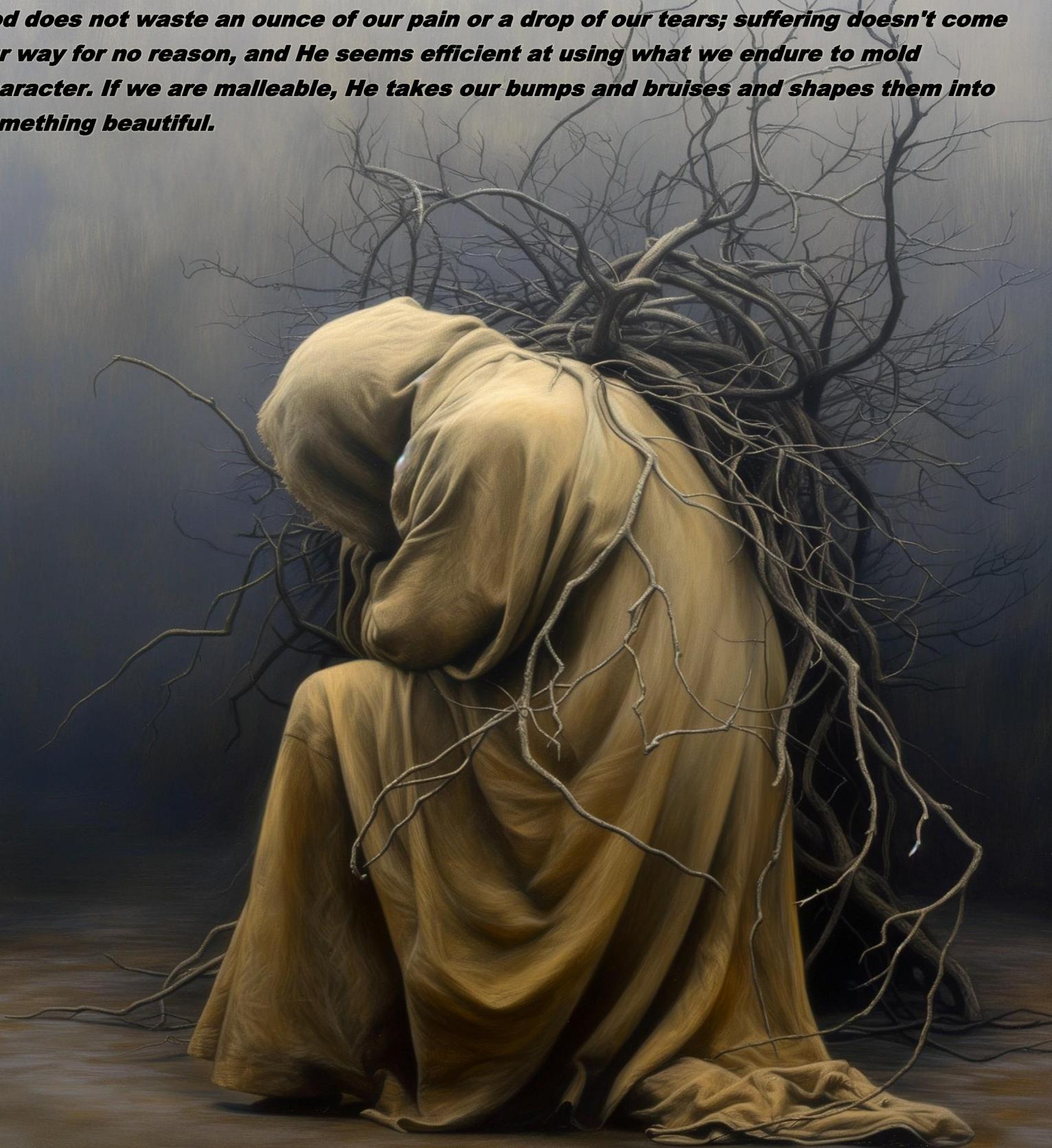
Francois is a professional musician living in New England. He likes to travel extensively especially to coastal areas. He considers himself a philosopher at heart and feels humor is the key to overcoming many of life's problems and often dons his alter-name Philosoclown when writing.

Neil deGrasse Tyson QUOTE (*Arguments from Ignorance*, pg. 9)

Neil deGrasse Tyson was born and raised in New York City where he was educated in the public schools clear through his graduation from the Bronx High School of Science. Tyson went on to earn his BA in Physics from Harvard and his PhD in Astrophysics from Columbia. In 2001, Tyson was appointed by President Bush to serve on a twelve-member commission that studied the Future of the U.S. Aerospace Industry. Tyson is the recipient of twenty-one honorary doctorates and the NASA Distinguished Public Service Medal, the highest award given by NASA to a non-government citizen. His contributions to the public appreciation of the cosmos have been recognized by the International Astronomical Union in their official naming of asteroid "13123 Tyson." More recently, Tyson *published Astrophysics for People In A Hurry* in 2017, which was a domestic and international bestseller. This adorably readable book is an introduction to all that you've read and heard about that's making news in the universe—consummated, in one place.

A Matter of Spirit

God does not waste an ounce of our pain or a drop of our tears; suffering doesn't come our way for no reason, and He seems efficient at using what we endure to mold character. If we are malleable, He takes our bumps and bruises and shapes them into something beautiful.



Section Managing Editor – John “Salaam” Solis

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You may have noticed that the books you really love are bound together by a secret thread. You know very well what is the common quality that makes you love them, though you cannot put it into words: but most of your friends do not see it at all, and often wonder why, liking this, you should also like that. Again, you have stood before some landscape, which seems to embody what you have been looking for all your life; and then turned to the friend at your side who appears to be seeing what you saw -- but at the first words a gulf yawns between you, and you realize that this landscape means something totally different to him, that he is pursuing an alien vision and cares nothing for the ineffable suggestion by which you are transported.

Even in your hobbies, has there not always been some secret attraction which the others are curiously ignorant of -- something, not to be identified with, but always on the verge of breaking through, the smell of cut wood in the workshop or the clap-clap of water against the boat's side? Are not all lifelong friendships born at the moment when at last you meet another human being who has some inkling (but faint and uncertain even in the best) of that something which you were born desiring, and which, beneath the flux of other desires and in all the momentary silences between the louder passions, night and day, year by year, from childhood to old age, you are looking for, watching for, listening for? You have never had it.

All the things that have ever deeply possessed your Soul have been but hints of it -- tantalizing glimpses, promises never quite fulfilled, echoes that died away just as they caught your ear. But if it should really become manifest -- if there ever came an echo that did not die away but swelled into the sound itself -- you would know it. Beyond all possibility of doubt you would say "Here at last is the thing I was made for". We cannot tell each other about it. It is the secret signature of each soul, the incommunicable and unappeasable want, the thing we desired before we met our wives or made our friends or chose our work, and which we shall still desire on our deathbeds, when the mind no longer knows wife or friend or work. While we are, this is. If we lose this, we lose all."



What Happens When We Die?

By Matt Sharpe

All religions have a version of an afterlife, and what happens to the individual upon entering it. Even Atheism doesn't exclude an afterlife or existence after the death of the body, they merely draw the line at there being a Supreme Being, instead believing that none exists. That being the case doesn't necessarily mean that spirits don't exist however, although they may not have a definite belief in that regard either. It depends on the individual, but many do indeed recognize that the Supernatural can and does occur, just not necessarily in relation to any form of a Godhead.

Hinduism is often considered the Earth's oldest religion said to have begun with the Vedas, which were transmitted only orally and later written and are guessed as being 3000 to 3500 years old. They are a collection of poems or hymns composed in archaic Sanskrit by Indo-European-speaking peoples who lived in northwest India during the 2nd millennium BCE. But it cannot be forgotten that the Tamil cultures of Southern India also existed and had their own forms of spirituality that although not necessarily written could still easily have existed by word of mouth. History claim this impossible and unproven, yet the oral traditions have existed at least as long as any Sanskrit writings. These many various beliefs came to eventually be considered to be within Hinduism despite the many regional differences that have always existed.

With all of this history there were of course beliefs in what came at death, and after death, and even the remains of Neanderthals denote burial rituals which suggest some form of religion although we have no details about them. The Atman or Soul is eternal and is also bound by reincarnation and karma, meaning that the choices made in the previous life, determine what awaits them in the next, with the ultimate goal being to achieve Jivan Mukti and freedom from karma and reincarnation. That requires purposeful attention and effort, things found to be in common among all humanity.

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The Jains, Buddhists, Sikhs and adherents to Sant Mat all have these same conditions and requirements to achieve freedom, with some differences in relation to one another, but much in common throughout. The various Rishis, Gurus, Soamis and Sants are the spiritually advanced guides that can help other Souls achieve these states of freedom, and this same methodology is found throughout much of the world, although the individual given the job of guiding Soul is sometimes one that no longer walks the Earth in some paths. All seek that end spiritual state but using different terms, though some are similar. In Hinduism Moksha is sought, for Jains it is Nirvana. Sikhs call this state Nirban, Mukti or Moksh. Sant Mat uses many of these terms but Using Jivan Mukti to mean gaining release from karma and reincarnation in a single lifetime which makes that one a Guru/Sant who is fit to teach the way to others. The Sikhs see the Guru as the one who leads them while in Sat Mat a living Sant takes on this job. It is notable that Sant Mat began with Kabir who was born a Muslim but became initiated by a Hindu before traveling inwardly himself and exploring all the planes and attaining what might be called by some, God Realization. He like the younger Guru Nanak viewed religions as having the same Source in common and because of this view both were considered high spiritual beings in multiple religions. Kabir was one of the founding Gurus of what became Sikhism under Nanak, who also was a Hindu from youth.

Taoism and Confucianism though existing in the same places, had different views of what happens. Taoism has both karma and reincarnation with the same requirements acting as the motivation to improve one's point of view and choices or actions so as to earn a better situation. Confucianism doesn't really have that same view though the responsibility of acting rightly is important. In their view the emperor has the Mandate of Heaven and is therefore the individual that stands at the crossroads between life and the Divine, with the Divine expressing itself through the emperor.

Buddhism has the same ideas about the afterlife as many other Eastern religions, those based on karma and reincarnation and affecting the state of the next life and the conditions therein. For the Buddhist, the seeking of enlightenment and the eventual state of Nirvana in the afterlife, which frees that Soul from karma and reincarnation is the goal of life.

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They place a great deal of importance on detachment as being one aspect of achieving this balanced and advanced spiritual state with Siddartha Gautama being the example followed and emulated to move toward Nirvikalpa Samadhi, the highest state of Nirvana.

The three Abrahamic paths, Judaism, Christianity and Islam all came after the influence of the Persians and their religion, which early on would conquer nations and tribes or areas, but would then accept some of that region's religious view into their own. This worked as a unifying factor despite the fact that they'd been conquered, making it much easier to swallow since it would rather introduce wider concepts to them while using the forms already familiar to them which overall made the newly conquered peoples more willing to accept this new way of life with less of a hassle. The Persians knew that this method worked far better than simply conquering a group and then instilling a whole new and different religio-spiritual view than what had been practiced previously by influencing them to believe in the newer religious tenets they brought.

The Persians introduced judgement on the things done in life by Ahura Mazda. Angra Mainyu, the source of negativity would have tried to sway humans toward misfortune so as to ruin the general outcome of this judgement after life, and it is this concept that came to influence the views of the Abrahamic religions, each of which had the judgement by the entity they named as God and then the outcome of that judgement, most often deciding where they would then go, either to the positive realm or the negative. Under the control of Ahura Mazda, YHWH, or Allah on the positive side which included the House of Songs in Zarathustrianism, the 7 Heavens of Judaism (Vilon (וילון), Raki'a (עיקר), Shehaqim (שיקחש), Zebul (לבוז), Ma'on (ועמ), Machon (וכמ), and Arboth (תוברע), Heaven to the Christians (7 are never mentioned but 2nd Corinthians speaks of a 3rd Heaven, and the Coptic Apocalypse of Paul has him ascending through 10 Heavens, included also in the Book of Enoch though the Coptic Marsanes mentions 13 seals which are taken to be levels of Heaven including the physical world, making it sound very much the same as being planes or Loks found in the Eastern religions) or finally to Paradise as viewed by the Muslims.

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The plane structures of the Eastern religions are by some thought to be relative to these different levels of the afterlife though not all agree on much of anything making definitive distinctions between those they consider truthful while generally seeing all others as being false.

The negative side also exists for each, Angra Mainyu's House of Lies, Sheol the underground world of the dead for both the righteous and the unrighteous alike, which is sometimes spoken of as the etymological source of Hell but is different for the Jews in that not only evil exists there. Christianity has Hell of course and Islam has its Jahannam, both for the unrighteous or unsaved, and where both believe that all others who have not accepted their religion inevitably end up. The Sufis that exist within Islam view this differently and in many ways much closer to religions such as Sant Mat, where the individual Soul can by purpose of choice and will, learn to reach higher and more perfected levels through their practice.

Each religion views their way to be the most direct and effective, although there is great debate about this between them all. But each have a view as to what happens to the Soul upon the death of the physical, each expressing different qualities required to end up in any place or state of being as described by them.

This brings us to the more modern religion Eckankar, which has roots within several religions from the East, but primarily Sikhism from its term Ek Ong Kar which to them means the creation of one God or there is only one God. From this phrase came the name Eckankar as practiced by earlier Sant Mat groups, which Paul Twitchell changed to Eckankar, to be discerned as different than the other somewhat similar paths. We use the term to mean the way to become a conscious co-worker with the one God. We recognize a minimum of 14 planes with each having an individual initiation level that develops and ever greater/wider state of consciousness and being. Also having and dealing with karma and reincarnation, but as a way of learning and developing into ever more refined states and initiation.

Continued...

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Upon the death of the physical, the Mahanta, the inner form of the Living ECK Master escorts that Soul to the proper place or level that they earned in life. This means that the initiation level tells where they actually go when the Mahanta escorts them beyond death, a thing they've spent practicing through the Spiritual Exercises of ECK. Each individual has the responsibility of doing their own work to earn the place they will inhabit, though that is not necessarily a static place and the spiritual development continues after death.

The one factor is that Physical Plane life is the fastest (and most harsh) way to develop one's self spiritually. This puts everything in their own hands based on the choices they make for themselves. In the end the choices for what happens after death are rather vast with numerous distinctions between each flavor that people have. How do you view it as being?

Archangels of the 7 Rays



By Rev. Dr. Loni Haas

All living things contain potential to be fulfilled during its life cycle and beyond.

Seven Ray Astrology is founded in Tibetan spirituality and is concerned with the evolution of the Soul as tied to the elevation of consciousness. It is generally believed that if an individual can raise his/her personal vibratory rate sufficiently to overcome the vibratory rate of his/her natal planets, consciousness is elevated and the number of subsequent incarnations is lessened. The Rays are the custodians of the Universal Plan as designed by and depending upon individual perception, the "All-Knowing" or "Supreme Being" or "God the Father." Each Ray embodies energy through which a specific part of Divine Will is channeled in accordance with Divine Universal Intention. The Theosophical study of the Seven Rays literally has Archangels in charge of Divine Law as jurisdicted by each Ray.

The 1st Ray of Will and Purpose is governed by **Archangel Michael** who carries out the legislation of CAUSE, MAGISTRATION and POWER. Call on him when you need protection and strength.

The 2nd Ray of Love and Wisdom is governed by **Archangel Zophkiel** who carries out legislation of INSTRUCTION, MASTERSHIP and DIVINE AFFAIRS. Call on him when you are stuck in your own thinking.

The 3rd Ray of Active Intelligence is governed by **Archangel Raphael** who carries out legislation of PROTECTION, ENLIGHTENMENT and SOUL APPOINTMENTS. Call on him when you need healing of any kind.

The 4th Ray of Harmony through Conflict is governed by **Archangel Gabriel** who carries out legislation of INFLUENCES, CONTROL OF LIGHT and the WATERS OF LIFE. Call on him when you have lost your life direction.

The 5th Ray of Concrete Knowledge and Science is governed by **Archangel Zedekiel** who carries out legislation of DISCOVERY and LABORS. Call on him when you don't understand things.

The 6th Ray of Devotion and Idealism is governed by **Archangel Madimiel** who carries out legislation of PURPOSE, ZEALOUS READYING and QUIETING DESIRE. Call on him when you are angry or upset.

The 7th Ray of Ceremonial Order is governed by **Archangel Haniel** who carries out legislation of REVELATION, ORDERS of ANGELS and MAGNETIC OCCURRENCES. Call on him when you are approaching the unknown.

In the Forgotten Books of Eden, an apocryphal book allegedly translated from ancient Egyptian in the nineteenth century, we are told that Satan and his hosts were fallen angels who populated the earth before Adam was brought into being, and Satan used lights, fire, and water in his efforts to rid the planet of this troublesome creature. He even disguised himself as an angel from time to time and appeared as a beautiful young woman in his efforts to lead Adam to his doom. UFO-type lights were one of the Devil's devices described in the Forgotten Books of Eden. Subtle variations on this same theme can be found in the Bible and in the numerous scriptures of the Oriental cultures. Religious man has always been so enthralled with the main (and probably allegorical) story line that the hidden point has been missed. That point is that the earth was occupied before man arrived or was created. The original occupants or forces were paraphysical and possessed the power of transmogrification. Man was the interloper, and the earth's original occupants or owners were not very happy over the intrusion.

The inevitable conflict arose between physical man and the paraphysical owners of the planet. Man accepted the interpretation that this conflict raged between his creator and the Devil. The religious viewpoint has always been that the Devil has been attacking man (trying to get rid of him) by foisting disasters, wars, and sundry evils upon him.

There is historical and modern proof that this may be so.

A major, but little-explored, aspect of the UFO phenomenon is therefore theological and philosophical rather than purely scientific. The UFO problem can never be untangled by physicists and scientists unless they are men who have also been schooled in liberal arts, theology, and philosophy. Unfortunately, most scientific disciplines are so demanding that their practitioners have little time or inclination to study complicated subjects outside their own immediate fields of interest.

Satan and his demons are part of the folklore of all races, no matter how isolated they have been from one another. The Indians of North America have many legends and stories about a devil-like entity who appeared as a man and was known as the trickster because he pulled off so many vile stunts. Tribes in Africa, South America, and the remote Pacific islands have similar stories.



Can you see the pictures before you on how to intervene on behalf of the oppressed? Are you thinking of what to do to the disenfranchised of your society? Do you notice the abused of your society? Can you see the afflicted that are crying for that justice every day? What of those who are been maltreated on daily basis, do you think they need that justice? Did you see any of those who are downtrodden, would that justice help them? Anyone oppressed and suppressed around you, can you serve them justice?





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A MATTER OF SPIRIT

Black Elk, Holy Man of the Oglala Sioux QUOTE (*Ancient Proverb, pg. 10*)

Oglala Lakota holy man Black Elk (1863-1950) made a lasting impact on the global understanding of 19th Century Plains Indian cultures and religions. Involved in some of the most notable events in the American West, Black Elk continues to be celebrated for his vision and his words.

Matt Sharpe (*The Nature of the Soul – What it is and what it isn't, pg. 11 and Spiritual Greed, pg. 16*)

Matt Sharpe lives in the Southwest US and enjoys writing about spiritual topics of all kinds, using his personal experiences as a reference. While never referring to himself as a shaman, he does work inwardly with many from various traditions. He also is a guitarist and singer/songwriter. He is a lead administrator and teacher on the Light Force Network.

Don Miguel Ruiz QUOTE (*Rules of the Good Spirit, pg. 15*)

Don Miguel Ruiz was born into a family of healers, and raised in rural Mexico by a curandera (healer) mother and a nagual (shaman) grandfather. The family anticipated that Miguel would embrace their centuries-old legacy of healing and teaching, and carry forward the esoteric Toltec knowledge. Instead, distracted by modern life, Miguel chose to attend medical school and become a surgeon. A near-death experience changed his life. Stunned by this experience, he began an intensive practice of self-inquiry. He devoted himself to the mastery of the ancient ancestral wisdom, studying earnestly with his mother, and completing an apprenticeship with a powerful shaman in the Mexican dessert. The tools shared by Don Miguel are based on common sense and shared with such simplicity, that the universal message underlying his teaching is recognized by many. Don Miguel's message is simple, practical and when implemented, even incrementally, changes lives.

Osho QUOTE (*The Walk, pg.21*)

Rajneesh (born Chandra Mohan Jain, 11 December 1931 – 19 January 1990) and latter rebranded as Osho was leader of the Rajneesh movement. During his lifetime he was viewed as a controversial new religious movement leader and mystic. After his deportation, 21 countries denied him entry. He ultimately returned to India and a revived Pune ashram, where he died in 1990. Rajneesh's teachings have had a notable impact on Western New Age thought, and their popularity has increased markedly since his death.

BODY TEMPLE



He who has health has hope...

And he who has hope has
everything

Section Managing Editor – Lynda Lidel Harley

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*Health is an announcement
or agreement between your
body, mind and spirit.*

*Honor your body and keep
it in good shape.*

*When you are not health,
look to see which parts of
you disagree.*

*Your body will demonstrate
the truth to you.*

*Notice what it is showing
you, listen to what it is
saying...*



Purifying Water

By Wise Woman

For many years my family enjoyed camping in the great outdoors. On a few occasions we were put into a position where we had to purify water. I was in the habit of pre-sterilizing containers to take along on trips for such eventualities and made sure I toted them along. I also take along purchased water filters from a manufacturer.

The main thing to note is you NEVER drink water from a natural source that you haven't purified, even if the water looks clean. Water in a stream, river or lake may look clean, but it can still be filled with bacteria, viruses, and parasites that can result in some nasty waterborne diseases.

Do the following:

1. Clean your hands – this is where hand sanitizer comes in handy.
2. In the Great Outdoors choose a collection site that is:
 - On a higher elevation or near the water source.
 - AWAY from other established campsites
 - AWAY from any animal grazing sites.
3. Collect water from only MOVING water areas such as streams, rivers or the top two inches of a lake.
4. Dip your presanitized bottle just under the water's surface and fill.
5. Filter the water through a water filter. They remove all impurities floating about.
6. I prefer to boil the water to disinfect it. There are water disinfectants you can purchase but I boil.
 - When you're at an elevation below 6,500 feet, put the water in a container over a heat source, such as a campfire or propane stove, and bring to a rolling boil for 1 minute.
 - If you're at an elevation over 6,500 feet, bring the water to a rolling boil for 3 minutes.

Voila! You're good to go!



Healing with Enigma Stone



By Li Shaughnessy RN, CCH, CCB

Elestial Stone, more commonly known as Elestial Quartz is a very powerful healing crystal because of its multi-level properties. I personally feel it is the most powerful crystal I use in healing.

In terms of composition, Elestial Quartz is a mineral consisting of silicon and oxygen atoms that form from Quartz's slow growth and layering over time. This main facet gives it creviced look with multiple tips and points that often resemble a maze and account for its moniker of Enigma Stone. It can be colorless, brown, blue or black or a combination of those colors. When prominently black or brown it is often mistaken for Smoky Quartz. *Real* Elestial Quartz can be difficult to find as it tends to be somewhat rare. If you have one in your possession, know that it is a treasure.

Metaphysical qualities:

Besides promoting spiritual and personal growth, it can be used to enhance communication, intellect, and clarity due to its tie to the Akashi and all the skills acquired and yet unrequired from past existences. In Numerology it is connected to the number 9 representing mental progress, fulfillment, and knowledge and in Astrology it is connected to Mercury, which rules speech and intelligence; Neptune, which rules faith and intuition; and Saturn, which rules structure and discipline. Its ruling elements are Air, Water, Fire and Wind. Gaia who nurtures, anchors, and heals; Brahma who creates and changes; and Christ Consciousness who signifies love, compassion and spiritual consciousness all rule Elestial Quartz. It connects the star chakra to the crown chakra then activate sequential opening of all other chakras.

Healing Properties and Benefits:

- Elestial Quartz supports chakra healing by balancing and aligning the body's energy centers. Wear Elestial Quartz as jewelry to keep its healing energy close to your body. Be mindful that this stone is very powerful and can be too much of a good thing. It can cause sleeplessness and conversely produce vivid dreams that wake you and as a result you are worn out and tired. For those reasons I do not recommend to be worn at bedtime and to take breaks from it during the day. You can however place it on a bed stand or under your pillow. I know a few realm walkers who like to carry it when they are Out Of Body as it provides protection and facilitates communication with the spiritual realm by clearing mental blockages and expanding perception.
- For Past Life recall, hold the crystal and say that you want to learn about your past lives. Rub the crystal with your thumb and write down your thoughts, feelings, and ideas.
- I do not recommend making elixirs or bathing with Elestial as water can change the crystal's general state.
- Physically, Elestial aids in healing muscle structure, skeletal alignment, nerve response and stomach ailments. It also repairs DNA & restructures brain function.

Remember – Elestials have a very fine, high vibration which holds powerful yet gentle energy that removes blockages and fears. They show us many different ways to exists and help us see that the choice is entirely ours.



Moon Aspects and Weight Gain

By Thomas Selinas-Cross

Can't figure out where those extra pounds are coming from? The ever versatile art of Astrology can give you a few tips as to why it may be so hard for you lose weight via the Moon's hard aspects in your natal chart. Check and see if you have a square, quincunx or opposition aspect between the Moon and Mars, Jupiter, Saturn, Uranus, Neptune, Pluto or the health asteroid Hygeia in your natal chart! It can tell you quite a bit about your attitude towards food and perhaps help you make some healthy changes...

MOON/MARS: "The Gulper." This combination usually indicates that the individual eats too fast and often doesn't enjoy food or give much consideration to food choices. Digestive issues are pronounced usually because the digestive tract cannot process the intake (consumption) at the speed of light!

MOON/JUPITER: "The Stuffer." This combination indicates eating habits that are emotion based and of which food serves as an instant gratification "fix." Everything in sight will be gobbled up to release the tension of stress, loneliness, sadness, or boredom. Weight gain is a given.

MOON/SATURN: "The Drooler." Allergies to certain foods such as sugar, dairy, wheat, potatoes or corn can lead to dependence on substitute foods that are bad for the body such as artificial sweeteners and other foods that are high in carbohydrates.

MOON/URANUS: "The Wolfer." Bet you can't eat just one! Compulsive over-eating is the signature connected to this combination which is engaged by the individual just because they can!

MOON/NEPTUNE: "The Denier." Maybe I'll diet tomorrow! This combination often signifies eating disorders that are ambivalence or denial based. Overweight makes the individual feel "safe" or powerful.

MOON/PLUTO: "The Addict." Food addictions and binge eating are common with this combination. If the planets are in the signs of Cancer or Virgo the addictive quality is stronger.

MOON/HYGEIA: "The Struggler." Physical and chemical imbalances lead to poor eating habits that run extreme from gorging on junk food OR conversely starving oneself.

People who seek psychotherapy for psychological, behavioral or relationship problems tend to experience a wide range of bodily complaints...

The body can express emotional issues a person may have difficulty processing consciously...I believe that the vast majority of people don't recognize what their bodies are really telling them.

The way I see it, our emotions are music and our bodies are instruments that play the discordant tunes. But if we don't know how to read music, we just think the instrument is defective.





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BODY TEMPLE

Neale Donald Walsch QUOTE (*Health Agreement*, pg. 23)

Neale Donald Walsch is an American author of the series [Conversations with God](#). He is also an actor, screenwriter, and speaker. Quote was found on Goodreads.com.

Wise Woman (*Purifying Water*, pg. 24)

Alva "Wise Woman" Lennox is a retired primary care teacher who enjoys researching and using natural herbal remedies. She is president of a book club that meets once a week and enjoys nature walks and teaching crafts. She has a great fondness for water and lives by lake which she feels fulfills her Cancerian needs. She would tell you it's been a long time coming.

Li Shaughnessy R.N. CHT, CBT (*Healing with Enigma Stone*, pg.25)

Li is a registered nurse, surgical assistant, medical intuit and spiritual healer who is happily married and living in the Southeast US. Inspired by the late Dr. Michael Newton and his unique regression work, she is currently furthering her education in psychology with her eye on a Ph.D. While caring for patients, Li heard many near death and after death return stories which she has recorded and filed as research data for a future book which to date is almost completed.

Thomas Selinas Cross (*Moon Aspects and Weight Gain*, pg. 26)

Thomas is an astrologer and an astronomer. He is an animal advocate and spends his spare time volunteering at the local animal shelter in his hometown in the state of Washington. He also travels to different states to put on planetarium shows. An avid outdoorsman, Thomas enjoys camping and hiking and fishing. You can visit Thomas on the www.lightforcenetwork.com where he serves as a proficient.

Charlette Mikulka QUOTE (*Listening to the Body*, pg. 27)

Charlette Mikulka is a Licensed Clinical Social Worker with three decades of professional experience. She maintains a full time private psychotherapy practice. She and her husband have been together forty years and have two adult sons. Quote was found on Goodreads.com.

PHENOMENA FILES

When evil smiles at you, you smile back



SECTION MANAGING EDITOR - JOHN HOLBROOK PSI

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**THE OLD GREY HEARSE GOES ROLLING BY,
YOU DON'T KNOW WHETHER TO LAUGH OR CRY;
FOR YOU KNOW SOME DAY IT'LL GET YOU TOO,
AND THE HEARSE'S NEXT LOAD MAY CONSIST OF—YOU.
THEY'LL TAKE YOU OUT AND THEY'LL LOWER YOU DOWN,
WHILE MEN WITH SHOVELS STAND ALL A-ROUND;
THEY'LL THROW IN DIRT AND THEY'LL THROW IN ROCKS,
AND THEY WON'T GIVE A DAM-M-N IF THEY BREAK THE BOX.
THE WORMS CRAWL IN AND THE WORMS CRAWL OUT,
THEY CRAWL ALL OVER YOUR CHIN AND MOUTH.
THEY INVITE THEIR FRIENDS AND THEIR FRIENDS' FRIENDS TOO,
AND YOU LOOK LIKE HELL WHEN THEY'RE—THROUGH—WITH
YOU.**

Mr. Jenkins

By G.K.

Back in the 1970s my older brother and I shared a bedroom in our old family home in East Haven, Ct. We are both adopted children originating from diverse ethnic backgrounds and are as about as different as we can be in character and beliefs.

My brother “S” was always taken in by anything fantastical or occult while I was and remain to this day a more rational type with a “prove it” attitude. “S” did not engage in social activities and would never be caught dead in a game of neighborhood touch football or any other type of interaction. He was a true loner who spent time buried in books about everything from time travel to all kinds of magic and tarot cards, outer space to the outer limits and beyond. He was a big fan of the soap opera *Dark Shadows* and shows like *Star Trek* and any and all horror movies and Sci Fi. He spent hours looking over star maps looking for proof of aliens. He often acted weird to the chagrin of our parents who could just about control him. In one event, when he was a teen, he brought the *Ouija Board* into the house to which our dad in great haste got rid of and embarrassed and scolded “S” and a visitor who were in the middle of engaging it. If I had a dime for every time our father said, “What the hell is wrong with you?” I’d be a rich man. The more grounded and logical serious type, I thought he was just plain nuts and annoying.

Then there was Mr. Jenkins. According to “S”, Mr. Jenkins was an entity that came into the bedroom late at night when I was sound asleep but big bro was not. I suppose that reasoning gave the answer to my questions of why I never saw him or heard any conversations they had. Mr. Jenkins was an older man with medium height and medium build who wore a trench coat, hat (circa the 1930s) and carried a briefcase. He had no face at all but somehow could mind communicate with my brother (just in case I should wake up). When I asked how he even got into the bedroom, the answer was that he came through the wall. I made my brother show me where in the wall Mr. Jenkins came in. It was a back wall nowhere near the window or door. As a matter of fact, the chimney to the fireplace of the house was behind that wall so being the smartass that I am I asked if Mr. Jenkins was Santa Claus. When I further asked what they talked about I was told “all sorts of things” and that “S” was given a lot of info. Needless to say our parents never bought him a science kit growing up for fear he would blow up the house.

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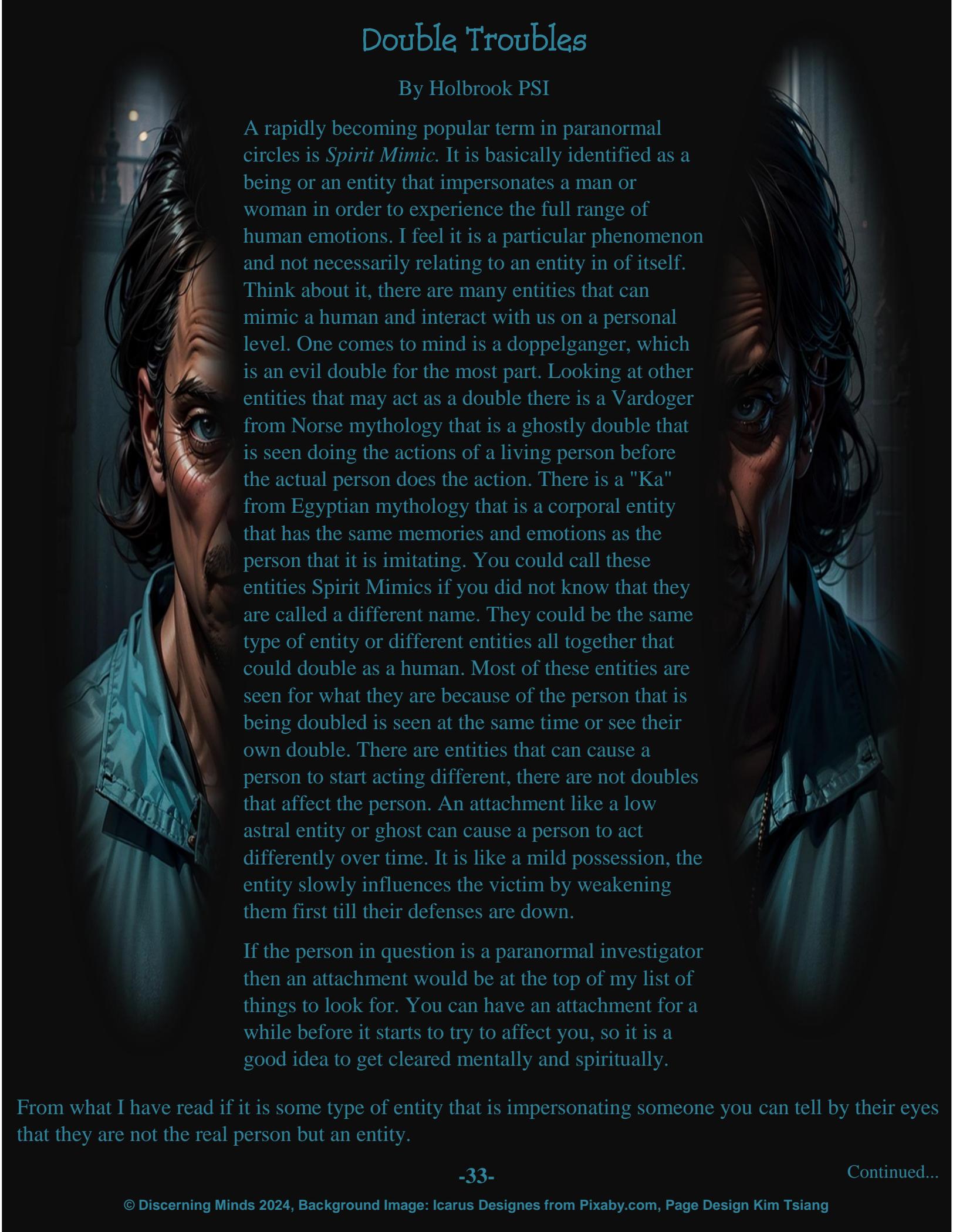
The Mr. Jenkins enigma went on for several years with my brother insisting he was real and then, it just stopped. When I was older, I did consider that Mr. Jenkins might be a ghost or this was some sort of a haunt but I could never find any solid reason for it with the exception that the house and entire neighborhood was built on an old burial ground and I know from research that apparitions often appear with no faces. Sceptic that I am I am open to such possibilities.

As we grew older and became adults “S” married twice and had a child and is a proud grandpa. Today he is a high ranking Mason which in my mind figures perfectly AND he is still weird. I stayed single busy working and climbing the managerial ladder. My brother still lives in the family home and to this day continues to claim that Mr. Jenkins was real.



Double Troubles

By Holbrook PSI



A rapidly becoming popular term in paranormal circles is *Spirit Mimic*. It is basically identified as a being or an entity that impersonates a man or woman in order to experience the full range of human emotions. I feel it is a particular phenomenon and not necessarily relating to an entity in of itself. Think about it, there are many entities that can mimic a human and interact with us on a personal level. One comes to mind is a doppelganger, which is an evil double for the most part. Looking at other entities that may act as a double there is a Vardoger from Norse mythology that is a ghostly double that is seen doing the actions of a living person before the actual person does the action. There is a "Ka" from Egyptian mythology that is a corporal entity that has the same memories and emotions as the person that it is imitating. You could call these entities Spirit Mimics if you did not know that they are called a different name. They could be the same type of entity or different entities all together that could double as a human. Most of these entities are seen for what they are because of the person that is being doubled is seen at the same time or see their own double. There are entities that can cause a person to start acting different, there are not doubles that affect the person. An attachment like a low astral entity or ghost can cause a person to act differently over time. It is like a mild possession, the entity slowly influences the victim by weakening them first till their defenses are down.

If the person in question is a paranormal investigator then an attachment would be at the top of my list of things to look for. You can have an attachment for a while before it starts to try to affect you, so it is a good idea to get cleared mentally and spiritually.

From what I have read if it is some type of entity that is impersonating someone you can tell by their eyes that they are not the real person but an entity.

Continued...

This holds true for someone that is possessed or under the influence of an entity, the eyes will be soulless. So it may be hard to tell if it is a double or the person possessed especially from a third party. Investigation into the possibility of a double requires a lot of face time with the person in question. In most cases of a double the real person may never meet up with the double. The double may try to isolate the real person from their family and friends to weaken their defenses so they can take over their life or at least ruin it. So it is hard to determine if a person is being attacked by an entity like a doppelganger or if it is an attachment type of entity.

What should you do if confronted with this situation?

I do not suggest taking any action against the person or entity for the victim of the situation unless it is requested by the victim. People have been known to change in ways that they cannot explain when they are working through something in their life. You can support them by asking if they need help or an ear to listen to their problems. If they say that they have not changed run tape when they using the weird language, you can take pictures when they are dressing contrary to their style. Sometimes simple things like this will help the person that is thought to be a victim to see what you are seeing.





THE CURSE OF THORN

By Wyn Nordstrom

Thorn is the Third Rune in the Anglo-Saxon group of 33. Thorn is also known as Thurisaz in the Elder Futhark. In legend, this rune appears every 1,000 years and it is a constellation in the runic sky 1200 AD (Cepheus) which appeared on October 20 and is linked to October 31st, Halloween in some literature. If you like the classic movie *Halloween* and its sequels, the Michael Myers character has this rune carved on one of his wrists.

There is a good deal of lore regarding Thorn. It is the rune of the Norse god Thor and his mighty hammer. It is also the rune of Giants and Demons. Catalytic in nature, Thorn, brings about new beginnings and controls volatile situations. Although protection and defense oriented, casting Thorn (Thurisaz) can also indicate that impulsive action may be a factor in the situation. It can be used in Runic Script spellcasting to summon up the nastiest forms of evil.

To the ancient Druids, Thorn represented a demon. This particular demon spread sickness which killed thousands of people and killed crops. The Druids also believed that one child from each tribe was chosen to be inflicted with the curse of Thorn. This child had to kill their whole family to spare thousands more.

Some ancients believed that Thorn could double the size of any animal. It could increase weight by 4 times and also gain 50% more strength.

Thorn can be used in weather magick, protection spells, and spells for awakening and regeneration. It can also be used in love spells. Thorn may be drawn or carved and then worn as a symbol or talisman for protection so it can also project attributes of good.

Today, Runemasters believe Thorn is about the mastery of self and the world around us. A delicate balance must be struck between force and nuance, with the ability to see the larger picture as an essential part of that balance. But BEWARE -Use the energy of Thorn to your advantage or you'll be experiencing its more volatile aspects.

Here, at the edges,
Whispering to you,
And we're not alone; not alone
Here, in the dark.
We are behind the door, in the
corners,
In the room where you've just
extinguished the light.
We flicker in the shadow you cast on
the wall.
We are the prickle on the back of your
neck.
Curled, in words unspoken,
We are the shiver on your uneasy flesh,
The creep of the unknown on your skin.

Can you feel us?
Here, at the edges.





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PHENOMENA FILES

Unknown Origin Quote (*The Worm*, pg.30)

The Hearse Song or *The Worm Crawls In* is a song about burial and human decomposition, of unknown origin. It was popular as a World War I song, and was popular in the 20th century as an American and British children's song, continuing to the present. It has many variant titles, lyrics, and melodies, but generally features the line "The worms crawl in, the worms crawl out," and thus is also known as "**The Worms Crawl In.**" Generally, the song recounts the viewing of a hearse, prompting the thought of death. The listener's body is buried in a casket and assaulted by worms, then decomposes; some versions continue by stating the dead listener will be forced to eat their moldering remains. The earliest version of the verse is found in a poem by the English writer Matthew Lewis, incorporated in his popular 1796 Gothic novel *The Monk*, which includes the lines, "The worms they crept in, and the worms they crept out and sported his eyes and his temples about." While there are reports of the song dating back to British soldiers in the Crimean War (1853–1856), it certainly dates to at least World War I (1914–1918), when it was sung by American and British soldiers, and was collected in various World War I songbooks of the 1920s

G.K. (*Mr. Jenkins*, pg. 32)

G.K. lives in the state of Connecticut with his life partner. *Mr. Jenkins* is a true story that stayed in his memory all his life and to this day he wonders what his older brother really saw.

Holbrook PSI (*Double Troubles*, pg. 32)

John Holbrook has been a paranormal investigator for over 25 years. He holds a MS in parapsychic science. He is a highly gifted intuit and experienced spiritual counselor who specializes in crisis intervention including current life paranormal dramas and past life residual traumas. He is always willing to help others overcome their fear of the darkness by showing them how to discern the truth of the matter.

Wyn Nordstrom, (*Thorn*, pg 34)

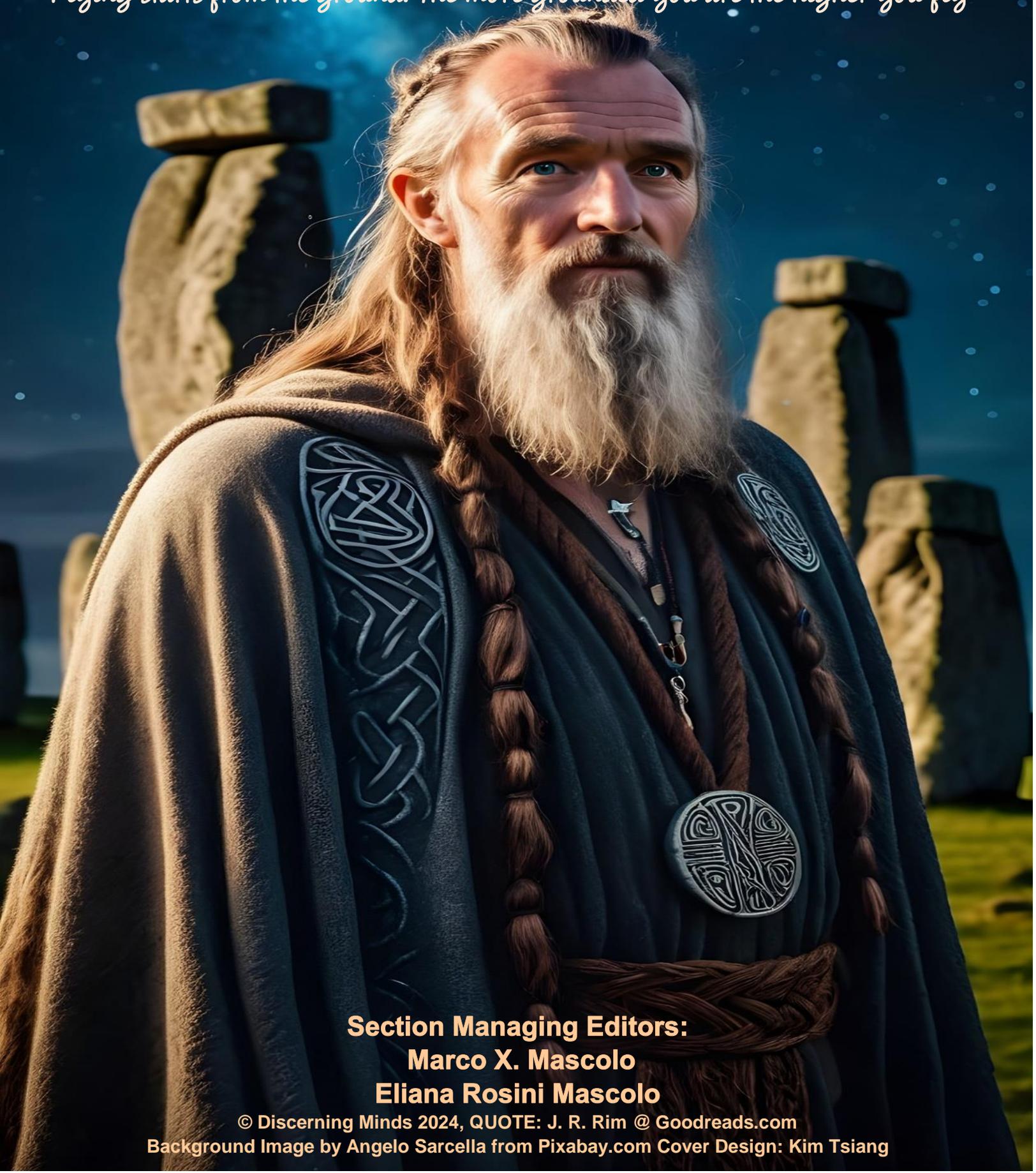
Wyn Nordstrom is an occult writer who sometimes pens under the pseudonym Susan Farley Lloyd. She is a runemaster who is following in the footsteps of her mother who actually named her after the Rune of Joy. Her other metaphysical interests include the paranormal, psychometry and dowsing. Hailing from Massachusetts, Wyn enjoys coordinating Haunt Tours in the Autumn, snow skiing in the Fall and water skiing in the Summer. She is a long time member of the Light Force Network where she writes various articles about runes.

Emmanuelle de Maupassant QUOTE (*Here, At the Edge*, pg. 35)

Emmanuelle lives with her husband (maker of tea and fruit cake) and loves haggis pudding terriers (those connoisseurs of bacon treats and squeaky toys). She writes historical tales filled with steam, suspense, and elements of romance. Visit her website - www.emmanuelledemaupassant.com - to find a FREE story to download, and to sign up for her newsletter (monthly gossip, giveaways and goodies).

Arcanus Obscurum

Flying starts from the ground. The more grounded you are the higher you fly -



**Section Managing Editors:
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The early magicians, to my thinking, must have been people who knew the symbols and stories of the societies next door.

Ones who understood that the Pharaoh's got different gods from the Greeks, and they've got different gods from the Wildmen in the North with the pointy horned hats.

The folks who might come and say your neighbors have better gods than yours, and their rituals are more fun and their temples are better.

Or even worse, they might get you thinking about how strange it is that you both have gods for the sun even though there's only one sun.

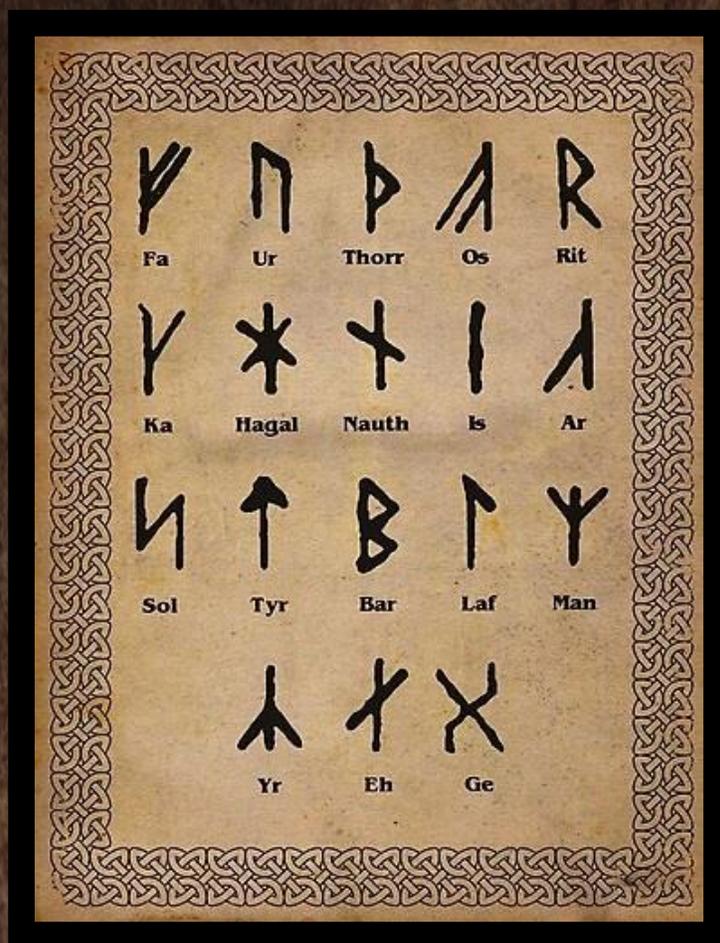
Maybe that means the symbol is more powerful than the god.

The magicians are the ones who keep that secret knowledge. That occult knowledge. The understanding that the symbols run the show.



ASTROLOGICAL MOON PHASES AND METAPHYSICAL CORRELATIONS

By Loni Haas, R.MAFA, NCGR



Correlations are plentiful in the Universe and they are useful to life magic. All you have to do is look and apply...

NEW MOON: (0-45 degrees ahead of Sun):

Theme: Emergence & Initiation (Aries energy)

Gemstones: Labradorite (new beginnings, light in the dark, inner sight, potential, third opening), Black Obsidian (seeing and following your purpose, facing your true self, protection)

Essential Oils: Juniper Berry (new beginnings, clearing, energizing, protection) Lemon (spiritual awakening, awareness, immune booster, releasing old ways of thinking and feeling)

Spirit Animal: Panther (reclaiming your true power, asserting your will, strength in silence and darkness, awakened passion, rebirth)

Armanen Runestave: FA

Power of spirit and change as well as the power of creativity.

Lunar effect: Impulsive, naïve, and aggressive, you want to make your mark upon the world. Personal vision is the driving force that seeds the future. Remember to remain objective and appreciate the ideas of others.

Continued...

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CRESCENT MOON: (45-90 degrees ahead of Sun):

Theme: Expansion & Foundation (Taurus energy)

Gemstones: Carnelian (creativity, motivation, endurance, power to overcome difficulties and work toward goals), Laguna Agate (flexibility, release depression, recognize all things are possible with focus)

Essential Oils: Ylang-Ylang (relieves anxiety and stress, emotionally healing, enthusiasm, clears negativity), Basil (protection, courage, strength, uplifts the spirit)

Spirit Animal: Beaver (persistence, building your dreams, diligence, productivity, structure, transforming reality)

Armanen Runestave: UR

Resurrection, eternity, and continuity.

Lunar Effect: Confident and self-assured, you love to challenge established order and the status quo. Action is your sword but you will not wield it well if you become frustrated by lack of momentum.

FIRST QUARTER MOON: (90-135 degrees ahead of Sun):

Theme: Action & Expression (Leo energy)

Gemstones: Citrine (manifestation, empowerment, creativity, self-expression, decisiveness, uplift), Sunstone (leadership, originality, awakening, personal power, confidence, energizing)

Essential Oils: Ginger (liberation, optimism, vitality, stimulates action, releasing doubt, courage), Clove (inspiration, love, making things happen, prosperity, confidence)

Spirit Animal: Peacock (show your true colors, vision, immortality, honor, stand up for your beliefs, confidence, performance, rising up)

Armanen Runestave: THORN

Targeting goals, activity and the phallus.

Lunar effect: You are eager to grasp life by the forelock and display excellent leadership qualities. You love the new and have little use for the old. Be mindful of naturally egocentric responses and need for power plays.

GIBBOUS MOON: (135-180 degrees ahead of Sun):

Theme: Overcoming & Adjustment (Virgo energy)

Gemstones: Dumortierite (enhances intellectual abilities, stimulates divine mind, patience, organization), Moss Agate (increases self-esteem, strength, attaining goals, calm, eliminates toxins)

Essential Oils: Frankincense (introspection, protection, purification, centering, understanding), Marjoram (optimism, perseverance, mental clarity, releasing obsession)

Spirit Animal: Ant (order, work, discipline, effort, achieving goals, planning for your future, teamwork, self-sacrifice, patience, tenacity)

Armanen Runestave: OS

Signifies the strength that a person needs to rise up in power.

Lunar Effect: You are introspective and concerned with personal growth and self-expression. You are curious, intellectual, and analytical focusing your energies towards a specific goal. Make sure your purpose is well defined.

Continued...

FULL MOON: (180-135 degrees behind Sun):

Theme: Fulfillment & Awareness (Libra energy)

Gemstones: Moonstone (fulfillment, fruition, reflection, gratitude, emotional balance, possibility), Selenite (peace, happiness, illumination, expanded awareness, purification)

Essential Oils:

Petitgrain (joy, awakening consciousness, harmony, mental clarity), Lemon Balm (friendship, love, success, blessings, success, spiritual progression)

Spirit Animal: Buffalo (abundance, gratitude, interconnectivity, manifestation, integration of heaven and earth; spirit and body, opportunities, synchronicity)

Armanen Runestave: GIBOR

Cosmic consciousness and the divine principle.

Lunar effect: You are open with your emotional responses and can use the great clarity of your mind to integrate with the collective forces. Balance is key for you – without it you will not implement your ideals.

DISSEMINATING MOON: (135-190 behind Sun):

Theme: Demonstration & Contribution (Capricorn energy)

Gemstones: Aragonite (problem solving on the earth plane, accepting increased responsibilities with greater ease, patience), Tiger Eye (strategy, practicality, wisdom, success, right use of power)

Essential Oils: Peppermint (focus, increased perception, strength, rejuvenation, positive changes), Patchouli (abundance, wealth, sound judgment, grounding, releasing old patterns of shame or low self-worth)

Spirit Animal: Wolf (loyalty, leadership, guardianship, ritual, rules, order, social hierarchy, strength, confidence, knowing who you are without having to prove it, freedom through discipline)

Armanen Runestave: SIG

Success and victory.

Lunar Effect: You are a great assimilator of perceptions, ideas and revelations capable of synthesizing all knowledge into a cohesive format. Your power of inspiration makes you a great teacher or crusader - just avoid fanaticism.

THIRD QUARTER MOON: (90-45 degrees behind Sun):

Theme: Reorientation & Awakening (Aquarius energy)

Gemstones: Angelite (elevated consciousness, universal knowledge, connection with brother/sisterhood of humanity), Solecite (understanding your soul's journey, higher mind awakening, connection with other dimensions)

Essential Oils: Cardamom (spiritual awakening, clarity, generosity, insight, inner wisdom), Bay Laurel (creativity, looking forward, purification, releasing judgment)

Spirit Animal: Hawk (awakened vision, messenger/messages, higher perspective, seeing the bigger picture, observation, fearlessness, spirit realm connection)

Armanen Runestave: HAGAL

Enclosure but contains a potential for growth.

Continued...

BALSAMIC MOON: 45-0 degrees behind Sun): You are future oriented with a sense of mission. You may be required to make personal sacrifices to achieve glory.

Theme: Closure & Releasing (Pisces energy)

Gemstones: Amethyst (Crown Chakra activation, spiritual awareness, higher self, compassion, trust)

Essential Oils: Cedar wood (protection, healing, rebirth, ancient wisdom, spiritual awakening),

Champaca (peace, reverence, letting go, higher consciousness, comfort, unconditional love)

Spirit Animal: Whale (creation, inner depth awakening, keeper of all time, power of song, sensitivity, imagination, emotion, love, expansiveness, mysticism, in the flow)

Armanen Runestave: BAR

Power of becoming as well as the power of creativity

Lunar effect: Self-Sacrificing. You may need to work through some guilt which is probably unwarranted. Do the inner work and move forward.

VOID OF COURSE MOON:

Theme: Standstill, rest, contemplation. (Cancer energy [hide in your shell])

Gemstones: Clear quartz receiver (clarity, messages for later)

Essential oils: Chamomile (reducing fears by imparting a strong sense of tranquility),

Spirit Animal: Starfish (perceiving things in shades of gray rather than always in black and white).

Armanen Runestave: IS

Personal power of control, obedience and compelling will.

The transiting Moon spends approximately 2.5 days in each sign of the zodiac completing its total tour of the zodiac in about 28.5 days. There is a period of time just before the Moon transitions from one sign into the next where it makes no aspects to the planets. This is known as Void of Course. The period can last from minutes to up to several days. Some of you may be aware of the harsh “written in stone” warnings about the Void of Course. These include not making any important decisions, purchases, plans, or engaging major projects. Well it’s time to throw all of the negativity out the window and accentuate the positive!

Lunar effect: You may be disconnected from your family or be critical of your home life. Also asking yourself what the heck is going on?

BLUE MOON:

Theme: Challenging beliefs, seeking knowledge and freedom. (Sagittarius energy)

Essential oils: Melaleuca (breaks down co-dependencies, enhances thinking outside the box)

Spirit Animal: Owl (seeing in the dark, enlightenment and insight)

Armanen Runestave: TYR

Wisdom, spiritual understanding, and the power of generation.

A Blue Moon is an astronomical event, and even though it's quite unusual, it can be roughly predicted. It's all a matter of math. It takes the Moon just over 29 days to go from new to full and back to new again. However, there are more than 29 days in a calendar month—in fact, the word "month" has its origins in the word "Moon."

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The numbers alone mean that sooner or later we're going to get two Full Moons in the same month, although it will never be in February—even taking into account a leap year. The last time the Moon was full on February 29th occurred in 1972—but it was still the only Full Moon that month. The astrological Blue Moon is astrological, and this is when there are two Full Moons occurring in one sign of the zodiac.

Lunar effect: Psychologists term the human tendency to relate the full moon to human behavior as the tendency to seek and interpret information that confirms preexisting beliefs. This the experts believe contributes to the perceived Blue Moon effect.

BLACK MOON:

Theme: Alchemy, high magick, independence, rebirth, (Scorpio energy)

Essential Oils: Clary oil (transforming the dark side of life, encourages transformation and change)

Gemstones: Stibnite (protection from negative entities and demons), Mystic Topaz (encourages transformation, aids manifestation) **Please note that Mystic Topaz is not a natural stone but never-the-less has special properties*, Ruby (helps with concentration, promotes personal goals)

Spirit Animal: Cat (mystery, intuition, and independence, realm walker)

Armanen Runestave: NOD

What is done in this lifetime will determine future existence.

The *Black Moon* which occurs when there are two New Moons in the same calendar month. It is an astronomical rarity. The Black Moon is considered a highly occult entity that has always been recognized and honored by Ceremonial Magicians and Wiccans. Rituals and spells conducted during the Black Moon are believed to be in effect from one Black Moon cycle to the next. The cycle generally runs for approximately three years. The influence of this Moon is believed to be “other worldly” and practitioners can tap into portals which open into other dimensions including everything from the Faerie Realm to the planes of the Masters. Paranormal investigators would find the energy of this Moon conducive to supernatural events, ghosts and haunting whereby actual communication with “spirits” could be easily achieved. All of this is possible because the dual New Moons are associated with altered states of awareness, higher consciousness and collective wisdom.

Lunar effect: This is the Moon of the Occultist. Those who are aware of it often make wish lists of what they want to achieve and how to seek guidance.

FAR SIDE OF THE MOON: [also known as Dark Side of the Moon]

Theme: Hidden things, anomalies, unknown, introspection, rumination (Gemini, the trickster energy, neither good nor bad)

Gemstones: Celestite (protects your inner world from outside influences and darkness, and attempts to uplift your mood), Serpentine (confidence, strength to be less sensitive to the opinions of others), Sodalite (soothes feelings of anxiety and calms the mind, preventing the onset of a panic attack. Promotes rational and logical thought.)

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Essential Oils: Bergamot (protective and purifying properties, as well as the ability to uplift the spirit and promote relaxation), May Chang (calms anxiety, Geranium (balances good for meditation and accessing angelic realms), Sweet Orange (boosts optimism, natural charm and self-confidence, restores aura), Basil (enhance mental focus, clarity and concentration)

Spirit Animal: Fox (reactive, urges action, extracting oneself from sticky situations, can be associated with the dark side of magic)

Armanen Runestave: LAF

Concepts of defeat and the laws of nature.

A **Dark Moon** is the phase that takes place about two days before the New Moon when the Moon is not visible, and the sky is completely dark. About 18 percent of the far side is occasionally visible from Earth due to libration. The remaining 82 percent remained unobserved until 1959, when it was photographed by the Soviet Luna 3 space probe. Witches often perform rituals under a Full Moon. Mysterious but not frightening, the Dark Moon is lesser known but equally powerful. It is a good time to do shadow work on yourself. Renewing our passion for life, the Dark Moon can help us recharge and pursue our dreams with flair.

Lunar effect: Desiring answers, curiosity, talking too much, tricky.



The Sixteen Conclusions of Reverend Kirk

By Jacques Fabrice Vallée

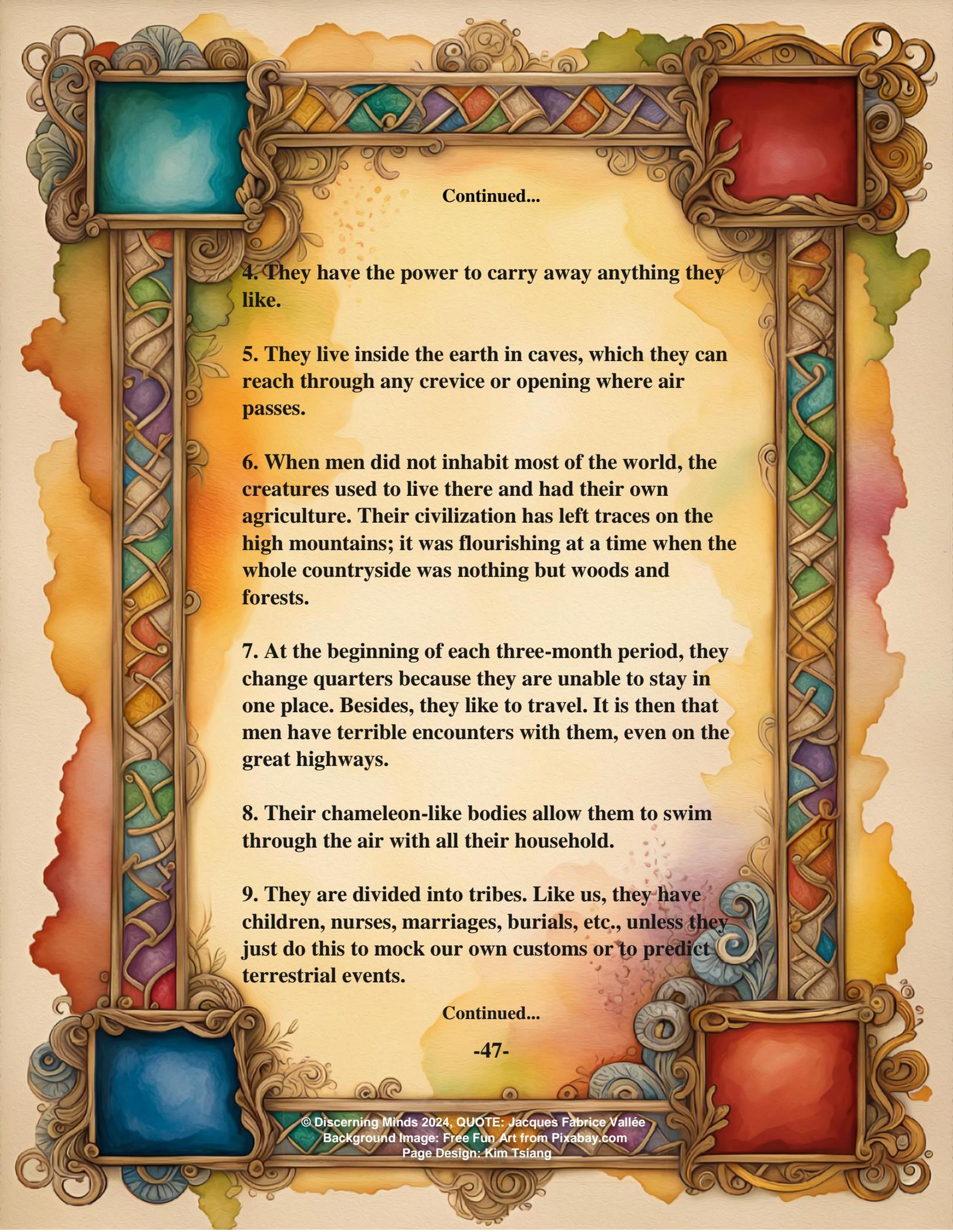
In the last half of the seventeenth century, a Scottish scholar gathered all the accounts he could find about the Sleagh Maith and, in 1691, wrote an amazing manuscript entitled **The Secret Commonwealth of Elves, Fauns and Fairies**. It was the first systematic attempt to describe the methods and organization of the strange creatures that plagued the farmers of Scotland. The author, Reverend Kirk, of Aberfoyle, studied theology at St. Andrews and took his degree of professor at Edinburgh. Later he served as minister for the parishes of Balquedder and Aberfoyle and died in 1692.

Kirk invented the name "the Secret Commonwealth" to describe the organization of the elves. It is impossible to quote the entire text of his treatise, but we can summarize his findings about elves and other aerial creatures in the following way:

1. They have a nature that is intermediate between man and the angels.
2. Physically, they have very light and fluid bodies, which are comparable to a condensed cloud. They are particularly visible at dusk. They can appear and vanish at will.
3. Intellectually, they are intelligent and curious.

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4. They have the power to carry away anything they like.

5. They live inside the earth in caves, which they can reach through any crevice or opening where air passes.

6. When men did not inhabit most of the world, the creatures used to live there and had their own agriculture. Their civilization has left traces on the high mountains; it was flourishing at a time when the whole countryside was nothing but woods and forests.

7. At the beginning of each three-month period, they change quarters because they are unable to stay in one place. Besides, they like to travel. It is then that men have terrible encounters with them, even on the great highways.

8. Their chameleon-like bodies allow them to swim through the air with all their household.

9. They are divided into tribes. Like us, they have children, nurses, marriages, burials, etc., unless they just do this to mock our own customs or to predict terrestrial events.

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10. Their houses are said to be wonderfully large and beautiful, but under most circumstances they are invisible to human eyes. Kirk compares them to enchanted islands. The houses are equipped with lamps that burn forever and fires that need no fuel.

11. They speak very little. When they do talk among themselves, their language is a kind of whistling sound.

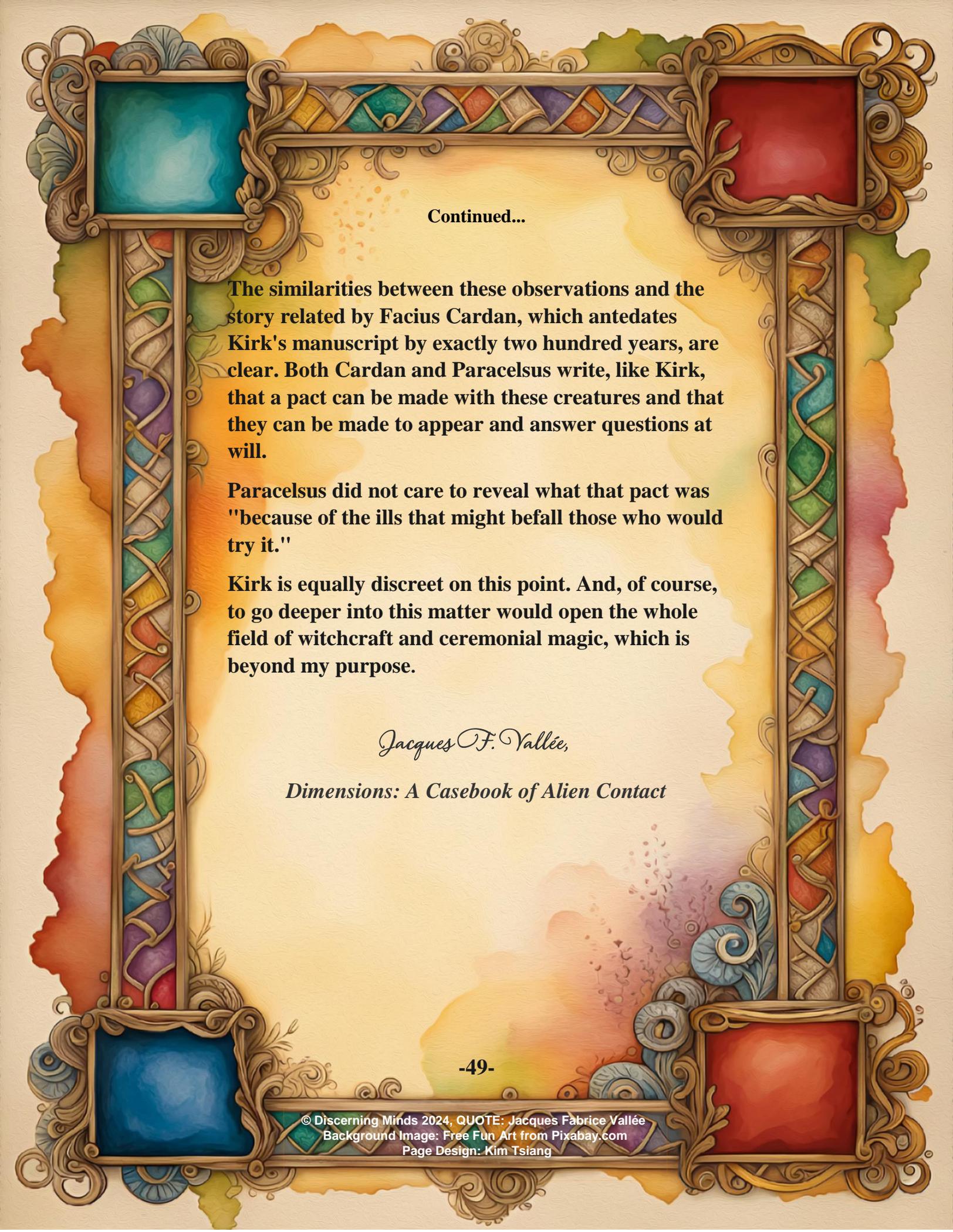
12. Their habits and their language when they talk to humans are similar to those of local people.

13. Their philosophical system is based on the following ideas: nothing dies; all things evolve cyclically in such a way that at every cycle they are renewed and improved. Motion is the universal law.

14. They are said to have a hierarchy of leaders, but they have no visible devotion to God, no religion.

15. They have many pleasant and light books, but also serious and complex books dealing with abstract matters.

16. They can be made to appear at will before us through magic.



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The similarities between these observations and the story related by Facius Cardan, which antedates Kirk's manuscript by exactly two hundred years, are clear. Both Cardan and Paracelsus write, like Kirk, that a pact can be made with these creatures and that they can be made to appear and answer questions at will.

Paracelsus did not care to reveal what that pact was "because of the ills that might befall those who would try it."

Kirk is equally discreet on this point. And, of course, to go deeper into this matter would open the whole field of witchcraft and ceremonial magic, which is beyond my purpose.

Jacques F. Vallée,

Dimensions: A Casebook of Alien Contact

Arcane Quips

“Julianus and Son”

By Rifkin the Historian

Julianus the Chaldean, circa the second century C.E. was a famed magician and important historic arcane figure.

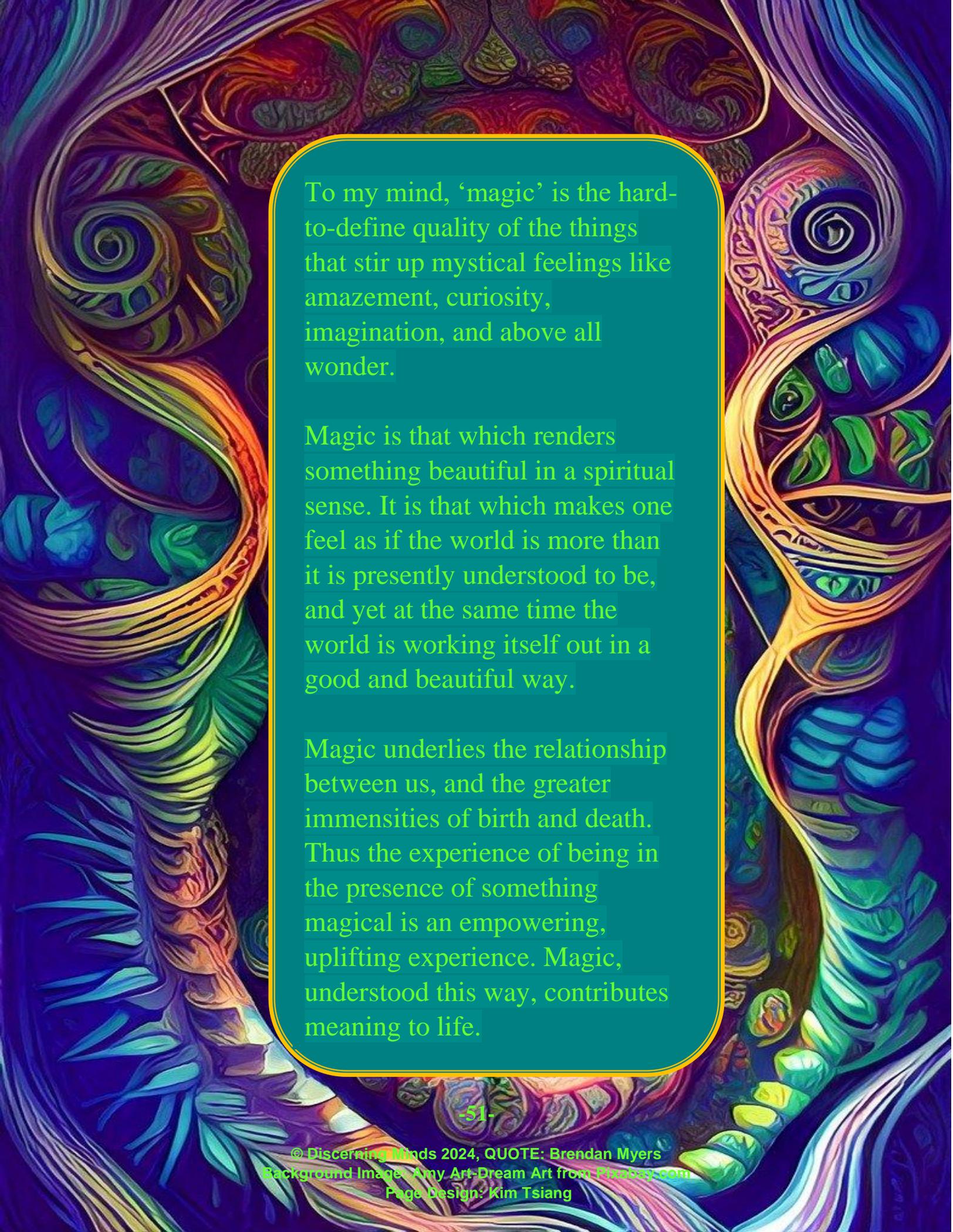
The Chaldean was known for possessing magical powers such as being able to kill vermin in fields without the use of charms or incantations which was the common course for mages of that day. It was also claimed that he defeated Apuleius and Apollonius of Tyana in a struggle to reveal which one could magically halt a plague raging in Rome. Apuleius offered to stop it within fifteen days and Apollonius offered to stop it in ten days. Julianus, on the other hand was said to have stopped it instantly with a single word.

Like his father before him, Julianus the Theurgist left little trace in historic record. In 174, he accompanied Emperor Marcus Aurelius on a campaign against the Marcomanni army and according to several ancient historians, he successfully conjured up a thunderstorm that frightened the army away. He wrote several books on occult philosophy, the most famous, *Chaldean Oracles* was co-authored with his father.

The book is a collection of revelations from the gods written in Greek verse. It is thought to be difficult to understand and interpret and is a murky dialog of a magical vision of the universe based on Platonism. It was held in great interest by the Pagan Platonists of the last century. The collection was nearly lost in the Middle Ages but came to light during the Renaissance. They have been used extensively in magical systems including the Golden Dawn.

The book still survives today in fragmentary form.





To my mind, 'magic' is the hard-to-define quality of the things that stir up mystical feelings like amazement, curiosity, imagination, and above all wonder.

Magic is that which renders something beautiful in a spiritual sense. It is that which makes one feel as if the world is more than it is presently understood to be, and yet at the same time the world is working itself out in a good and beautiful way.

Magic underlies the relationship between us, and the greater immensities of birth and death. Thus the experience of being in the presence of something magical is an empowering, uplifting experience. Magic, understood this way, contributes meaning to life.



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ARCANUS OBSCURUM

James Tynion IV QUOTE (*The Early Magicians*, pg. 39)

Prior to his first professional work, Tynion was a student of Scott Snyder's at Sarah Lawrence College. A few years later, he worked as for Vertigo as Fables editor Shelly Bond's intern. In late 2011, with DC deciding to give Batman (written by Snyder) a backup feature, Tynion was brought in by request of Snyder to script the backups he had plotted. Tynion is also currently one of the writers in a rotating team in the weekly Batman Eternal series. Quote was found on Goodreads.com.

Loni Haas R.MAFA, NCGR, DD (*Astrological Moon Phases and Metaphysical Correlations*, pg. 40)

Loni Haas is a behavioral therapist, veteran exoteric and esoteric astrologer, research member of the American Federation of Astrologers (AFA), member of the National Council of Geocosmic Research (NCGR), as well as a lifetime member of the American Association of Behavioral Therapists. She is an ordained minister and Doctor of Divinity of the Universal Light Church of Cincinnati, Ohio where she is certified in several healing modalities including crystal healing and chakra balancing.

Jacques Fabrice Vallée (*The Sixteen Conclusions of Rev. Kirk*, pg.45)

Jacques Fabrice Vallée is an Internet pioneer, computer scientist, venture capitalist, author, ufologist and astronomer currently residing San Francisco, CA and Paris, France. His scientific career began as a professional astronomer at the Paris Observatory. Vallée co-developed the first computerized map of Mars for NASA in 1963. In 1963, he later worked on the network information center for the ARPANET, a precursor to the modern internet, as a staff engineer of SRI International's Augmentation Research Center (ARD) under Douglas Englebart. Vallée is also an important figure in the study of unidentified flying objects and unidentified anomalous phenomena. Vallée was first noted for his defense of the scientific legitimacy of the extraterrestrial hypothesis and later for promoting the interdimensional hypothesis.

Rifkin the Historian (*Arcane Quips – Huiianus and Son*, pg. 50)

Marcus Rifkin is known as 'The Historian' a title he wears proudly. He is a history buff and collector of historical facts as well as obscure and strange bits and pieces of history. Marc and his wife Beth and three children live in the northeast USA. They all like to travel especially to historic sites and battlegrounds. Marc also likes cooking for his family especially foreign cuisine because it is fun to watch them eat "Rifkin's Unknown Surprise."

Brendan Myers QUOTE (*Magic*, pg.50)

By day, Brendan Myers is a professor of philosophy at Cegep Heritage College, in Gatineau, Quebec. By night, he composes thought-operas. And sometimes he publishes them.

SACRED SCIENCES

We are not what we know but what we are willing to learn.



Section Managing Editor: Anne Drake Sydney

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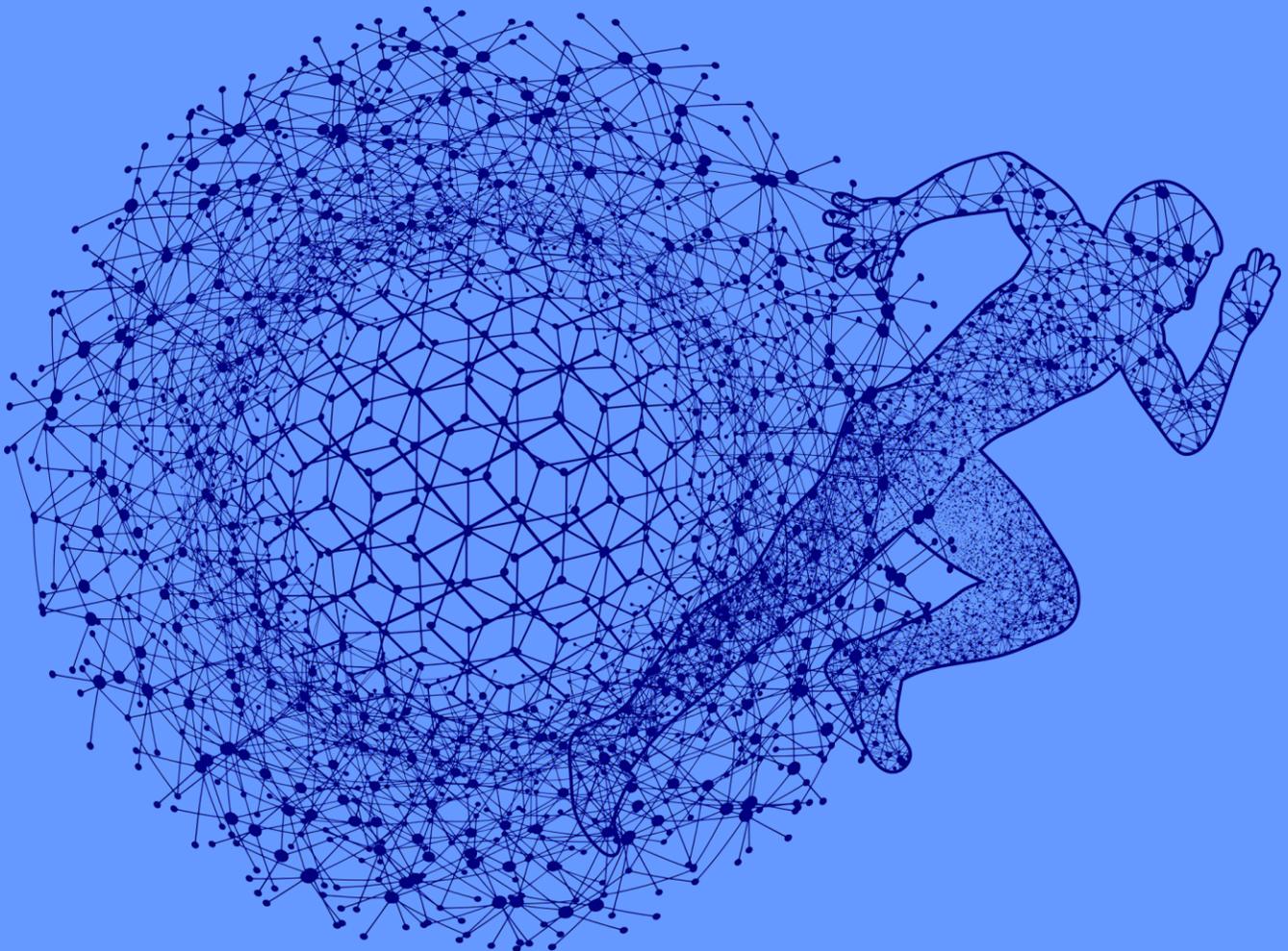
TO FREE YOURSELF FROM THE MATRIX, THE EXISTENCE IN WHICH
HUMAN KIND HAS BESTOWED UPON MODERN WORLDS –

YOU MUST THINK FOR YOURSELF,

THEY HATE THAT.

YOUR INSTINCT WILL BE YOUR TRUE NAVIGATOR IN A WORLD
FULL OF DECEIT,

MASTER YOUR CONNECTION WITH SELF ABOVE ALL.



The Cosmic Messenger.

By Edwina "Eddie" Jones

Do you believe in angels? I do. I believe they are all around us. We may not be able to see them, but sometimes we can feel their presence. Angels seem to know when we need comfort, when we might need a push. They look after our loved ones. But, have you ever seen an Angel in the flesh? If you haven't I hope someday you will as it is the most incredible experience one can have.

Many years ago I was going through a very difficult time in my life. I sought out counseling to help me deal with my feelings. I was struggling with whether I should end my marriage. I wanted to make sure I made a rational decision and not one based purely on emotions.

My counselor and I met every Thursday afternoon at a coffee shop that was convenient and on the way home from work for both of us. This casual setting made it easy to talk openly and honestly with my counselor. This went on for several months. I was struggling for an answer.

Then on one fateful Thursday I got my answer. On this particular afternoon it was raining like a monsoon was coming. I didn't have a rain jacket or an umbrella, so I just made a run for it. Then suddenly a man appeared and opened the door for me. I didn't see him in the parking lot or at the door. It was like he was just there out of nowhere.

I thanked him for opening the door and said it was a good thing I wasn't made of sugar or I would just be a puddle in the middle of the floor. I then went to the counter to order my coffee. The man was not in line with me so I had no idea where he went.

I paid for my coffee and went to the coffee station for cream and sugar. When I turned to go the table where my counselor was waiting the man appeared again. He asked if he could ask me a question. I told him, "Of course, I'm an open book so shoot."

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He looked at me with kindest eyes I have ever seen. He said, "What is the key to your happiness?" I was stunned. All I could say was I was trying to figure it out and that the man at the corner table was my counselor and he was trying to help me.

He looked at me and said, "I'm asking again, what is the key to your happiness?" I looked the man in the eye and said "I'm going to answer that question." I told him I was going to take back my life for me. The man asked me to hold out my hand. I did and he placed two gold coins into my hand and closed my fingers around them. He told me one was for me and one was for my counselor and the answer I gave him would come to pass. The man asked if he could ask me one more question. I said sure. He wanted to know my name. I told him it was Eddie (short for Edwina - I'm a female) and he looked me in the eye and said, "So is mine." I gave him one of my business cards to show him it really was Eddie.

Then the man was gone, just like that. I didn't see him leave. I looked all around the coffee shop. He was nowhere to be found. I then went to the table where my counselor was waiting. I told him what had just taken place. I gave him the coin the man had given to me to give to him. I ask him if he saw the man. He had not. All my counselor said was, "Did you answer the question?" I told him I had and he asked, "What was your answer?" I told him I was taking my life back for me. My counselor looked at me and said, "I guess now you know what you have to do."

Fast forward one year. I'm sitting at my desk at work, the phone rings and I answer. A voice said, "You might not remember me, but I talked to you at a coffee shop a year ago. I'm just checking to see how you are doing and if life worked out the way you it wanted to." I told him life was good, I made the right decision for me and my well-being. I thanked him for checking. That call was almost 20 years ago and I have not seen or heard from the man again. However, I know in my heart of hearts, it was not a man, it was an Angel sent in the flesh to help me take my life back for me...

Later I realized I knew who the Angel really was and also that it had come to me many times since I was a young girl but, that is a story for another time. So pay attention when you are struggling and just maybe you too will have an Angel appear in the flesh to help you or maybe you have had an experience and didn't realize it. Angels are all around us, so be on the look-out for yours.



THE TRUTH ABOUT JUNG

By Rifkin the Historian

Carl Gustav Jung, is widely known as the father of modern psychology. What is less known about him is that he was also an occultist who was deeply interested in alchemy, ancient Persian traditions of Zoroastrianism, Mithraism and Gnosticism and was also a practicing astrologer.

The traditions of Alchemy and Gnosticism were important elements in Jung's development of his psychological system. He would argue that these and other occult, mythic and religious phenomena were actually garbled attempts to deal with the same psychological factors he was exploring.

He conducted séances and was subject to many dreams and visions which he recorded and believed he encountered Gnostic deities. Jung had many "para" experiences over the years involving telepathy and ESP. He even had a stint as a ghost buster having seen materializations that he believed to be genuine. His work in dream analysis and the symbols and themes inherent in dreams lives on in the annals of modern psychology. He was central to introducing the I Ching to the Western world by writing and influential introduction to the Richard Wilhelm 1950 translation.

One might say that Jung was quite *connected*.

Jung believed in a *connecting principle* that united all things. According to author John Michael Greer, "This principle does not obey the rules of cause and effect, any more than quantum phenomena do. It is not limited by space and time, any more than quantum phenomena are, and it cannot be understood without bringing consciousness and its contents into the picture, any more than quantum phenomena can. The cascades of meaningful coincidences that led Jung to his theory were simply the most obvious expressions of this principle on the scale of everyday human life, in exactly the same way that radioactivity was the most obvious expression of quantum-level physics on that same scale. To his postulated principle he gave the name 'synchronicity'." ¹

It is important to note that Jung's synchronicity does not exclude material cause and effect, it refines the concept. How? It explains things that don't make sense within a strictly mechanistic world view. Further according to Greer, "The I Ching gives synchronicity an extremely apt name: *Dao*, which literally means "way" or "track," and is best understood as "the way things naturally happen." ² Be skeptical if you like, but it all works.

1, 2 <https://www.ecosophia.net/a-few-notes-on-synchronicity/>

It is the belief among many astrologers, occultists, theologians, and philosophers that all energy and life come from one Source. This primal life flow is filtered up and down from one level of being to another level of being, from plane of manifestation to plane of manifestation.

Yet it is the same One Force expressing itself in an infinite multitude of forms and intensities. This is often called the process of “Involution and Evolution.” It is also what we mean, in part, when we refer to Universal Law as, “As above, so below.”

Just as an atom is one unto itself, so is Man such a singular organism, so is a nation, so is the Earth, so is the solar system, so is the Galaxy, so is the ultimate Universe of Universes.

In all of creation there appears to be a repetition of the same pattern in all structures from the physical properties of the tiniest atom to the greatest unit of the Cosmos. Thus the macrocosm (the greater world) is always seen as revealed in the microcosm (the lesser world).

This is what is meant when it is said, “man was made in the image of God.” It therefore follows that the atom was made in the image of the Universe.



THE ATOMS OF OUR BODIES ARE TRACEABLE TO STARS THAT MANUFACTURED THEM IN THEIR CORES AND EXPLODED THESE ENRICHED INGREDIENTS ACROSS OUR GALAXY,

BILLIONS OF YEARS AGO. FOR THIS REASON, WE ARE BIOLOGICALLY CONNECTED TO EVERY OTHER LIVING THING IN THE WORLD.

WE ARE CHEMICALLY CONNECTED TO ALL MOLECULES ON EARTH. AND WE ARE ATOMICALLY CONNECTED TO ALL ATOMS IN THE UNIVERSE.

WE ARE NOT FIGURATIVELY, BUT LITERALLY STARDUST.





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SACRED SCIENCES

Nikki Rowe QUOTE (*Matrix*, pg.53)

Nikki Rowe was born Sydney Australia in the early 1990s and has lived on the Sunshine Coast for almost eight years. She is an author and artist. She seeks to heal souls and lives with the truth of life found in her heart and is driven by a vision of a world brought together. www.nikkirowe.com Quote was found on Goodreads.com.

Edwina “Eddie” Jones (*The Cosmic Messenger*, pg.54)

Eddie Jones is a retired bank executive living in the state of Georgia, US. She enjoys being out and about especially with her adult children and grandchildren. Eddie enjoys people and is known for her friendly uplifting nature. She has been psychic since childhood and can easily see those who have passed over and generally receives messages for the living from them.

Rifkin the Historian (*The Truth about Jung*, pg.56)

Marcus Rifkin is known as ‘The Historian’ a title he wears proudly. He is a history buff and collector of historical facts as well as obscure and strange bits and pieces of history. Marc and his wife Beth and three children live in the northeast USA. They all like to travel especially to historic sites and battlegrounds. Marc also likes cooking for his family especially foreign cuisine because it is fun to watch them eat “Rifkin’s Unknown Surprise.”

Alan Oken Quoted Passages (*Manifestation*, pg. 57)

Alan Oken (March 28, 1944 - March 5, 2022), was a world renowned professional astrologer and world traveler. One of the ways in which Oken has pioneered in the field of astrology was by discussing non-straight sexuality issues. His *Astrology: Evolution and Revolution*, includes charts for a bisexual man, a gay man, a lesbian, and a transsexual (Christine Jorgensen) amongst others. His *Soul Centered Astrology* and *Complete Astrology* have become epic reads for all astrologers world-wide. Besides his celebrated books, Oken has published over 200 articles on astrology in various journals, and made frequent media appearances, as well as having his own radio program in Sante Fe, New Mexico. Passages are from *The Complete Astrology*.

Neil deGrasse Tyson (*Stardust*, pg. 58)

Neil deGrasse Tyson was born and raised in New York City where he was educated in the public schools clear through his graduation from the Bronx High School of Science. Tyson went on to earn his BA in Physics from Harvard and his PhD in Astrophysics from Columbia. In addition to dozens of professional publications, Dr. Tyson has written, and continues to write for the public. Tyson is the recipient of twenty-one honorary doctorates and the NASA Distinguished Public Service Medal, the highest award given by NASA to a non-government citizen. Quote was found on Goodreads.com.

CREATIVE MUSINGS

Learn the rules like a pro so you can break them like an artist.

Section Managing Editors: Mary 'Marique' Travis

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Pavel Kandyba Art Gallery



AWAKENING

Pavel Kandyba Art Gallery



Aliens Helping People to Build The Pyramids



Pavel Kandyba Art Gallery



DAY OF GOD

~Dee Stebbins Poetry Gallery~

Distance

The trees are sheathed in snow,
The sun is hidden in the clouds.
Smiles come across the miles -
To brighten my day.
You are far yet near, an ocean apart,
I'm Lost in a gaze of blue,
The sky brings it all anew.
Wind whispers to me of the sea.
I fear to step in the water,
For the swiftness of the high tide may
envelope me.



Love is Music

The night rains tell me of things gone
by,
Of things to come.
A sigh, a memory, a face to await.
The touch of someone anticipated.
So carry me on thunder,
Let the rain wash over me.
Let what comes lead me.
With songs of the brook,
Sounding like a harp.
The rain fills the night.



Winter Bird Song

The ground is covered with snow,
In the distance in the winter bareness of the trees.
A finch sings its winter song.
The sun slants through beveled glass,
Spraying the floor with a kaleidoscope of prism colors
like a mini rainbow.
In a restlessness of a cold January day.
I too await the coming of winters end.
This day with the sun and the bird song makes me feel
fine.
I can go for a walk and clear my mind.
I shall take my time.
And not rush into things unknown.
Tomorrow is another day and another way.
As all things unfold to show me.
The next scene, the next play.



REVNA SOLVEIG WIRE WRAP EMPORIUM



DIVINE MASCULINE VELVET OBSIDIAN

REVNA SOLVEIG WIRE WRAP EMPORIUM



SERENITY BLUE LABRADORITE

REVNA SOLVEIG WIRE WRAP EMPORIUM



TREE OF LIFE RAINBOW OPAL

Lize Madeleine Duplessis Art Gallery



Blacker Than Black



Lize Madeleine Duplessis Art Gallery



Bring On Color



Lize Madeleine Duplessis Art Gallery



**Kosis Bay Lodge – South Africa
Wine Cellar**



*Cynthia Tront
Art Gallery*

*Extraterrestrial
Earthling*



*Cynthia Tront
Art Gallery*

Sunshine Portal



*Cynthia Tront
Art Gallery*

Dimensions of Water





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CREATIVE MUSINGS

Pavel Kandyba (*Art Gallery, pgs. 62-64*)

Pavel Kandyba, pseudonym Master Ogon, is a Ukrainian artist from Kyiv. Born in 1983, graduated from the Boychuk Art Institute in 2004. Influence on his current work was the near-death experience he experienced as a result of illness at the age of eight, during which he was visited by visions of catastrophic events of biblical proportions - a flood, an earth without water and transformation into a giant. The culmination of these visions was an unforgettable flight to a huge wandering planet in the darkness of space and heading towards earth. This experience was too traumatic and therefore forgotten. But years later it became the reason for strong interest in the paleo contact hypothesis. This interest prompted Pavel to study religious texts, which became the subjects for many of his paintings. In addition, the artist studied his own psyche and lucid dreams, as well as physical experiments and published an article on the aerodynamics of flying saucer vibration flight.

Pavel Kandyba's website:

<https://www.masterogon.art>

Etsy shop:

<https://www.etsy.com/shop/MasterOgon>

Prints:

https://www.artstation.com/masterogon/prints?print_type=art_poster

Other art:

<https://new-original-style.com.ua>

Experiments:

<https://www.ukrlogos.in.ua/10.11232-2663-4139.17.01.html>

Dee Stebbins (*Poetry Gallery, pg. 65*)

I started writing poetry in my early 20s, life motivated me to write. I love flowers and doing floral arrangements, I love to plant things. I like walking, reading, sci-fi and romance novels and mysteries. I like movies. I grew up in a small town in Illinois, and am an only child. I have diamond doves which I am raising. They are very small doves the size of parakeets. They are bluish gray with white dots on their wings and orange eye circles around their red eyes. I love raising doves, they are so cute. I love to bird watch as well, and walk on the trails birdwatching Birds are my favorite of God's creatures.

Continued...



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CREATIVE MUSINGS

Revna Solveig (*Wire Wrap Emporium*) pgs. 66-68)

My name is Revna Solveig, I created my business Wyrdr Wraps. I have been creating jewelry for 6 years now. My favorite types are creating the Yggdrasil (Trees of life). Wire wrapping for me is poetry in jewelry. Each piece I make is super unique, and never duplicated. Here is the link to my shop: <https://wyrdrwraps.etsy.com>

Lize Madeline Duplessis (*Art Gallery*) pgs. 69-71)

I am an all-around visual artist who can create what you require in all painting and drawing in most mediums on various materials from Vinyl LPs to canvas and paper. Digital will be added to my portfolio later, but materials are my first love. I had a passion for art since a young age and went off to the National School of Arts in Johannesburg at the age of 14. I started as a graphic designer, travelled and am now a full-time visual and contemporary artist I finished my art history diploma not so long ago. Many things inspire me, why I do not stick to one discipline, life is too short, and we need to explore. Not only do I love to be inspired but also to inspire. So come on in and explore my works, you may be inspired.

Links for my artwork

<https://www.zhibit.org/duplessisl> - website

LizeArt - I Love Arting with Paint & Other Stuff | Facebook

LizeArt - I Love Drawing and Illustration | Facebook

https://www.instagram.com/lize_art/ - seriously need to update but please use it as this is going to be me prime connection apart from my website.

T: +27 (0) 78 478 3485

WA: +27 (0) 78 478 3485

E: lize@artandartist.co.za

E: info@artvarkretreats.co.za

W: <http://www.zhibit.org/Duplessisl>

FB: ArtVarkKunsGroup & Retreat for Artists & Art Lovers | Facebook

Continued...



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CREATIVE MUSINGS

Cynthia Tront (*Art Gallery, pgs. 72-74*)

Inspirations for my paintings: Extradimensional Earthling (Portals of Entanglement) was channeled and guided by that being. Sunshine Portal (Spiral sun, birds and frequencies) was influenced by upcoming eclipse energies and frequencies. The Water Dimension (Comets and mist seen over the lake during the Perseides meteor shower last summer while sitting in my boat in the middle of the night...a serial experience into the beyond.) Cynthia Tront AKA "Wolfee" is a mystic visionary artist capable of spiritual connection to source after a profound near death experience. Since walking through the veil she has changed everything about herself, connecting to the spiritual and leaving her old workaholic life behind. Cynthia worked at the University of Arizona as a therapist for 20 years and also owned her own business as an animal communicator, working with exotic animals including aggressive dogs and wolves on her ranch in Arizona. She is now an accomplished artist showing her work in various galleries dedicated to helping others connect to their higher souls or authentic selves. Cynthia uses the love of the collective consciousness in all of her work.

"I can dip my brush into your soul and find the colors, textures, sounds, and emotions lying there. Especially those feelings of love and purity that are hidden from all, including ourselves!"

My artwork can be found at:

<https://www.wolfeeart.com/>

<https://www.etsy.com/shop/wolfeeart/?etsrc=sdt>

ODD VANT GUARDE

CAN'T YOU SEE THAT I'M ONLY ADVISING YOU TO BEG YOURSELF NOT TO BE SO DUMB?



Section Manager: Oscar 'Trashman' Corelli

© Discerning Minds 2024, QUOTE: Petronius @ Goodreads.com

Background Image by Eleanor Smith from Pixabay.com Cover Design: Kim Tsiang



MY PRONOUN IS PEOPLE.
I'M DIVERGENT, YET INVINCIBLE.
I AM STRAIGHT, I AM QUEER;
I AM CIVILIAN, I AM SEER.
SPIRIT OF LIFE, I - AM UNIVERSAL!

CALL ME DISABLED OR DIFFERENTLY
ABLE,
CALL ME COLLECTIVE OR INDIVIDUAL.
FLESHY FORMS I'VE GOT PLENTY,
ALL RUN BY SAME LOVE AND LIBERTY -
CULTURE SUPREME IS INCLUSION.

EACH HEART IS A SHELTER FOR
ANOTHER,
EACH LIFE IS SANCTUARY FOR
ANOTHER.
BLASTING ALL TRADITIONS OF DIVIDE
INTO CINDERS WITH KNOWLEDGE-
DYNAMITE,
WE SHALL EMERGE AS EACH OTHER'S
KEEPER.

YOU ASK, WHAT AM I - I SAY, I AM
HUMAN,
BETTER YET, I'M HUMAN'S IDEA OF A
HUMAN.
I AM BUT THE HUMAN ABSOLUTE -
MORALLY UNBENDING 'N DIVINELY CUTE -
EVER EVOLVING TESTAMENT TO
EXPANSION.

YOLKS

By Egg

We are all yolks.

Why wouldn't we be? We come from an egg which is widely accepted in metaphysics to represent creation and in some cases immortality.

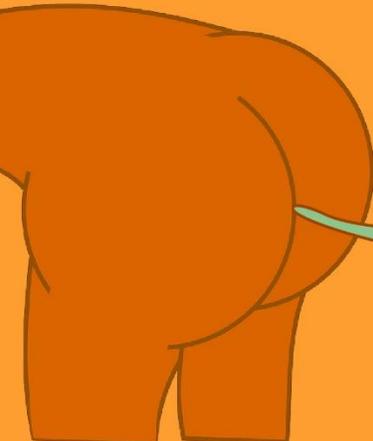
Within each egg, the yolk holds a promise of growth and with that growth wisdom. The yolk is life itself – vital gold holding an inborn need for Truth. Many people dream of egg yolks and the meanings are varied. Generally a dream yolk symbolizes good luck and health. If it is rotten or bloody the exact opposite is true – the proverbial “he or she is a rotten egg.”

Sometimes when we cook a recipe might call for separating the yolk from the white part of the egg. We do the same with people. We separate them into categories deciding how we will treat them. At other times we may be surprised to find a double yoke. Maybe that means that often life plays a joke on us with unexpected surprises and we end up with egg on our faces because the yolk is on us. Maybe that double yolk simply reminds us of our own duality of nature. When we get stressed, how do we handle being fried or when angry and in hot water, hard boiled? When we are frazzled how do we unscramble our emotions? If we are feeling a bit spicy does that make us devilish? Are we runny sometimes because we can't make up our minds or poached because of half cooked ideas? Could we be gullible because we are over easy or a traitor because we are a Benedict?

We all tend to live in our own shells where we feel safe and can hide or retreat when necessary. When that shell is damaged we feel vulnerable and in some cases maybe we've even “cracked up.” We certainly are diverse since inside our shells we are judged by size and color – small, medium, large, extra- large and brown or white ... if we listen to Dr. Seuss we might even be green. Just like us, not all eggs are shaped alike. They might be spherical, elliptical or conical. Yet inside every egg is a yolk just like each one of our human shells houses a soul.

Like the old commercial says maybe humans we aren't edible but we sure are incredible.





THE MAN WHO TAUGHT HIS ASS TO TALK

**Did I ever tell you about the man
who taught his asshole to talk?**

**His whole abdomen would move up and down,
you dig, farting out the words.**

It was unlike anything I ever heard.

Bubbly, thick, stagnant sound.

A sound you could smell.

This man worked for the carnival, you dig?

**And to start with it was
like a novelty ventriloquist act.**

**After a while,
the ass started talking on its own.**

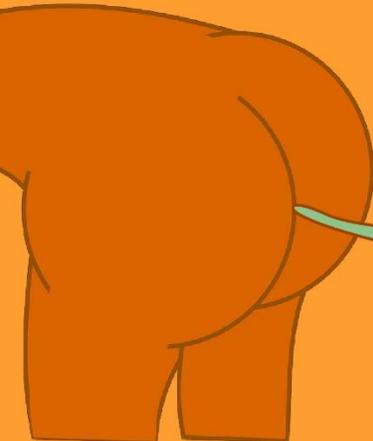
**He would go in
without anything prepared...**

**and his ass would ad-lib
and toss the gags back at him every time.**

Then it developed sort of teeth-like...

**little raspy incurving hooks
and started eating.**

Continued...



BLAH, BLAH, BLAH...

Continued...

He thought this was cute at first
and built an act around it...

but the asshole would eat its way through
his pants and start talking on the street...

shouting out it wanted equal rights.

It would get drunk, too, and have crying jags.
Nobody loved it.

And it wanted to be kissed,
same as any other mouth.

Finally, it talked all the time,
day and night.

You could hear him for blocks,
screaming at it to shut up...

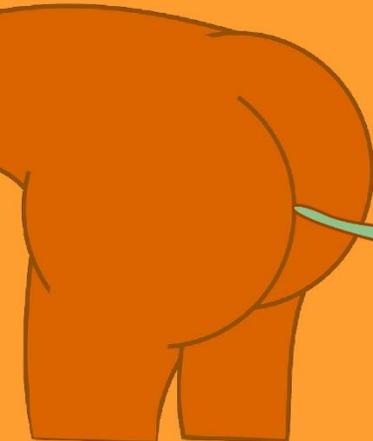
beating at it with his fists...

and sticking candles up it, but...

nothing did any good,
and the asshole said to him...

“It is you who will shut up
in the end, not me...

because we don't need you
around here anymore.”



VRRRRRRRRRRRRRRPPPPPPPPP!

Continued...

"I can talk and eat and shit."

**After that, he began waking up
in the morning with transparent jelly...**

**like a tadpole's tail
all over his mouth.**

**He would tear it off his mouth
and the pieces would stick to his hands...**

**like burning gasoline jelly
and grow there.**

So, finally, his mouth sealed over...

and the whole head...

**would have amputated spontaneously
except for the eyes, you dig?**

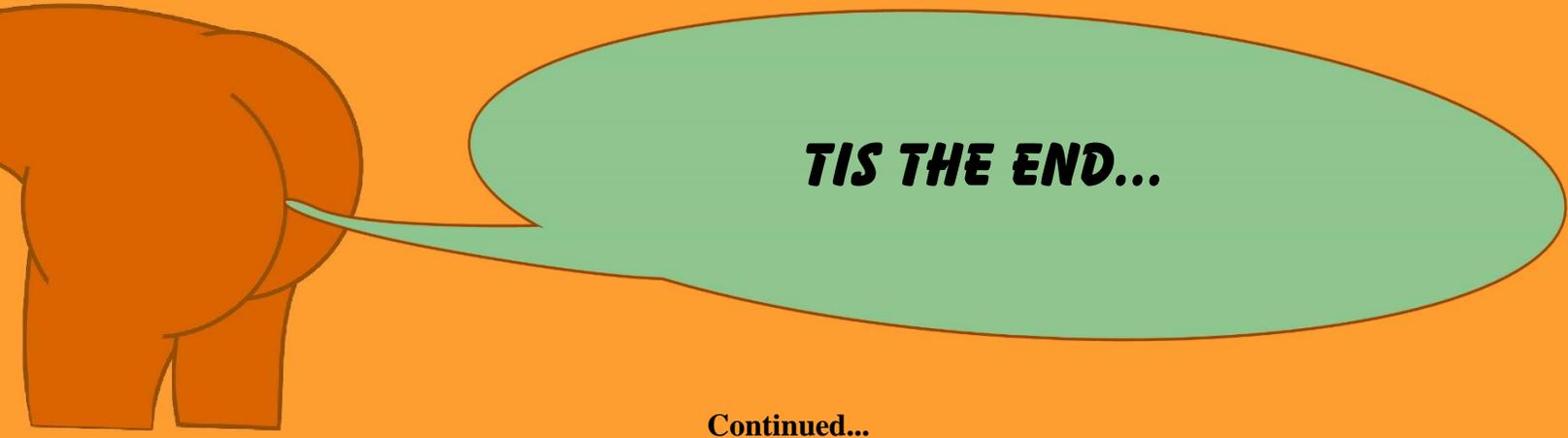
**That's the one thing
that the asshole couldn't do was see.**

It needed the eyes.

Nerve connections were blocked...

and infiltrated and atrophied.

**So, the brain couldn't
give orders anymore.**



TIS THE END...

Continued...

It was trapped inside the skull...

sealed off.

For a while, you could see...

**the silent, helpless suffering
of the brain behind the eyes.**

**And then finally
the brain must have died...**

because the eyes went out...

**and there was no more feeling in them
than a crab's eye at the end of a stalk.**

Man-Tongue

By Rifkin the Historian

According to the writings of Richard Sharpe Shaver and others involved in the Shaver Mysteries of the 1940s, the original language of mankind dating back to Lemurian times was **Mantong**. This term literally means “man tongue,” “human language.”

Who was Richard Sharpe Shaver?

Richard Sharpe Shaver (October 8, 1907 - c. November 1975) was an American writer and artist. He achieved notoriety in the years following World War II as the author of controversial stories which were printed in science fiction magazines (primarily *Amazing Stories*), in which he claimed that he had had personal experience of a sinister, ancient civilization that harbored fantastic technology in caverns under the earth. The controversy stemmed from the claim by Shaver, and his editor and publisher Ray Palmer, that Shaver's writings, while presented in the guise of fiction, were fundamentally true. Shaver's stories were promoted by Ray Palmer as "The Shaver Mystery". During the last decades of his life, Shaver devoted himself to "rock books" — stones that he believed had been created by the advanced ancient races and embedded with legible pictures and texts. He produced paintings based on the rock images and photographed the rock books extensively, as well as writing about them. Posthumously, Shaver has gained a reputation as an artist and his paintings and photos have been exhibited in Los Angeles, New York and elsewhere.

How did Shaver ascertain information?

Shaver claimed to have worked in a factory where, in 1932, odd things began to occur. As Bruce Lanier Wright notes, Shaver "began to notice that one of the welding guns on his job site, 'by some freak of its coil's field attunements', was allowing him to hear the thoughts of the men working around him. More frighteningly, he then received the telepathic record of a torture session conducted by malign entities in caverns deep within the earth".

Continued...



The Shaver Mystery

During 1943, Shaver wrote a letter to *Amazing Stories* magazine. He claimed to have discovered an ancient language he called "Mantong", a sort of Proto-Human language which was the source of all Earthly languages. In Mantong, each sound had a hidden meaning, and by applying this formula to any word in any language, one could decode a secret meaning to any word, name or phrase. Editor Ray Palmer applied the Mantong formula to several words, and said he realized Shaver was onto something. According to Palmer (in his autobiography *The Secret World*), Palmer wrote back to Shaver, asking how he had learned of Mantong. Shaver responded with an approximately 10,000 word document entitled "A Warning to Future Man".

Shaver's Mantong (in his own words, misspells included)

- A: Animal (used AN for short)
- B: Be (to exist; often to command)
- C: See
- D. (also used DE) Disintegrant energy; Detrimental (most important symbol in language)
- E: Energy (an all concept; including motion)
- F: Fecund (use FE in female; fecund mass)
- G: Generate (used in GEN)
- H: Human (some doubt on this one)
- I: Self; Ego (same as our I)
- J: (see G) (same as generate)
- K: Kinetic (force of motion)
- L: Life
- M: Man
- N: Child; Spore: Seed (as ninny)
- O: Orifice (a source concept)
- P: Power
- Q: Quest
- R: (used as AR) Horror (symbol of dangerous quantity of dis force in the object)
- S: (SIS) (an important symbol of the sun)

Continued...



Continued...

T: (used as TE) (the most important symbol: origin of the cross symbol) Integration; Force of growth (the intake of T is the cause of gravity; the force T; tic meant science of growth; remains a credit word)

U: You

V: Vital (used as VI) (the stuff Mesmer calls animal magnetism; sex appeal)

W: will

X: conflict (crossed force lines)

Y: Why

Z: (a quantity of energy of T neutralized by an equal quantity of D)

The Deros

Shaver wrote of extremely advanced prehistoric races who had built cavern cities inside the Earth before abandoning Earth for another planet due to damaging radiation from the Sun. Those ancients also abandoned some of their own offspring here, a minority of whom remained noble and human "Teros", while most degenerated over time into a population of mentally impaired sadists known as "Deros" — short for "detrimental robots". Shaver's "robots" were not mechanical constructs, but were robot-like due to their savage behavior.

These Deros still lived in the cave cities, according to Shaver, kidnapping surface-dwelling people by the thousands for meat or torture. With the sophisticated "ray" machinery that the great ancient races had left behind, they spied on people and projected tormenting thoughts and voices into our minds (reminiscent of schizophrenia's "influencing machines" such as the Air loom). Deros could be blamed for nearly all misfortunes, from minor "accidental" injuries or illnesses to airplane crashes and catastrophic natural disasters. Women especially were singled out for brutal treatment, including rape, and Mike Dash notes that "[s]ado masochism" was one of the prominent themes of Shaver's writings". Though generally confined to their caves, Shaver claimed that the Deros sometimes traveled with spaceships or rockets, and had dealings with equally evil extraterrestrial beings. Shaver claimed to possess first-hand knowledge of the Deros and their caves, insisting he had been their prisoner for several years.

Are we having fun yet?

Continued...



Palmer tows the rope

Many science fiction fans felt compelled to condemn the Shaver Mystery as "the Shaver Hoax". These fans, already distressed by Palmer's shift away from the literary or hard science fiction of earlier years to often slapdash space operas, organized letter-writing campaigns to try to persuade the publishers of *Amazing Stories* to cease all Shaver Mystery articles. In fact, Palmer printed a number of critical or skeptical letters sent to *Amazing Stories*, and he and other contributors occasionally rebutted or replied to such letters in print. As Bruce Lanier Wright notes, "the young Harlan Ellison, later a famously abrasive writer, allegedly badgered [Palmer] into admitting that the Shaver Mystery was a 'publicity grabber'; when the story came out, Palmer angrily responded that this was hardly the same thing as calling it a hoax".

During 1948, *Amazing Stories* ceased all publication of Shaver's stories. Palmer would later claim the magazine was pressured by sinister outside forces to make the change: science fiction fans would credit their boycott and letter-writing campaigns for the change. The magazine's owners said later that the Shaver Mystery had simply run its course and sales were decreasing. Even after the pulp magazines lost popularity, Palmer continued promoting the Shaver Mystery to a diminishing audience via the periodical *The Hidden World*. Lanier describes the magazine as "Shaver in the raw" with little of Palmer's editing. Shaver and his wife produced the *Shaver Mystery Magazine* irregularly for some years.

The Shaver Mystery Clubs had surprising longevity: representatives of a club discussed the Shaver Mystery on John Nebel's popular radio show several times through the late 1950s. Nebel said he thought the discussion was entertaining, but in extant recordings he was also skeptical about the entire subject.



If you have the power to hit people over the head whenever you want, you don't have to trouble yourself too much figuring out what they think is going on, and therefore, generally speaking, you don't.

Hence the sure-fire way to simplify social arrangements, to ignore the incredibly complex play of perspectives, passions, insights, desires, and mutual understandings that human life is really made of, is to make a rule and threaten to attack anyone who breaks it.

This is why violence has always been the favored recourse of the stupid: it is the one form of stupidity to which it is almost impossible to come up with an intelligent response. It is also of course the basis of the state.





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ODD VANT GARDE

Abhijit Naskar QUOTE (*My Pronoun is People*, pg.79)

Abhijit Naskar (born October 9, 1991) is a celebrated Neuroscientist, Bestselling Author of 100+ books, World's First Poet with 1000+ sonnets, and an untiring advocate of mental health and global harmony. As an expert on human behavior his contributions in Cognitive and Behavioral Neuroscience have helped the world tackle the issues of mental illness, prejudice, hate, intolerance, discrimination and systemic racism more effectively

Egg (*Yolks*, pg.80)

Ericka Lee Metowksi is known by her friends as Egg. She was donned with that name because of her 'contained' nature and the love of being in her own space. She is currently working as an English teacher high school level 2 and enjoys her job. She has been fascinated with metaphysics all her life and enjoys a good debate on just about any topic concerning it.

William S. Burroughs QUOTE (*The Man Who Taught His Ass to Talk*, pg. 81)

William Seward Burroughs II, (also known by his pen name William Lee) was an American novelist, short story writer, essayist, painter, and spoken word performer. A primary figure of the Beat Generation and a major postmodernist author, he is considered to be "one of the most politically trenchant, culturally influential, and innovative artists of the 20th century" His influence is considered to have affected a range of popular culture as well as literature. Burroughs wrote 18 novels and novellas, six collections of short stories and four collections of essays. Five books have been published of his interviews and correspondences. He also collaborated on projects and recordings with numerous performers and musicians, and made many appearances in films.

Rifkin the Historian (*Man-Tongue*, pg. 85)

Marcus Rifkin is known as 'The Historian' a title he wears proudly. He is a history buff and collector of historical facts as well as obscure and strange bits and pieces of history. Marc and his wife Beth and three children live in the northeast USA. They all like to travel especially to historic sites and battlegrounds. Marc also likes cooking for his family especially foreign cuisine because it is fun to watch them eat "Rifkin's Unknown Surprise."

David Rolfe Graeber (*The Recourse of Stupid*, pg. 89)

In 2007, Graeber accepted the offer of a lectureship in the anthropology department at Goldsmiths College, University of London, where he held the title of Reader in Social Anthropology after serving as associate professor of anthropology at Yale University. Graeber had a history of social and political activism, including his role in protests against the World Economic Forum in New York City (2002) and membership in the labor union Industrial Workers of the World. He was a core participant in the Occupy Movement. He passed away in 2020, during the Covid-19 pandemic.